DATA SHEET - RN04

Cycling through the Landes, from Arcachon to Hendaye
The Vélodyssée

Self-guided cycling holidays with luggage transport included, Accommodation in double rooms in 2** and 3*** star hotels and guesthouses, 6 days, 5 nights and 5 days cycling

Level: 4/5



Setting off from Arcachon, embark on France's longest cycle route, the Vélodyssée, and cycle along the Atlantic coast to Hendaye in the Basque Country. You'll discover the Dune du Pilat, the most beautiful beaches in the Landes, the pine forests and the Basque coast. In the heart of unspoilt countryside, you'll cycle at your own pace along beautiful cycle paths, winding through dunes, beaches and forests. It's the perfect opportunity to breathe in the fresh sea air, sample local specialities and enjoy the renowned seaside resorts along the Atlantic coast!

Strengths

- Cycling along the longest cycle route in France: la Vélodyssée.
- The beaches of the Landes region, the Basque coast, the Dune du Pilat, pine forests, saltwater ponds and the ocean horizon.
- Renowned seaside resorts on the Atlantic coast.
- Arrival in beautiful Hendaye !

SCHEDULE

Day 1 : Arrival in Arcachon :

A free day in the town. Make the most of it to explore the iconic landscape of the Dune du Pilat, the tallest dune in Europe. Do give it a go and climb to the top to admire the view over the Arcachon Bay, the ocean and the forests. Arrival in Arcachon and check-in at your hotel in the late afternoon.

Day 2 : Arcachon – Biscarrosse : 50 km

Today, you set off on a great crossing of the Landaise forest; playing leapfrog with the dunes along the way. Shortly before Biscarosse beach, the Vélodyssée passes seamlessly from the Gironde into Les Landes. Warm and welcoming, gastronomy remains central to landaise traditions. Let yourself be tempted by these delights in Biscarrosse.
Night in the town of Biscarosse.

Day 3 : Biscarrosse - Mimizan Plage : 40.5 km

This stage takes you along the banks of the Lac de Biscarrosse: a base for the assembly and testing of the largest French seaplanes. Perhaps you will be lucky enough to see some? You will also cycle between the ‘étangs’ (saltwater ponds) whose blue hue gradually replaces that of the sea. These are key reserves for biodiversity: protected plant, bird and mammal species. You eventually arrive at the seafront resort of Mimizan Plage.

Day 4 : Mimizan Plage – Vieux Boucau : 62 km

After the liveliness of Mimizan Plage, find peace in the pine forests. Wood cut from the forest near the town is used to produce Kraft paper and packaging. This connecting stage towards the ocean provides you with the chance to take a relaxed ride in the shade of the forest whilst enjoying the odor of the pine trees. And for a change from the ocean, why not take a dip in the Lac de Léon ? After, you take a gentle ride along the old Léon to Soustons railway line to arrive at Vieux Boucau.
Night in Vieux-Boucau-les-Bains

Day 5 : Vieux Boucau – Biarritz : 59 km

Vieux Boucau stands at the former mouth of the River Adour and it is from here that you climb back in the saddle to follow the coast and what constitutes the longest sandy beach in Europe (106 km), ideal for lovers of sun, dips in the sea and drama ! Because this is the kingdom of surf and waves ! You are welcomed into the Basque country with, as always, an ocean backdrop. You reach the iconic sunshine resorts of Hossegor and Capbreton, the only fishing port in the Landes region. As you cross Bayonne, allow yourself to get lost in its streets before reaching Biarritz and its large beach.
Night in Biarritz.

Day 6 : Biarritz – Hendaye : 37 km

Biarritz - one of the most prestigious seaside resorts on the Atlantic coast: with its huge beach, casino, clifftops and the Esplanade de la Vierge…head to the Marché dans les Halles where piment d’Espelette, foie gras and landaise asparagus await you. You then head south. This final stage requires a little more sporting effort, but you will be handsomely rewarded with exceptional ocean views. Cross the towns of Bidart, Guéthary (an old fishing port)…in St-Jean-de-Luz don’t miss out on a walk along the lively fishing port (sardines, anchovies, tuna…). Then, the final stretch towards Hendaye. End your trip surrounded by beauty, following a superb route on the Basque corniche, taking you down into the town and to the beachfront.
End of trip in Hendaye.

TRAVEL CONDITIONS

Attendees :

From two people.

Formalities :

Identity documents: Bring a valid national identity card or passport, depending on your nationality. A visa may also be required.
Supporting documents: Please bring proof of medical insurance. If you are a citizen of a European country, remember to bring your European Health Insurance Card.
Travel insurance: We recommend taking out travel insurance covering medical expenses, assistance, repatriation and cancellation.

Accompanying :

Self-guided tour.
Set off on your cycling holiday on a date that suits you and enjoy complete peace of mind. We take care of everything, from booking your accommodation to transporting your luggage and planning your itinerary. All you have to do is cycle! Using your roadbook and our navigation app, you can follow a route that we have designed for you at your own pace and entirely independently. This is an ideal package for those who want to combine freedom, comfort and peace of mind while discovering the most beautiful cycling routes.

Food :

The package includes accommodation with breakfast each morning.
Lunches and dinners are not included, giving you the freedom to choose where and what to eat at each stop along the way. There are plenty of tempting opportunities to enjoy gourmet cuisine and discover the local flavours.

Accommodation :

Enjoy nights in comfortable rooms for two or three people, in guesthouses or two- or three-star hotels. We have carefully selected these accommodation options for their warm welcome, comfort, charm and proximity to the itinerary. Bed linen and towels are provided.

Difficulty level :

You have a good physical condition and regularly practice cycling or another sports activity. Stages of 37 to 62 km per day, some stages (J2 and J6) have some good climbs. Very good pavement of bike paths.

Departure and meeting point :

Departure from Arcachon
How to get to Arcachon?
By car: easy access via the motorways from the south of France.
By train: arrive at Arcachon SNCF station, located near the town centre.
By plane: arrive at Bordeaux-Mérignac Airport, then take the train to Arcachon.
Long-term parking
Several secure parking options are available in Arcachon where you can leave your vehicle during your stay:

- Park-and-Ride: located at the entrance to the town, it offers a free shuttle service to the town centre. In July and August, the daily rate is €4.
- Indigo Centre-Ville Gare car park: an underground car park with 147 spaces, open 24 hours a day, 7 days a week, right next to the station.

- Indigo Centre-Ville Plage car park: an underground car park with 600 spaces, open 24 hours a day, 7 days a week, situated near the beach and the town centre.

We recommend that you contact the car parks directly before your arrival to find out the latest rates and availability for long-term parking.

RATES

Version hotels Sélection	
Registration for 2 people	795€
Registration for 3 people	750€
Registration for 4 people	740€
Registration for 6 people	725€

The price includes :

- Accommodation in double rooms, twin rooms or triple rooms
- Breakfasts tailored to cyclists
- Transport of one piece of luggage per person, weighing no more than 20 kg
- Tourist taxes
- Access to our smartphone navigation app
- A personalised roadbook in PDF format
- The follow-up of your booking through your My La Rébenne account
- Full organisation and logistics of your trip
- 24/7 telephone assistance

The price does not include :

- Transport to the starting point and from the end point
- Lunches
- Dinners
- Drinks and personal expenses
- Bike rental and accessories
- Visits or activities not included in the itinerary
- Insurance (assistance, repatriation, cancellation)
- Any item not mentioned in the section “The price includes”

GENERAL INFORMATION

How to subscribe ? :

No, no automatic forms!
At LaRébenne, we prefer to keep in touch with our travelers. We like to talk to you about our travels, and we want to maintain this relationship with you. Exchange, sharing and pleasure remain our ambition for LaRébenne travels.
Don't hesitate to contact us directly to talk about hiking or biking.
contact@larebenne.com
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Registration, deposit and validation

Once you've chosen your trip, it's quick and easy to register!
* Either go directly to your tour's page on our website and click on registration.
* Or we can work with you to create a tailor-made tour, and send you a personalized link to your registration form.
The registration is effective when we receive your registration form with your acceptance of the general terms and conditions of sale, accompanied by the deposit of 30% of the tour price. You will then receive an acknowledgement of receipt of your registration.

100% secure payment
You can pay by credit card (faster) or bank transfer. 

Payment of balance

The balance must be paid one month before the departure date. You will find your invoice on your My LaRébenne space, as well as a payment link to the balance of your stay.

Invitation to depart

On receipt of payment of the balance, your travel diary will be available in your customer area on My LaRébenne, where you will find all the information you need for your trip, as well as your invoice.

Insurance :

In accordance with regulations, each participant in a LaRébenne trip must hold individual civil liability as well as individual multi-risk cover to protect themselves against incidents or accidents that may occur before or during the tour or bike trip.
Assistance mainly covers search and rescue, repatriation and medical expenses. It comes into play as soon as a medical report makes it possible to decide on repatriation. Repatriation, known as "premature return", can also be arranged for reasons other than the insured's own, such as the death of a family member (see cases in the insurance booklet). Beforehand, in regions far from medical facilities and difficult to access, you must agree to the organization of first aid using local resources (4X4, porters, horses, etc.).
This contract also covers loss, theft or delayed delivery of baggage, as well as interruption of stay.
The insurance protects against the financial risk of cancellation. It is very important to have this type of insurance in case of cancellation due to a health problem or for professional reasons.

We suggest you take out one of the three policies we have selected, bearing in mind that we only act as an intermediary

between you and the insurer. Any additional insurance is invoiced per person and must be taken out on the day of booking:

- "Multirisque" contract (4.5%), minimum premium 15 euros:
  Repatriation assistance + tour interruption + luggage + cancellation.

  See the complete contract

- "Cancellation" contract (2.5%), minimum premium 10 euros:
  Cancellation only.

  See the complete contract

- "Repatriation assistance" contract (1.6%), minimum premium of 10 euros:
  Repatriation assistance + tour interruption + luggage.

  See the complete contract

As far as "civil liability abroad" is concerned, only French residents are covered.

Informations :

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