DATA SHEET - RP67

St Guilhem Path 2nd part 8 days
From Le Rozier to St Guilhem le Désert

Self-guided circuit, 8 days 7 nights with 7 days of hiking

Level: 2/5



From Le Rozier, in the Jonte gorges, you take the second part of the famous Chemin de St Guilhem itinerary. You'll pass through the Mont-Aigoual forest massif, stopping off at its foot in the village of L'Espérou. The diversity of landscapes continues as you pass through the Causse de Blandas, just before reaching the beautiful Cirque de Navacelles and then the Larzac plateau. The route ends in the beautiful village of St Guilhem le Désert, where you can admire the Abbey of Gellone, an ancient place of pilgrimage.
8 days of walking at your own pace, with no stages exceeding 22km, in the footsteps of the ancient pilgrims, from the Jonte gorges to the Hérault valley.

Strengths

- Passing through L'Espérou, at the foot of Mont Aigoual.
- The Cirque de Navacelles, classified as a Grand Site de France.
- The diversity of landscapes between undergrowth, causse and cirque.
- The finish in St Guilhem le Désert, a very pretty village in the Hérault.

SCHEDULE

Day 1 : Arrival in Le Rozier :

Arrival and settling to your accommodation. Night in Le Rozier.

Double room, Stopover gite

undefined : From Le Rozier to La Viale : 13 km - 3h30 - Elevation: + 700 m - 220 m

From Le Rozier, the route takes you upwards, still following the GR6, to the famous Causse Méjean and the hamlet of La Viale. There is the option of a nice variation via the vase de Sévre and de Chine, with magnificent views over the Jonte gorges (+ 100m climb).
Night at La Viale.

Double room, Stopover gite

Day 3 : From La Viale to Meyrueis : 19 km - 5h20 - Elevation: + 410 m - 590 m

Still on the Causse Méjean, you pass through the small villages of St Pierre des Tripiers and Hyelzas, before coming across Aven Armand, a huge underground cavern. You then finish your journey across the Causse Méjean and descend into the Jonte gorges, to end your stay in Meyrueis.
Overnight in Meyrueis.

Double room, Stopover gite

Day 4 : From Meyrueis to L'Espérou : 22 km - 6h30 - Elevation: + 800 m - 270 m

Passing through Camprieu and the Col de la Pierre Plantée, you cross the Vallée du Bonheur through undergrowth on your way up to the Col de la Serreyrède. You are in the foothills of Mont Aigoual.
From this pass, a descent takes you to L'Espérou, where you will stop for the night.
Overnight in L'Espérou.

Double room, Stopover gite

Day 5 : From L'Espérou to Le Vigan : 19 km - 5h - Elevation: + 250 m - 1250 m

Lots of forest on today's programme! From L'Espérou, you'll head over the Broue and Sablière passes and begin a long descent along a path known as "La draille du Languedoc", an ancient transhumance route. You pass through the medieval village of Aulas, in the valley, and soon arrive at Le Vigan, where you quickly get the feeling that you've arrived in the south!
Spend the night in Le Vigan.

Double room, Stopover gite

Day 6 : From Le Vigan to Navacelles : 23 km - 6h15 - Elevation: + 640 m - 530 m

After the undergrowth of the previous day, you now climb towards the Causse de Blandas, where you can discover clues dating back to the Palaeolithic period (menhirs, dolmens). You'll find yourself back in the desert expanses typical of the Cévennes.
After passing the villages of Montdardier and Blandas, you arrive at a sublime panorama of the Cirque de Navacelles. The route takes you down into the Vis gorges, where you will stop for the night.
Overnight in Navacelles.

Double room, Stopover gite

Day 7 : From Navacelles to La Vacquerie : 15 km - 4h30 - Elevation: + 630 m - 330 m

This is a magnificent start to the stage along the Vis gorges. You then gain a little height as you reach St Maurice de Navacelles on the Larzac plateau. You follow the plain of La Barre, before arriving at the village of La Vacquerie.
Overnight at La Vacquerie.

Double room, Stopover gite

Day 8 : From La Vacquerie to St Guilhem le Désert : 20 km - 7 - Elevation: + 460 m - 900 m

This is the last stage of your tour. Today, you'll be following the Larzac tour as far as Mont St Baudille and reaching the Cirque de l'Infernet. Then you start your descent towards the magnificent village of St Guilhem le Désert, the finish point of your itinerant walk along the Chemin de St Guilhem.
End of the tour after the hike.

TRAVEL CONDITIONS

Food :

This is not the time to go on a diet! Instead, it is an opportunity to taste local cuisine and specialities. The quality of your food is paramount and we take great care to ensure a good dietary balance, sufficient calorie intake and that each meal includes local specialities.You will eat in the hotel.
Picnics (for lunch) are not included.

Attendees :

From two people.

Formalities :

Identity documents: Bring a valid national identity card or passport, depending on your nationality. A visa may also be required.
Supporting documents: Please bring proof of medical insurance. If you are a citizen of a European country, remember to bring your European Health Insurance Card.
Travel insurance: We recommend taking out travel insurance covering medical expenses, assistance, repatriation and cancellation.

Luggage :

You only need to carry what is needed for the day and your picnic. Your other luggage is transported by vehicle. Please respect the luggage limit of one bag per person, maximum weight of 13kg/bag.

Key information and support :

Self-guided formula :
You can go on your own, as a couple, with your family or with friends. We'll look after your accommodation, meals, luggage transfer and group.
You have a good experience of hiking. From one stage to the next, you follow the maps and detailed digital roadbook that we have carefully prepared for you.
Going on your own means hiking lightly, at your own pace, and taking full advantage of the pleasures of nature without worrying about the logistics of your stay. It also means being free to interpret and imagine what the landscapes have to say.

Accommodation :

Accommodation is in short supply and we invite you to reserve as early as possible.
7 nights on a half-board basis.
Accommodation options to choose from:
‘Gite’ option: Gites are selected specifically for their warm welcome and friendly atmosphere. More often than not, you will share a dormitory of 4-6 beds. Sheets and towels are not provided.
Double bedroom option (depending on availability): Sleep in a comfortable 2 person bedroom in a hotel, B&B and sometimes, in a ‘gite’. Sheets and towels are provided.

Difficulty level :

LEVEL : 2.5/5

This hike is aimed at all adults who are in good physical condition and can walk between 4 and 7 hours per day (for younger hikers, please contact us). The itinerary presents no technical difficulties. You should know how to orientate yourself using a map, a compass and a TopoGuide.

Departure and meeting point :

Departure from Le Rozier
How to get there :
By car : D996 and D986
By train : until Millau train station and then regular shuttle to Le Rozier

Options :

- Single room supplement, if double room package chosen : 295€ /pers
- Return to Le Rozier : 65€ /pers
- Stay without luggage transfer : - 55€ /pers

  Additional night in Saint-Guilhem-le-Désert.
  - Double/twin room, breakfast included: €90/person
  - Single room, breakfast included: 105 € /person

RATES

Self-guided package - gîtes d'étape	
Registration for 2 people	720€
Registration for 3 people	710€
Registration for 4 people	695€
Registration for 6 people	680€

Self-guided package - hotel	
Registration for 2 people	890€
Registration for 3 people	880€
Registration for 4 people	870€
Registration for 6 people	860€

The price includes :

- Half-board accommodation: from dinner on Day 1 to breakfast on Day 8.
- Luggage transfer
- Digital roadbook

The price does not include :

- Drinks
- Insurance
- Personal expenses
- Picnics
- Accommodation at the end of the trip
- Return transfer to the departure point
- Visits to monuments

GENERAL INFORMATION

How to subscribe ? :

No, no automatic forms!
At LaRébenne, we prefer to keep in touch with our travelers. We like to talk to you about our travels, and we want to maintain this relationship with you. Exchange, sharing and pleasure remain our ambition for LaRébenne travels.
Don't hesitate to contact us directly to talk about hiking or biking.
contact@larebenne.com
+33 561 652 093
+33 681 537 775

Registration, deposit and validation

Once you've chosen your trip, it's quick and easy to register!
* Either go directly to your tour's page on our website and click on registration.
* Or we can work with you to create a tailor-made tour, and send you a personalized link to your registration form.
The registration is effective when we receive your registration form with your acceptance of the general terms and conditions of sale, accompanied by the deposit of 30% of the tour price. You will then receive an acknowledgement of receipt of your registration.

100% secure payment
You can pay by credit card (faster) or bank transfer. 

Payment of balance

The balance must be paid one month before the departure date. You will find your invoice on your My LaRébenne space, as well as a payment link to the balance of your stay.

Invitation to depart

On receipt of payment of the balance, your travel diary will be available in your customer area on My LaRébenne, where you will find all the information you need for your trip, as well as your invoice.

Insurance :

In accordance with regulations, each participant in a LaRébenne trip must hold individual civil liability as well as individual multi-risk cover to protect themselves against incidents or accidents that may occur before or during the tour or bike trip.
Assistance mainly covers search and rescue, repatriation and medical expenses. It comes into play as soon as a medical report makes it possible to decide on repatriation. Repatriation, known as "premature return", can also be arranged for reasons other than the insured's own, such as the death of a family member (see cases in the insurance booklet). Beforehand, in regions far from medical facilities and difficult to access, you must agree to the organization of first aid using local resources (4X4, porters, horses, etc.).
This contract also covers loss, theft or delayed delivery of baggage, as well as interruption of stay.
The insurance protects against the financial risk of cancellation. It is very important to have this type of insurance in case of cancellation due to a health problem or for professional reasons.

We suggest you take out one of the three policies we have selected, bearing in mind that we only act as an intermediary

between you and the insurer. Any additional insurance is invoiced per person and must be taken out on the day of booking:

- "Multirisque" contract (4.5%), minimum premium 15 euros:
  Repatriation assistance + tour interruption + luggage + cancellation.

  See the complete contract

- "Cancellation" contract (2.5%), minimum premium 10 euros:
  Cancellation only.

  See the complete contract

- "Repatriation assistance" contract (1.6%), minimum premium of 10 euros:
  Repatriation assistance + tour interruption + luggage.

  See the complete contract

As far as "civil liability abroad" is concerned, only French residents are covered.

Informations :

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