

GR 10 : The Basque Mountains – From St-Jean Pied de Port to Lescun

Self-guided tour, accommodation in hotels and gîtes

7 days – 6 nights – 7 hiking days

Level: 3/5



From Saint-Jean-Pied-de-Port to the doors of the Pyrenees National Park, in Lescun, this second stage of the famous GR10 brings you to the high plateaus of Iraty, well-known for its delicious goat cheese, the Soule canyons and the karstic plateau of la Pierre Saint-Martin.

This route is a real hyphen between the Soule Basque region and the Bearn, two areas with strong identities and common customs.

Strengths

- Huge variety of landscapes: from the Basque forests to the Soule canyons.
- A “light” route: you only carry a little bag for the day, your luggage is transferred by car everyday.
- No transfer during the tour, except the journey in train to come back at St Jean Pied de Port.

- Espelette chili, Bayonne ham, Ossau-Iraty goat cheese...

SCHEDULE

Day 1 : Arrivée à St Jean Pied de Port . :

You can visit the ancient capital city of Lower-Navarre, situated on the 2 banks of the river Nive. Surrounding walls, old timbered houses, old stone bridge, and every part of this city brings you back to Middle Ages. Night and breakfast in hotel.

Hotel (B&B)

Day 2 : From St-Jean Pied de Port to Phagalçette : 16 km - 5h15 - Elevation: + 835 m - 490 m

Point of departure of your route : St Jean Pied de Port. Its medieval citadel is surrounded by houses from XVIIth and XVIIIth centuries. You pass over Caro and its wall to play Basque pelota and reach then Estérençuby, nestled into a gorge, under Iramendy peak.

Dinner and night in gîte in Phagalçette.

Stopover gîte

Day 3 : From Phagalçette to the Col d'Iraty : 20 km - 7h - Elevation: + 1320 m - 733 m

Prepare yourself for a long stage where your calves will be put to severe testing, you will climb several passes between forests and meadows to reach finally the high plateau of Iraty.

Dinner and night in Iraty.

Stopover gîte

Day 4 : From the Col d'Iraty to Logibar : 17 km - 6h - Elevation: + 600 m - 1380 m

Use your energy to hike along the crests until the pass of Ugatzé. En route, you discover several "cayolars", places of work and living for the shepherds.

Variant if the weather forecast is not fine : descent by the Larrau valley (13km- 3h30 Height difference : +150m -850m). Dinner and night in gîte.

Stopover gîte

Day 5 : From Logibar to Sainte-Engrâce : 22 km - 7h15 - Elevation: + 1300 m - 1100 m

The Haute Soule region is well known for its canyons. Your path goes along Holzarte gorge and Kakouetta canyon, going down to Sainte-Engrâce valley (entrance to the canyon charged between April to November). To finish, enjoy a last stop in Sainte-Engrâce small church, to admire amazing sculptures. Dinner and night in gîte.

Stopover gîte

Day 6 : From Sainte-Engrâce to Arette la Pierre Saint-Martin : 12 km - 4h - Elevation: + 1080 m - 230 m

This stage is stressed by ravines, gorges and defiles to lead you to the pass of the Pierre-Saint-Martin where you enjoy a large panoramic view over the Anie's peak massif. You pass close to the famous chasm of the Pierre-Saint-Martin, hotspot for speleologists.

Dinner and night in refuge.

Shelter

Day 7 : From Arette la Pierre Saint-Martin to Lescun : 16 km - 5h - Elevation: + 560 m - 1175 m

From Arette la Pierre-Saint-Martin, you cross the Arres of Camplong, a long calcareous plateau. En route, you overhangs the Aspe valley and its mountains and then the Oloron valley with its surrounding peaks : Soumcouy, Anie and Coutendé.

Stare at the magnificent chain of peaks called « Camplong organ » from Lescun, this is one of the most beautiful panoramas of the Pyrenees massif.

End of the stay.

TRAVEL CONDITIONS

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RATES

Freedom package with luggage transport by cab

Registration for 2 people	595€
Registration for 3 people	530€
Registration for 4 people	510€
Registration for 6 people	495€

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GENERAL INFORMATION

How to subscribe ? :

No, no automatic forms!

At LaRébenne, we prefer to keep in touch with our travelers. We like to talk to you about our travels, and we want to maintain this relationship with you. Exchange, sharing and pleasure remain our ambition for LaRébenne travels.

Don't hesitate to contact us directly to talk about hiking or biking.

contact@larebenne.com

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Registration, deposit and validation

Once you've chosen your trip, it's quick and easy to register!

* Either go directly to your tour's page on our website and click on registration.

* Or we can work with you to create a tailor-made tour, and send you a personalized link to your registration form.

The registration is effective when we receive your registration form with your acceptance of the general terms and conditions of sale, accompanied by the deposit of 30% of the tour price. You will then receive an acknowledgement of receipt of your registration.

100% secure payment
You can pay by credit card (faster) or bank transfer.


Payment of balance

The balance must be paid one month before the departure date. You will find your invoice on your My LaRébenne space, as well as a payment link to the balance of your stay.

Invitation to depart

On receipt of payment of the balance, your travel diary will be available in your customer area on My LaRébenne, where you will find all the information you need for your trip, as well as your invoice.

Insurance :

In accordance with regulations, each participant in a LaRébenne trip must hold individual civil liability as well as individual multi-risk cover to protect themselves against incidents or accidents that may occur before or during the tour or bike trip.

Assistance mainly covers search and rescue, repatriation and medical expenses. It comes into play as soon as a medical report makes it possible to decide on repatriation. Repatriation, known as "premature return", can also be arranged for reasons other than the insured's own, such as the death of a family member (see cases in the insurance booklet). Beforehand, in regions far from medical facilities and difficult to access, you must agree to the organization of first aid using local resources (4X4, porters, horses, etc.).

This contract also covers loss, theft or delayed delivery of baggage, as well as interruption of stay.

The insurance protects against the financial risk of cancellation. It is very important to have this type of insurance in case of cancellation due to a health problem or for professional reasons.

We suggest you take out one of the five policies we have selected, bearing in mind that we only act as an intermediary between you and the insurer. Any additional insurance is invoiced per person and must be taken out on the day of booking:

- "Multirisque" contract (4.5%), minimum premium 15 euros:
Repatriation assistance + tour interruption + luggage + cancellation.

[See the complete contract](#)

- "Cancellation" contract (2.5%), minimum premium 10 euros:
Cancellation only.

[See the complete contract](#)

- "Repatriation assistance" contract (1.6%), minimum premium of 10 euros:
Repatriation assistance + tour interruption + luggage.

[See the complete contract](#)

As far as "civil liability abroad" is concerned, only French residents are covered.