

Tour of the island of Elba by mountain bike The pearl of Tuscany by mountain bike

7 days 6 nights including 6 days of mountain biking

Level: 2/5



Situated not far from Pisa, the island of Elba is a Mediterranean land of sun, culture and flavours, a veritable pearl of Tuscany and Italy. It is also a mountainous island, perfect for mountain biking and a true playground for cyclists.

Every day the itinerary will take you between playful single-track trails, the magnificent Tuscan landscapes, views of the neighbouring island: Corsica, natural parks, oak forests and strawberry trees; this is quite simply a magnificent mountain bike trip and one where riders can really express themselves and finish the circuit smiling. Starting in Portoferraio, where Napoleon landed in 1814, a complete tour of the magnificent and surprising island of Elba awaits you!

The itinerary takes you along beautiful tracks to discover the numerous coves and beaches of this island, passing by the notable Monte Capanne, the highest peak of the island (1019m).

Strengths

- A cocktail of magnificent single tracks
- A mountain bike tour of the island of Elba
- The charm of Italy and Tuscany
- Splendid Mediterranean landscapes

SCHEDULE

Day 1 : Arrival in Piombino :

Arrival in Piombino to take the boat (1 hour crossing). Night in a hotel in Portoferraio on a B&B basis.

Hotel (B&B)

Day 2 : Loop around Portoferraio : 35 km - Elevation: + 1160 m

Set off from Portoferraio along the seafront and, almost immediately, a climb via a small road to easily reach the heights at 328m. Then, it's a trip through a beautiful forest in search of the first pretty single-track.

After a short connection along a road, another beautiful path takes you up to a magnificent viewpoint over the coast. Pass through the small village of Viticcio where you can have a swim. Having visited Monte Enfola which offers you a lovely view of the sea, we are off on a climb towards the Monte to try out the final single track of the day, leading you back to Portoferraio.

Night in the same hotel in Portoferraio, on a B&B basis.

Hotel (B&B)

Day 3 : From Portoferraio to Marciana : 38 km - Elevation: + 1270 m

A gentle warm up takes you to the summit of Monte Barbatoia and San Martino, via a small road and the Villa Napoléon.

Take in a beautiful view over the entire island before enjoying a very pretty descent along a single track. Over plains and mountain passes, you then pass by the foot of Monte Capanne. After a technical descent, you will visit the magnificent villages of Poggio and Marciana.

Night in a hotel or hostel in Marciana (or at Marciana Marina depending on availability) on a half-board basis.

Hotel

Day 4 : Marciana to Porto Azzurro : 45 km - Elevation: + 1160 m

Rejoin the high forests of the island of Elba via a small mountain road and surrounded by sheep. After a pretty mountainside track, you reach a nice bike-park-style single track.

Following a second magnificent track with a view over Corsica and the islands of Monte Cristo, you then alternate between technical and fast, rolling tracks.

Next, you arrive at the beach of the Marina de Campo, with beautiful panoramic views over Monte San Martino. Once again, you descend along a magnificent single-track to reach the Golfo di Lagona where you can take a dip. And it is not over, as this final single-track of the day leads to Porto Azzurro and the seafront.

Hotel

Day 5 : Loop around Porto Azzurro Via Capoliveri : 47 km - Elevation: + 1200 m

Possibility to shorten the stage.

You set off in the direction of Capoliverie. This is one of the most beautiful stages of your trip, with panoramic landscapes over the sea and neighbouring islands, with a series of magnificent and playful single-track trails.

You will pass close to ancient iron mines which provide an unusual atmosphere.

You have the opportunity to take a swim at the end of the ride before visiting the lovely village of Capoliverie.

Return via small lanes to Porto Azzurro. Night in the same hotel on a half-board basis.

Hotel

Day 6 : From Porto Azzurro to Cavo : 40 km - Elevation: + 1490 m

A solid stage with beautiful single-tracks and some serious climbs, surrounded by red-coloured earth. Depart from the seafront, then climb Monte Arco (276m) in order to benefit from the descent overlooking the sea at Ortano. Pass by the village of Rio Nell Elba before some playtime at the Cima del Monté (502m). Take in the 360° view over Tuscany with a very beautiful, first technical and then playful single-track, before a final descent into Cavo. Night in Cavo on a half-board basis.

Hotel

Day 7 : From Cavo to Portoferraio : 34 km - Elevation: + 830 m

You leave Cavo with a short, physical ride in order to reach the east of the island. Cross through the mining fields, surrounded by remnants of the mining activity. After a descent and wander along a balcony path overlooking the sea, you reach an old quarry, before then arriving in Rio Marina. Next, a little effort is needed to reach a lovely descent which becomes a little technical towards the end. Before reaching the Port of Portoferraio, you have the possibility to take on a final, playful forest track. You are given the option to take the boat back to Piombino or to stay an extra night. Contact us.

TRAVEL CONDITIONS

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RATES

Freedom package with luggage transfer by cab - hotel

Registration for 2 people	795€
Registration for 3 people	780€
Registration for 4 people	695€
Registration for 6 people	660€

Formula with qualified instructor and luggage carrying by taxi - hotel double room

Registration for 6 people	1090€
Registration for 8 people	990€

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GENERAL INFORMATION

How to subscribe ? :

No, no automatic forms!

At LaRébenne, we prefer to keep in touch with our travelers. We like to talk to you about our travels, and we want to maintain this relationship with you. Exchange, sharing and pleasure remain our ambition for LaRébenne travels.

Don't hesitate to contact us directly to talk about hiking or biking.

contact@larebenne.com

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+33 681 537 775


Registration, deposit and validation

Once you've chosen your trip, it's quick and easy to register!

* Either go directly to your tour's page on our website and click on registration.

* Or we can work with you to create a tailor-made tour, and send you a personalized link to your registration form.

The registration is effective when we receive your registration form with your acceptance of the general terms and conditions of sale, accompanied by the deposit of 30% of the tour price. You will then receive an acknowledgement of receipt of your registration.

100% secure payment
You can pay by credit card (faster) or bank transfer.


Payment of balance

The balance must be paid one month before the departure date. You will find your invoice on your My LaRébenne space, as well as a payment link to the balance of your stay.

Invitation to depart

On receipt of payment of the balance, your travel diary will be available in your customer area on My LaRébenne, where you will find all the information you need for your trip, as well as your invoice.

Insurance :

In accordance with regulations, each participant in a LaRébenne trip must hold individual civil liability as well as individual multi-risk cover to protect themselves against incidents or accidents that may occur before or during the tour or bike trip.

Assistance mainly covers search and rescue, repatriation and medical expenses. It comes into play as soon as a medical report makes it possible to decide on repatriation. Repatriation, known as "premature return", can also be arranged for reasons other than the insured's own, such as the death of a family member (see cases in the insurance booklet). Beforehand, in regions far from medical facilities and difficult to access, you must agree to the organization of first aid using local resources (4X4, porters, horses, etc.).

This contract also covers loss, theft or delayed delivery of baggage, as well as interruption of stay.

The insurance protects against the financial risk of cancellation. It is very important to have this type of insurance in case of cancellation due to a health problem or for professional reasons.

We suggest you take out one of the five policies we have selected, bearing in mind that we only act as an intermediary between you and the insurer. Any additional insurance is invoiced per person and must be taken out on the day of booking:

- "Multirisque" contract (4.5%), minimum premium 15 euros:
Repatriation assistance + tour interruption + luggage + cancellation.

[See the complete contract](#)

- "Cancellation" contract (2.5%), minimum premium 10 euros:
Cancellation only.

[See the complete contract](#)

- "Repatriation assistance" contract (1.6%), minimum premium of 10 euros:
Repatriation assistance + tour interruption + luggage.

[See the complete contract](#)

As far as "civil liability abroad" is concerned, only French residents are covered.