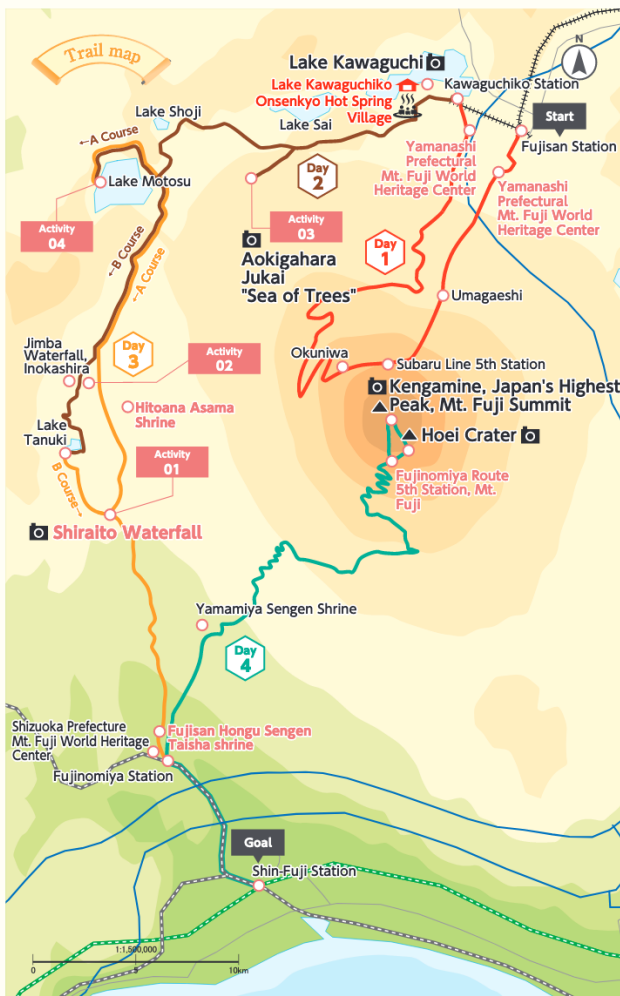


Mt. Fuji from the ground up: Become acquainted with two faces of the sacred and volcanic mountain

Notes

- Visit natural sites of scenic beauty, including lakes and waterfalls, set against the backdrop of Mt. Fuji.
- Visit historic sites associated with Mt. Fuji worship and pilgrimage.
- Shape up with various activities before actually climbing to Mt. Fuji's summit.



 Yoshida Trail, Mt. Fuji



o Mt. Fuji, Southwest Face



 **Lake Kawaguchi**












Shiraito Waterfall














A wide waterfall cascading over a rocky ledge, surrounded by dense green foliage. The water appears as a white veil against the dark rocks and green trees.

o Mt. Fuji Okuniwa

A photograph of Mount Fuji, a snow-capped mountain, viewed from a distance with green trees in the foreground. The mountain is partially covered in snow, and the sky is clear blue. The foreground is filled with the tops of green trees, some of which are slightly out of focus.

Day1 Morning Tokyo Station  (Private railway) or  (Express bus) 180min → Fujisan Station  →
 Fujiyoshida (60min) Fill up with a bowl of Yoshida udon noodles. At the *oshi* priest's house along the road to the shrine, take a moment to imagine the footfalls of ancient pilgrims.
 30min → Kitaguchi Hongu Fuji Sengen Shrine (30min) (This shrine, located at the entrance to the Yoshida trail, flourished during the Edo period (1603 – 1867) thanks to the Fujiko Shinto sect dedicated to the worship of Mt. Fuji.) →
 Afternoon Sengen Jinja Mae  (Fujikyū Yamanashi Bus) 30min → Umagaeshi (1st Station)  Fujiyoshida Trail Ancient Mountain Trail  240min →
 Subaru Line 5th Station  (Fujikyū Yamanashi Bus) 60min → Fujisan Station or Kawaguchiko Station (Learn about the origins of Fujiko, the Shinto sect dedicated to the worship of Mt. Fuji, and the culture of Mt. Fuji at the Yamanashi Prefectural Mt. Fuji World Heritage Center.) → Fujiyoshida •  Lake Kawaguchi • Lake Sai Area
 Accommodation Facilities [Accommodation]

Morning **Activity 05** Aokigahara Jukai Nature Tour—learn about Mt. Fuji and the impact of the nature on the culture of the Japanese people (180min)
(Explore the mystical landscape created by the primeval forest and caves that resulted from lava flows from Mt. Fuji.)

Day2	A Course	B Course
<p>Afternoon Lake Sai-Lake Shoji Area  20min \ Lake Motosu</p> <p>Activity 04 <u>Enjoy a tour on Lake Motosu, the purest lake among the Fuji Five Lakes (120min)</u> (Have fun exploring the clearest of the Fuji Five Lakes, Lake Motosu.)</p> <p>Lakeside Campground[Accommodation]</p>	<p>Morning Lake Motosu  or  20min \ Hitoana Asama Shrine (Hitoana Fuji-ko Iseki) (30min) (This ancient shrine is part of the world cultural heritage site.)  or  20min \ Shiraito Waterfall Entrance </p> <p>Shiraito Waterfall (90min) (Visit the satomiya "village" shrine headquarters of the Mt. Fuji Sengen faith and experience the clear waters of Fuji at Wakutama Pond, located within the shrine grounds.)  (Fujiyuko Shizuka Bus) 30min \ Fujisan Hongu Sengen Taisha (60min) (Visit the satomiya "village" shrine headquarters of the Mt. Fuji Sengen faith and experience the clear waters of Fuji at Wakutama Pond, located within the shrine grounds.)</p> <p>Afternoon Fujinomiya (180min) (Get a burst of energy with Fujinomiya yakisoba noodles. Learn about the history of the worship of Mt. Fuji at Shizuoka Prefecture's Mt. Fuji World Heritage Center.)</p> <p> \ Fujinomiya Accommodation Facilities[Accommodation] (Prepare for climbing Mt. Fuji with an early rest.)</p>	<p>Afternoon Lake Sai-Lake Shoji Area  (Fujiyuko Shizuoka Bus) or  20min \ Inokashira Entrance 20min \ Inokashira District</p> <p>Activity 02 <u>Savor the bountiful natural spring water in Inokashira village (240min)</u></p> <p> 90min \ or  10min \ Lake Tanuki (Kyukamura Fuji) Kyukamura Fuji or Lake Tanuki Campground[Accommodation]</p> <p>Morning Lake Tanuki  (Fujiyuko Shizuoka Bus) 15min \ 10:40a.m. Shiraito Waterfall Entrance</p> <p>Activity 01 <u>Cycle through the woods and rice fields in the countryside of Mt. Fuji's foothills (300min)</u> \</p> <p>Fujinomiya Accommodation Facilities[Accommodation] (Prepare for climbing Mt. Fuji with an early rest.)</p>
Day4		

Legend for itinerary symbols