

# Briefing on the Easing of Travel Restrictions to Japan

23th December, 2022

Japan National Tourism Organization

- All information here is gathered from the relevant authorities. Due to the regularly changing situation, it is essential for you to always check and follow the latest guidance.
- JNTO is not liable for any trouble, loss, or damage arising from any acts performed under decisions based on this information.

1. The latest updates on the easing of travel restrictions to Japan
2. Procedure for visiting Japan for tourism
3. Practical information for traveling to Japan on JNTO's website

- 1. The latest updates on the easing of travel restrictions to Japan**
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## From June 1<sup>st</sup>, 2022

- ✓ The on-arrival COVID-19 test and the isolation period after entry into Japan were updated **according to the grouping (“Blue”, “Yellow” and “Red” categories)** of the countries/regions.
- ✓ The daily cap on arrivals increased from 10,000 to 20,000.

## From June 10<sup>th</sup>, 2022

- ✓ **Tourist entry on guided package tours from countries/regions in Group “Blue”** started.

## From September 7<sup>th</sup>, 2022

- ✓ Tourist entry on **package tours (including non-guided package tours) from all countries /regions** is accepted.
- ✓ Those who obtain **a valid vaccination certificate** are **not required to take a Covid-19 negative test certificate** conducted within 72 hours prior to your scheduled departure time.
- ✓ The daily cap on arrivals increased from **20,000 to 50,000**.



A large, light blue arrow pointing downwards is positioned on the left side of the slide, spanning the height of the two main sections.

## From October 11<sup>th</sup>, 2022

- ✓ **The measure to limit the entry of foreign tourists to those on package tours is lifted.**
- ✓ **Pre Covid-19 visa exemption arrangements are resumed.**
- ✓ Prescribed applications in the Entrants, Returnees Follow-up System (ERFS) completed by the receiving organizations located in Japan are no longer required.
- ✓ The daily limit of the total number of entrants into Japan is lifted.

## From November 15<sup>th</sup>, 2022

- ✓ **Ministry of Land, Infrastructure, Transport and Tourism (MLIT) announced the resumption of international cruises. Operations will restart after the discussion by cruise companies and port authorities.**

1. The latest updates on the easing of travel restrictions to Japan
- 2. Procedure for visiting Japan for tourism purposes**
3. Guidelines for tourism-related entities in Japan issued by Japan Tourism Agency
4. Practical information for traveling to Japan on JNTO's website

# A Procedure for Visiting Japan

Last updated  
9 December 2022

## Before Departure

### 1 Check Your Visa Requirement

Pre Covid-19 visa exemption arrangements are resumed from 11th October. Please refer to [MOFA\\* website](#) for more details. Prescribed applications in the Entrants, Returnees Follow-up Systems (ERFS) are no longer required.

### 2 Get a Valid Vaccination Certificate or a Covid-19 Negative Test Certificate

All entrants must provide a Valid Vaccination Certificate or a Covid-19 Negative Test Certificate. A Covid-19 test must be conducted within 72 hours prior to your departure. Refer to the [MHLW\\* website](#) for details about a Valid Vaccination Certificate or the [MHLW\\* website](#) for a format of a Test Certificate. For more information on exception rules for children, please check the [JNTO website](#).

### 3 Go to Visit Japan Web for smooth entry

#### Quarantine

- Each visitor (including infants) needs to answer the "Questionnaire for Quarantine" from [Visit Japan Web](#).
- Register the Valid Vaccination Certificate or the Covid-19 Negative Test Certificate.
- Get a QR code.



#### Immigration & Customs

-Register relevant information for immigration and customs and get another QR codes.

\*From 1st November 2022, you cannot use MySOS. Please use Visit Japan Web.

### 4 Buy Travel Insurance

\*Medical expenses can be very high for foreign visitors to Japan who get injured or become ill during the stay.

#### Call Center regarding quarantine measures:

**+81-50-1751-2158** or **+81-50-1741-8558**

MHLW\* operates a call center for quarantine measures.

Available in English, Chinese, Korean and Japanese: 9 am - 9 pm [Japan Time] daily

## Departure



### 1 Quarantine

Show your QR code from the "Questionnaire for Quarantine"



\*If you don't have a smartphone, you may present a printed copy of the dedicated screen or a certificate.

### 2 Immigration & Customs

Show your QR codes on Visit Japan Web



Immigration



Customs

\*If you don't use Visit Japan Web, you may submit required paper documents (such as immigration card and customs declaration) on site.

## At the Airport

## After Arrival during your stay in Japan

Follow safety instructions and enjoy your trip in Japan!

JNTO\* provides the following information:

**Preventive Measures**



**FAQ**



**Information in Case of Illness or Injury**



### Coronavirus Hotline

**A Prefectural Consultation Services for Foreigners**



**B MHLW\* Coronavirus Hotline**  
(Please contact here when A is not available)  
**0120-565-653**

MHLW\* operates a multilingual Covid-19 hotline.  
English, Chinese, Korean, Portuguese and Spanish:  
9 am - 9 pm [Japan Time] daily  
Thai: 9 am - 6 pm [Japan Time] daily  
Vietnamese: 10 am - 7 pm [Japan Time] daily

### For Safe Travel / Further Help

**Japan Visitor Hotline: 050-3816-2787**

JNTO\* operates a hotline for tourist information and for assistance in case of emergencies.

Available in English, Chinese, Korean and Japanese:  
24 hours a day, 365 days a year.

## Returning Home



Follow measures of your country

- 1. Check your visa requirement**
- 2. Get a valid vaccination certificate or a Covid-19 negative test certificate**
- 3. Go to Visit Japan Web for smooth entry through the Quarantine, Immigration and Customs**
- 4. Buy Travel Insurance**



# 1. Check your visa requirement

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**From 11th October, pre Covid-19 visa exemption arrangements are resumed. Please refer to MOFA website for more details.**

[https://www.mofa.go.jp/j\\_info/visit/visa/short/novisa.html](https://www.mofa.go.jp/j_info/visit/visa/short/novisa.html)

**Prescribed applications in the Entrants, Returnees Follow-up Systems (ERFS) are no longer required.**

## 2. Get a Valid Vaccination Certificate or a Covid-19 Negative Test Certificate

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- All entrants must provide **a valid vaccination certificate** or **a Covid-19 negative test certificate** conducted within 72 hours prior to your scheduled departure time.
- You can find **the relevant information on each certificate** at the MOFA or MHLW website.

Valid COVID-19 vaccination certificate (MHLW: Ministry of Health, Labour and Welfare)  
[https://www.mhlw.go.jp/stf/covid-19/border\\_vaccine.html](https://www.mhlw.go.jp/stf/covid-19/border_vaccine.html)

Covid-19 negative test certificate (MHLW: Ministry of Health, Labour and Welfare)  
[https://www.mhlw.go.jp/stf/covid-19/border\\_test.html](https://www.mhlw.go.jp/stf/covid-19/border_test.html)

### **Call Center regarding quarantine measures by MHLW**

+81-50-1751-2158 / +81-50-1741-8558

available in English, Chinese, Korean and Japanese: 9am-9 pm (JST) daily

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### 3. Go to Visit Japan Web for smooth entry through the Quarantine, Immigration and Customs

#### < Quarantine >

1. Each visitor (including infants) needs to answer the “**Questionnaire for Quarantine**”. Please answer from Visit Japan Web .
2. Register **the valid vaccination certificate** or **the Covid-19 negative test certificate** for smoother quarantine procedures at airports.
3. Get a **QR code**. QR code is generated after the registration.
4. Show your **QR codes** at Quarantine of the arriving airport.



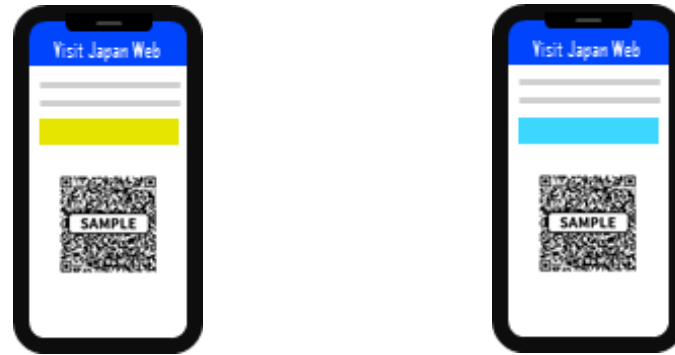
\*If you don't use Visit Japan Web, you can access the questionnaire from MHLW website instead.

\*If you don't have a smartphone, you may present a printed copy of the dedicated screen or a certificate.

### 3. Go to Visit Japan Web for smooth entry through the Quarantine, Immigration and Customs

#### < Immigration and Customs >

1. Register relevant information and get **QR codes** on Visit Japan Web for smooth entry into Japan. QR codes are generated after the registration.



About Visit Japan Web

[https://www.digital.go.jp/en/services/visit\\_japan\\_web-en/](https://www.digital.go.jp/en/services/visit_japan_web-en/)

## 5. Buy travel insurance

It is strongly recommended that you purchase a private medical insurance that includes adequate coverage and services for medical expenses related to COVID-19

\*Medical expenses can be very high for foreign visitors to Japan who get injured or become ill during the stay. Please be aware that foreign visitors who fail to pay their medical expenses may be denied entry into Japan in the future.



**Get prepared, so you can leave your worries behind and enjoy Japan**

**In order to enjoy your trip with peace of mind, you need to purchase private medical insurance\* that provides sufficient coverage.**  
\*Including travel insurance that covers medical expenses during your stay.

- 1** Medical expenses may be very high depending on the symptoms, but you'll be prepared for those unexpected charges.
- 2** If your insurance covers interpreting services, you'll be able to describe your symptoms accurately at the hospital, even if you can't speak Japanese.
- 3** If your insurance policy includes medical institution referral and arrangement services, you'll be able to get to the appropriate hospital.

**Before you leave for Japan, purchase insurance with sufficient coverage and services for medical expenses relating to COVID-19 and other infectious diseases so you can enjoy your trip to the fullest.**

\*You can also purchase travel insurance from your smartphone or other devices after arriving in Japan. \*Be sure to check exactly what your insurance policy covers.

Visit this website for helpful information in case of emergency, such as travel insurance information, what to be aware of when going to a hospital in Japan, and a list of hospitals that provide multilingual medical services.  
[https://www.jnto.go.jp/emergency/eng/do\\_travel\\_insurance02.html](https://www.jnto.go.jp/emergency/eng/do_travel_insurance02.html) JNTO insurance Search



**Japan Tourism Agency**

**❗ Please be aware that foreign visitors who fail to pay their medical expenses may be denied entry into Japan in the future.**

# What should I do if I or my travel companions feel ill?

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Please contact the consultation service (as soon as symptoms such as fever appear).

## **A: Prefectural Consultation Services for Foreigners**

Please go to the following website and check the contact information, opening hours, and available languages of each prefectural consultation service.

<https://www.c19.mhlw.go.jp/area-en.html>

## **B: MHLW Consultation Service for COVID-19**

MHLW\* operates a multilingual Coronavirus hotline 365 days a year.

Please contact here when A is not available. TEL: 0120-565653

Hours and languages available: English, Chinese, Korean, Portuguese, Spanish: 9am-9pm, Thai: 9am-6pm, Vietnamese: 10am-7pm (Japan Time)

[https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000164708\\_00079.html](https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000164708_00079.html)

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# Practical information for traveling to Japan on JNTO's website

Please check the latest updates at

<https://www.japan.travel/en/practical-coronavirus-information/>.

