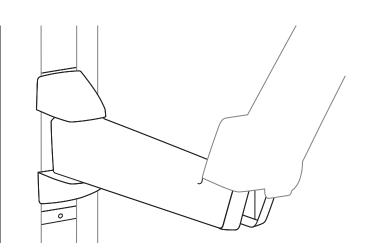


# **StyleView Sit Stand Combo Arm Extender**

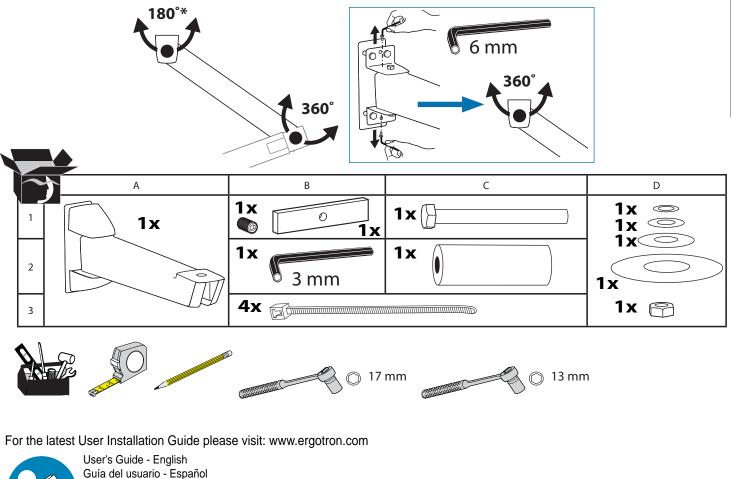
Touchboards

User's Guide

205 Westwood Ave, Long Branch, NJ 07740 Phone: 866-94 BOARDS (26273) / (732)-222-1511 Fax: (732)-222-7088 | E-mail: sales@touchboards.com



\*Product shipped with rotation stop in place to prevent the Extender from hitting the wall.



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www.ergotron.com

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China 86-769-86018920

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# **Mounting Height for Ergonomic Workstation**

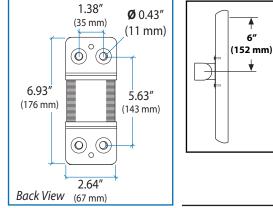
6″

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<u>/I</u>/

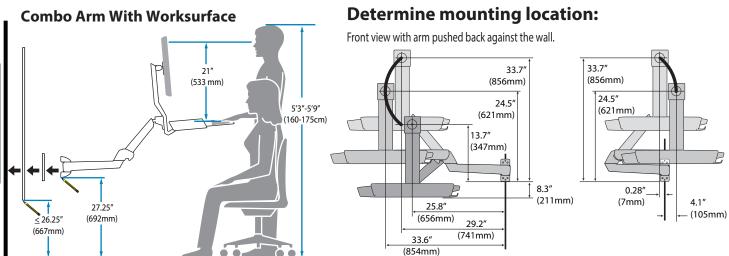
This mounting height is a recommendation for an ergonomic workstation that accommodates user heights of 5'3"-5'9" (160-175cm). If user heights are different than this, you should change mounting height to accommodate user heights. (Change mounting height one inch for every one inch difference in user heights).

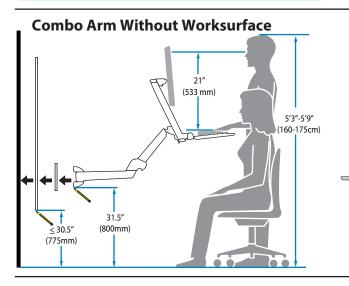
## **Combo Arm Extender**



Mounting height assumes there is a 6" (152 mm) distance between the center of your monitor mounting holes and the top of the screen. If your distance is smaller, you should increase mounting height accordingly, if your distance is larger, you should decrease your mounting height accordingly.

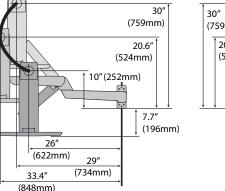
NOTE: Fasteners may unwind due to vibration caused by movement of mounting solution over time. Inspect mounting solution for loose fasteners on a routine basis. If desired, apply a light duty thread locking adhesive to fasteners before installation to prevent back-out.

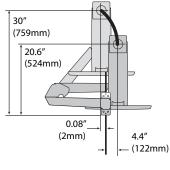




### **Determine mounting location:**

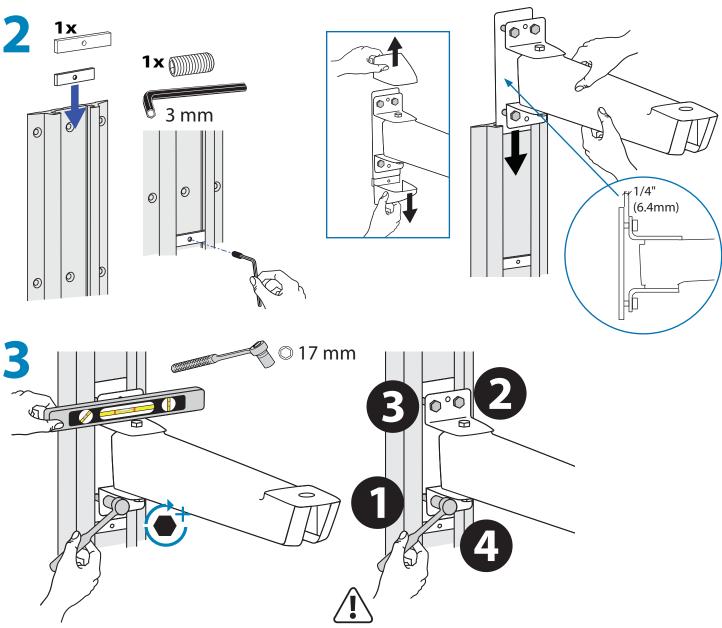
Front view with arm pushed back against the wall.



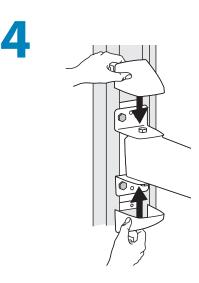


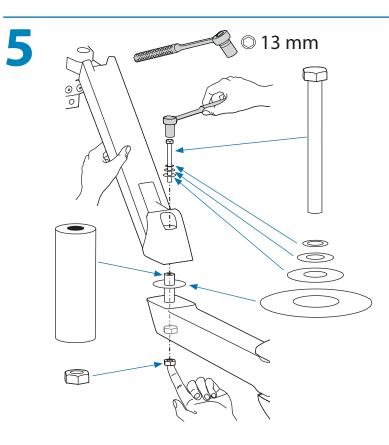
Top view showing range of motion when pulled out from the wall.

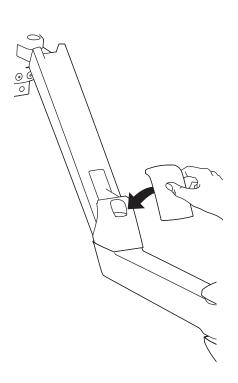
ENGLISH



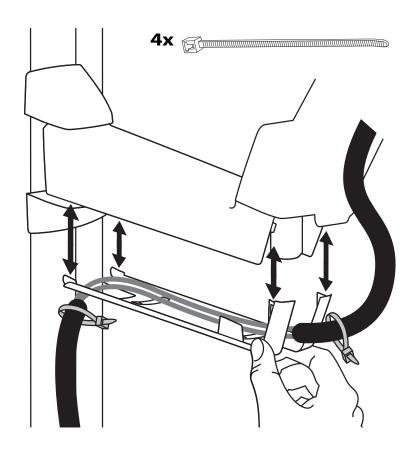
IMPORTANT! Torque bolts in the sequence shown above to a minimum of 50 lb-ft (6.91 kgf-m).



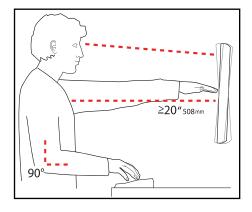




6



#### Set Your Workstation to Work For YOU!





To Reduce Fatigue Breathe - Breathe deeply through your nose. Blink - Blink often to avoid dry eyes. Break • 2 to 3 minutes every 20 minutes • 15 to 20 minutes every 2 hours.

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