LaRébenne
VOTRE COMPAGNON DE VOYAGES

DATA SHEET - RP71

Walking tour in the Périgord Noir
Self-guided tour in hotels or guest houses

7 days 6 nights including 6 walking days

Level: 2/5



Between the Dordogne and the Vézère, this journey through a bucolic nature allows you to visit the heart of the Périgord Noir. The unavoidable visits of the castles of Beynac and Castelnaud, guardians of the banks of the Dordogne, followed by the discovery of the cities of Sarlat, Domme, Les Eyzies and Montignac Lascaux will enchant you. Without forgetting a beautiful itinerary along the river Vézère to go and find the sites of Castel Merle and Saint Léon sur Vézère. And you finish as you started, with the world-famous site of Sarlat La Canéda, capital of Périgord.

Strengths

- The most beautiful sites of the Périgord Noir
- Quality accommodations

SCHEDULE

Day 1 : Arrival and night in Sarlat :

Check-in at the hotel and free visit of the magnificent medieval city of Sarlat: the old Sainte Marie church revisited by Jean Nouvel, the Sainte Claire convent and the house of La Boétie...
Night in Sarlat in a hotel on a B&B basis.
Hotel (B&B)

Day 2 : Sarlat – Domme : 17 km - 5 - Elevation: + 400 m - 350 m

Departure on foot from Sarlat towards the South and the Dordogne following a cycle track before discovering the cingle of Montfort and its beautiful castle. Before crossing the Dordogne, you will pass through the pretty village of Vitrac and arrive at the magnificent bastide of Domme. Night in a hotel on a half board basis.
Hotel

Day 3 : Domme – Beynac : 17 km - 4h30 - Elevation: + 340 m - 440 m

A large part of the journey takes place along the Dordogne river with the castle of Castelnaud overlooking the river, the beautiful villages of La Roque Gageac as well as Beynac-et-Cazenac dominated by the famous castle of the same name, night in a hotel on a half board basis.

Day 4 : Beynac – les Eyzies : 19 km - 5 - Elevation: + 360 m - 470 m

Transfer to Espic 15mn. The priory of Redon Espic, the belvedere summit of the church of St Martin from where the view is over a good part of the stage, the village of Meyrals and the pretty village of Les Eyzies on the banks of the river Vézère.
Night in a hotel on a half board basis.

Hotel

Day 5 : Les Eyzies – Castel Merle Sergeac : 20 km - 5h30 - Elevation: + 470 m - 480 m

Departure by a pretty path in the forest to arrive at the village of Tursac. Passage on the Vézère river and along the cliff of La Roque St Christophe where you can visit the troglodytic site of Castel Merle.
Night in an auberge on a half-board basis.
Hotel

Day 6 : From Castel Merle Sergeac to Montignac-Lascaux : 18 km - 5 - Elevation: + 380 m - 400 m

In the morning, by the paths bordering the Vézère, you will arrive at the very beautiful village of St Léon sur Vézère (most beautiful village in France) to admire its church and its remarkable castle. Then by a beautiful path, you join the village of Thonac to then pass by the Cro-Magnon space and the animal park of Thot. And of course, possibility to visit the world-famous Lascaux II cave.
Night in a hotel on a half-board basis.
Hotel

Day 7 : Montignac-Lascaux Sireuil - Sarlat : 20 km - 5h30 - Elevation: + 450 m - 510 m

Transfer in the morning to Sireuil (30mn) and from this pretty village it's a bucolic hike on the heights of the Périgord to reach Sarlat. Passage to the cabins of Breuil, a magnificent hamlet of stone barns and lauze roofs.
End of the stay in Sarlat.
Hotel

TRAVEL CONDITIONS

Luggage :

Travel light – we'll take care of the rest!
Drop off your luggage before setting off in the morning; it will be waiting for you at your next stop. You'll only need to carry what you need for the day and your picnic. Luggage is transported by vehicle. Please allow one bag per person, weighing no more than 15 kg. One important detail: each bag must be labelled.

Formalities :

Identity documents: Bring a valid national identity card or passport, depending on your nationality. A visa may also be required.
Supporting documents: Please bring proof of medical insurance. If you are a citizen of a European country, remember to bring your European Health Insurance Card.
Travel insurance: We recommend taking out travel insurance covering medical expenses, assistance, repatriation and cancellation.

Key information and support :

Self-guided formula :
You can go on your own, as a couple, with your family or with friends. We'll look after your accommodation, meals, luggage transfer and group.
You have a good experience of hiking. From one stage to the next, you follow the maps and detailed digital roadbook that we have carefully prepared for you.
Going on your own means hiking lightly, at your own pace, and taking full advantage of the pleasures of nature without worrying about the logistics of your stay. It also means being free to interpret and imagine what the landscapes have to say.

Attendees :

From two people.

Accommodation :

Half board:
In hotels, in double rooms: selected in particular for the quality of their welcome, you will find in the accommodation chosen a friendly atmosphere. You sleep in comfortable rooms for 2 people in hotels ** and *** and/or guest rooms. Sheets and towels are provided.

Food :

No question of dieting during your stay but it is rather an opportunity to taste the local cuisine. We attach great importance to the quality of food: dietary balance, energy intake and specialty of the country are the ingredients of each meal.
Half board and B&B in Sarlat, picnic not provided.

Difficulty level :

Easy hike on trails, track and sometimes road. Stages between 4:30 and 5:30 hours on average with gradients of 300 to 500 meters maximum. You have a good physical condition and you are prepared for the hike over several days

Departure and meeting point :

Meeting at the hotel in Sarlat in the late afternoon.

How to get there:
By car: Highway A20 or RN20, exit at Souillac, then D703.
By train: SNCF train station of Souillac then shuttle to Sarlat.
By plane: Toulouse airport then shuttle to Sarlat.

Options :

- Single room supplement: €280
- High-season supplement July 1-August 31: +€80
- Accommodation at the end of your stay: please contact us !

RATES

Self-guided package with luggage transport - hotel double room	
Registration for 2 people	1060€
Registration for 3 people	1040€
Registration for 4 people	990€
Registration for 6 people	940€

The price includes :

- Half board accommodation, from breakfast on day 2 to breakfast on day 7,
- In B&B in Sarlat,
- The transport of luggage,
- The digital topo and GPX traces

The price does not include :

- Drinks,
- The dinner in Sarlat
- Insurance,
- Personal expenses,
- Picnics,
- Visits to the monuments.

GENERAL INFORMATION

How to subscribe ? :

No, no automatic forms!
At LaRébenne, we prefer to keep in touch with our travelers. We like to talk to you about our travels, and we want to maintain this relationship with you. Exchange, sharing and pleasure remain our ambition for LaRébenne travels.
Don't hesitate to contact us directly to talk about hiking or biking.
contact@larebenne.com
+33 561 652 093
+33 681 537 775

Registration, deposit and validation

Once you've chosen your trip, it's quick and easy to register!
* Either go directly to your tour's page on our website and click on registration.
* Or we can work with you to create a tailor-made tour, and send you a personalized link to your registration form.
The registration is effective when we receive your registration form with your acceptance of the general terms and conditions of sale, accompanied by the deposit of 30% of the tour price. You will then receive an acknowledgement of receipt of your registration.

100% secure payment
You can pay by credit card (faster) or bank transfer.

Payment of balance

The balance must be paid one month before the departure date. You will find your invoice on your My LaRébenne space, as well as a payment link to the balance of your stay.

Invitation to depart

On receipt of payment of the balance, your travel diary will be available in your customer area on My LaRébenne, where you will find all the information you need for your trip, as well as your invoice.

Insurance :

In accordance with regulations, each participant in a LaRébenne trip must hold individual civil liability as well as individual multi-risk cover to protect themselves against incidents or accidents that may occur before or during the tour or bike trip.
Assistance mainly covers search and rescue, repatriation and medical expenses. It comes into play as soon as a medical report makes it possible to decide on repatriation. Repatriation, known as "premature return", can also be arranged for reasons other than the insured's own, such as the death of a family member (see cases in the insurance booklet). Beforehand, in regions far from medical facilities and difficult to access, you must agree to the organization of first aid using local resources (4X4, porters, horses, etc.).
This contract also covers loss, theft or delayed delivery of baggage, as well as interruption of stay.
The insurance protects against the financial risk of cancellation. It is very important to have this type of insurance in case of cancellation due to a health problem or for professional reasons.

We suggest you take out one of the three policies we have selected, bearing in mind that we only act as an intermediary between you and the insurer. Any additional insurance is invoiced per person and must be taken out on the day of booking:

- "Multirisque" contract (4.5%), minimum premium 15 euros:
  Repatriation assistance + tour interruption + luggage + cancellation.

  See the complete contract

- "Cancellation" contract (2.5%), minimum premium 10 euros:
  Cancellation only.

  See the complete contract

- "Repatriation assistance" contract (1.6%), minimum premium of 10 euros:
  Repatriation assistance + tour interruption + luggage.

  See the complete contract

As far as "civil liability abroad" is concerned, only French residents are covered.

Informations :

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