



JLL Property Triathlon | Friday 1 July 2022

EVENT GUIDE

Please ensure you read this document in its entirety as it contains important information.

1. CAN I STILL REGISTER?

Registration is still open but the deadline to enter and make transfers and changes is 17:30 Wednesday 22 June. Please note entries are not allowed on the day.

2. I'M REGISTERED BUT CAN NO LONGER MAKE IT, CAN I DEFER / GET A REFUND?

No, all the funds from ticket sales go directly to our charity partner, WWF.

3. WHAT DO I NEED TO BRING ON THE DAY?

- ID for registration
- Phone with QR code for registration
- Bike – there will be a service for bike repairs in the main village
- Helmet – these are compulsory and must be worn on the day
- Tri suit (if wearing)
- Wet suit (if wearing)
- 1 bag that can be left in transition – we recommend this to contain a change of clothes, mobile phone and small amount of money
- 2 x water bottles (**pre-filled with drink**) – you will be able to re-fill them in the event village so look out for the water tanks. **Please try and avoid single-use plastic bottles!**
- Sun cream and hat
- Goggles if swimming

4. CAN I CHANGE MY WAVE TIME?

Wave changes can be made until 17:30 Wednesday 22 June by emailing propertytriathlon@eu.jll.com. You can change your wave time, subject to space, but you won't be eligible for prizes. Please note entries and changes are not allowed on the day.

5. CAN WE HIRE A CORPORATE TENT?

Unfortunately, all tents have now been allocated.

WHERE CAN I HIRE EQUIPMENT FROM?

Wet suits

Wet suit hire is available and can be hired by clicking on the link [here](#). There are a variety of hire length options available, ranging from 1 week to season hire.

Are wetsuits compulsory?

Wet suits are optional if the water temperature is between 14-25C. If the water temperature is below 14C, wet suits are compulsory, if they are above 25C they are banned.

We will notify you on the morning of the event if any of this needs to be enforced. Please come prepared for both eventualities if this is looking uncertain.

Bike hire

- **Bike hire is available until Friday 10 June at 9.00 am from British Bike Hire** – go to link [here](#).
- They can be collected on the day from the British Bike Hire tent next to the registration tent.

6. WHEN I ARRIVE AT DORNEY LAKE, WHERE DO I GO TO REGISTER?

- Please arrive 1 hour and a half before the start of your race. We will be notifying you of your exact arrival time closer to the event.
- Registration for the triathlon, duathlon and relays is in the registration tent at the end of the mound. This is the first tent you come across when you walk from the car park and is approximately a 5-minute walk from the start line.
- Registration for the Property Swim is at the far end of the lake.
- At both registration points you will pick up your registration pack containing:
 - a) your race number (2 numbers if you are in the relay)
 - b) 2 x race stickers (1 for your helmet and 1 for your bike)
 - c) swim cap*, and
 - d) timing chip **if you are in the individual triathlon, relay (swimmer only) or swim only event****

** You must wear the swim cap provided as the colour denotes your start wave.*

*** Your timing chip should be on your left ankle for the whole of the race unless you are in the duathlon in which case your chip is already applied to your bib. Relay runners will be passing the chip from person to person at the changeovers.*

7. TRANSITION RACKING TIMES

- You will be allowed into transition 1 hour before the start of your race. We will notify you of your exact transition time, closer to the event.
- Please ensure that all your belongings are removed from your racking space immediately after your race. This is to ensure they can be re-used for future waves.

8. WAVE TIMES

The wave times below are provisional and subject to change.

Please be at the start 10 minutes before your race time where there will also be a short briefing.

Wave	Time	Race Category
1	08.00 am	Duathlon
2	08.00 am	Swim (surnames A-K)
3	08.05 am	Swim (surnames L-Z)
4	09.00 am	Men 55+
5	09.20 am	Female U35
6	09.40 am	Female 35 plus & Female Relay Teams
7	10.00 am	Men 50-54
8	10.20 am	Men 45-49
9	10.45 am	Men 42-44
10	11.10 am	Male Relay Teams; Team names A-G
11	11.35 am	Men 40-41
12	12.00 pm	Fancy Dress Wave
13	12.25 pm	Mixed Relay Team; Team names A-J
14	12.50 pm	Men 38-39
15	13.15 pm	Mixed Relay Team; Team names K-Z
16	13.40 pm	Men 35-37
17	14.05 pm	Male Relay Teams; Team names H-Z
18	14.30 pm	Men 32-34
19	14.55 pm	Men 30-31
20	15.20 pm	Men 28-29
21	15.45 pm	Men Under 28

9. START LOCATIONS

For **Property Swim participants** your start line is at the far end of the lake furthest from the boat house.

For **Duathletes** your start is at the JLL Finish Gantry in the centre of the event village.

For **Triathletes** your start is located at the 'Swim-in' section, on the far side of Transition.

10.PUBLIC WCS AND CHANGING ROOM FACILITIES

Male and female WCs are located next to the registration tent, on the mound and near the transition area.

Changing rooms and showering facilities are available in the boathouse for those participants wishing to use these.

For those taking part in the Property Swim, changing facilities are also available at the top end of the lake near the swim registration.

11.REFRESHMENTS

Breakfast

Vouchers can be redeemed at Eton Eatery Burger Shack/Breakfast concession on the lawn by the Boat House from 7.30 to 11.00 am and includes a roll and a hot drink.

Lunch

The breakfast concession will turn into a BBQ (The Burger Shack) and The Spice Shack along with an outside bar which will begin serving from 11.00 am until 5.30 pm

Other catering facilities are available and spread across the tented village. These include, Mr Brightside coffee van, Tony's ice cream van, The Vegan, Eat Lah (Malaysian street food) and Ehla (Eastern Mediterranean food). Any items purchased from these concessions will have to be bought at own cost. **Vouchers can only be redeemed at the Eton Eatery Breakfast/BBQ Burger Shack/Spice Shack concessions by the Boat House.**

The venue does not allow personal barbecues.

Please ensure you dispose of all your rubbish in the bins provided across the event site.

12.WASTE DISPOSAL AND RECYCLING

There will be waste, recycling and compost bins throughout the site. **Please ensure you use these appropriately in an effort to reduce waste!**

13.BAG DROP

Due to the number of people taking part there is no bag drop facility.

Baggage drop will only be available for those doing the Property Swim at 8.00 am. If you dropped a bag off at this bag drop you will be able to collect it from upstairs in the boat house after finishing your swim.

We strongly recommend that those not taking part in the Property Swim leave bags with your relatives / friends or in your car. We advise however that you have on your person clothing for after the race, a mobile phone and a little money.

14.HOW DO I FIND OUT MY TIME / RESULTS?

The mobile phone number you entered when signing up to the event will get a text message with your finish time after you cross the finish line and results are available live from www.propertytriathlon.com/uksouth-dorney/results. You can also view them in the event app.

15.WHERE IS PRIZE GIVING?

The prize giving ceremonies take place from the large podium in the event village. There are several prize giving ceremonies throughout the day once certain races and age categories have been completed.

Listen out for announcements about these during the event; full details are available on the app and displayed on the information boards next to the podium, the helpdesk and by the registration tent.

16.IS THERE AN OFFICIAL PHOTOGRAPHER?

Our photography partner AWOL will be there during the day taking snaps of all the participants. You are able to pre-order your photo bundle for £15 before the event or £30 after the event [here](#).

17.HOW DO I GET TO DORNEY LAKE?

By Road

- Exit at Junction 7 follow slip road to roundabout
- Turn left onto A4 towards Maidenhead
- After traffic lights turn left at roundabout onto B3026, signposted for Dorney and Eton
- On sharp left-hand bend, turn right, signposted Dorney Reach
- After 400m enter Dorney Lake, Eton College Rowing Centre through large white double gates

Follow the perimeter road to left of lake and follow sign posts to the car park

By Train

- Main stations for Dorney Lake are Slough and Windsor & Eton Riverside.
- It is also near Burnham, Taplow and Maidenhead stations.

Car Parking

- Car parking will be clearly signposted.
- The swim car park is next to the swim registration at the far end of the lake closest to the entrance to Dorney
- The main car park is half way down the side of the lake in a large grass area

18.I'M DOING THE PROPERTY SWIM: DO I HAVE TO GO BACK TO THE START TO PICK UP MY THINGS?

No, we will transport your kit from the start to the finish for you and your kit can be picked up from the boathouse.

19.CAN I BRING MY OWN TENT OR GAZEBO?

Unfortunately, due to limited space we do not allow tents or gazebos to be brought onto the site.

20.CAN I BRING MY DOG?

Yes, it is a dog friendly venue, but please be reminded that it must be on a lead and that you are responsible for it at all times.

21.WHERE DO I STAND IF I'M DOING THE BIKE OR RUN LEG OF THE RELAY?

Stand by where the bike is racked. You are not allowed to start your leg until the previous team member has reached your racking spot.

Please note you will be need to pass on your chip to the next team member before they start their leg.

22.WHERE DO I PUT MY BIKE IN TRANSITION?

Competitors will be racked by wave and you will be directed to the next available space by transition staff.

Your allocated position in transition will be where you will store everything you need for the race. You should set up your kit in the transition area prior to the race and it is important that you know the direction of flow through the area, where your bike is amongst hundreds of others and for those in the relay, this will be the point where the next team member will begin their leg.

Ask the team in transition if you are unsure.

23.IS THERE SHADE ALONG THE COURSE?

There is no shade along the course itself, so we recommend bringing hats, plenty of sun cream and an umbrella with you if the weather is looking like it will be hot.

24.ARE SPECTATORS ALLOWED?

Yes, spectators are allowed.

25.WHERE IS THE BEST PLACE TO WATCH?

The event village side of the finish line, or along the mound of the run course.

Spectators will be unable to access much of the bike course other than that which passes the event village area. The grass area from the registration tent towards the event village offers views of all three triathlon disciplines.

26.WHERE CAN I GET MEDICAL ASSISTANCE?

Acute Ambulance and Medical Services are on hand and are located between the event village and club house. There will also be staff at the finish line.

27.I HAVE A QUESTION / FEEDBACK / WANT TO GET IN TOUCH WITH THE ORGANISERS. HOW DO I DO THAT?

Please contact the JLL Property Triathlon Team by email propertytriathlon@eu.jll.com or give us a ring on 0208 391 3913.