

Cycling the Vélodyssée: Arcachon to Hendaye **Discovering the Atlantic Coast by Bike**

Self-guided cycling holiday, A 6-day, 5-night cycling journey
with 5 days on the bike

Level: 4/5



Departing from Arcachon, set off for a trip following the Atlantic coast along the longest cycle route in France: La Vélodyssée, to Hendaye where the Basque Country awaits you.

Discover the Dune du Pilat, the most beautiful beaches in the Landes region, pine forests, the Basque coast... In the heart of perfectly preserved nature, ride at your own pace along stunning cycle paths, between dunes, beaches and forts. It is equally an opportunity to take in the renowned seaside resorts of the Atlantic coast, to taste local specialties and take a deep breath of sea air !

Strengths

- Cycling along the longest cycle route in France: la Vélodyssée.
- The beaches of the Landes region, the Basque coast, the Dune du Pilat, pine forests, saltwater ponds and the ocean horizon.
- Renowned seaside resorts on the Atlantic coast.
- Arrival in beautiful Hendaye !

SCHEDULE

Day 1: Arrival in Arcachon :

Free day in the town. Take the opportunity to discover the iconic landscape of the Dune du Pilat , the highest dune in Europe. Don't hesitate to climb to its peak to take in the view over the Bassin d'Arcachon, the ocean and the forests. Settle in to your hotel in Arcachon.

Hotel

Day 2 : Arcachon – Biscarrosse : 50 km

Today, you set off on a great crossing of the Landaise forest; playing leapfrog with the dunes along the way. Shortly before Biscarrosse beach, the Vélodyssée passes seamlessly from the Gironde into Les Landes. Warm and welcoming, gastronomy remains central to landaise traditions. Let yourself be tempted by these delights in Biscarrosse.

Night in the town of Biscarrosse.

Day 3 : Biscarrosse – Mimizan Plage : 40.5 km

This stage takes you along the banks of the Lac de Biscarrosse: a base for the assembly and testing of the largest French seaplanes. Perhaps you will be lucky enough to see some? You will also cycle between the 'étangs' (saltwater ponds) whose blue hue gradually replaces that of the sea. These are key reserves for biodiversity: protected plant, bird and mammal species. You eventually arrive at the seafront resort of Mimizan Plage.

Day 4 : Mimizan Plage – Vieux Boucau : 62 km

After the liveliness of Mimizan Plage, find peace in the pine forests. Wood cut from the forest near the town is used to produce Kraft paper and packaging. This connecting stage towards the ocean provides you with the chance to take a relaxed ride in the shade of the forest whilst enjoying the odor of the pine trees. And for a change from the ocean, why not take a dip in the Lac de Léon ? After, you take a gentle ride along the old Léon to Soustons railway line to arrive at Vieux Boucau.

Night in Vieux-Boucau-les-Bains

Day 5 : Vieux Boucau – Biarritz : 59 km

Vieux Boucau stands at the former mouth of the River Adour and it is from here that you climb back in the saddle to follow the coast and what constitutes the longest sandy beach in Europe (106 km), ideal for lovers of sun, dips in the sea and drama ! Because this is the kingdom of surf and waves ! You are welcomed into the Basque country with, as always, an ocean backdrop. You reach the iconic sunshine resorts of Hossegor and Capbreton, the only fishing port in the Landes region. As you cross Bayonne, allow yourself to get lost in its streets before reaching Biarritz and its large beach.

Night in Biarritz.

Day 6 : Biarritz – Hendaye : 37 km

Biarritz – one of the most prestigious seaside resorts on the Atlantic coast: with its huge beach, casino, clifftops and the Esplanade de la Vierge...head to the Marché dans les Halles where piment d'Espelette, foie gras and landaise asparagus await you. You then head south. This final stage requires a little more sporting effort, but you will be handsomely rewarded with exceptional ocean views. Cross the towns of Bidart, Guéthary (an old fishing port)...in St-Jean-de-Luz don't miss out on a walk along the lively fishing port (sardines, anchovies, tuna...). Then, the final stretch towards Hendaye. End your trip surrounded by beauty, following a superb route on the Basque corniche, taking you down into the town and to the beachfront.

End of trip in Hendaye.

TRAVEL CONDITIONS

Attendees :

From 2 people.

Formalities :

- A valid official ID
- We recommend travel insurance with repatriation included

Accompanying :

Self-guided tour : Set off on the date that suits you and make the most of your cycling holiday with complete peace of mind. We take care of everything: booking your accommodation, transporting your luggage and planning your itinerary.

All you have to do is cycle! With your roadbook and our navigation app, you can follow a route we've designed for you, at your own pace and entirely independently.

An ideal package for combining freedom, comfort and peace of mind whilst discovering the most beautiful cycling routes.

Food :

Breakfasts are included in your stay, allowing you to start each day of cycling in the best possible way. Lunches and dinners are not included, giving you the freedom to choose, along your route, the restaurants, markets, and local hidden gems where you can discover the flavours and specialities of the region.

Accommodation :

Nights in double room in hotels, in Bed and Breakfast formula (night and breakfast included).

We have selected our accommodations for their quality of welcome and comfort: to enjoy, thank you to book as soon as possible.

You can choose your accommodation category:

- Version hotels Selection: you sleep in comfortable rooms for 2 people in hotels or guest rooms, category ** or ***. Sheets and towels are provided. A bathroom is reserved for you.
Extra night in B&B, selection version in Arcachon or Hendaye: contact us
- Upscale hotel version: we have selected our accommodations for the quality of their welcome and comfort in the category charm and upscale character *** or ****. Places are very limited, in order to enjoy it we invite you to book as soon as possible. You sleep in rooms of 2 people upscale hotels with bathroom and private bathroom. Sheets and towels are provided. At Mimizan Plage and Vieux Boucau, few choices in the High End category, we have selected hotels ** (in superior room).
Extra night in B&B, upscale version in Arcachon or Hendaye: contact us.

Difficulty level :

You have a good physical condition and regularly practice cycling or another sports activity. Stages of 37 to 62 km per day, some stages (J2 and J6) have some good climbs. Very good pavement of bike paths.

Departure and meeting point :

Here are a few options for secure long-term parking in Arcachon :

[Parking Relais](#) : Situé à l'entrée d'Arcachon, ce parking offre un accès sécurisé au centre-ville via une navette gratuite. En juillet et août, le forfait journalier est de 4 €. <https://www.arcachon.com/tourisme/pratique/le-stationnement-a-arcachon/>

[Parking Indigo Centre-Ville Gare](#) : Ce parking souterrain de 147 places est ouvert 24h/24 et 7j/7, situé à proximité immédiate de la gare d'Arcachon.

[Parking Indigo Centre-Ville Plage](#) : Offrant 600 places, ce parking souterrain est également ouvert 24h/24 et 7j/7, idéalement situé près de la plage et du centre-ville. [https://www.indigoneo.fr/fr/parkings?](https://www.indigoneo.fr/fr/parkings?service=booking&vehicleType=car&searchText=Arcachon%2C%2033120%2C%20France&longitude=-1.17429790933&latitude=44.6)

[service=booking&vehicleType=car&searchText=Arcachon%2C%2033120%2C%20France&longitude=-1.17429790933&latitude=44.6](https://www.indigoneo.fr/fr/parkings?service=booking&vehicleType=car&searchText=Arcachon%2C%2033120%2C%20France&longitude=-1.17429790933&latitude=44.6)

We recommend that you contact these parking lots directly for precise information on rates and availability, especially if you are planning to park for a long time.

Departure from Arcachon (33).

How to get there:

By car: Highway of the south of France.

By train: Arcachon SNCF train station

By plane: Bordeaux airport then train to Arcachon

Luggage:

Luggage will be transported by vehicle. Please allow one piece of luggage per person with a maximum weight of 15 kg. Luggage is transported daily between 8 am and 6 pm, so please ensure your luggage is ready by 8 am each morning.

To respect the weight limit and facilitate luggage stowage in the vehicles, rigid suitcases are no longer accepted.

Please bring soft bags instead.

RATES

Version hotels Sélection	
Registration for 2 people	795€
Registration for 3 people	750€
Registration for 4 people	740€
Registration for 6 people	725€

Premium hotel version	
Registration for 2 people	920€
Registration for 3 people	895€
Registration for 4 people	880€
Registration for 6 people	870€

The price includes :

- Accommodation in double rooms, twin rooms or triple rooms
- Breakfasts
- Luggage transport (one bag per person, maximum 15 kg)
- Tourist taxes
- Access to our smartphone navigation app
- A personalised roadbook in PDF format
- The follow-up of your booking through your My La Rébénne account
- Full organisation and logistics of your trip
- 24/7 telephone assistance

The price does not include :

- Transport to the starting point and from the end point
- Lunches
- Dinners
- Drinks and personal expenses
- Bike rental and accessories
- Visits or activities not included in the itinerary
- Insurance (assistance, repatriation, cancellation)
- Any item not mentioned in the section "The price includes"

GENERAL INFORMATION

How to subscribe ? :

No, no automatic forms!

At LaRébenne, we prefer to keep in touch with our travelers. We like to talk to you about our travels, and we want to maintain this relationship with you. Exchange, sharing and pleasure remain our ambition for LaRébenne travels.

Don't hesitate to contact us directly to talk about hiking or biking.

contact@larebenne.com

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Registration, deposit and validation

Once you've chosen your trip, it's quick and easy to register!

* Either go directly to your tour's page on our website and click on registration.

* Or we can work with you to create a tailor-made tour, and send you a personalized link to your registration form.

The registration is effective when we receive your registration form with your acceptance of the general terms and conditions of sale, accompanied by the deposit of 30% of the tour price. You will then receive an acknowledgement of receipt of your registration.

100% secure payment
You can pay by credit card (faster) or bank transfer.
  

Payment of balance

The balance must be paid one month before the departure date. You will find your invoice on your My LaRébenne space, as well as a payment link to the balance of your stay.

Invitation to depart

On receipt of payment of the balance, your travel diary will be available in your customer area on My LaRébenne, where you will find all the information you need for your trip, as well as your invoice.

Insurance :

In accordance with regulations, each participant in a LaRébenne trip must hold individual civil liability as well as individual multi-risk cover to protect themselves against incidents or accidents that may occur before or during the tour or bike trip.

Assistance mainly covers search and rescue, repatriation and medical expenses. It comes into play as soon as a medical report makes it possible to decide on repatriation. Repatriation, known as "premature return", can also be arranged for reasons other than the insured's own, such as the death of a family member (see cases in the insurance booklet). Beforehand, in regions far from medical facilities and difficult to access, you must agree to the organization of first aid using local resources (4X4, porters, horses, etc.).

This contract also covers loss, theft or delayed delivery of baggage, as well as interruption of stay.

The insurance protects against the financial risk of cancellation. It is very important to have this type of insurance in case of cancellation due to a health problem or for professional reasons.

We suggest you take out one of the three policies we have selected, bearing in mind that we only act as an intermediary between you and the insurer. Any additional insurance is invoiced per person and must be taken out on the day of booking:

- "Multirisque" contract (4.5%), minimum premium 15 euros:
Repatriation assistance + tour interruption + luggage + cancellation.

[See the complete contract](#)

- "Cancellation" contract (2.5%), minimum premium 10 euros:
Cancellation only.

[See the complete contract](#)

- "Repatriation assistance" contract (1.6%), minimum premium of 10 euros:
Repatriation assistance + tour interruption + luggage.

[See the complete contract](#)

As far as "civil liability abroad" is concerned, only French residents are covered.

Informations :

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