DATA SHEET - RN19

Cycling Holiday in Menorca
8 days to discover the Balearic Islands

An island protected from concrete development and urbanisation, Some of the most beautiful beaches in the Mediterranean, Menorca’s archaeological treasures, Gentle cycling beside the sea

Level: 1/5



Discover Menorca by bike on a holiday in the heart of the Balearic Islands. This unspoilt Mediterranean island is the perfect place to enjoy a relaxing cycling holiday, offering wild beaches, turquoise coves, authentic villages and a rich heritage.
Starting in Mahón, this self-guided VTC tour will take you through some of Menorca’s most remarkable landscapes. You will ride along quiet country roads and tracks, passing the white villages of Es Mercadal and Ferreries, the harbour of Fornells and the beaches of Pregonda and Binigaus on your way to the magnificent southern coves. It's a wonderful way to experience Menorca from a different perspective!

Strengths

SCHEDULE

Day 1 : Arrival in Maó (Mahón) :

Arrive in Maó (Mahón) and check in to your hotel. Take this opportunity to discover the town's charm on an evening stroll through the historic centre, enjoying the lively atmosphere of the magnificent harbour.
Hotel

Day 2 : Discover Mahón and the east coast of Menorca : 36 km - Elevation: + 380 m

Starting from Mahón, set off by bike to explore the east coast of Menorca and its Mediterranean landscapes. Starting from the historic centre of the Menorcan capital, head to the impressive La Mola fortress and then on to Punta de s'Espero, the island's easternmost tip. Follow the coastline to Sa Mesquida, a charming fishing village that has preserved its old-world atmosphere and authentic character, as though time had stood still in the 1960s.
If you want to extend your cycling trip, you can also take a detour to the S'Albufera des Grau Natural Park, a true natural gem of Menorca and a UNESCO-listed Biosphere Reserve. The park's walking trails and bird sanctuary offer a wonderful opportunity to observe birds and discover the richness of the local flora and fauna.
Hotel

Day 3 : From Mahón to Es Mercadal – Menorca's prehistoric heritage and turquoise cove : 43 km - Elevation: + 480 m

Follow quiet country roads to reach several remarkable archaeological sites that bear witness to the ancient Talayotic civilisation. These include the Dalt archaeological site, the 6th-century Torelló Early Christian basilica, and the mysterious Torre Llonet Vell pyramid.
Continue cycling towards the beautiful Cala en Calascoves on the southern coast, famous for its crystal-clear waters and the many caves hollowed out of the cliffs which were once used as prehistoric burial sites. You can also take a break to swim at Cala en Porter, one of Menorca's beautiful coves.
Next, the route will take you to the spectacular prehistoric site of Torre d'en Galmés, one of the most important Talayotic settlements in the Balearic Islands. Next, you will cross Alaior, a charming town with a traditional heritage, before reaching Es Mercadal via a network of small roads bordered by beautiful countryside. Discover the pretty village of Es Mercadal, with its white houses, in the heart of the island at the foot of Monte Toro.

Day 4 : Menorca's wild northern beaches – a cycling loop around Es Mercadal : 46 km - Elevation: + 420 m

Starting from Es Mercadal, set off on a beautiful cycling loop to discover Menorca's northern coast. You will follow quiet country roads through the Menorcan countryside to reach Port de Fornells, a charming fishing village set beside a vast natural bay sheltered from the wind.
Then head west to discover some of Menorca's finest beaches. Your first stop is Binimel·là, a superb natural beach surrounded by unspoilt scenery, before continuing to the famous Cala Pregonda, a little paradise with crystal-clear waters. The spectacular setting is ideal for a swim and a relaxing break overlooking the Mediterranean.
To extend your cycling trip in northern Menorca, you can choose an alternative route towards Cape Cavalleria, at the island's northernmost tip. This remarkable natural site offers magnificent views over the wild coastline and cliffs plunging into the sea.
Hotel

Day 5 : From Es Mercadal to Ciutadella : 40 km - Elevation: + 580 m

Leave Es Mercadal, in the heart of Menorca, and cycle towards the island's southern coast. Your route first takes you to Es Migjorn Gran, a small village where you can stop to discover the archaeological site of Sant Agustí Vell, a valuable testimony to the Talayotic civilisation that shaped Menorca's history.
Continue towards the coast to reach Playa de Santo Tomás, one of the south coast's best-known long beaches, as well as the magnificent Binigaus beach. These are two lovely opportunities to enjoy the Mediterranean setting and perhaps take a refreshing swim.
You will then head back towards Es Migjorn Gran before making your way to Ferreries, a charming Menorcan village with white houses. Follow pretty little roads to the spectacular Barranc d'Algendar, one of the island's most impressive natural ravines.
A final, slightly more challenging stretch of around 600 metres awaits you beneath the shade of holm oaks before you reach Ciutadella, Menorca's former capital. Discover a town full of character, renowned for its historic centre, picturesque narrow streets and elegant Mediterranean harbour.
Hotel

Day 6 : Menorca's most beautiful southern coves – a cycling loop around Ciutadella : 45 km - Elevation: + 240 m

From the charming harbour of Ciutadella, set off by bike on a magnificent loop to discover the south-western coastline of Menorca and its idyllic coves. Head south to discover beautiful Cala Turqueta. Continue your outing to Cala Talaier, a small unspoilt cove, then make your way to the magnificent Cala de Son Saura, renowned for its white sand and shallow waters. To explore more of Menorca's southern coast, you can also take an alternative route to Cape Artrutx, at the island's south-western tip.
The return to Ciutadella follows quiet country roads through the Menorcan countryside. Once you arrive, take time to wander through the historic centre and discover Ciutadella's covered market, housed in a building with traditional charm that immerses you in the town's atmosphere.
Hotel

Day 7 : Wild beaches and forests – a cycling loop around Ciutadella : 42 km - Elevation: + 360 m

From Ciutadella, head north to reach the magnificent beaches of Cala d'Algaiarens. Continue your route through Menorca's forests and the natural areas of Marçà d'Alforinet and Illa del Pilar. Your outing then takes you to Cala Morell, famous for its remarkable prehistoric necropolis.
This exceptional archaeological site contains fourteen burial caves carved directly into the rock, some of which still feature pillars and surprising architectural details. It is a must-see for discovering the history and funerary traditions of Menorca's prehistoric civilisation.
After this cultural interlude, enjoy the crystal-clear waters of Cala Morell for a swim in a spectacular setting between cliffs and turquoise sea. Then cycle back towards Ciutadella to complete this lovely loop.
Hotel

Day 8 : Return to Mahón and end of the holiday :

After breakfast, you will travel by taxi to Mahón, bringing your wonderful Menorcan getaway and the memories it has created to a close.

TRAVEL CONDITIONS

Luggage :

Travel light – we'll take care of the rest!
Drop off your luggage before setting off in the morning; it will be waiting for you at your next stop. You'll only need to carry what you need for the day and your picnic. Luggage is transported by vehicle. Please allow one bag per person, weighing no more than 20 kg. One important detail: each bag must be labelled.

Departure and meeting point :

Your holiday begins in Mahón, on the island of Menorca. You can arrive at a time that suits your travel arrangements. Rooms are generally available in the late afternoon.
How to get to the starting point
There are several ways to reach Mahón:

- By ferry: from the port of Barcelona, which can be reached by plane, train, bus or car. Several ferry companies operate crossings to Menorca.
- By car: drive to Barcelona, then take your vehicle on board a ferry to Mahón.
- By plane: Mahón Airport is served by several airlines. You can then easily reach the town centre by shuttle bus or taxi.

Travelling by car?
If you choose to travel by car, you can take your vehicle on board the ferry to Menorca. Remember to book your crossing in advance, especially if travelling during the high season.

Return to the starting point
At the end of your holiday, you can travel back to Barcelona from Mahón by ferry, taking your vehicle on board if necessary. If you are travelling by plane, flights also connect Mahón Airport with several cities, depending on the airlines and time of year.

Difficulty level :

This tour is intended for people in good physical condition who are used to cycling or taking part in another sporting activity, without necessarily seeking performance. Daily stages range from 36 to 46 km, with up to 580 m of positive elevation gain. You will mainly ride on tracks, trails and small roads. A few sections of soft sand or very stony terrain may require you to get off your bike for short distances.
This tour is suitable for children aged 10–12 and over, provided they are confident cyclists.

Accommodation :

Comfortable, carefully selected accommodation.
You will stay in 3-star hotels in double rooms. Each hotel has been carefully selected for the quality of its welcome and comfort, to ensure you have an enjoyable stay. Bed linen and towels are provided, and every room has a private bathroom.

Food :

This holiday includes accommodation with breakfast, as well as two dinners (on days 3 and 4).
For the other meals, you are free to choose your restaurants and places to enjoy local food, according to your mood – and there is no shortage of options! This is a great opportunity to discover and savour the local cuisine. Packed lunches and the other dinners are not included.

Accompanying :

Set off cycling whenever you like and enjoy your holiday at your own pace.
With our self-guided package, you can cycle without having to worry about the organisation. We book your accommodation, arrange the transfer of your luggage and prepare your route. You receive a personalised route book and a navigation app to guide you throughout the trip. All you have to do is get on your bike and enjoy the journey!

Attendees :

The departure is guaranteed for a minimum of 2 participants.

Formalities :

Identity documents: Bring a valid national identity card or passport, depending on your nationality. A visa may also be required.
Supporting documents: Please bring proof of medical insurance. If you are a citizen of a European country, remember to bring your European Health Insurance Card.
Travel insurance: We recommend taking out travel insurance covering medical expenses, assistance, repatriation and cancellation.

RATES

The price includes :

- Accommodation in a double room or twin room in 3-star hotels.
- Breakfasts.
- Two dinners (days 3 and 4) in Es Mercadal.
- Transfer of one piece of luggage per person, weighing no more than 20 kg.
- Transfer from Ciutadella to Mahón on day 8.
- Tourist taxes.
- Access to our smartphone navigation app.
- A personalised route book in PDF format.
- Monitoring of your booking file through your personal My La Rébenne account.
- Full organisation and logistics of your holiday.
- 24-hour telephone assistance.

The price does not include :

- Transport to the starting point and from the end point of the holiday, Mahón (Maó).
- Dinners not listed in the itinerary (days 1, 2, 5, 6 and 7).
- Packed lunches.
- Drinks and personal expenses.
- Personal cycling equipment (helmet, gloves, etc.).
- Bike rental.
- Visits not included in the itinerary.
- Insurance (assistance, repatriation, cancellation).
- Any item not mentioned in the “The price includes” section.

GENERAL INFORMATION

How to subscribe ? :

No, no automatic forms!
At LaRébenne, we prefer to keep in touch with our travelers. We like to talk to you about our travels, and we want to maintain this relationship with you. Exchange, sharing and pleasure remain our ambition for LaRébenne travels.
Don't hesitate to contact us directly to talk about hiking or biking.
contact@larebenne.com
+33 561 652 093
+33 681 537 775

Registration, deposit and validation

Once you've chosen your trip, it's quick and easy to register!
* Either go directly to your tour's page on our website and click on registration.
* Or we can work with you to create a tailor-made tour, and send you a personalized link to your registration form.
The registration is effective when we receive your registration form with your acceptance of the general terms and conditions of sale, accompanied by the deposit of 30% of the tour price. You will then receive an acknowledgement of receipt of your registration.

100% secure payment
You can pay by credit card (faster) or bank transfer.

Payment of balance

The balance must be paid one month before the departure date. You will find your invoice on your My LaRébenne space, as well as a payment link to the balance of your stay.

Invitation to depart

On receipt of payment of the balance, your travel diary will be available in your customer area on My LaRébenne, where you will find all the information you need for your trip, as well as your invoice.

Insurance :

In accordance with regulations, each participant in a LaRébenne trip must hold individual civil liability as well as individual multi-risk cover to protect themselves against incidents or accidents that may occur before or during the tour or bike trip.
Assistance mainly covers search and rescue, repatriation and medical expenses. It comes into play as soon as a medical report makes it possible to decide on repatriation. Repatriation, known as "premature return", can also be arranged for reasons other than the insured's own, such as the death of a family member (see cases in the insurance booklet). Beforehand, in regions far from medical facilities and difficult to access, you must agree to the organization of first aid using local resources (4X4, porters, horses, etc.).
This contract also covers loss, theft or delayed delivery of baggage, as well as interruption of stay.
The insurance protects against the financial risk of cancellation. It is very important to have this type of insurance in case of cancellation due to a health problem or for professional reasons.

We suggest you take out one of the three policies we have selected, bearing in mind that we only act as an intermediary between you and the insurer. Any additional insurance is invoiced per person and must be taken out on the day of booking:

- "Multirisque" contract (4.5%), minimum premium 15 euros:
  Repatriation assistance + tour interruption + luggage + cancellation.

  See the complete contract

- "Cancellation" contract (2.5%), minimum premium 10 euros:
  Cancellation only.

  See the complete contract

- "Repatriation assistance" contract (1.6%), minimum premium of 10 euros:
  Repatriation assistance + tour interruption + luggage.

  See the complete contract

As far as "civil liability abroad" is concerned, only French residents are covered.

Informations :

LaRébenne - 10 rue de la Comédie - 09000 Foix - France
Tel : + 33 (0)5 61 65 20 93 - contact@larebenne.com - www.larebenne.com
Immatriculation tourisme : IM 038100057