

# The island of Elba, the Pearl of Tuscany

## Self-guided or guided tour of the island of Elba

**7 days 6 nights including 5 or 6 days of hiking**

**Level: 2/5**



Starting in Portoferraio, where Napoleon landed in 1814, a complete tour of the magnificent and surprising island of Elba awaits you! From East to West, without forgetting the southern point or the north, this route takes you along beautiful trails to discover the island's landscapes, passing by the noteworthy Monte Capanne, the highlight of your week (1019m). From up high, you can take in the contours of the neighbouring island: Corsica!

Every evening you will stay on the seafront, where you can enjoy a rest on the beautiful sandy beaches.

Within the Tuscan archipelago, Elba is nicknamed 'The Italian Pearl'; According to legend, when the necklace of Venus broke, the pearls scattered in the sea, creating the island of Elba! This nickname suits the island beautifully, with so many dazzling things to discover!

7 days of discovery, with frequent changes of scenery across the island; every corner merits a moment of admiration!

## Strengths

- The variety of landscapes : sea and mountains.
- The soft and gentle Mediterranean spirit of Italy and Tuscany.
- The complete tour of this magical island.

- The ascent of Monte Capanne, Accommodation with is always within reach of the water for daily dips in the sea

## SCHEDULE

### Day 1: Portoferraio :

Arrival in Portoferraio by ferry. Night in Portoferraio, on a bed-and-breakfast basis.

Hotel (B&B)

**undefined : From Cavo to Porto Azzurro :** 17 km - 5h30 - Elevation: + 820 m - 820 m

Choice of hikes: either from Cavo to Porto Azzurro 17km 5h30 Altitude Difference : +820m -820m or from Rio Nell Elba to Porto Azzurro : 10km 3h30 Altitude Difference: +435m -600m

Transfer by bus to Cavo. It is from there that you start your tour of the island of Elba on foot. From this charming seafront village, you gain altitude, climbing up to reach Monte Grosso. Next, a sequence of small peaks and summits until you reach the Cima del Monte, the highest point of this stage (483m). During the descent, you will pass by the Madonna di Monserrato monastery before arriving in Porto Azzurro on the seafront. Night on a half-board basis in Porto Azzurro.

Hotel

**Day 3: Loop around Capoliveri :** 26 km - 7 - Elevation: + 830 m - 665 m

Loop around Capoliveri, via Monte Calamita and the Costa dei Gabbiani.

18km 5h30 Altitude Difference : +675m -675m Possibility to shorten the route by 4km and -400m of positive altitude gains during the stage.

Transfer by taxi to Capoliveri.

From the charming village of Capoliveri, you will head to the southernmost point of the island, the Costa dei Gabbiani, via a trail overlooking the sea. If you look carefully to the west, Corsica will slowly come into view! In the second part of the stage, the route climbs up over beautiful red landscapes until you reach Monte Calamita (398m), the summit of the day. From here you re-descend to arrive back in Capoliveri.

Return transfer by bus to Porto Azzurro to take advantage of the beach. Night on a half-board basis in Porto Azzurro

Hotel

**Day 4: From Lacona to Marina Di Campo :** 19 km - 6h - Elevation: + 660 m - 660 m

Transfer by taxi from Porto Azzurro to Lacona.

Departing from Lacona, your itinerary offers you the option to take a tour of Capo della Stella, before following the length of the beach of Lacona and then gaining altitude, without ever losing sight of the sea. From Monte Fonza (271m), a descent takes you back to sea level and a small, isolated beach, from where you will walk along the coast before arriving at the Marina di Campo, where you can enjoy the beautiful beach.

Night on a half-board basis at Marina di Campo.

Hotel

**Day 5: From Poggio to Pomonte :** 12 km - 5h30 - Elevation: + 775 m - 1080 m

Transfer by bus from Marina di Campo to Poggio.

Today, a short stage in terms of kilometres awaits you. But be warned, today you are going to climb the highest peak on the island: Monte Capanne (1019m)! You will access the mountains via a pretty climb through the forest which then opens up, allowing you to admire a view over the splendid countryside. You then descend progressively towards Pomonte, passing along a ridge and by Monte Cenno, with the magnificent contours of Corsica within sight. Night in Pomonte on a half-board basis.

Hotel

**Day 6 : From Pomonte to Marciana Marin :** 17 km – 5h30 – Elevation: + 790 m – 790 m

Option : Monte Giove +200m of positive altitude gains.

Setting off from the small village of Pomonte, the route runs along the seafront before rising towards the Colle di Sane Bartolemeo, with Corsica behind you. Passing initially through open land then entering the forest, you hike along virtually empty paths to the foot of Monte Giove (804m, optional climb), before descending towards the pretty village of Marciana. You can then continue down through the maquis (Mediterranean vegetation) to reach the beach at Marciana Marina.

Night on a half-board basis in Marciana Marina.

Hotel

**Day 7 : From Marciana Marina to Portoferraio (optional) :** 19 km – 5h – Elevation: + 620 m – 620 m

Starting from the very pretty seaside village of Marciana Marina, this stage takes you initially to the heights, through a beautiful forest remnant of Corsica, before a sequence of short climbs and descents leads you to the small seafront village of Procchio. You then continue along footpaths through the maquis, linking several small coves, before crossing through a final beautiful forest and descending back down towards Portoferraio, the final point of your hike on the island of Elba.

OR transfer by bus between Marciana Marina and Portoferraio and end of trip.

Optional extra night in Portoferraio.

# TRAVEL CONDITIONS

## Food :

This is not the time to go on a diet! Instead, it is an opportunity to taste local cuisine and specialities. The quality of your food is paramount and we take great care to ensure a good dietary balance, sufficient calorie intake and that each meal includes local specialities. You will eat in the hotel.

Picnics (for lunch) are not included.

## Luggage :

Carrying is limited to business of the day and picnic. Luggage is carried by vehicle. Please allow 1 bag per person, maximum 15kg/bag.

## Key information and support :

### Self-guided formula :

You can go on your own, as a couple, with your family or with friends. We'll look after your accommodation, meals, luggage transfer and group.

You have a good experience of hiking. From one stage to the next, you follow the maps and detailed digital roadbook that we have carefully prepared for you.

Going on your own means hiking lightly, at your own pace, and taking full advantage of the pleasures of nature without worrying about the logistics of your stay. It also means being free to interpret and imagine what the landscapes have to say.

### With guide :

LaRébenne mountain guides are there to enlighten you on the elements that surround you and that give life to the mountains. They love and know the environment in which they work with you. They will allow you to better understand the natural environment, the history, the life of the mountain inhabitants and the relation between man and nature....LaRébenne guides are here to share their passion with you.

## Accommodation :

In double bedrooms in comfortable \*\* or \*\*\* hotels (subject to availability) on a half-board basis except the first day in Portoferraio (B&B basis).

The hotels offer a good level of comfort. You sleep in single or double bedrooms with a private bathroom. Sheets and towels are provided.

## Attendees :

From 2 people for the self-guided option

From 6 people for the accompanied option

## Options :

Additional night at the end of your stay in Portoferraio: please contact us.

## Difficulty level :

An average of 5 to 6 hours of walking per day, with positive altitude differences of 620 to 830m max.  
You are in good physical condition and you are prepared to hike for several days.

## **DEPARTURE AND MEETING POINT :**

Meet on the first day in Portoferraio.

How to get there :

By car : Coming from France, head to Piombino (Toscane) via the E80. Take the ferry (1 hour crossing).

By train : Piombino Marittima train station.

By plane : Pisa Airport then train to Piombino then ferry, or Marina di Campo Airport (on the island) but very few connections.

## RATES

### Freedom package - hotel

Registration for 2 people	785€
Registration for 3 people	765€
Registration for 4 people	725€
Registration for 6 people	695€

### Freedom package - double room

Registration for 6 people	935€
Registration for 8 people	895€

### The price includes :

- Accommodation on Day 1 on B&B basis (night and breakfast)
- Accommodation on a half-board basis from dinner on Day 2 to breakfast on Day 7
- Luggage transfers
- Transfers by taxi as planned during the trip
- Maps with the marked route, map holder
- Detailed LaRébenne TopoGuide

### The price does not include :

- Bus transfers (€2.50/ticket)
- Ferry crossing
- Dinner on Day 1
- Drinks
- Lunches
- Insurance
- Personal expenses
- Return transfer to the departure point
- Parking

## GENERAL INFORMATION

### How to subscribe ? :

No, no automatic forms!

At LaRébenne, we prefer to keep in touch with our travelers. We like to talk to you about our travels, and we want to maintain this relationship with you. Exchange, sharing and pleasure remain our ambition for LaRébenne travels.

Don't hesitate to contact us directly to talk about hiking or biking.

[contact@larebenne.com](mailto:contact@larebenne.com)

+33 561 652 093

+33 681 537 775

### Registration, deposit and validation

Once you've chosen your trip, it's quick and easy to register!

\* Either go directly to your tour's page on our website and click on registration.

\* Or we can work with you to create a tailor-made tour, and send you a personalized link to your registration form.

The registration is effective when we receive your registration form with your acceptance of the general terms and conditions of sale, accompanied by the deposit of 30% of the tour price. You will then receive an acknowledgement of receipt of your registration.

#### 100% secure payment

You can pay by credit card (faster) or bank transfer.



### Payment of balance

The balance must be paid one month before the departure date. You will find your invoice on your My LaRébenne space, as well as a payment link to the balance of your stay.

### Invitation to depart

On receipt of payment of the balance, your travel diary will be available in your customer area on My LaRébenne, where you will find all the information you need for your trip, as well as your invoice.

### Insurance :

In accordance with regulations, each participant in a LaRébenne trip must hold individual civil liability as well as individual multi-risk cover to protect themselves against incidents or accidents that may occur before or during the tour or bike trip.

Assistance mainly covers search and rescue, repatriation and medical expenses. It comes into play as soon as a medical report makes it possible to decide on repatriation. Repatriation, known as "premature return", can also be arranged for reasons other than the insured's own, such as the death of a family member (see cases in the insurance booklet). Beforehand, in regions far from medical facilities and difficult to access, you must agree to the organization of first aid using local resources (4X4, porters, horses, etc.).

This contract also covers loss, theft or delayed delivery of baggage, as well as interruption of stay.

The insurance protects against the financial risk of cancellation. It is very important to have this type of insurance in case of cancellation due to a health problem or for professional reasons.



We suggest you take out one of the three policies we have selected, bearing in mind that we only act as an intermediary between you and the insurer. Any additional insurance is invoiced per person and must be taken out on the day of booking:

- "Multirisque" contract (4.5%), minimum premium 15 euros:  
Repatriation assistance + tour interruption + luggage + cancellation.

[See the complete contract](#)

- "Cancellation" contract (2.5%), minimum premium 10 euros:  
Cancellation only.

[See the complete contract](#)

- "Repatriation assistance" contract (1.6%), minimum premium of 10 euros:  
Repatriation assistance + tour interruption + luggage.

[See the complete contract](#)

As far as "civil liability abroad" is concerned, only French residents are covered.

### **Informations :**

LaRébenne - 10 rue de la Comédie - 09000 Foix - France  
Tel : + 33 (0)5 61 65 20 93 - [contact@larebenne.com](mailto:contact@larebenne.com) - [www.larebenne.com](http://www.larebenne.com)  
Immatriculation tourisme : IM 038100057