



Malta Sailing Academy in collaboration with the Royal Malta Yacht Club will once again be delivering the mandatory 1-day World Sailing Sea Survival course this October 2021 in preparation for the Rolex Middle Sea Race.

This 1-day course was developed following the report into the 1998 Sydney Hobart Race, where tragically 6 lives were lost. The aim is to provide the essential practical skills and theoretical knowledge to react effectively when facing rough weather, emergency problems and abandonment at sea. In addition to yacht skippers and crews who have to meet the requirements of the World Sailing Special Regulations G, the course is excellent for all seafarers.

For the Middle Sea Race **at least 30%** of the crew including the Person in Charge must have completed training to Section 6 of the World Sailing Offshore Special Regulations. Appendix G to the regulations provides a model training course. In the Two-Handed Class both crew members must have received training.

This is a highly informative course, during which participants will be shown how to open a life raft (in a controlled environment), letting off of pyrotechnics and fire extinguishers amongst other things.

In addition, at least one member of the crew shall hold a current Senior First Aid Certificate or equivalent (in accordance with OSR 6.05.2) and should be familiar with the management of medical emergencies that may occur at sea including Hypothermia, and radio communications operations for obtaining medical advice by radio. For any interested participants, the RYA First Aid course will also be held at Malta Sailing Academy.

### ***COURSE SCHEDULE***

***World Sailing Sea Survival €270***

***(Refresher €165)***

***19<sup>th</sup> October 07:45hrs-18:00hrs***

***20<sup>th</sup> October 07:45hrs-18:00hrs***

***22<sup>nd</sup> October 07:45hrs-18:00hrs***

***RYA First Aid €170 21<sup>st</sup> October***

***For bookings or information kindly contact Malta Sailing Academy on 79500502/79432526 or send them an email on [info@maltasailingacademy.com](mailto:info@maltasailingacademy.com).***

