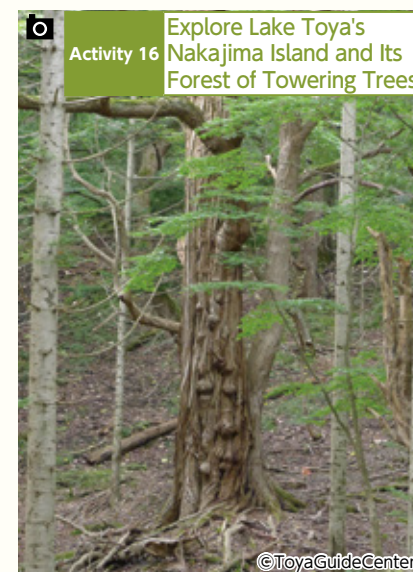


Season June - November **Duration of stay** 3 nights, 4 days (requires arriving the day before the itinerary begins)

Take in Spellbinding Lakes and Feel the Pulse of Ongoing Volcanic Activity

Notes

Discover the different features of two caldera lakes.
Enjoy the outdoor activities on offer at Shikotsu-Toya National Park to your heart's content.
See an incredibly rare triple volcano and admire a mountain summit whose awe-inspiring origins are still apparent in its landscape and the unobstructed view of the scenery below.



Explore Nakajima Island, an uninhabited island dotted with numerous enormous trees. Travel to the island by sightseeing boat and explore the island's unique environment and seasonal scenery. With luck, you may even catch sight of one of the island's inhabitants, the Ezo sika deer.



Sobetsu Park is one of the Lake Toya area's leading scenic spots. From the park, enjoy magnificent views of Lake Toya, Mt. Usu and Mt. Showa-Shinzan and, in the distance, Mt. Yotei and the Niseko Mountain Range. Every year in mid-May, the approximately 86,000-square-meter-park, famous for its apricot trees, bursts into bloom as roughly 300 Bungo apricot trees flower.

Night of arrival	Depart from local airport ✈️ Approx. 90min ➡ New Chitose Airport New Chitose Airport 🚗 or 🚌 (Fixed-route bus) 60min ➡ Shikotsu Kohan Accommodation Facilities [Accommodation]
Day 1	Shikotsu Kohan Accommodation Facilities 🚶 5min ➡ Lake Shikotsu Morning Lake Shikotsu Activity 03 Lake Shikotsu National Park Diving Tour (120min) (Enjoy freshwater diving, rare in Japan, in one of Japan's clearest lakes.) 🚗 90min ➡ Jozankei Onsen Hot Springs Jozankei Onsenkyo Hot Spring Village Walk (60min) (Leisurely explore the hot spring village, visiting sites such as Futami Suspension Bridge and ashi-yu footbaths.) 1:00p.m. Activity 13 Sapporo Half-day Jozankei Rafting and SUP Experience (180min) 🚗 60min ➡ Silo Observatory (30min) (This is a spot to admire a picturesque panorama of Lake Toya. Enjoy an unbroken view of Lake Toya, Nakajima Island, Mt. Usu and Mt. Showa-Shinzan.) 🚗 15min ➡ Lake Toya Onsen Hot Springs [Accommodation] (The upheavals of the earth that occurred alongside the eruption of Mt. Yosomi in 1910 led to an increase in water temperature in area lakes, with some areas reaching 24 degrees Celsius. After volcanic activity ceased, a hot spring with a temperature of 42 degrees Celsius was discovered gushing forth from the lake at the northern foot of Mt. Nishimaru. This was the beginning of Lake Toya Onsen Hot Spring. In 2010, events were held to celebrate the 100th anniversary of the hot spring.)
Day 2	Lake Toya Onsen Hot Springs 🚶 10min ➡ Toyako Onsen Chuo Boat Landing 9:00a.m. Toyako Nakajima Island Activity 16 Lake Toya's Nakajima: Explore a Forest of Giant Trees (135min) 🚶 10min ➡ Toyako Visitor Center and Volcano Science Museum 1:00p.m. Toyako Visitor Center and Volcano Science Museum (60min) (Learn about the natural environment of the Mt. Usu and Lake Toya region, where vigorous volcanic activity continues.) 2:00p.m. 🚗 5min ➡ Nishiyama North Parking Lot Nishiyama Crater Walking Trail (120min) 🚗 80min ➡ Lake Shikotsu Onsen Hot Springs or Marukoma Onsen Hot Spring [Accommodation]
Day 3	Lake Shikotsu Accommodation Facilities 🚲 (Fat bike) 15min ➡ Nanajo Otaki Parking Lot 9:00a.m. Nanajo Otaki Waterfall Activity 07 Fat-bike Tour to the Famous Nanajo Otaki Waterfall (150min) 🚲 (Fat bike) 15min ➡ Lake Shikotsu 12:00p.m. June to August Only! Enjoy Lake Shikotsu Kokanee Cuisine (60min) (Savor fatty Lake Shikotsu kokanee, delicious as sashimi and sushi, as well as when fried or grilled.) 1:30p.m. Lake Shikotsu Activity 01 On the Cutting-edge of Conservation: The Beautiful Lake Shikotsu (180min) Lake Shikotsu Onsen Hot Springs or Marukoma Onsen Hot Spring [Accommodation]
Day 4	Lake Shikotsu Onsen Hot Springs or Marukoma Onsen Hot Spring 🚗 30-40min ➡ Mt. Tarumae 7th Station Hut 8:00a.m. Mt. Tarumae Activity 06 Climb the Famous Mt. Tarumae (330-390min) Mt. Tarumae 7th Station Hut 🚗 30-40min ➡ Lake Shikotsu Onsen Hot Springs or Marukoma Onsen Hot Spring (Marukoma Onsen Hot Spring has a history of 105 years and is home to a society whose aim is to protect Japan's secluded hot springs. The hot spring's popular open-air bath is connected to the lake and its water level fluctuates along with the water level of the lake.) 🚗 or 🚌 (Fixed-route bus) 30-40min ➡ Chitose 3:00p.m. Free time

Legend for itinerary symbols	✈️ Airplane 🚆 Train/JR 🚗 Car (rental car) 🚕 Taxi 🚌 Fixed-route bus/shuttle bus 🚢 Boat 🚡 Ropeway 🚲 Bicycle 🚶 Walking 📷 Photo spot
Itinerary times defined	Dawn 4:00a.m.-6:00a.m., Early morning 6:00a.m.-8:00a.m., Morning 8:00a.m.-12:00p.m., Noon 12:00p.m.-1:00p.m., Afternoon 1:00p.m.-5:00p.m., Evening 5:00p.m.-7:00p.m., Late evening 7:00p.m.-11:00p.m., Night 11:00p.m.-4:00a.m.