

JR EAST PASS (Tohoku area)



Tohoku boasts many wonderful tourist attractions. If you use JR East's convenient train services to get around the region, your visit to Tohoku will be truly unforgettable. With the JR EAST PASS (Tohoku area) you can make your trip to Tokyo and the Tohoku area not only comfortable and convenient, but also economical

The JR EAST PASS (Tohoku area) gives you real travel freedom by allowing you to get on and off trains as freely as you like in designated areas. The pass can be used on all JR lines in Tokyo and the Tohoku area, including Shinkansen lines, and even for the Narita Express service.

JR EAST PASS (Tohoku area) Prices

Validity Period	5 consecutive days	
Price	Adults(12 years and older)	Children(6 to 11 years old)
	¥30,000	¥15,000
Eligibility	The pass can be used by non-Japanese passport holders	

Purchasing Online

You can purchase the pass and make ticket reservation





You can purchase a JR EAST PASS at Reserved Seat Ticket Vending Machines with passport readers and at JR EAST Travel Service Center in the pass area. You must show your passport when purchasing the pass. When purchasing the pass at a Reserved Seat Ticket Vending Machines with passport readers, you will need your original passport with IC chip.

Purchasing Overseas

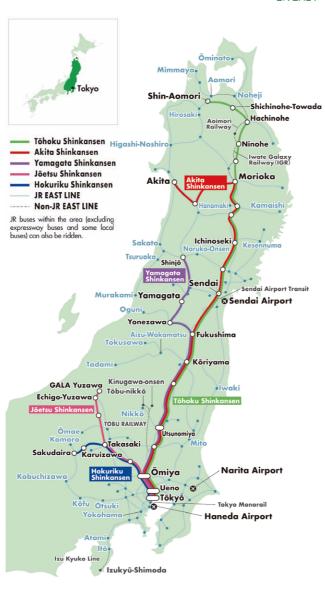
You can purchase an Exchange Order at a designated travel agent before arriving in Japan. After arrival, you can exchange it for a pass at any JR East Travel Service Centers.

Detailed information

Detailed information

https://www.jreast.co.jp/multi/pass/eastpass_t.html





Tourist Information

SENDAI Tourist Information Desk (City Center)

Fujisaki Main Bldg. 1F, 3-2-17 Ichibancho, Aoba-ku, Sendai City

SENDAI Tourist Information Center (Sendai Station) JR Sendai Station 2F, 1-1-1 Chuo: Aoba-ku, Sendai City

Akiu Tourist Information Center (Akiu)

Akiu Sato Center, 40-7 Teradahara, Yumoto, Akiumachi, Taihaku-ku,

SENDAI City Sakunami/Jogi Tourist Information Center (Sakunami)

Onsen Town Sakunami Tourist Information Plaza Lasanta 2-7 Motoki, Sakunami, Aoba-ku, Sendai City

https://discoversendai.travel/travel-info/tourisn



Michinoku Tour Information (Sendai International Airport)

Sendai International Airport 1F: Minamihara Shimo-Masuda: Natori City

https://www.sendai-airport.co.jp/service/michinoku.html

Walking Tours and Hands-on Programs



i-SENDAI (SENDAI Tourist Information Desk) provides experience-type programs in both Japanese and English, such as the "Downtown Sendai Must-See Tour" or the "Decorative Japanese Dessert Making Workshop." We strongly recommend these programs to those who want to interact with locals or to learn more about the Sendai lifestyle. Let's have an unforgettable time in Sendai.

Reservations and inquiries:

SENDAI Tourist Information Desk https://i-sendai.jp/



For the latest information, check our website and Facebook page.

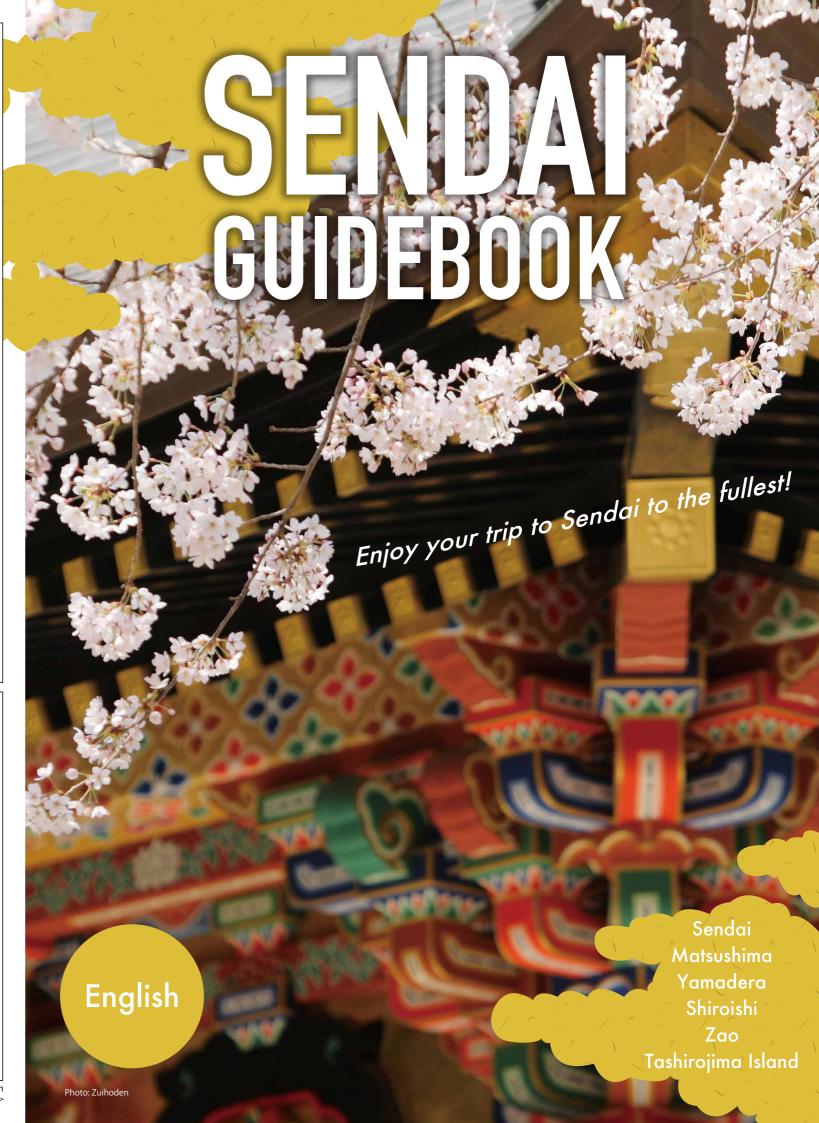
Official Website: DISCOVER SENDAI https://discoversendai.travel/





https://www.facebook.com/welcometosendai.japan





Welcome to Sendai

A unique culture and abundance of nature! Experience all the colors of the seasons, for a trip you will never forget.

The City of Sendai dates back to 1601, when it was opened as a settlement by the acclaimed warlord DATE Masamune. With a population of more than one million, it is the largest city in the Tohoku region. Sendai is nicknamed the "City of Trees" because even in its center the city is blessed with an abundance of nature.

The City is highly accessible, both domestically and internationally, and it serves as the main hub of departure for travel in Tohoku.

Visitors to Sendai will find a city that breathes with a history and tradition that dates back to the time of Lord DATE Masamune, seasonal events and vividly colored expressions of nature, distinctive culinary delights featuring a rich diversity of local specialties, and compelling shopping experiences that only a big city can provide. Come and fully enjoy the charm of Sendai.



Access

International Access

•Sendai International Airport is the aerial gateway to the Tohoku region. Regular flights connect Sendai directly with Seoul, Shanghai, Beijing, Dalian, Taipei, and Bangkok. A growing number of charter flights from various countries are making Sendai even more accessible.

·Sendai International Airport is as little as 17 minutes away from the city center by the Sendai Airport Access Line.

Domestic Access [By air]

•Direct flights connect Sendai with major cities over Japan, including Fukuoka, Hiroshima, Kobe, Nagoya (Chubu), Narita, Okinawa, Osaka (Itami & KIX), and Sapporo and Niigata.

•The city center of Sendai can be reached in as little as 17 minutes from the airport by the Sendai Airport Access Line.

[By train]

·By the Shinkansen bullet train, Sendai can be reached in as little as one hour 30 minutes from Tokyo, and in two hours 40 minutes from Hakodate, a gateway to Hokkaido

Detailed information

https://discoversendai.travel/travel-info/ getting-to-sendai/



Tohoku Expressway Pass



https://en.driveplaza.com/drawari/tohoku_expass/

Sapporo Hakodate -2 hour 40 min. ★1 hour 10 min. ♣1 hour 10 min. ★1 hour 10 min. Tokyo Narita Nagoya

Some flights may be changed *As of July 2024 * All times are approximate

Taxi in Sendai

https://teigaku-sendai-taxi.com/ inbound/

★1 hour 40 min

Fukuoka



Sendai and its Surroundings

A defining feature of Sendai is its proximity to both the sea and the mountains. By traveling around 30 minutes to two hours, you can experience a multiplicity of breathtaking sights and attractive tourist spots.



Yamadera SENDAI MARUGOTO

The word yamadera means "temple in the mountain." Climbing the thousand or so steps up to the top will reward you with stunning views. After all that physical exercise, you can relax and savor the local specialties tama konnyaku (ball-shaped konjac) and soba (buckwheat) noodles.

Akiu and Sakunami SENDAI MARUAGOTO

These areas are endowed with a rich abundance of nature and historic onsen (hot springs.) The quality of the hot spring water is highly acclaimed. There are also numerous inns and hotels to stay at. Akiu is an onsen area with a glorious history. Even Lord DATE Masamune himself was said to have bathed here. Sakunami was opened in 1796 as a hot springs





The beautiful tapestry of some 260

islands dotting the bay here is

recognized as one of Japan's three

most scenic spots. The stunning view

has even earned three stars in the

Michelin Guide. Also of interest are

structures closely connected to the

life of Lord DATE Masamune,

seafood, hot springs, and many other

Tashirojima Island

The island of Tashirojima is known

nationally and internationally as "Cat

Island," Here, cats have been regarded

affectionately as an auspicious deity of

plentiful fishing catches, and they now

outnumber the human residents of the

island. Tashiroiima Island can be

reached in about two hours from

Sendai: a train to Ishinomaki, then a

Coastal Area of Sendai City SENDAI MARUGOTO

On March 11, 2011, the coastal areas of Tohoku, including Sendai City, were devastated by the impact of the Great East Japan Earthquake. Along the coast, facilities commemorating the disaster offer explanations of the damage and reconstruction, along with images and exhibitions of mementos, so that the realities and lessons

ferry to the island.

<< Ruins of the Great East Japan Earthquake: Sendai Arahama Elementary School>>>

of the events can be passed down to future generations.

32-1 Shimborihata, Arahama, Wakabayashi-ku, Sendai City << Sendai 3/11 Memorial Community Center>>

85-4 Kutsugata, Arai, Wakabayashi-ku, Sendai City (inside Arai Subway Station) https://discoversendai.travel/must-do/great-east-japan-earthqu





The area surrounded by the Zao

mountain ranges offers many spots to

enjoy nature in all its majesty. In spring

and summer enjoy trekking to the

mystical landscapes of Okama, a crater lake and symbol of the area. In

autumn, drive through the mountains

and take in the spectacular colors of

the autumn foliage. In winter, enjoy the

rare spectacle of frost-covered trees

(snow monsters) and some skiing. You

can also access the neighboring

prefecture of Yamagata through Zao.



Tashirojima



Sendai City Center SENDAI AREA PASS MARUGOTO

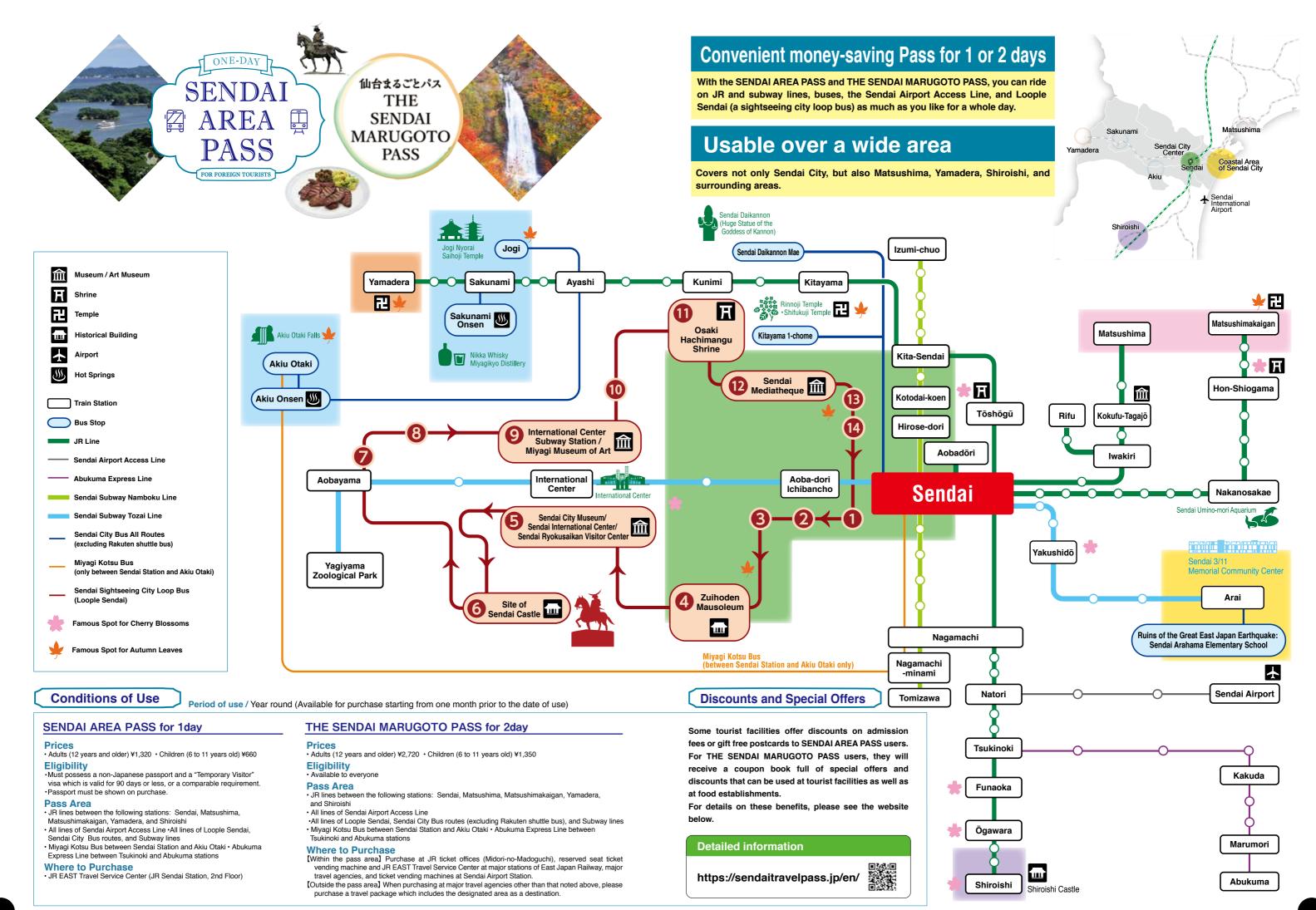
This area includes Sendai Station, the major public transport hub, a shopping arcade that extends from the station, and Jozenii-dori Avenue, the zelkova tree-lined street that symbolizes Sendai. You can wander the city at your leisure, enjoying local culinary delicacies as well as the latest cutting-edge





This historical city is characterized by Shiroishi Castle, traditional samurai residences, and the old kura storehouses of merchants. It is also an access point for the Miyagi Zao Fox Village. A famous cherry blossom viewing spot, Hitome Sembonzakura ("a thousand cherry blossom trees at a glance") is

*The bus route to the Miyagi Zao Fox Village is not covered by SENDAI AREA PASS and the SENDAI MARUGOTO PASS.





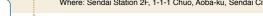
- JR Line
- Sendai Subway Namboku Line
- Sendai Subway Tozai Line
- Loople Senda
- Closed to traffic

ecommended Course

1 Sendai Station (40 min.)

aTe Cafe O'rde

You can refresh yourself here with a serving of *ochazuke* (green tea over rice) topped with local ingredients. Other popular items include onigiri rice balls, which can be taken out, and sweets flavored with



② Zuihoden Mausoleum (80 min.)★ The sacred burial site of the feudal lords of the DATE Clan, including Lord Masamune himself. Both the magnificently decorated structure and the vibrantly colored natural surroundings are a must-see. In the adjoining museum you can view historical documents and material that detail the archeological survey work done here.

Address: 23-2 Otamayashita, Aoba-ku, Sendai City https://discoversendai.travel/places/zuihoden-mausoleu

❸ Sendai City Museum (100 min.)★

Exhibits of special interest are Lord DATE Masamune's armor with a moon shaped crest as well as materials related to the Keicho mission to Europe (including National Treasure and UNESCO Memory of the World-registered items). For insight into the history, culture, art, and craft of Sendai, this museum is an essential spot. Exclusive souvenirs are also available for purchase. Address: 26 Kawauchi, Aoba-ku, Sendai City

4 Site of Sendai Castle (80 min.)

See the statue of Lord Masamune on horseback and enjoy the fabulous panoramic view looking down over the city. Also watch out for performance es by the Date Bushotai, a Sendai welcome squad and group of samurai-costumed entertai ers that re-enact scenes from the

times of DATE Masamune. You can relax and recharge here with lunch at the restaurant or have a Address: 1 Kawauchi, Aoba-ku, Sendai City

https://discoversendai.travel/places/site-of-sendai-cas



6 Osaki Hachimangu Shrine (40 min.)★ This shrine constructed by the order of Lord Masamune, features resplendent

decorations in vivid, gorgeous colors. It is regarded as a masterpiece of this architectural style and designated as a National Treasure.

Address: 4-6-1 Hachiman, Aoba-ku, Sendai City https://discoversendai.travel/places/osaki-hachim

Sendai Station

Aoba-dori Ichibancho Subway Station

The Yotsuya water canal, excavated throughout the castle town by Lord Masamune's order, was a major factor in the growth of Sendai. The water from the canal is rarely used nowadays, but at Iroha Yokocho there is a well that is still active. After viewing the well, you can wander around the interesting eateries, bars, and other stores of Iroha Yokocho, as well as in the neighboring old-style eating and drinking alley of Bunka Yokocho. Address: 2-3-28 Ichibancho, Aoba-ku, Sendai City https://discoversendai.travel/places/iroha-yokocho.

Further afield Shokeikaku

The former residence of the DATE Family. Nowadays this building serves as a restaurant. The specialty here is dishes served in traditional handcrafted Sendai-style tansu (chest of drawers), a craft tradition that dates back to the days of the Sendai Domain. (Reservation required, from ¥6,930) Address: 143-3 Hitokita-nishi, Moniwa, Taihaku-ku, Sendai City

https://discoversendai.travel/places/shoukeikaku/

*Travel times and means of transportation listed are as of July 2024



*Time schedules are approximate.



Sakura Cherry Blossoms

Since Sendai spreads out from the plains to the mountains, cherry blossoms can be enjoyed over a relatively long period of time. Some of the more popular viewing spots, such as Nishi Park and Tsutsujigaoka Park are within easy reach of the city center, and also offer a variety of stalls for your shopping and eating entertain-

When: Early April



Sendai International Half Marathon

Ten thousand runners from all over Japan and the rest of the world run through the zelkova-lined avenues of Sendai. They run amidst the fresh, vivid greenery of springtime, cheered on by spectators from the sides of the road. Booths of local foods are another attraction. This is one of Japan's most popular running events.



Winter Sports

Izumigatake Ski Resort, which usually opens in late December, is a mere 50-minute drive from the city center. With wide slopes that are ideal for beginners, the whole family can enjoy skiing here.



Dontosai

This traditional event is held at shrines where worshippers bring their New Year's decorations to be burned on a large bonfire and pray for good health, good fortune, and the well-being of their families. The dontosai held at Osaki Hachimangu Shrine has more than 300 years of history under its belt, and is famous all over Japan for its hadakamairi (men dressed only in loincloths marching to the

When: January 14







Hydrangeas

Shifukuji Temple is known as the "hydrangea temple" because of the thousand or so hydrangea plants that grow within its grounds. The temple is small but elegant, and photographers flock here when the clusters of gorgeous hydrangeas that line the steps up to the

When: End of June to beginning of July



Sendai Tanabata Festival Fireworks On the eve of the Sendai Tanabata Festival, a stunningly elaborate

and beautiful display of 16,000 fireworks is held. The main streets of downtown Sendai become pedestrian-only zones. Put on your yukata (summer kimono) and join the fun.



Imoni-kai (taro stew gathering)

When autumn arrives in the Sendai area, locals traditionally gather by the side of the river to cook taro stew together in a large pot. As the meat, sato imo (taro), and vegetables cook, people enjoy the company of friends and family in a barbecue-style atmosphere Why not have a go too?



Autumn Foliage

At Rinnoji Temple, which features a traditional Japanese garden you can enjoy the magnificent sight of the three-storied pagoda set against the spectacular colors of autumn foliage. Around the Akiu area, Zuihoden Mausoleum and other locations, attractions are illuminated at night, further enhancing the beauty of the season's stunning colors.

Where: Rinnoji Temple, Akiu area, Zuihoden Mausoleum, etc. When: October to Novemb

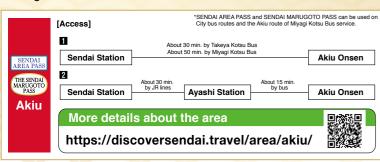
* Times of the year are a rough estimate.

* All spots can be reached using SENDAI AREA PASS and THE SENDAI MARUGOTO PASS.



Akiu and Sakunami Area

The areas of Akiu and Sakunami offer numerous attractions for visitors. including historic onsen villages, beautiful natural scenery, and traditional craft making hands-on experiences. Access from the center of Sendai is convenient and easy, so you can make a quick day trip, or stay overnight.





Akiu Area



OBanji-iwa Rock

This massive wall of rock is approximately 600 meters high from the valley floor and three kilometers wide, and offers a grand panorama that is the pride of Akiu. The sight of the towering rock face dressed in the beautiful vivid greens of spring and the stunning warm colors of autumn is truly spectacular.



@Akiu Winery

The owner opened this winery in 2015 with the aim of helping to revitalize the local economy following the slump caused by the Great East Japan Earthquake. In addition to sampling and buying wines made from locally grown grapes, you can enjoy a light meal at the winery's café.







Akiu Traditional Craft Village

This handicrafts village, consisting of workshops and residences, was set up by nine craftspeople who work in dyeing, weaving, kokeshi doll-making, and other tradition crafts. Visitors can just observe or do some hands-on learning (reservation required). This is a good place to pick up a nice souvenir gift.



a Lovers' Sanctuary

scenic landscape of the ravine.

OSendai Kaleidoscopes **Art Museum**

This unique museum features a collection of kaleidoscopes, both from Japan and around the world. You can look at and touch a variety of exhibited kaleidoscopes, or even try reating one of your own.











8Homei Shijuhachi-taki Falls

gical bird of Chinese lore (ho). omeki, Sakunami, Aoba-ku, Senda

Upstream of the Hirose River, which runs through the s, large and small. The name derives from the

everberating sound of water in a clear flowing ich evokes the image of the song (*mei*) of a

OJogi Nyorai Saihoji Temple

Legend has it that all those who worship here will be blessed in finding a marriage partner or conceiving a child, and that their greatest wish in life will come true. There is a five-storied pagoda on the grounds of the temple, which you can view at your leisure while sipping on matcha (powdered green tea).



Sankaku Jogi Abura-age (deep-fried tofu triangle)

This piping hot deep-fried tofu triangle, freshly made, is a specialty of Jogi. You can try some near the gate of Saihoji Temple, from a tofu shop that's been in business since 1890.



@Sakunami Onsen

This onsen resort area, which opened in 1796, is renowned for both the abundance and the gentle-to-the-skin quality of its waters, which are said to make any woman beautiful. Another attraction here is the ability to try out open air baths, stone baths, stand-up bathing, and various other kinds of onsen bathing.



[®]ONikka Whisky Miyagikyo Distillery

This distillery, located beside a clear running stream, was built in accordance with its founder's firm belief that it is impossible to make good whisky without treating nature with respect and care. You can participate in a guided tour with tastings (Reservation required), or simply stop in to purchase a limited-edition whisky.

Surrounding Spots

If you feel like venturing a bit further from Sendai, there are other sensations to discover such as encounters with cute animals, and breathtaking natural scenery to photograph to your heart's content. These spots can be accessed between 30 minutes to two hours from Sendai.





Tashirojima Island

It takes approximately 50 minutes to reach Tashirojima Island from the port town of Ishinomaki. The island is famous for its population of cats, which outnumber human residents. You can also enjoy camping, fishing, and swimming in the sea.





<Yamadera>

Hojusan Risshakuji Temple This temple, established in 860, is also famous

for its association with the historic haiku poet Matsuo Basho. Yamadera means temple in the mountain, and if you climb the more than one thousand steps to the top, you will be greeted dotted with small villages at their feet.



<Matsushima> Zuiganji Temple

This Zen Buddhist temple is connected with the DATE Clan. The current buildings, constructed under the guidance of Lord DATE Masamune nclude National Treasures. In 2018 major repairs performed over a 10-year eriod were completed.



<Matsushima> Canrantei Tea House

The name of this historical building, associated with Lord DATE Masamune. means "to view ripples." Enjoy matcha views of a calm Matsushima Bay.

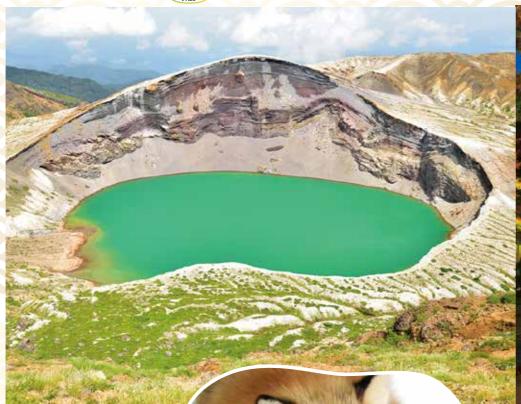


Matsushima > Entsuin Temple

This Zen temple is considered auspicious for love and good relations. It receives many tourists who come for the Japanese gardens and the autumn nighttime viewing of illuminated, richly colored leaves.

ddress: 67 Chonai, Matsushima, Matsushima Town https://discoversendai.travel/places/entsuin-temple







<Matsushima> **Godaido Hall and Sightseeing Boat**

The Godaido Hall is a symbol of Matsushima, built on a small islet connected by a short red bridge from the coast, and was constructed by the order of Lord DATE Masamune. Take a tour of Matsushima Bay in a sightseeing boat, to enjoy the views of Matsushima, considered to be amongst the three most scenic spots in Japan.

Matsushima Town



<Zao> Okama

A crater lake in the Zao mountain ranges which straddles Miyagi and Yamagata prefectures. The color of the lake's surface changes from emerald to sky blue, according to the play of sunlight. The view of autumn foliage from the Zao Echo Line when driving from Shiroishi is highly acclaimed.

Where: Zao Resthouse, Katsutadake National Forest

<Zao> Frost-covered Trees (snow monsters)

These snow monsters, as they are colorfully called, are actually trees of the pine rare spectacle found hardly anywhere else in the world, so why not take a tour on



<Shiroishi> Miyagi Zao Fox Village

At this zoological park, more than one hundred foxes of diverse species wander freely. You can feed the foxes, even hold fox cubs. Experience these fascinating animals in a totally unique way.

*The bus route to the Miyagi Zao Fox Village is not covered by



the most powerful retainers of the DATE Clan. The current building is the product of a faithful re-creation of the original castle, completed in 1995. An adjoining museum features an exhibition of castle-related artifacts and documents.

https://discoversendai.travel/places/shiroish



<Shiroishi> Shiroishi Castle

This is the castle in which the Katakura Clan lived, one of





Eastern Area READAN MARIGOTO PASS



The eastern area of Sendai, which is recovering from the Great East Japan Earthquake, not only contains numerous ruins of the earthquake and places where one can learn about the lessons learned from the earthquake and the area's trail to recovery, but is also home to a range of newly opened facilities

which showcase the charm of the area. Surrounding the Sendai Port is the largest outlet in the Tohoku region and an aquarium with high entertainment value, transforming the area into a space where people of all ages can have fun.



JR Fruit Park Sendai Arahama

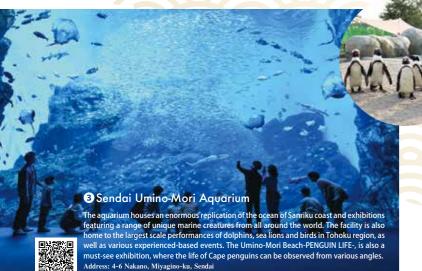
More than 8 types and 150 varieties of fruits, of which include strawberry, apple, grapes, blueberry, and more, are grown inside the 11 hectares of land, where guests can experience in-season fruit picking throughout the year. One could also enjoy the desserts and other cuisines overseen by the chefs of Hotel Metropolitan Sendai in the facility's café restaurant.

Wakabayashi-ku, Sendai



AQUAIGNIS SENDAI is based on the central concepts of "Healing, Dining, Nurturing". Some of the attractions that can be found in this hotspot include restaurants curated by acclaimed Japanese chefs such as TSUJIGUCHI Hironobu, HIDAKA Yoshimi, and KASAHARA Masahiro; Fujitsuka-no-Yu, a hot spring that well up from 1,000 meters beneath the ground; and a market which sells local produce.



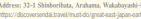


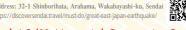
4 Ruins of the Great East Japan Earthquake: Sendai Arahama **Elementary School**

https://discoversendai.travel/places/sendai-umino-mori-aquarium/

A range of exhibitions have been established in the ruins of the earthquake, the Sendai Arahama Elementary School, which was devastated during the Great East Japan Earthquake, in order to pass on the lessons learned

from the disaster and the area's history and culture to future generations. The ruins is also used by many elementary schools and junior high schools as a base for disaster risk reduction education, and is a valuable facility that provides an immersive experience for visitors to learn about disaster risk







5 Sendai 3/11 Memorial Community Center

The memorial community center serves as a place for people to learn about the memories and experiences of the Great East Japan Earthquake, and a base for nowledge and lessons to be linked to the future. The community space on 1st floor showcases 3D maps and slides which feature information about the eastern coastal area and hosts a range of events. Meanwhile, the exhibition room on 2nd floor comprise of a permanent exhibit which showcases rehabilitation and reconstruction efforts, and a rotating exhibit which conveys the disaster from various viewpoints via displaying the lives and memories of people from the affected area.

Address: Inside of Arai Station on the Sendai Subway Tozai Line, 85-4 Kutsugata, Arai, Wakabayashi-ku, Sendai https://discoversendai.travel/must-do/great-east-japan-earthquake/



6 Sendai City Agriculture & Horticulture Center

A community base for people to gain firsthand experience of farming. Besides from the rose garden, which has 1,200 roses of approximately 200 species, and the Japanese plum garden, where 120 trees of approximately 60 species are planted, the facility also hosts a range of different agriculture related events and experience-based program making it a place for citizens to relax. Nevertheless. A tourist orchard within the premise provides year-round opportunity to pick seasona

Address: 13-1 Kirishinden, Arai, Wakabayashi-ku, Sendai



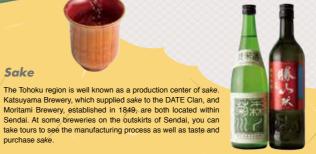
7 Kirin Brewery Sendai

The facility demonstrates the production process of the popular brand "KIRIN ICHIBAN Beer" and provides an opportunity for visitors to experience the key of deliciousness using one's "five senses". After the tour, visitors can enjoy a freshly brewed glass of beer served by a brewery draft master.

Address: 2-2-1 Minato, Miyagino-ku



Food in Sendai



As Sendai is surrounded by a rich natural environment, a wide variety of delicious ingredients—including seafood, meat, and rice are available, and are finely honed with culinary techniques to bring out the best flavor of the ingredients. Some of the many local specialties that will satisfy your palate range from the classic sake, the famed beef tongue, sasa-kamaboko, to the recent emerging gourmet dishes that only connoisseurs know.

Sushi





In Japan, Miyagi Prefecture is ranked number two for production of oysters in general, and number one for production of oysters for raw consumption. Miyagi oysters are small in size, but big in their rich, creamy taste. They can be eaten raw, charcoal grilled, or enjoyed in a hot pot.



baked in the shape of sasa (bamboo) leaves, is a famous Sendai local specialty. There are numerous kamaboko shops in the city, and some offer kamaboko grilling hands-on experiences for

Strawberries

Sake

The cultivation of strawberries is popular in the southern part of Miyaqi Prefecture. The strawberry Otome are particularly famous for their large size and refreshing sweetness. You cango strawberry picking from around December to



Beef Tongue

Beef tongue, a popular delicacy originating in Sendai, is thick, juicy and grilled to seal beef tongue restaurants, including some



Sendai beef is considered some of the best quality beef in Japan. It is carefully selected from the kuroge-wagyu beef raised in Miyagi Prefecture, for a good balance of marbled versus red meat and a fine texture. The beef is a mellow, juicy



Zunda Shake

This is an original drink that blends zunda bean paste with vanilla milkshake made with milk of exceptionally good quality. Enjoy the rich aroma of zunda with its distinctive bean-flecked texture.

Zunda is one of the famous specialties of Sendai, made from boiled and mashed edamame beans, flavored with sugar and salt. It was originally used as a topping for mochi rice cakes, but today zunda is added to all kinds of sweets and drinks.



Hot Pots

Noodles

Mapo Yakisoba Mapo vakisoba noodles have become

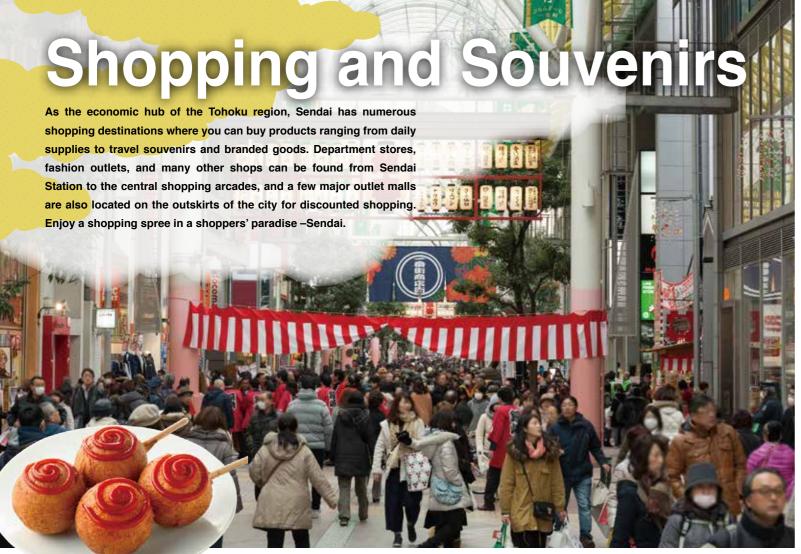
popular in recent years as word-ofmouth has spread over social media, but their history goes back to a meal offered to employees working at a Chinese restaurant in Sendai in the 1970s. Stir-fried or pan-fried Chinese noodles are served topped with plenty of hot and spicy mapo tofu.



Seri (Japanese parsley) hot pot is the new standard during the winter season. Seri is a vegetable that contains a lot of vitamin C and dietary fiber, with all parts of the plant, including the roots, being edible. Enjoy the crunchy texture of seri with other vegetables and chicken. Nutritious and healthy! It will warm you to the core.







Central Shopping Arcades SENDAI AREA PASS (Subway Stations: Kotodai-koen, MARUGOTO PASS Hirose-dori, and Aoba-dori Ichibancho)

Enjoy shopping while walking along a shopping arcade packed with classy department stores, distinctive shops and fashion stores popular with young people, discount stores and restaurants. The Sendai Hatsu-uri (the first sale of the constraint of deals rants. The Sendai Hatsu-uri (the first sale of the new year) held



2 Around Sendai Station THE SENDAI MARUGOTO PASS

Two major commercial facilities opened here in 2016, and are some of the hottest spots in the area, with many popular shops appearing for the first time in the Tohoku region. There is an arcaded street right in front of Sendai Station, which continues up to the central shopping district.





3 Sendai-Izumi Premium Outlets®

4 Mitsui Outlet Park Sendai Port Sendai MARUGOTO MAREA PASS MARUGOTO

Sendai-Izumi Premium Outlets® and Mitsui Outlet Park Sendai Port offer products from renowned brands at affordable prices.

Detailed information

https://discoversendai.travel/category/shopping/



Traditional Artisanship



Sendaihira

Silk-woven fabric of the highest quality renowned for producing hakama pants. Their elegant thin stripes give them a traditional yet contemporary



Tamamushi Lacquerware

Elegant lacquerware characterized by its unique. vibrant gloss and colors. Wine cups, in particular, are popular as a souvenir from Japan







Matsukawa Daruma Dolls

A Taste of Sendai To Go

These good-luck charms have a face edged with blue, and $feature\,big\,black\,eyes, which\,make\,them\,different\,from\,ordinary$ daruma dolls. Pick your favorite size, large or small.



Sendai Dagashi Sweets

Sendai's traditional confectionery, of which most are still hand-made by craftsmen. Uniquely designed usagi-dama and daruma candies are a treat for the eyes as well as the palate



Zunda Sweets

Zunda, produced from edamame bean paste, is years, it is used in a variety of treats including



Hagi no Tsuki

This moon-shaped sweet features a fluffy sponge cake filled with tender custard cream, and is a classic taste recognized nationwide.

Cute Small Goods



Musubimaru Goods

Musubimaru, a Miyagi Prefecture mascot character, is designed based on the motif of the feudal Lord DATE Masamune's helmet and an onigiri rice ball. The character is designed into various products such as badges and stationery goods.



Sendai Tansu coaster

Sendai Tansu is said to have been born in the late Edo period. Utilizing the materials of Sendai Tansu, this coaster is lacquered on Japanese Zelkova wood and decorated with metal corner







Kokeshi Clips

Paper clips designed to look like kokeshi dolls, which are a folkcraft from the Tohoku region. Kokeshi dolls from different parts of the Tohoku region have their own characteristics in shapes and designs, and the clips faithfully reproduce those differences. They are all too cute to leave behind.

Trending Items



Mizutama no Jin

A new souvenir of Miyagi prefecture, Mizutama no Jin is a no-bake cheesecake that sparkles like gemstones with motifs of the crescent moon helmet of Lord DATE Masamune and the DATE family's polka-dot battle coat.



Shimobashira

Handmade by skilled confectioners, shimobashirais a type of candy that can only be found during winter season, which looks like real needle ice and melts like cotton candy in your mouth. Sales period: October to April of the following year *Product might be out of stock



Saichi's *Ohagi* Sweets

Handmade ohagi (rice cake covered with adzuki bean paste) sweets are available at a local supermar ket called Saichi in the Akiu onsen resort. As many as 5,000 of these sweets are sold on an average day They became popular through word-of-mouth recommendations among hot spring visitors.



Suzume Manju (Chunchundo)

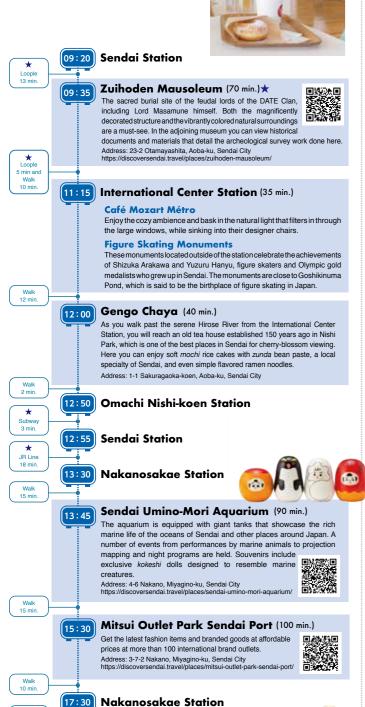
This trendy new Sendai confection is a sparrow ("suzume")-shaped cake that is familiar to locals as the motif of the family crest of DATE Masamune, the first lord of the Sendai Domain, as well as the Sendai sparrow dance, etc. This product is sold at a product Honmaru Kaikan at the Site of Sendai Castle.

Model Itinerary to Enjoy Sendai to the Fullest

Enjoy Splendid Sendai and All its Delicacies Girls' Trip

Sendai, the largest city in the Tohoku region, offers the latest in fashion, popular restaurants and cafés, as well as attractive tourist destinations and exclusive goods. Be sure to head over to discover your favorites.





Sendai Station

Zunda Komichi (Zunda Alley)

Enjoy zunda sweets at this mall of specialty shops on the

third floor of Sendai Station. After a break, why not go

out for an outing at the nearby shops and restaurants?

Following the Footprints of the Chinese Literary Legend

A Trip to Learn About Lu Xun

Lu Xun, a legendary figure in Chinese literature, started his early literary career while living as an exchange student in Sendai. With his autobiographical essay "Mr. Fujino" in hand, let's trace his footsteps.





This is one of the stations closest to Sendai's central

shopping district. Enjoy shopping and eating at nearby

department stores offering luxurious brand products and

local delicacies, and in alleyways packed with small but

Find Nature and Experience in Akiu Area

For Active Travelers

Although Sendai is a large city with a population of more than one million, you can also enjoy the splendor of nature by making a quick trip away from downtown. Experience a variety of nature activities and onsen -hot spring- in the Akiu Area.





facility, there is a hiking path around Rairaikyo Gorge where the Natori River can be observed, and a heart-shaped dip in a rock under the Nozokibashi Bridge that is known as Lover's sanctuary, so why not to try to find that? Address: 40-7 Teradahara, Yumoto, Akiumachi, Taihaku-ku, Sendai

Akiu Onsen -hot spring Day-trip Onsen (90 minutes) At Akiu Onsen which has a history of over a thousand

years, visitors can enjoy day-trip to hot springs where it is not necessary to bring your own towel. please inquire at the facility or check their website before you go.

Address: Yumoto, Akiumachi, Taihaku-ku, Sendai https://discoversendai.travel/places/akiu-onsen/

Akiu Winery / Sendai Kaleidoscope Museum / Akiu Traditional Craft Village / Akiu Village (60 minutes)

Among food, art, experience, and shopping, choose your favorite things to do and enjoy some "You Time" in Akiu.



16:20 Ayashi Station

Sendai Station

Hirose-dori Station Kokubuncho

Before calling it a day, be sure to visit Kokubuncho, the largest entertainment district in the Tohoku region. Here you can enjoy delicious food and beverages local to Sendai and Tohoku. Where: Kokubuncho, Aoba-ku, Sendai City

Feel the Transition of Seasons in Sendai, the City of Trees

Travel the Four Seasons in the City

Sendai has a sophisticated cityscape that is in harmony with nature. As the beautiful city landscape changes according to the season, the city has been selected as the filming location for numerous video projects including movies and a Thai TV

*Time schedules are approximate.

SENDAI AREA PASS MARUGOTO Usable

*Travel times and means of transportation listed are as of July 2024.







This 100-meter tall, giant statue of the Goddess Kannon stands unexpectedly in the middle of a residential area. The statue is enshrined with 108 smaller Buddhist statues inside. You can also enjoy shopping and have a meal at the food court of a large Aeon supermarket store, which is only five minutes away on foot.



A commercial building located close to Sendai Station. The view from the observatory terrace on the 31st floor is stunning, especially at night. Address: 1-3-1 Chuo, Aoba-ku, Sendai City



Sushi-dori (Sushi Street)

The first and third floors of the station are packed with popular sushi restaurants. Fresh sushi can be enjoyed at affordable prices because Sendai is close to one of the biggest fishing grounds in the world. After eating your fill, you can have fun shopping around the station.



