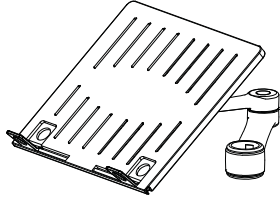


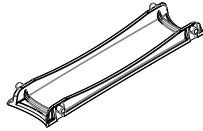
## Component Checklist



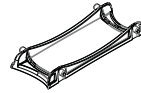
Notebook Tray and Arm Assembly



Hand Grip



Primary Arm  
Cable Cover



Secondary Arm  
Cable Cover



Hook & Loop  
Fasteners (x4 sets)

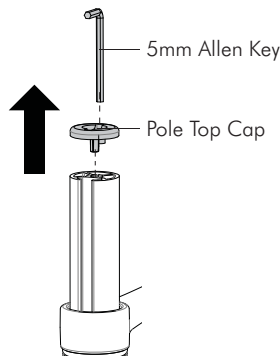
## IMPORTANT INFORMATION:

- ! **IMPORTANT - Install Visidec Focus Notebook Mount as per installation instruction.**
- ! **This product is designed to be used in conjunction with an external keyboard and mouse.**
- ! **To be used with existing Visidec Focus Mount.**
- ! Visidec Focus Notebook Mount supports Notebooks up to 18", weighing up to 8kg (17.6lbs).
- ! The manufacturer accepts no responsibility for incorrect installation.

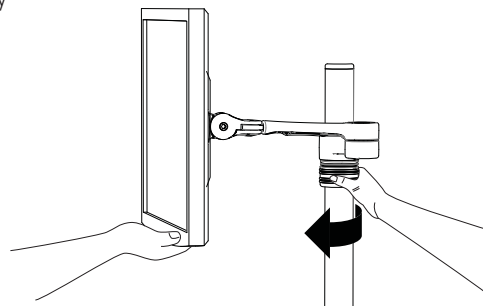
## Step 1. Check Components

Check what you have received against the component checklist and hardware above.

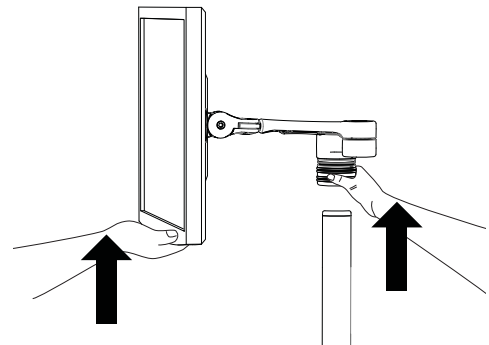
## Step 2. Remove existing Arm & Monitor from Visidec Pole (ensure monitor cables are unplugged)



**2.1** Remove Pole Top Cap and 5mm Allen Key from the Visidec Pole.

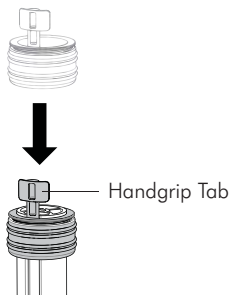


**2.2** Whilst supporting the weight of the Monitor, unlock the Hand Grip.

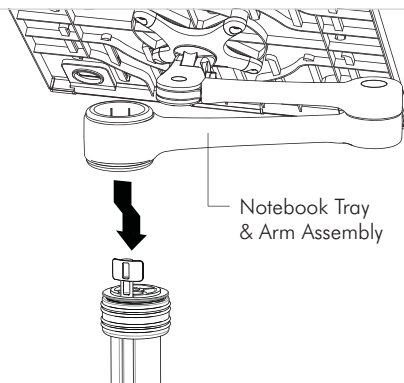


**2.3** Lift the Monitor and Focus Arm, removing both from the Visidec Pole.

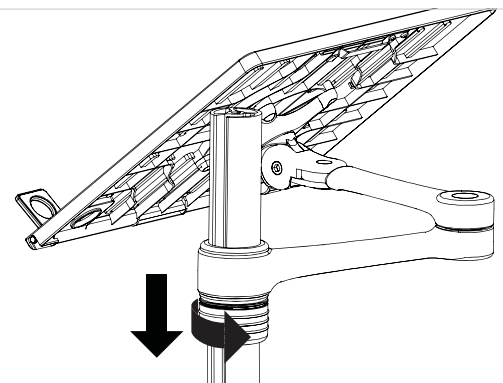
## Step 3. Remove existing Arm & Monitor from Visidec Pole (ensure monitor cables are unplugged)



**3.1** Slide the Handgrip onto the top of the Visidec Pole so the Handgrip Tab protrudes.

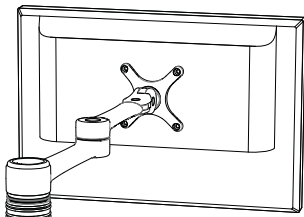


**3.2** Slip the Notebook Tray & Arm Assembly over the Handgrip Tab and then onto the Pole.

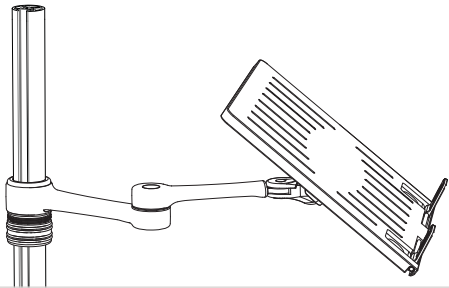


**3.3** Slide the Arm Assembly and Handgrip down the pole before locking the Handgrip at the desired height.

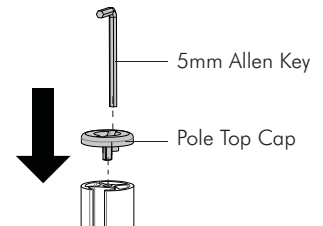
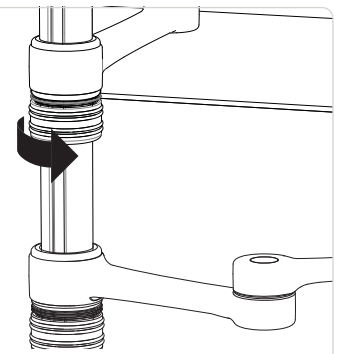
## Step 4. Re-install the existing Arm and Monitor



**4.1** Slide the existing Arm and Monitor onto the Visidec Pole.

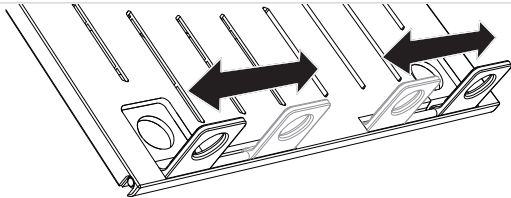


**4.2** Lock the Monitor Arm Handgrip in the desired position.



**4.2** Lock the Monitor Arm Handgrip in the desired position.

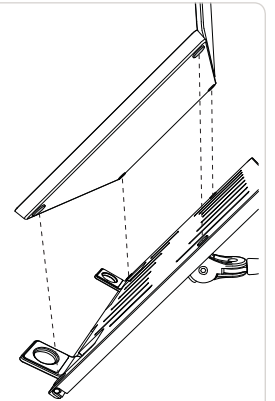
## Step 5. Install Notebook



**5.1** Adjust the Support Tabs to suit the width of the Notebook Computer ensuring that cable ports are not obstructed.

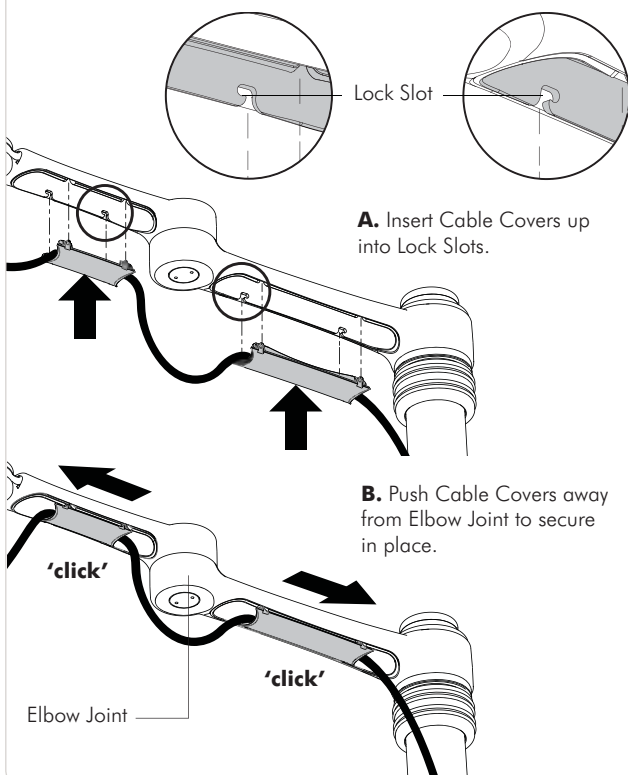
**5.2** To increase stability, use the self adhesive Hook-and-Loop Fasteners supplied.

- Peel off the backing paper to the fasteners.
- Attach fasteners to both the Notebook Tray and Computer.
- Ensure that each set of fasteners are correctly aligned i.e. Hook to Loop.



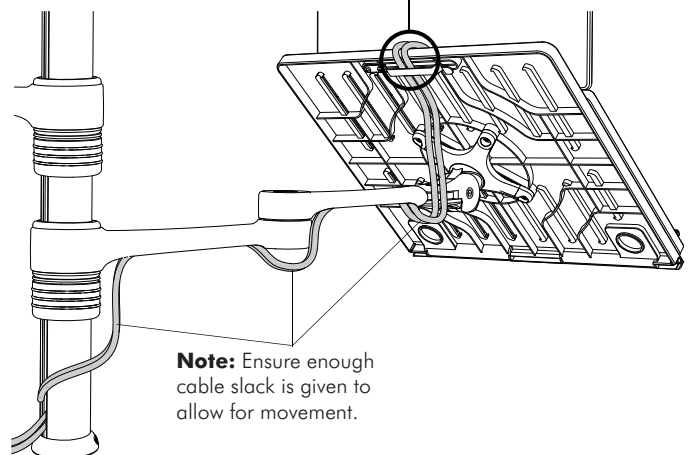
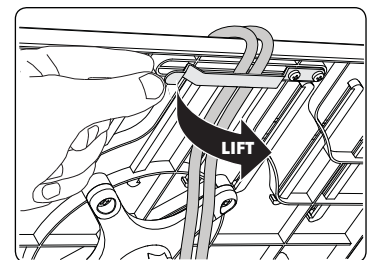
## Step 6. Cable Management

**6.1** After plugging in your cables, install the Cable Covers.



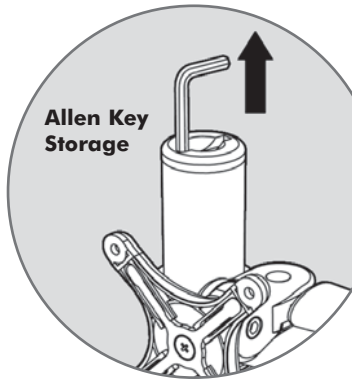
**6.2** Cable Clips and Cable Stops can be installed to further manage cables. **Please See Over.**

**Note:** After connecting the Notebook Cables, route them through the Cable Management Clip on the back of the Notebook Tray.



**Note:** Ensure enough cable slack is given to allow for movement.

## Step 7. Adjusting the Display Bracket



### TILT (tray angle up/down)

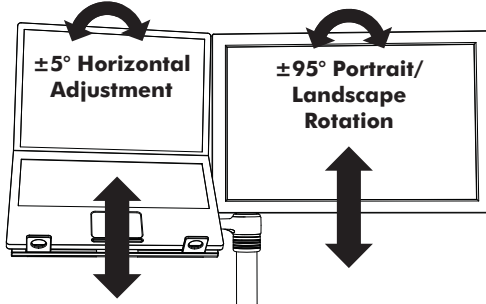
Tighten

Loosen

### PAN (tray angle left/right)

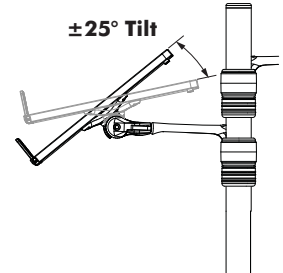
Tighten

Loosen



Adjust the tilt angle of the Notebook Tray as desired, locking it in position using the 5mm Allen Key.

The height can be adjusted by unlocking the Handgrips (see Step 7). For the optimal position of your display, refer to the Ergonomic Guidelines below.



## Ergonomic Guidelines

Many experts believe that the extended use of any computer screen has the potential to cause serious injury to your eyes, neck and back. This can be largely avoided by correctly positioning your display.

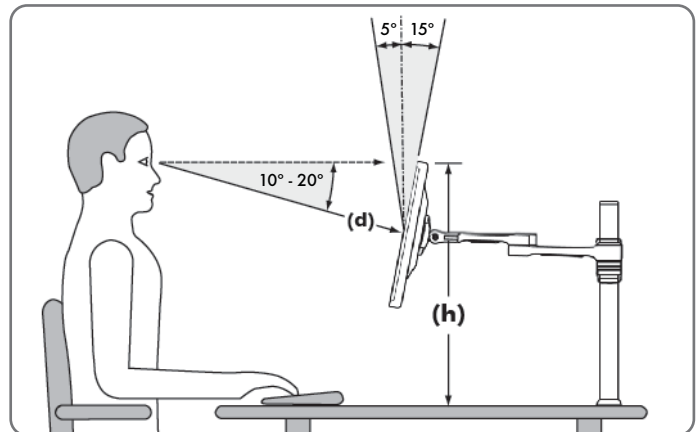
**Viewing angle:** Ergonomists recommend that the optimal position of your display should be slightly below eye level. When looking at the display's centre the user should have a downward visual angle of approximately 10°-20°.

**Height:** As a guide, the height (**h**) of your display should approximately be as follows:

- Tall Male (Max): 560mm (22")
- Short Male (Min): 368mm (14.5")
- Tall Female (Max): 520mm (20.5")
- Short Female (Min) 356mm (14")

**Distance:** For visual comfort, a viewing distance (**d**) between 500mm (20") to 750mm (29.5") is recommended.

**Tilt Angle:** Angular adjustments to reduce reflection on your monitor should range between 5° forward tilt to 15° backward tilt.



## Installation Complete



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