

# Crossing the Spanish Pyrénées by bike From the Mediterranean to the Ocean

## 9 days 8 nights including 8 days by bike , In \*\* & \*\*\* hotels or hostels

Level: 2/5



Starting in Collioure, you will cross the Pyrénées to reach St Jean de Luz. However....pack your French-Spanish dictionaries as you will be cycling on the Spanish side of the mountains!

From the beaches of the 'Grande Bleue' to the coasts of the Atlantic Ocean, you will discover the Pyrénées from another perspective! Passing over the most beautiful mountain passes (Cols), landscapes and Spanish roads. From the Sierra de Cadi to the Hecho Valley, uncover a different Pyrénéen landscape during the course of the this Spanish excursion.

9 unforgettable days of a legendary crossing by bike.

## **Strengths**

- The most beautiful routes and mountain passes of the Spanish Pyrénées
- Arrival at the ocean in St Jean de Luz

•	<ul> <li>Accommodation in a double bedroom on a half-board basis, including 5 nights in a three star hote</li> </ul>						

## **SCHEDULE**

## Day 1: From Collioure to Ripoll: 115 km - Elevation: + 1590 m

Meet in the beautiful Catalan village of Collioure.

Leave the Mediterranean beach behind and set off to tackle the Pyrénées and the border.

Passing over the Col (mountain pass) d'Ares via the Vallée de la Preste. Arrival in Spain. Night in Ripoll in \*\*\* hotel on a half-board basis (or in a hostel).

Hotel, Hostal

## Day 2: From Ripoll to Gosol: 60 km - Elevation: + 1400 m

Start with a gentle climb to the Coll de Merolla (1090m). Next, starting in the Berga Valley, you enter the legendary Serra de Cadi massif, via a beautiful route that leads you to the mountain village of Gosol. Night in Gosol in a \*\* hotel on a half-board basis.

For a little extra: Option to do the Col de Pradell (66km and 2000m AD+). Hotel

## Day 3: From Gosol to Sort: 98 km - Elevation: + 1900 m

The first section of this stage involves crossing a pine forest, so typical of the Mediterranean region, to reach the Coll del Canto. Then, from the Noguera Valley, a beautiful but steep climb up an isolated road, seemingly in the middle of nowhere, to arrive at the Coll de Creu de Perves.

Night in Sort in a \*\* or \*\*\* hotel on a half-board basis.

To do a little extra: Option to climb back up through the Noguera Pallaresa Valley. Hotel

## Day 4: From Sort to Pont de Suert: 60 km - Elevation: + 1300 m

To do a little extra: Option to climb back up the beautiful Vall de Boi Valley towards Les Encantats. Hotel

#### Day 5: From Pont to Suert à Ainsa: 84 km - Elevation: + 1770 m

This mountain stage takes in the beautiful landscapes of the Massif de la Maladeta and the Pic d'Aneto, along with the Cols de Espinas and Col de Fadas. A second, faster part transports you through the impressive Gorges de Congosto de Ventamill, as well as the Coll de Foradada.

Then it is on into the Ordesa National Park where you arrive in the medieval city of Ainsa.

## Day 6: From Ainsa to the Monasterio de Viejo de San Juan de la Pena: 100 km - Elevation: + 2050 m

A really beautiful stage that starts with a crossing of the Sierra de Guara. Then, following the course of the River Gallego, climb up onto the timeless, forest-covered plateau to arrive at the famous Monastère de San Juan de La Pena.

Transfer (1h) to Roncal and night in a hostel. Hostal

## Day 7: From Roncal to Roncevaux: 72 km - Elevation: + 1650 m

In the morning, a climb through the Sierra de San Miguel to the Collada de Arièros awaits you! Then, continue up the Valle del Roncal to the Portillo de Lazar. The first hint of the Basque Country appears. You arrive, at the end of the day, at Roncevaux, a famous stop on the route of the Saint Jacques de Compostelle pilgrimage. Night in a \*\*\* hotel on a half-board basis.

## Day 8: From Roncevaux to Saint-Jean-de-Luz: 108 km - Elevation: + 1650 m

Starting in the beautiful Basque countryside, you pass through either the Aldudes or Baztan Valley. Pass by the Puerto de Artesiaga or the Collado de Urkiaga and the Baztan Valley. Then on to the Puerto de Otxondo which leads you in turn to the Col de St-Ignace and France. Finally, you pass through the French Basque Country to arrive at the ocean. Night in St Jean de Luz, dinner and stay in \*\*\* hotel on a half-board basis, 300m from the beach.

Hotel

## Day 9 : Saint-Jean-de-Luz :

End of trip.

## **TRAVEL CONDITIONS**

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## **RATES**

Freedom package with luggage transport by cab				
Registration for 6 people	1070€			

Formula with assistance vehicle and luggage carrying				
Registration for 8 people	1260€			

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## GENERAL INFORMATION

## How to subscribe?:

No, no automatic forms!

At LaRébenne, we prefer to keep in touch with our travelers. We like to talk to you about our travels, and we want to maintain this relationship with you. Exchange, sharing and pleasure remain our ambition for LaRébenne travels.

Don't hesitate to contact us directly to talk about hiking or biking.

contact@larebenne.com

- +33 561 652 093
- +33 681 537 775

## Registration, deposit and validation

Once you've chosen your trip, it's quick and easy to register!

- \* Either go directly to your tour's page on our website and click on registration.
- \* Or we can work with you to create a tailor-made tour, and send you a personalized link to your registration form

The registration is effective when we receive your registration form with your acceptance of the general terms and conditions of sale, accompanied by the deposit of 30% of the tour price. You will then receive an acknowledgement of receipt of your registration.



#### Payment of balance

The balance must be paid one month before the departure date. You will find your invoice on your My LaRébenne space, as well as a payment link to the balance of your stay.

### Invitation to depart

On receipt of payment of the balance, your travel diary will be available in your customer area on My LaRébenne, where you will find all the information you need for your trip, as well as your invoice.

## Insurance:

In accordance with regulations, each participant in a LaRébenne trip must hold individual civil liability as well as individual multi-risk cover to protect themselves against incidents or accidents that may occur before or during the tour or bike trip.

Assistance mainly covers search and rescue, repatriation and medical expenses. It comes into play as soon as a medical report makes it possible to decide on repatriation. Repatriation, known as "premature return", can also be arranged for reasons other than the insured's own, such as the death of a family member (see cases in the insurance booklet). Beforehand, in regions far from medical facilities and difficult to access, you must agree to the organization of first aid using local resources (4X4, porters, horses, etc.).

This contract also covers loss, theft or delayed delivery of baggage, as well as interruption of stay.

The insurance protects against the financial risk of cancellation. It is very important to have this type of

insurance in case of cancellation due to a health problem or for professional reasons.

Document valid until 03 goût 2024 CEST inclusive

We suggest you take out one of the five policies we have selected, bearing in mind that we only act as an intermediary between you and the insurer. Any additional insurance is invoiced per person and must be taken out on the day of booking:

• "Multirisque" contract (4.5%), minimum premium 15 euros: Repatriation assistance + tour interruption + luggage + cancellation.

## See the complete contract

• "Cancellation" contract (2.5%), minimum premium 10 euros: Cancellation only.

## See the complete contract

• "Repatriation assistance" contract (1.6%), minimum premium of 10 euros: Repatriation assistance + tour interruption + luggage.

#### See the complete contract

As far as "civil liability abroad" is concerned, only French residents are covered.