

# GR 10 : The Great Sites of the Pyrenees From Cauterets to Bagnères de Luchon Roaming tour, without guide

7 Jours 6 nights with 7 Jours of hiking

Level: 3/5



You enter the realm of high peaks. Let yourself be guided by the brave mountaineers who first ascended the mountains of Vignemale and Gavarnie thus contributing to the most beautiful pages on 'Pyreneism'. Follow in their footsteps by climbing to the highest point of the GR10 on the Hourquette d'Ossoué mountain pass. Your itinerary is punctuated by many highlights : thermal spa resorts of Cauterets, Barèges and Bagnères de Luchon; the riches of the Pyrenees National Park, the Néouvielle Nature Reserve and its sumptuous lakes. You will traverse the most remote parts of the Pays de Toys, typical villages in the Vallée d'Aube with their Roman churches and remnants of the Bigorre pastoral traditions.

## Strengths

- The Massif du Vignemale and the Cirque de Gavarnie which has been named as a world heritage site
- The high-mountain landscapes and the highest point of the GR10 on the Hourquette d'Ossoué mountain pass.

- The thermal spa resorts of Cauterets, Barèges and Bagnères de Luchon

# SCHEDULE

## **Day 1: From Cauterets to the Refuge de Bayscelance :** 12 km - 5h - Elevation: + 1120 m - 130 m

A short transfer to the remarkable Pont d'Espagne. You enter into the first stage - high in the mountains and rich in exceptional natural sites: the Lac de Gaube which has inspired numerous poets, the Massif du Vignemale which climbs to a height of 3298m and includes a number of mountain passes (Cols) of more than 2000m: Arraillé and Hourquette-Ossoué (2734m), the highest point of the GR10.

Night in the Refuge de Bayscelance, the highest in the Pyrenees and the traditional departure point for climbing the Vignemale via the Ossoué glacier (you will not have your luggage for this night).

Shelter

## **Day 2: From the Refuge de Bayscelance to Gavarnie :** 18 km - 6h30 - Elevation: + 300 m - 1400 m

Take in the vertiginous panoramas in the heart of the Vallée d'Ossoué, following the caves of Bellevue. Descend towards Gavarnie, whose Cirque is class as a UNESCO world heritage site.

Night in a gîte in Gavarnie.

Stopover gîte

## **Day 3: From Barèges to Lac d'Orédon :** 16 km - 6h - Elevation: + 950 m - 650 m

Pass over Barèges on the Pont de Gaubie (1538m).

Set off once again on beautiful steep trails to the Madamède Pass (2509m). As you enter the Néouvielle Nature Reserve, you can admire the centuries-old pine forest and the granite massif, dotted with glacial lakes...

Night in a gîte overlooking Lac d'Orédon.

Stopover gîte

## **Day 4: From Lac d'Orédon to St Lary Soulan :** 21 km - 8h - Elevation: + 760 m - 1670 m

Profit from this gentler stage that takes you over the Portet Pass to discover the Lac de l'Oule and the manganese mines (option to visit the underground shafts).

In Saint-Lary, take a moment to relax in the Thermoludic Centre.

Night in a gîte in St Lary.

Stopover gîte

## **Day 5: From St Lary to Germ :** 14 km - 5h - Elevation: + 1040 m - 580 m

This stage is the perfect opportunity to visit a number of traditional villages - Bourisp, Azet, Loudenvielle, Germ and their Roman churches.

Night in Germ in a gîte.

Stopover gîte

## **Day 6: From Germ to the Refuge d'Espingo :** 17.5 km - 8h30 - Elevation: + 1580 m - 1011 m

Your calf muscles are really going to be put to the test here but your efforts will certainly not be vain ! As you climb, you will marvel at the panorama sweeping over the Vallée du Louron and the high peaks before reaching the Lac Oô and its stunning waterfall. After a rather steep climb and a series of 'balconies', you are able to look out over the Vallée du Louron and all of its towering peaks.

Night in the Refuge d'Espingo (you will not have your luggage for this night).

Shelter

**Day 7 : From the Refuge d'Espingo to Bagnères de Luchon** : 16 km - 7h - Elevation: + 550 m - 1650 m

Taking in the high mountain landscapes again, passing over mountain passes at more than 2000m before descending back into Bagnères de Luchon.

Don't hesitate to head straight to the thermal spa.

End of trip.

# TRAVEL CONDITIONS

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# RATES

## Freedom package with luggage transport by cab

Registration for 2 people	780€
Registration for 3 people	680€
Registration for 4 people	650€
Registration for 6 people	620€

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# GENERAL INFORMATION

## How to subscribe ? :

No, no automatic forms!

At LaRébenne, we prefer to keep in touch with our travelers. We like to talk to you about our travels, and we want to maintain this relationship with you. Exchange, sharing and pleasure remain our ambition for LaRébenne travels.

Don't hesitate to contact us directly to talk about hiking or biking.

[contact@larebenne.com](mailto:contact@larebenne.com)

+33 561 652 093

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## Registration, deposit and validation

Once you've chosen your trip, it's quick and easy to register!

\* Either go directly to your tour's page on our website and click on registration.

\* Or we can work with you to create a tailor-made tour, and send you a personalized link to your registration form.

The registration is effective when we receive your registration form with your acceptance of the general terms and conditions of sale, accompanied by the deposit of 30% of the tour price. You will then receive an acknowledgement of receipt of your registration.

<b>100% secure payment</b>
You can pay by credit card (faster) or bank transfer.


## Payment of balance

The balance must be paid one month before the departure date. You will find your invoice on your My LaRébenne space, as well as a payment link to the balance of your stay.

## Invitation to depart

On receipt of payment of the balance, your travel diary will be available in your customer area on My LaRébenne, where you will find all the information you need for your trip, as well as your invoice.

## Insurance :

In accordance with regulations, each participant in a LaRébenne trip must hold individual civil liability as well as individual multi-risk cover to protect themselves against incidents or accidents that may occur before or during the tour or bike trip.

Assistance mainly covers search and rescue, repatriation and medical expenses. It comes into play as soon as a medical report makes it possible to decide on repatriation. Repatriation, known as "premature return", can also be arranged for reasons other than the insured's own, such as the death of a family member (see cases in the insurance booklet). Beforehand, in regions far from medical facilities and difficult to access, you must agree to the organization of first aid using local resources (4X4, porters, horses, etc.).

This contract also covers loss, theft or delayed delivery of baggage, as well as interruption of stay.

The insurance protects against the financial risk of cancellation. It is very important to have this type of insurance in case of cancellation due to a health problem or for professional reasons.

We suggest you take out one of the five policies we have selected, bearing in mind that we only act as an intermediary between you and the insurer. Any additional insurance is invoiced per person and must be taken out on the day of booking:

- "Multirisque" contract (4.5%), minimum premium 15 euros:  
Repatriation assistance + tour interruption + luggage + cancellation.

[See the complete contract](#)

- "Cancellation" contract (2.5%), minimum premium 10 euros:  
Cancellation only.

[See the complete contract](#)

- "Repatriation assistance" contract (1.6%), minimum premium of 10 euros:  
Repatriation assistance + tour interruption + luggage.

[See the complete contract](#)

As far as "civil liability abroad" is concerned, only French residents are covered.