

St Guilhem Path 2nd Part 6 days

Part 2 : from Meyrueis to St Guilhem le Désert

Self-guided circuit, 6 days 5 nights with 5 days of hiking

Level: 2/5



From Meyrueis, in the Jonte gorges, you take the second part of the famous Chemin de St Guilhem itinerary. You'll pass through the Mont-Aigoual forest massif, stopping off at its foot in the village of L'Espérou. The diversity of landscapes continues as you pass through the Causse de Blandas, just before reaching the beautiful Cirque de Navacelles and then the Larzac plateau. The route ends in the beautiful village of St Guilhem le Désert, where you can admire the Abbey of Gellone, an ancient place of pilgrimage.

5 days of walking at your own pace, with no stages exceeding 22km, in the footsteps of the ancient pilgrims, from the Jonte gorges to the Hérault valley.

Strengths

- Passing through L'Espérou, at the foot of Mont Aigoual.
- The Cirque de Navacelles, classified as a Grand Site de France
- The diversity of landscapes between undergrowth, causse and cirque.
- The finish in St Guilhem le Désert, a very pretty village in the Hérault.

SCHEDULE

Day 1 : Arrival in Meyrueis :

Arrival and settling to your accommodation. Night in Meyrueis.

Hotel, Stopover gite

undefined : From Meyrueis to L'Espérou : 22 km - 6h30 - Elevation: + 800 m - 270 m

Passing first by Camprieu and the Col de la Pierre Plantée, you then cross the Vallée du Bonheur (Valley of Happiness) through woodland undergrowth and climb up towards the Col de la Serreyrède. You are then in the foothills of Mont Aigoual.

From this col, a descent transports you to L'Espérou, where you finish the stage.

Night in L'Espérou.

Double room, Stopover gite

Day 3 : From L'Espérou to Vigan : 19 km - 5h - Elevation: + 250 m - 1250 m

Lots of forests on the programme today! From L'Espérou, you take on the Col de la Broue and the Col de la Sablière before a long descent along a path called "La Draille du Languedoc", an ancient transhumance route. You cross the medieval village of Aulas, in the valley, before quickly arriving in Vigan, where you will immediately sense that we have reached the South!

Night in Vigan.

Stopover gite, Double room

Day 4 : From Vigan to Navacelles : 23 km - 6h15 - Elevation: + 640 m - 530 m

After the undergrowth of the day before, you now climb up onto the Causse de Blandas, where you will discover remnants dating back to the Palaeolithic era (menhirs, dolmens). You then rejoin the open desert landscapes which are so typical of the Cévennes. Having passed through the villages of Montdardier and Blandas, you arrive at a superb panorama, stretching out over the Cirque de Navacelles. The route then takes you down into the Gorges de la Vis, where you finish the stage.

Night in Navacelles.

Stopover gite, Double room

Day 5 : From Navacelles to La Vacquerie : 15 km - 4h30 - Elevation: + 630 m - 330 m

The start of this stage along the Gorges de la Vis is truly magnificent. You gain a little height to join St Maurice de Navacelles on the Plateau du Larzac. Follow the Plaine de la Barre, before arriving in the village of Vacquerie.

Night in La Vacquerie.

Double room, Stopover gite

Day 6 : From La Vacquerie to St Guilhem le Désert : 20 km - 7h - Elevation: + 460 m - 900 m

It's the final stage of your trip. Today, you follow the Tour du Larzac to Mont St Baudille, and reach the Cirque de l'Infernet. You then start your descent towards the magnificent village of St Guilhem le Désert and the completion of your hike along the Route of St Guilhem.

End of trip after the hike.

TRAVEL CONDITIONS

Food :

This is not the time to go on a diet! Instead, it is an opportunity to taste local cuisine and specialities. The quality of your food is paramount and we take great care to ensure a good dietary balance, sufficient calorie intake and that each meal includes local specialities. You will eat in the hotel.

Picnics (for lunch) are not included.

Attendees :

From 2 people.

Formalities :

- A valid official ID
- We recommend travel insurance with repatriation included

Luggage :

You only need to carry what is needed for the day and your picnic. Your other luggage is transported by vehicle. Please respect the luggage limit of one bag per person, maximum weight of 13kg/bag.

Key information and support :

Self-guided formula :

You can go on your own, as a couple, with your family or with friends. We'll look after your accommodation, meals, luggage transfer and group.

You have a good experience of hiking. From one stage to the next, you follow the maps and detailed digital roadbook that we have carefully prepared for you.

Going on your own means hiking lightly, at your own pace, and taking full advantage of the pleasures of nature without worrying about the logistics of your stay. It also means being free to interpret and imagine what the landscapes have to say.

Accommodation :

Accommodation is in short supply and we invite you to reserve as early as possible.

5 nights on a half-board basis.

Accommodation options to choose from:

'Gite' option: Gites are selected specifically for their warm welcome and friendly atmosphere. More often than not, you will share a dormitory of 4-6 beds. Sheets and towels are not provided.

Double bedroom option (depending on availability): Sleep in a comfortable 2 person bedroom in a hotel, B&B and sometimes, in a 'gite'. Sheets and towels are provided.

Difficulty level :

LEVEL : 2.5/5

This hike is aimed at all adults who are in good physical condition and can walk between 4 and 7 hours per day (for younger hikers, please contact us). The itinerary presents no technical difficulties. You should know how to orientate yourself using a map, a compass and a TopoGuide.

Departure and meeting point :

Departure from Meyrueis

How to get there :

By car : D996 and D986

By train : until Millau train station and then regular shuttle to Meyrueis

Options :

- Single room supplement, if double room package chosen: 170€ /pers
- Return to Meyrueis: 60€ /pers
- Stay without luggage transfer : - 40€ /pers

Additional night in Saint-Guilhem-le-Désert.

- Double/twin room, breakfast included: €90/person

- Single room, breakfast included: 105 € /person

RATES

Self-guided package - gîtes d'étape

Registration for 2 people	560€
Registration for 3 people	550€
Registration for 4 people	540€
Registration for 6 people	530€

Package with support vehicle and luggage transport - double room

Registration for 2 people	660€
Registration for 3 people	650€
Registration for 4 people	640€
Registration for 6 people	630€

The price includes :

- Half-board accommodation: from dinner on Day 1 to breakfast on Day 6.
- Luggage transfer
- Digital roadbook

The price does not include :

- Drinks
- Insurance
- Personal expenses
- Picnics
- Accommodation at the end of the trip
- Return transfer to the departure point
- Visits to monuments

GENERAL INFORMATION

How to subscribe ? :

No, no automatic forms!

At LaRébenne, we prefer to keep in touch with our travelers. We like to talk to you about our travels, and we want to maintain this relationship with you. Exchange, sharing and pleasure remain our ambition for LaRébenne travels.

Don't hesitate to contact us directly to talk about hiking or biking.

contact@larebenne.com

+33 561 652 093

+33 681 537 775

Registration, deposit and validation

Once you've chosen your trip, it's quick and easy to register!

* Either go directly to your tour's page on our website and click on registration.

* Or we can work with you to create a tailor-made tour, and send you a personalized link to your registration form.

The registration is effective when we receive your registration form with your acceptance of the general terms and conditions of sale, accompanied by the deposit of 30% of the tour price. You will then receive an acknowledgement of receipt of your registration.

100% secure payment

You can pay by credit card (faster) or bank transfer.



Payment of balance

The balance must be paid one month before the departure date. You will find your invoice on your My LaRébenne space, as well as a payment link to the balance of your stay.

Invitation to depart

On receipt of payment of the balance, your travel diary will be available in your customer area on My LaRébenne, where you will find all the information you need for your trip, as well as your invoice.

Insurance :

In accordance with regulations, each participant in a LaRébenne trip must hold individual civil liability as well as individual multi-risk cover to protect themselves against incidents or accidents that may occur before or during the tour or bike trip.

Assistance mainly covers search and rescue, repatriation and medical expenses. It comes into play as soon as a medical report makes it possible to decide on repatriation. Repatriation, known as "premature return", can also be arranged for reasons other than the insured's own, such as the death of a family member (see cases in the insurance booklet). Beforehand, in regions far from medical facilities and difficult to access, you must agree to the organization of first aid using local resources (4X4, porters, horses, etc.).

This contract also covers loss, theft or delayed delivery of baggage, as well as interruption of stay.

The insurance protects against the financial risk of cancellation. It is very important to have this type of insurance in case of cancellation due to a health problem or for professional reasons.

We suggest you take out one of the three policies we have selected, bearing in mind that we only act as an intermediary

between you and the insurer. Any additional insurance is invoiced per person and must be taken out on the day of booking:

- "Multirisque" contract (4.5%), minimum premium 15 euros:
Repatriation assistance + tour interruption + luggage + cancellation.

[See the complete contract](#)

- "Cancellation" contract (2.5%), minimum premium 10 euros:
Cancellation only.

[See the complete contract](#)

- "Repatriation assistance" contract (1.6%), minimum premium of 10 euros:
Repatriation assistance + tour interruption + luggage.

[See the complete contract](#)

As far as "civil liability abroad" is concerned, only French residents are covered.

Informations :

LaRébenne - 10 rue de la Comédie - 09000 Foix - France

Tel : + 33 (0)5 61 65 20 93 - contact@larebenne.com - www.larebenne.com

Immatriculation tourisme : IM 038100057