

CycloTour Ariège Pyrénées

Cycle loop of the Ariégeoise Pyrénées

6 days – 5 nights including 5 days on bike , Accommodation in double bedrooms

Level: 2/5



A cycling loop through the central Pyrénées along quiet roads and through the magnificent and wild landscapes that only Ariège can offer.

On the CycloTour Ariège Pyrénées, the biggest mountain passes of the Tour de France await you, including the Col de la Core, Col d'Agnes, and Col de Pailhères. Your efforts will be rewarded each day with a new discovery. As the department of cycling excellence, the Ariège Pyrénées and all of its most beautiful cyclo-sporting assets await you!

Pyrenees

- Legendary mountain passes (cols) of the Tour de France
- Famous Pyrénéen landscapes : cols, lakes, forests, plateaus...
- GPS tracks and roadmap provided
- Circuit put together by local cyclists

SCHEDULE

Day 1: Arrival in Foix:

Settle in to your accommodation, prepare your bikes and have dinner. If you arrive early enough, we suggest you stretch your legs with a climb up the Prat d'Albis, a stage of the Tour de France 2019, (there and back) at 1450m.
Hotel

Day 2: From Foix to Saint Giron: 73 km – Elevation: + 1560 m – 1550 m

- Crossing of the beautiful Vallée de la Barguillère.
 - Col des Marrous 992m
 - Col de Peguère 1376m (via the less steep side)
 - Col de Portel 1435m
 - Col de Sarailié 942m
 - The magnificent barns of Cominac
- Night in ** or *** hotel on a half-board basis in St Giron.

Hotel

Day 3: From Saint Giron to Massat: 95 km – Elevation: + 2500 m – 2260 m

- The Vallée de Moulis and the Vallée de Castillon en Couserans
 - Col de la Core 1395m
 - Col de Latrappe 1109m
 - Col d'Agnes 1570m
 - Port de Lers 1517m (optional there and back +7.2km +220m)
- Night in ** hotel on a half-board basis in Massat.

Hotel

Day 4: From Massat to Roquefeuil: 97 km – Elevation: + 2150 m – 1875 m

- Optional Mur de Peguère, there and back via the more challenging side +3.5km +430m
 - Col de Port 1249m
 - The beautiful village of Roquefixade
 - Col de Montségur 1107m
 - Col de la croix des Morts 899m
 - The Sault Plateau
- Night in a chalet in a double bedroom on a half-board basis in Roquefeuil.

Hotel

Day 5: From Roquefeuil to Ax Les Thermes: 75 km – Elevation: + 1930 m – 2150 m

- Col des Sept Frères 1258m
 - Col des Aychides 1008m
 - Col de Pailhères 2001m
 - Possibility to visit the thermal baths.
- Night in ** or *** hotel on a half-board basis in Ax Les Thermes.

Hotel

Day 6: From Ax Les Thermes to Foix: 94 km – Elevation: + 2240 m – 2570 m

- The Corniches Route
 - The Beille Plateau 1800m
- End of trip

TRAVEL CONDITIONS

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RATES

Freedom package with luggage transfer by cab - hotel

Registration for 2 people	795€
Registration for 3 people	770€
Registration for 4 people	720€
Registration for 6 people	660€

Freedom formula with assistance vehicle

Registration for 8 people	760€
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GENERAL INFORMATION

How to subscribe ? :

No, no automatic forms!

At LaRébenne, we prefer to keep in touch with our travelers. We like to talk to you about our travels, and we want to maintain this relationship with you. Exchange, sharing and pleasure remain our ambition for LaRébenne travels.

Don't hesitate to contact us directly to talk about hiking or biking.

contact@larebenne.com

+33 561 652 093

+33 681 537 775


Registration, deposit and validation

Once you've chosen your trip, it's quick and easy to register!

* Either go directly to your tour's page on our website and click on registration.

* Or we can work with you to create a tailor-made tour, and send you a personalized link to your registration form.

The registration is effective when we receive your registration form with your acceptance of the general terms and conditions of sale, accompanied by the deposit of 30% of the tour price. You will then receive an acknowledgement of receipt of your registration.

100% secure payment
You can pay by credit card (faster) or bank transfer.


Payment of balance

The balance must be paid one month before the departure date. You will find your invoice on your My LaRébenne space, as well as a payment link to the balance of your stay.

Invitation to depart

On receipt of payment of the balance, your travel diary will be available in your customer area on My LaRébenne, where you will find all the information you need for your trip, as well as your invoice.

Insurance :

In accordance with regulations, each participant in a LaRébenne trip must hold individual civil liability as well as individual multi-risk cover to protect themselves against incidents or accidents that may occur before or during the tour or bike trip.

Assistance mainly covers search and rescue, repatriation and medical expenses. It comes into play as soon as a medical report makes it possible to decide on repatriation. Repatriation, known as "premature return", can also be arranged for reasons other than the insured's own, such as the death of a family member (see cases in the insurance booklet). Beforehand, in regions far from medical facilities and difficult to access, you must agree to the organization of first aid using local resources (4X4, porters, horses, etc.).

This contract also covers loss, theft or delayed delivery of baggage, as well as interruption of stay.

The insurance protects against the financial risk of cancellation. It is very important to have this type of insurance in case of cancellation due to a health problem or for professional reasons.

We suggest you take out one of the five policies we have selected, bearing in mind that we only act as an intermediary between you and the insurer. Any additional insurance is invoiced per person and must be taken out on the day of booking:

- "Multirisque" contract (4.5%), minimum premium 15 euros:
Repatriation assistance + tour interruption + luggage + cancellation.

[See the complete contract](#)

- "Cancellation" contract (2.5%), minimum premium 10 euros:
Cancellation only.

[See the complete contract](#)

- "Repatriation assistance" contract (1.6%), minimum premium of 10 euros:
Repatriation assistance + tour interruption + luggage.

[See the complete contract](#)

As far as "civil liability abroad" is concerned, only French residents are covered.