DATA SHEET - RN25

Cycling holiday in the Algarve
Discover Portugal's southern coast

• 8 days / 7 nights • 6 cycling stages, • Travel with peace of mind: bikes included, 4-star hotels and luggage transfers.

Level: 3/5



Cycling in the Algarve: discover Portugal's southern coast
Would you like to discover Portugal in a different way? Set off on a cycling holiday in the Algarve and explore one of the country's most beautiful regions, with its wild beaches, fishing villages and Mediterranean landscapes.
Starting in Sagres, this 8-day, 7-night tour takes you along Portugal's southern coast to Tavira, via the Ria Formosa Natural Park. You will pass through small fishing villages and charming towns such as Lagos, Portimão, Albufeira and Faro, while enjoying magnificent views of the Atlantic Ocean. Enjoy an Algarve cycling holiday with accommodation in 4-star hotels. Your bike is included, your luggage is transferred from one stage to the next, and you receive a route booklet and navigation app.

Strengths

- • Discover the most beautiful scenery on Portugal's southern coast, between golden cliffs and wild beaches.
- • Ride through fishing villages and iconic Algarve towns: Lagos, Portimão, Albufeira and Faro.
- • Explore the Ria Formosa Natural Park.
- • Enjoy the authentic charm and rich heritage of Tavira.

SCHEDULE

Day 1 : Arrival in Sagres :

Sagres holds considerable importance in world history, as reflected in its wealth of historical events, stories and legends. The ruins of the 16th-century Baleeira fort, the magnificent fortress and Mareta Beach are among the sights not to be missed.
Optional transfer from Faro Airport or another location of your choice to your hotel in Sagres, where your cycling holiday begins.
Hotel

Day 2 : Cape St Vincent to Lagos : 51 km

The ride starts near the Cape St Vincent lighthouse, at the south-western tip of Portugal and continental Europe. Take time to admire spectacular views over the Atlantic Ocean and towering cliffs reaching almost 75 metres. You then get on your bike and follow quiet roads through the villages of Vila do Bispo and Raposeira. Take the opportunity to discover their historic churches and stop at a traditional café to meet local people.
The route then crosses gentle green hills dotted with pine trees before reaching the coast and its magnificent scenery. In Salema, a charming fishing village, a swimming break is a must: enjoy the refreshing ocean and observe local traditions. Continue to Boca do Rio, where Lusitanian-Roman remains blend into a beautiful natural setting—a beach nestled in a valley between two hills.
The route continues along quiet roads and a few rolling paths to Burgau, a coastal village known for its picturesque charm and sometimes nicknamed “Portuguese Santorini”. You can observe traditional fishing techniques, including basket traps (alcatruz), nets and hooks.
At Praia da Luz, stop again to discover the Luz de Lagos church, the remains of Roman baths, or simply cool off in the ocean. Then ride to Ponta da Piedade on a cycle path offering superb sea and cliff views. This spectacular natural site deserves a pause to admire its rock formations sculpted by the elements. Finally, follow the Bensafrim stream to the historic centre of Lagos, where this beautiful stage ends.
Hotel

Day 3 : Lagos to Portimão : 30 km

Take time to explore Lagos, an iconic city in Portuguese maritime history that played an important role during the Age of Discovery. Must-see sites include Santa Maria Church, Santo António Church, Bandeira Fort and the municipal market.
Get on your bike and head to Meia Praia via a cycle path and quiet trails. This vast beach is ideal for a swim overlooking the ocean. The route continues on quiet roads and paths through an aquaculture area where, at low tide, you can watch fishermen harvesting clams and cockles. In Odiáxere, stop to visit its 16th-century church.
You then reach Alvor, passing landscapes where storks are often seen in their nests. This charming village is worth a pause to wander its typical narrow streets, visit the Morabito de São Pedro and discover its municipal market. Why not enjoy lunch at a traditional restaurant and sample fresh fish?
The Alvor estuary is one of the highlights of this stage, with its natural landscapes and remarkable views. Continue towards Praia do Vau, famous for its golden cliffs and rock formations sculpted by the ocean. Finally, a pleasant cycle path follows the coast and offers wonderful views of the Atlantic all the way to Praia da Rocha, where you can spend the rest of the day relaxing on the beach.
Hotel

Day 4 : Portimão to Albufeira : 54 km

The stage begins on a cycle path along the banks of the Arade. Visit the Portimão Museum and discover the city’s close ties to fishing culture. On the banks of the Arade, Ferragudo appears; its fishing-village atmosphere is immediately captivating, with fishing boats sailing on the river and fishermen preparing their nets and fish traps

on the quay. We also recommend visiting Ferragudo Church, which offers outstanding views of the Arade estuary and Portimão.
This stage mainly follows secondary roads and quiet trails through vegetation including olive trees, cypresses, orange trees, pines, fig trees and cork oaks. In Carvoeiro, we suggest visiting the castro, as well as the caves, islets and water springs among the rock formations of Algar Seco. We also recommend climbing to the Senhora da Rocha promontory, a place of worship for the Visigoths and Muslims, with breathtaking ocean views and a 16th-century chapel.
Cycling through Armação de Pêra, you can enjoy not only its cultural heritage but also a wide choice of beaches: Vale do Olival, Armação de Pêra and Pescadores. Do not miss a detour to the Salgados lagoon, an excellent birdwatching spot. In Albufeira, ride through winding streets, discover hidden viewpoints among white houses, admire Portuguese paving in the town centre and savour the city's seafood cuisine.

Day 5 : Albufeira to Faro : 51 km

This stage offers a wonderful immersion in nature, beaches and coastal villages. Leaving Albufeira, take a quiet road to Olhos de Água, a charming fishing village where you can admire a natural curiosity: a freshwater spring flowing directly onto the beach sand.
Continue cycling along secondary roads and quiet paths through landscapes dotted with pines, olive trees, cork oaks, palms and carob trees. Several beaches invite you to take a swimming break: Falésia, Vilamoura, Quarteira, Garrão or Ancão. In Vilamoura, take time to discover the remains of a Roman villa and stroll around its marina, the largest in the country, where many boats are moored. Then reach Quarteira, a typical fishing village renowned for its fish market and regional produce. Paths through the pine forests around Foz do Almargem lagoon offer wonderful ocean views and small coastal cliffs.
The route continues across the wooden walkways of Quinta do Lago, with superb coastal views, into the heart of Ria Formosa Natural Park, one of Portugal's natural gems. This exceptional lagoon is home to a wide variety of birds, including flamingos, purple swamphens and azure-winged magpies.
We also recommend a detour to Praia de Faro, a fishing village where local traditions remain very much alive. Between dunes, ocean and views of the Algarve mountains, it is a particularly pleasant stop. Finally, reach Faro via peaceful paths near the natural park. The stage ends by the marina, in the heart of this emblematic Algarve city, where you can enjoy an evening discovering its heritage and Portuguese way of life.
Hotel

Day 6 : Faro to Tavira : 44 km

Enjoy the beginning of the day exploring Faro, the Algarve's capital and a city with a rich historical heritage. In its famous old town, partly enclosed by walls of Moorish origin, do not miss Arco da Vila and the cathedral, both witnesses to its history.
Then head towards Olhão, alternating stretches of lightly trafficked roads with peaceful paths alongside Ria Formosa Natural Park and its salt marshes. Along the way, admire magnificent views of the islands of Deserta, Farol, Culatra and Armona. In Olhão, immerse yourself in the authentic atmosphere of a town deeply shaped by fishing traditions. We recommend visiting its famous municipal market, marina and replica of the traditional boat Caíque do Bom Sucesso. Along the fishing harbour, observe fishermen's daily lives and the skills that keep this maritime culture alive
Continue towards Tavira on quiet secondary roads and paths near Ria Formosa. The landscape alternates between olive trees, pines, fig trees and cacti, offering a variety of scenery. In Fuseta, a charming fishing village with characteristic white houses and terraces, pause to admire the lagoon or cool off at the beach. The surrounding salt marshes are also a paradise for birdwatchers, with flamingos, pied avocets and black-winged stilts. Along the way, discover heritage features such as the Aires tower, old waterwheels and an impressive thousand-year-old olive tree
In Santa Luzia, nicknamed the "octopus capital", we suggest a detour to Barril Beach, famous for its unusual anchor cemetery, a relic of the former tuna fishery. It is also an opportunity to enjoy local specialities, especially delicious octopus dishes. Your stage ends in Tavira, by its famous Roman bridge, in the heart of this elegant Algarve town—a wonderful conclusion to a day combining heritage, maritime traditions and natural scenery

Day 7 : Loop from Tavira (69 km, or 44 km + train, or 36 km + train) : 69 km

This final stage invites you to discover the landscapes and heritage of eastern Algarve. Take time to wander through Tavira, one of the region's most iconic towns. Its castle, Misericórdia Church and camera obscura are among the must-see attractions. From the Roman bridge, follow Ria Formosa Natural Park and its lagoon scenery to Cabanas de Tavira

The route mainly uses secondary roads and quiet paths, punctuated by old defensive structures bearing witness to the coast's history. In Cacela Velha, enjoy the distinctive atmosphere of this village with its Moorish heritage. Discover its church, built on the remains of a medieval building, and its fortress, once occupied by a Moorish castle. From the ramparts, enjoy superb views of the coast

Continue along the coast, with several opportunities for a swim: Manta Rota, Altura, Praia Verde, Cabeço, Monte Gordo or Santo António beaches. The route then crosses the pine forests of Monte Gordo and the national dune forest of Vila Real de Santo António before reaching the Guadiana River, the natural border between Portugal and Spain. Follow its Portuguese bank to Vila Real de Santo António. Take time to discover Marquês de Pombal Square, the main church and the market, where you will find many regional products

You can then choose to cycle back to Tavira or take the train from Vila Real de Santo António. For those feeling energetic, the route continues to Castro Marim on cycle paths leading to Santo António Fort. Do not miss the town's castle and church, which offer lovely views of the surroundings

The return to Tavira follows small roads through villages, orange and lemon orchards, persimmon crops and vineyards, sometimes with lovely glimpses of the ocean. Complete the loop along the eastern bank of the Gilão River to the heart of Tavira

Not included: train ticket back to Tavira from Vila Real de Santo António or Castro Marim (optional)

Hotel

Day 8 : End of the trip :

Your Algarve cycling holiday comes to an end. The stay ends after breakfast. You may enjoy one last moment in Tavira before departure.

Optional transfer to Faro Airport or any other location of your choice. Would you like to extend your adventure? Additional nights can be booked on request.

Hotel

TRAVEL CONDITIONS

Luggage :

Self-guided cycling holiday with luggage transfers included.
Travel light! You only need to carry your personal belongings for the day and your packed lunch in your bike pannier. Your main luggage will be transported from one accommodation to the next. The price includes the transfer of one piece of luggage per person, weighing a maximum of 20 kg.

Attendees :

The departure is guaranteed for a minimum of 2 participants.

Formalities :

Identity documents: Bring a valid national identity card or passport, depending on your nationality. A visa may also be required.
Supporting documents: Please bring proof of medical insurance. If you are a citizen of a European country, remember to bring your European Health Insurance Card.
Travel insurance: We recommend taking out travel insurance covering medical expenses, assistance, repatriation and cancellation.

Departure and meeting point :

Starting your trip
Your holiday begins in Sagres, Algarve. On day one, go directly to your hotel. If you arrive by plane or train, we can also arrange an optional transfer from Faro Airport or railway station.
How to reach the starting point?
Several options are available to reach Sagres

- By plane: Faro Airport is the closest. An optional transfer to Sagres can be arranged. You can also arrive at Lisbon Airport, then travel to Faro by bus or train before continuing to Sagres.
- By train or bus: travel from Lisbon to Faro, then arrange a transfer to Sagres.

Coming by car? You can park your vehicle at the first or last hotel of the trip.
Return to your starting point
At the end of the tour, you can travel from Tavira to Faro Airport or railway station. An optional transfer can be arranged according to your needs

Accommodation :

Nights in double rooms in 4-star hotels.
Throughout your stay, you will be accommodated in 4-star hotels that have been carefully selected for their comfort and the quality of their hospitality. You will stay in a double room with an en-suite bathroom. Bed linen and towels are provided.

Food :

Breakfasts are included.
There is no need to go without! Breakfasts are included in your stay, leaving you free to choose restaurants and food stops as you wish. Take the opportunity to discover and enjoy the richness of the local cuisine. Picnics and dinners are not included.

Accompanying :

Set off cycling whenever you like and enjoy your holiday at your own pace.
With our self-guided package, you can cycle without having to worry about the organisation. We book your accommodation, arrange the transfer of your luggage and prepare your route. You receive a personalised route book and a navigation app to guide you throughout the trip. All you have to do is get on your bike and enjoy the journey!

RATES

The price includes :

- 7 nights in 4-star hotels with breakfast (subject to changes depending on availability).
- A touring bicycle with front and side panniers, helmet, lock and a repair kit for two bikes.
- Luggage transfer between hotels.
- Technical assistance.
- Tourist taxes.
- Access to the “Tour Guide” smartphone navigation app and a phone holder.
- Trip monitoring through your personal MyLaRébenne account.
- Full logistical organisation.
- 24/7 telephone assistance during your trip.

The price does not include :

- Transport to the departure point and from the arrival point.
- Dinners.
- Picnics.
- Drinks and personal expenses.
- Transfers between Faro and the first hotel, and between the last hotel and Faro (optional).
- Train ticket back to Tavira from Vila Real de Santo António or Castro Marim (optional).
- Visits not included in the itinerary.
- Insurance (assistance, repatriation, cancellation).
- Anything not listed under “Price includes”.

GENERAL INFORMATION

How to subscribe ? :

No, no automatic forms!
At LaRébenne, we prefer to keep in touch with our travelers. We like to talk to you about our travels, and we want to maintain this relationship with you. Exchange, sharing and pleasure remain our ambition for LaRébenne travels.
Don't hesitate to contact us directly to talk about hiking or biking.
contact@larebenne.com
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Registration, deposit and validation

Once you've chosen your trip, it's quick and easy to register!
* Either go directly to your tour's page on our website and click on registration.
* Or we can work with you to create a tailor-made tour, and send you a personalized link to your registration form.
The registration is effective when we receive your registration form with your acceptance of the general terms and conditions of sale, accompanied by the deposit of 30% of the tour price. You will then receive an acknowledgement of receipt of your registration.

100% secure payment
You can pay by credit card (faster) or bank transfer.

Payment of balance

The balance must be paid one month before the departure date. You will find your invoice on your My LaRébenne space, as well as a payment link to the balance of your stay.

Invitation to depart

On receipt of payment of the balance, your travel diary will be available in your customer area on My LaRébenne, where you will find all the information you need for your trip, as well as your invoice.

Insurance :

In accordance with regulations, each participant in a LaRébenne trip must hold individual civil liability as well as individual multi-risk cover to protect themselves against incidents or accidents that may occur before or during the tour or bike trip.
Assistance mainly covers search and rescue, repatriation and medical expenses. It comes into play as soon as a medical report makes it possible to decide on repatriation. Repatriation, known as "premature return", can also be arranged for reasons other than the insured's own, such as the death of a family member (see cases in the insurance booklet). Beforehand, in regions far from medical facilities and difficult to access, you must agree to the organization of first aid using local resources (4X4, porters, horses, etc.).
This contract also covers loss, theft or delayed delivery of baggage, as well as interruption of stay.
The insurance protects against the financial risk of cancellation. It is very important to have this type of insurance in case of cancellation due to a health problem or for professional reasons.

We suggest you take out one of the three policies we have selected, bearing in mind that we only act as an intermediary between you and the insurer. Any additional insurance is invoiced per person and must be taken out on the day of booking:

- "Multirisque" contract (4.5%), minimum premium 15 euros:
  Repatriation assistance + tour interruption + luggage + cancellation.

  See the complete contract

- "Cancellation" contract (2.5%), minimum premium 10 euros:
  Cancellation only.

  See the complete contract

- "Repatriation assistance" contract (1.6%), minimum premium of 10 euros:
  Repatriation assistance + tour interruption + luggage.

  See the complete contract

As far as "civil liability abroad" is concerned, only French residents are covered.

Informations :

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