

DATA SHEET

Hiking from Collioure to Cadaquès The Balconies of the Mediterranean

Self-guided walking tour , 7 days, 6 nights including 6 days of

walk

Level: 3/5



From Collioure, a place that inspired fauvist painters, we go from port to port until we reach the white houses of Cadaquès, the easternmost village in Spain. Between earth and sky we follow 14th century signal towers on the ridges of the Albères massif, each evening descending to the Catalan fishing ports. We cross the border through vineyards to reach the natural reserve of Cap Créus and the famous village of Cadaquès. A walk following in the steps of the Catalan painters and sculptors Dali, Matisse, Miro, Picasso... in sunlit landscapes with a section in the Mediterranean ports.

Strengths

- These landscapes and this light has fascinated some of the most celebrated painters
- The fragrances of the Mediterranean: the scrubland, vineyards and sea air
- · Comfortable accommodations in the heart of Mediterranean ports

SCHEDULE

Day1:Collioure:

Arrival in Collioure. Take your time to discover this lovely village, in love with colours and painters. Night in hotel. Hotel

Day 2: From Collioure to Banyuls: 12 km - 5h - Elevation: + 650 m

2 possible levels of difficulty

1st: 12km ascent: +650m; 2nd: 4h30 12km ascent: +500m

In the morning, you will discover the village of Collioure along the path of the great masters of Fauvism, such as Matisse and Derain. From the hermitage of Notre Dame de la Consolation, climb up to the Tour Madeloc (656m) and look out over Banyuls. You finish this beautiful stage with a good meal overlooking the sea. Night in a hotel.

Hotel

Day 3: Banyuls - Port Bou or Cerbère 5h.: 13 km - 5h - Elevation: + 672 m

2 possible levels of difficulty

lst: 13km Ascent: +672m 2nd: 13.5km 4h30 Ascent: +400m

You leave the magnificent vineyards of Banyuls sur mer along the ridge path towards the Carroig tower (670m). A unique panorama of the Canigou and the Albères nature reserve as you plunge into the sea to reach the first typical Catalan village: Port Bou. Overnight in a seaside hotel.

Hotel

Day 4: Port-Bou OR Cerbère - Llança: 16 km - 4h30 - Elevation: + 5 m

Head further south along a magnificent coastal path to discover the first "calas" (Catalan for coves) carved out by the sea and wind. You reach Llança along the seafront. Overnight in a hotel in the historic centre.

Hotel

Day 5: Llança – El Port de la Selva : 12 km - 4h30 - Elevation: + 530 m

After climbing to the monastery of San Père de Rodes (480m), you will be treated to a spectacular panorama of the Gulf of Lion and the bay of Rosas. Then descend to the fishing village of Port de la Selva to breathe in the sea air. Overnight in a hotel, where you can take advantage of the spa (jacuzzi, shower, hydro-massage and sauna) and the massage, beauty treatment and physiotherapy services for total relaxation (optional, except July and August).

Hotel

Day 6: Port de la Selva - Cadaquès: 10 km - 4h - Elevation: + 450 m

A beautiful route leads you through the scrubland, along a picturesque path lined with low dry-stone walls to a splendid view of the bay and the village of Cadaquès. Make the most of this short stopover to visit the village and walk to the little hamlet of Port Lligat, famous for its cove and Salvador Dali's house. Overnight in a hotel in Cadaquès.

Hotel

Day 7 : Cadaquès – Collioure (transfer to Figueras) :

You leave the seaside in the direction of Figueras, where you can visit the "Museu Dali". Transfer to Collioure and end of your stay.

TRAVEL CONDITIONS

Attendees:

From 2 people.

Food:

This is not the time to go on a diet! Instead, it is an opportunity to taste local cuisine and specialities. The quality of your food is paramount and we take great care to ensure a good dietary balance, a sufficient calorie intake and that each meal includes local specialities.

You can dine at your accommodation or in the associated restaurants.

Picnics (lunch) are not included. Available as an additional option.

Difficulty level:

An average of 5 hours' walking a day, with a maximum positive difference in altitude of between 300 and 800 metres. You must be in good physical condition and be prepared to hike for several days.

DEPARTURE AND MEETING POINT :

Departure from Collioure How to get there: By car: To Perpignan by highway A9. Then take the direction of Collioure D914. By train: Perpignan or Collioure train's stations. By plane: Perpignan airport and shuttle to the train station.

Accommodation:

In double rooms in comfortable **, *** or **** hotels (subject to availability) on half-board basis. The hotels offer a high level of comfort. You will sleep in single or double rooms, each with its own bathroom. Bed linen and towels are provided.

Formalities:

- Passport or ID is compulsory
- We recommend getting a European Health Insurance card (check with the NHS)
- Repatriation insurance is compulsory

Key information and support :

On your own :

You go on your own, as a couple, with family or friends. We take care of your accommodation, meals, luggage transfer and group.

You have good hiking experience and can find your way with a map and compass. From one stage to the next, you'll follow our My LaRébenne app on your phone, where you'll find your complete file with maps, tracks, accommodation and transporters, as well as all the information you need for your stay. If you don't want the

digital folder, but prefer the paper version with the classic navigation tools such as maps, map holder, topoguide and printed information, please let us know.

If you wish to receive both the digital and paper versions of your file, please allow for a supplement.

Freedom means hiking lightly, at your own pace, and enjoying the pleasures of nature to the full, without worrying about the logistics of your stay. It also means being free to interpret and imagine what the Pyrenees have to say.

Luggage:

Carrying is limited to business of the day and picnic. Luggage is carried by vehicle. Please allow 1 bag per person, maximum 15kg/bag.

RATES

Freedom package with luggage transport by cab	
Registration for 2 people	860€
Registration for 3 people	850€
Registration for 4 people	820€
Registration for 6 people	790€

Freedom package with luggage transport by cab in high season : June 16 to September 15 + Holy Week in April	
Registration for 2 people	960€
Registration for 3 people	950€
Registration for 4 people	920€
Registration for 6 people	890€

The price includes:

- Half-board accommodation, from dinner on day 1 to breakfast on day 7,
- Luggage transport,
- Return transfer from Cadaquès to Collioure via Figueras.
- Maps with route highlighted
- Detailed digital roadbook

The price does not include:

- All drinks,
- Lunch,
- Insurance,
- Personal expenses,
- Transport to the meeting point
- Museum visits,
- Parking,
- Insurance.

GENERAL INFORMATION

How to subscribe ?:

No, no automatic forms!

At LaRébenne, we prefer to keep in touch with our travelers. We like to talk to you about our travels, and we want to maintain this relationship with you. Exchange, sharing and pleasure remain our ambition for LaRébenne travels.

Don't hesitate to contact us directly to talk about hiking or biking.

contact@larebenne.com

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Registration, deposit and validation

Once you've chosen your trip, it's quick and easy to register!

* Either go directly to your tour's page on our website and click on registration.

* Or we can work with you to create a tailor-made tour, and send you a personalized link to your registration form.

The registration is effective when we receive your registration form with your acceptance of the general terms and conditions of sale, accompanied by the deposit of 30% of the tour price. You will then receive an acknowledgement of receipt of your registration.

100% secure payment	
You can pay by credit card (faster) or bank transfer.	

Payment of balance

The balance must be paid one month before the departure date. You will find your invoice on your My LaRébenne space, as well as a payment link to the balance of your stay.

Invitation to depart

On receipt of payment of the balance, your travel diary will be available in your customer area on My LaRébenne, where you will find all the information you need for your trip, as well as your invoice.

Insurance:

In accordance with regulations, each participant in a LaRébenne trip must hold individual civil liability as well as individual multi-risk cover to protect themselves against incidents or accidents that may occur before or during the tour or bike trip.

Assistance mainly covers search and rescue, repatriation and medical expenses. It comes into play as soon as a medical report makes it possible to decide on repatriation. Repatriation, known as "premature return", can also be arranged for reasons other than the insured's own, such as the death of a family member (see cases in the insurance booklet). Beforehand, in regions far from medical facilities and difficult to access, you must agree to the organization of first aid using local resources (4X4, porters, horses, etc.).

This contract also covers loss, theft or delayed delivery of baggage, as well as interruption of stay.

The insurance protects against the financial risk of cancellation. It is very important to have this type of insurance in case of cancellation due to a health problem or for professional reasons.

We suggest you take out one of the three policies we have selected, bearing in mind that we only act as an intermediary between you and the insurer. Any additional insurance is invoiced per person and must be taken out on the day of booking:

"Multirisque" contract (4.5%), minimum premium 15 euros:
Repatriation assistance + tour interruption + luggage + cancellation.

See the complete contract

• "Cancellation" contract (2.5%), minimum premium 10 euros: Cancellation only.

See the complete contract

• "Repatriation assistance" contract (1.6%), minimum premium of 10 euros: Repatriation assistance + tour interruption + luggage.

See the complete contract

As far as "civil liability abroad" is concerned, only French residents are covered.

Informations:

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