

The Tour of Val d'Azun

Itinerant and loop hikes

Self-guided circuit, staying in 'gites' 6 days, 5 nights with 5 days of hiking

Level: 3/5



The Tour of Val d'Azun, following a loop from Argelès-Gazost, is a really beautiful, mid-mountain, summertime hike in which you will cross many small, isolated valleys, forests and free-roaming cattle herds. Each day, the route passes along pleasant, well-marked footpaths, without technical difficulties, offering splendid views across the surrounding mountains and landscapes (most notably, the Pic du Midi!).

You will enjoy the charming villages of Arras en Lavedan and Arrens-Marsous, as well as your arrival in the Vallée d'Arbéost, having followed the very pretty Col de Saucède. For 5 days you are going to discover an exceptional area which will surely amaze you!

Strengths

- Paths crossing meadows and herds of horses, cows and sheep..
- Splendid views over the surrounding Haute-Montagnes and the calm of the Val d'Azun.
- An accessible hike for all amateur hikers

SCHEDULE

Day 1 : Argelès Gazost :

Arrive at Argelès-Gazost, discover the town and settle into your accommodation.

Night in Argelès-Gazost.

Day 2 : From Argelès Gazost to Arrens-Marsous : 15 km - 4h30 - Elevation: + 700 m - 290 m

Argelès-Gazost, 'sub-prefecture' of the Hautes-Pyrénées is ideally located to welcome you as the starting point of your Tour du Val d'Azun. Leaving behind all urbanisation, you will climb up through the beautiful forest. After passing by the village of Arras en Lavedan, you continue to climb before arriving at a mountain pass. Your descent via this pass will provide you with a splendid view across the surrounding mountains. The rest of this stage moves between forests, charming villages (Arcizans-Dessus, Aucun, etc.) and unobstructed views. A final stretch through the middle of some flat fields brings you to your stop for the night, the village of Arrens-Marsous.

A nice break for the legs ! Night in Arrens-Marsous.

Day 3 : From Arrens-Marsous in a loop via the GR10 and Turon des Aulhes : 15 km - 5 - Elevation: + 830 m - 830 m

For this second stage, a loop is on the agenda ! From the village, the route crosses a small bridge over the Gave d'Azun, then joins a forest track and climbs back up via the Col des Bordères before arriving in the Vallée d'Estaing. Having passed through the village and climbed gently through the valley for a few kilometres, the route climbs steeply towards Habourade and Peyrelade, offering you a fantastic panorama over the surrounding area. The descent is very beautiful and, as you lift your gaze, you enjoy the view over the Vallée d'Arrens and the surrounding peaks.

Night in Arrens-Marsous.

Day 4 : From Arrens-Marsous to Arbéost : 15 km - 4h30 - Elevation: + 760 m - 865 m

Today brings a change of valley! Having left Arrens-Marsous you pass by the Chapel of Pouey Laün before climbing up through the forest. Little by little, the route rises up to the mountain pastures to reach the Col de Saucède, the highlight of your day and a point from which to enjoy splendid views of the surroundings.

From the Route du Soulor, you descend through summer meadows. You arrive on the high slopes, passing close to farms typical of the region before reaching the village.

Night in Arbéost.

Day 5 : From Arbéost to Haugarou : 12 km - 5 - Elevation: + 850 m - 400 m

Montée sérieuse dès le départ, dans les bois, pour déboucher dans les prairies d'altitudes pour découvrir les hautes montagnes environnantes ainsi que sa faune et flore. Passage en crête avec vue à 360 degrés jusqu'à arriver au lac et col de Soum. Puis l'itinéraire est à flanc sur la crête de la Serre pour retrouver la vue sur la vallée d'Arrens et Argelès, avant une descente à travers une forêt de sapins pour arriver au refuge en dortoir. (Possibilité de chambre double selon disponibilité, nous consulter)

Day 6 : From Haugarou to Argeles Gazost : 20 km - 6h45 - Elevation: + 600 m - 1370 m

Passing by a small forest path, the view opens up as you arrive at the Col de Bazès. You then follow a succession of mountain passes (Serre, Couraduque and Couret) allowing you to enjoy a plunging view over the Vallée d'Argelès-Gazost, which you will reach by a lovely descent, passing by the Col de Liar.

End of your trip on arrival at Argelès-Gazost.

TRAVEL CONDITIONS

Difficulty level :

4 to 5 hours of hiking per day.

Technical Difficulties: 850m maximum of positive altitude.

You are in good physical condition and you are prepared to hike for several days. You know how to orientate yourself using a map and TopoGuide. No technical difficulties on this circuit.

Departure and meeting point :

Free departure for self-guided option and organised groups.

How to get there:

By car : Motorway A84 : exit at Tarbes , follow Lourdes then Argelès-Gazost

By train : Lourdes SNCF station

By plane : Tarbes-Lourdes Airport

Additional options for groups :

Single room except in Arbéost and Haugarou: €130

Double room at the Haugarou refuge: €30;

5 picnics: €75

Additional night in Argelès-Gazost night + breakfast formula:

in a double/twin room: €75/person

in a single room: €90/person

Accommodation :

1 night in a hotel, 2 nights in a bed and breakfast and 1-night half-board in a 'gite'.

Gites are selected specifically for their warm welcome and friendly atmosphere. More often than not, you will share a dormitory of 4-8 beds. Sheets and towels are not provided (ensure you include them in your luggage).

Half-board: dinner, overnight stay and breakfast included.

RATES

Self-guided package with luggage transport	
Registration for 2 people	780€
Registration for 3 people	760€
Registration for 4 people	740€
Registration for 6 people	690€

The price includes :

- Half-board accommodation
- Luggage transportation
- The digital TopoGuide file

The price does not include :

- Drinks
- Insurance
- Personal expenses
- Visits to monuments
- Picnics

GENERAL INFORMATION

How to subscribe ? :

No, no automatic forms!

At LaRébenne, we prefer to keep in touch with our travelers. We like to talk to you about our travels, and we want to maintain this relationship with you. Exchange, sharing and pleasure remain our ambition for LaRébenne travels.

Don't hesitate to contact us directly to talk about hiking or biking.

contact@larebenne.com

+33 561 652 093

+33 681 537 775

Registration, deposit and validation

Once you've chosen your trip, it's quick and easy to register!

* Either go directly to your tour's page on our website and click on registration.

* Or we can work with you to create a tailor-made tour, and send you a personalized link to your registration form.

The registration is effective when we receive your registration form with your acceptance of the general terms and conditions of sale, accompanied by the deposit of 30% of the tour price. You will then receive an acknowledgement of receipt of your registration.

100% secure payment

You can pay by credit card (faster) or bank transfer.



Payment of balance

The balance must be paid one month before the departure date. You will find your invoice on your My LaRébenne space, as well as a payment link to the balance of your stay.

Invitation to depart

On receipt of payment of the balance, your travel diary will be available in your customer area on My LaRébenne, where you will find all the information you need for your trip, as well as your invoice.

Insurance :

In accordance with regulations, each participant in a LaRébenne trip must hold individual civil liability as well as individual multi-risk cover to protect themselves against incidents or accidents that may occur before or during the tour or bike trip.

Assistance mainly covers search and rescue, repatriation and medical expenses. It comes into play as soon as a medical report makes it possible to decide on repatriation. Repatriation, known as "premature return", can also be arranged for reasons other than the insured's own, such as the death of a family member (see cases in the insurance booklet). Beforehand, in regions far from medical facilities and difficult to access, you must agree to the organization of first aid using local resources (4X4, porters, horses, etc.).

This contract also covers loss, theft or delayed delivery of baggage, as well as interruption of stay.

The insurance protects against the financial risk of cancellation. It is very important to have this type of insurance in case of cancellation due to a health problem or for professional reasons.

We suggest you take out one of the three policies we have selected, bearing in mind that we only act as an intermediary

between you and the insurer. Any additional insurance is invoiced per person and must be taken out on the day of booking:

- "Multirisque" contract (4.5%), minimum premium 15 euros:
Repatriation assistance + tour interruption + luggage + cancellation.

[See the complete contract](#)

- "Cancellation" contract (2.5%), minimum premium 10 euros:
Cancellation only.

[See the complete contract](#)

- "Repatriation assistance" contract (1.6%), minimum premium of 10 euros:
Repatriation assistance + tour interruption + luggage.

[See the complete contract](#)

As far as "civil liability abroad" is concerned, only French residents are covered.

Informations :

LaRébenne - 10 rue de la Comédie - 09000 Foix - France

Tel : + 33 (0)5 61 65 20 93 - contact@larebenne.com - www.larebenne.com

Immatriculation tourisme : IM 038100057