

# N95 Non-Surgical Respirator How to put on your N95

**1.** Slightly bend nosepiece;  
hold respirator upside down  
to expose headstraps.



**2.** Engage headstraps as  
shown below.



**3.** Place N95 over nose and  
under your chin.



**4.** Stretch both straps over  
head and adjust.



**5.** Upper strap goes over  
top of head; lower strap  
around back of neck.



**3.** Gently press nosepiece to  
conform to the contours of  
your face; ensure a tight  
seal is created.

NOTE: For full/further instructions, please reference "Directions for Application" in your bag.