

Season All seasons

Duration of stay 3 nights, 4 days

## The Definitive Ise-Shima Experience

### Notes

Wander Ise Jingu, considered the origin of the Japanese culture that prioritizes coexisting with nature, and Ise-Shima's satoumi coastal villages, rich in nature and food culture, which have since time immemorial provided the bounty of the sea and mountain to the ancient capital. Visiting these areas will give you a glimpse into an older, authentic Japan. There's no need to rent a car to get from place to place — public transportation has you covered on this relaxing route centered on strolls around small towns and villages.



Activity 11 Resort hotel in nestled in lush forests and blue oceans



Activity 02 Interacting with real ama divers in a traditional ama hut (AMA hut HACHIMAN) (75min)



The Osatsu neighborhood of Toba boasts the highest number of ama free divers in Japan. Meet working ama at special facilities and enjoy a meal of chargrilled seafood prepared before your very eyes.

After checking in at your hotel, explore the promenade, observe the tidal flats and breeding farm, and enjoy bird-watching among other activities. The nearby Kirigaki Observatory is a fantastic spot from which to watch the sunset and observe the pearl aquaculture rafts floating in Ago Bay. In the evening, stargaze at the planetarium.

	<p>Nagoya-Osaka-Kyoto (Shimakaze, Kintetsu Sightseeing Limited Express) (The landscape gradually changes from bustling city to increasing greenery as you travel from major cities, and you'll be able to sense that you're nearing the national park.) 75~120min. Isejima Station 5min. Ise Jingu Geku (Toyo'uke-daijingu) (It's recommended to visit Geku before visiting Naiku. Ise Jingu acts as the entrance to Ise-Shima National Park.) 1:00p.m. Ise Jingu Geku (Sengukan Museum) 80min. View Ise Jingu Geku (Sengukan Museum) (Sense the connection between nature and the spiritual belief system of the Japanese as you stroll around Ise Jingu and its sacred grounds. Near the entrance to Geku, you'll find the Sengukan Museum, where you can learn about shikinen sengu, the reconstruction of Ise Jingu which occurs every 20 years, including shinsen, the giving of nature's blessings to the gods, and kyukirin and misomayama, the shrine's forests where hinoki cypress is raised for reconstruction.)</p> <p><b>Day1</b></p> <p>2:32p.m. Geku-mae Bus Stop (Mie Kotsu Ise-Futami-Toba Loop Line "CAN") 19min. Naiku-mae Bus Stop (Geku and Naiku are separated. Enjoy a tour of the city as you travel by bus between the two shrines.)</p> <p>3:00p.m. Ise Jingu Naiku 25min. Visit Ise Jingu Naiku and Explore Oharai-machi (Of the 125 large and small shrines that make up Ise Jingu, Naiku (Kotai Jingu) is the most important. The Isuzu River flows through the shrine grounds, and before paying your respects at the shrine, you will purify your hands with its waters. Naiku is surrounded by dense forest, and you're sure to feel the shrine's connection to nature during your visit.)</p> <p>4:20p.m. Naiku-mae Bus Stop (Mie Kotsu Ise-Futami-Toba Loop Line "CAN") 22min. Futamiura Omotesando Bus Stop</p> <p>4:50p.m. Futamiura Accommodation Facilities [Accommodation]</p> <p>Early Morning Accommodation Facilities 15min. Meoto-iwa Rocks, Futami-Okitama Shrine Meoto-iwa Rocks (Sunrise Viewing) (Meoto-iwa Rocks is famous for its incredible view of the rising sun. From May to July, the sun rises between the rocks, creating a spectacular sight. It is said that in the past, travelers visiting Ise Jingu would purify their bodies in the waters off the coast.) 15min. Accommodation Facilities 10min. Futaminoura Station</p> <p>9:29a.m. Futaminoura Station (JR Sangu Line) 10min. Toba Station 10min. Toba Marine Terminal</p> <p>10:00a.m. Activity 04 Explore Fishermen Island in Japan (210min) (Hop aboard a boat and head for Toshijima Island, a remote island where ama have flourished. (Separate fee required.) While on the island, wander the streets of the fishing village and savor locally caught seafood. Ama culture is representative of the satoumi coastal villages of Ise-Shima National Park, and exploring the remote islands of Toba will bring you face-to-face with this distinct culture and the beauty of the area's fishing villages.) 1:30p.m. Toba Marine Terminal 10min. Toba Station</p> <p><b>Day2</b></p> <p>1:58p.m. Toba Station (Local train) 26min. Shima-Isobe Station 5min. Pearl Falco, Isobe Shop</p> <p>2:30p.m. Activity 10 Create an original Akoya pearl accessory in Ise-Shima, the birthplace of cultivated pearls (30 - 60min) (Ise-Shima, birthplace of cultured pearls: While crafting a unique accessory using Akoya pearls, listen to commentary on the history of cultured pearls and the pearl farming done in the seas of Ise-Shima National Park.) 5min. 3:55p.m. Shima-Isobe Station (Local train) 13min.</p> <p>4:55p.m. Kashikojima Station (Hotel shuttle bus) 40min. (Via Shima Spain Village. Saturdays, the day before national holidays, and other special days (spring holidays, Golden Week, summer holidays, end-of-year holidays), a bus leaves at 4:30p.m. and requires 25 minutes.)</p> <p>Miyako Resort Okushima Aqua Forest [Accommodation]</p> <p>Activity 11 Resort hotel in nestled in lush forests and blue oceans [Accommodation Included]</p> <p>Miyako Resort Okushima Aqua Forest (Taxi or courtesy car) 11min. Daiozaki Todai Bus Stop</p> <p>9:00a.m. Daio Activity 05 Guided walking tour of a town in Shima: including visiting an atelier for smoking katsuobushi in Nakiri (120min) (A lighthouse standing tall over wild seas and coastal bluffs; a town of stone walls. Explore this pretty fishing village known both for its stone masonry and its many locations begging to be painted. Representative of satoumi coastal villages in Ise-Shima, the village produces nakiribushi (katsuobushi, dried, smoked and fermented skipjack bonito) using traditional methods including smoking with ubame oak.)</p> <p>11:00a.m. Daio Lunch (Find a variety of eateries, including shops famous for katsu ochazuke (green tea on rice with skipjack bonito).) 12:03p.m. Daiozaki Todai Bus Stop</p> <p><b>Day3</b></p> <p>(Fixed-route bus) 23min. Ugata Eki-mae Bus Stop. Ugata Station 5min.</p> <p>1:00p.m. Ugata Kominkan Community Center Activity 09 Walking Tour of Ugata (90min) (Stroll through the quaint town of Ugata, central to the history of Shima, with a guide and enjoy interacting with locals.)</p> <p>2:35p.m. Ugata Station 10min. Yokoyama Viewpoint</p> <p>2:45p.m. Explore Yokoyama Picnic Site (Visitor Center, Viewpoint, Promenade, Etc.) (60min) (From Yokoyama Viewpoint admire the spectacular view of Ise-Shima National Park's iconic ria coast in Ago Bay. Relax on the Tenku Cafe Terrace, opened in 2018. (Light meals are available.) At the Yokoyama Visitor Center, find information on the national park.)</p> <p>4:00p.m. Yokoyama Visitor Center 10min. Ugata Station</p> <p>4:40p.m. Ugata Station (Hotel courtesy bus ※Reservation required) 15min. Shima Mediterranean Village [Accommodation]</p> <p><b>Day4</b></p> <p>Shima Mediterranean Village</p> <p>10:15a.m. Activity 13 Ago Bay cruise (day cruise) (30min) (Cruise the bay regardless of season. Enjoy a trip over the water in a private cruise-type boat.)</p> <p>11:10a.m. (Hotel courtesy bus ※Reservation required. A water taxi bound for Kashikojima Port is also available.) 15min. Ugata Station</p> <p>11:50a.m. Ugata Station (Kintetsu limited express) 35min. Toba Station</p> <p>12:45p.m. Toba Station (Hachiman Kamado shuttle bus) 30min.</p> <p>1:15p.m. Activity 02 Interacting with real ama divers in a traditional ama hut (AMA hut HACHIMAN) (75min)</p> <p>2:55p.m. (Hachiman Kamado shuttle bus) 30min. Toba Station</p> <p>(Kintetsu limited express) 100~150min. To Nagoya-Osaka-Kyoto</p>
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