LaRébenne
VOTRE COMPAGNON DE VOYAGES

DATA SHEET - RN23

The Loire by bike
From Tours to St Brévin les Pins

Accommodation in hotels , 8 days 7 nights including 6 days of cycling

Level: 3/5



From Tours to St Brévin les Pins, discover the Loire and its estuary, by bike.
Ride at your own pace along pretty cycle paths and quiet roads, between the Loire levees and Angevine countryside, fertile valleys and the Nantaise area before reaching the beautiful estuary.
Don't forget to rebuild your strength by tasting fresh fish from the Loire, the region's famous biscuits and local oysters - there really is something for everyone!

Strengths

- Cycling along the longest cycle route in France: La Loire by bike
- Varied landscapes stretching out to the horizon
- Gastronomic specialities
- A beautiful arrival into St Brévin les Pins

SCHEDULE

Day 1 : Tours :

The city warmly welcomes you into its historic neighbourhoods, with the heart of the city located on the famous Place Plum': a place held dear to the Tourangeaux. Don't forget to try out the local specialities at one of the many 'guinguettes' of the city: fried delicacies from the Loire or a 'sandre (Zander fish) au beurre blanc', accompanied by a cold glass of wine, just for you. Night in a B&B.
Hotel (B&B)

Day 2 : From Tours to Chinon : 68 km

Momentarily step out of the Loire to reach the banks of the River Cher. Villandry awaits you, inviting you into its three-tier, terraced gardens. Next, part ways with the River Cher to take in a chateau built on the Ile de l'Indre: Azay-le-Rideau. Rejoin the Loire and discover the Château de Rigny-Ussé; a castle straight out of a fairytale and which is otherwise known as the Château of Sleeping Beauty. Next, head south towards Chinon, crossing the famous vineyards (which have been given AOC status), to arrive at a 12th century château which hosted the meeting of Jeanne d'Arc (Joan of Arc) and the future King Charles VII. Don't hesitate to taste the local wines, including Rabelais, which has been noted for its quality since the 16th century. Night in Chinon in a B&B.
Hotel (B&B)

Day 3 : From Chinon to Saumur : 39 km

After the previous day's epicurean stage, hop back on your bike and head towards Candes St Martin, at the mouth of the Vienne and the Loire. If you are tempted by the thrill of a detour, you have the option to visit Fontevraud with its royal abbey, which is one of the largest in Europe. Constructed in 1101, the abbey was transformed over many centuries, from monastery to prison! You can also explore the extensive troglodytic cliffs, before arriving in Saumur; a town dominated by its majestic château… You are now in the capital of horseback riding, so go and discover the Cadre Noir de Saumur at the National Equine School. You can also taste the celebrated Saumur Brut in of the many troglodytic caves of the town - you will be spoilt for choice! Night in Saumur in a B&B.
Hotel (B&B)

Day 4 : From Saumur to Angers : 56 km

As you leave Saumur, ride along the left bank of the Loire. The rich architectural heritage transports you back in time: the dungeon and Roman church of Trèves, the Prieurial church in Cunault, the Gallo-Roman amphitheatre in Gennes…Continue along the levee and don't miss a break in the superb village of Thoureil- this former barge port still houses many typical guinguettes. Switch over to the other river bank now to cross through ancient marshlands created by the levees along the River Loire. Next, leave the royal river and take the ferry across the Authion, passing the impressive Trélazé slate quarries to arrive in Angers, a city dominated by its imposing bi-colour château, overlooking the Maine. Night in Angers.
Hotel (B&B)

Day 5 : From Angers to St Florent le Vieil : 47 km

Leave the Maine to rejoin the Loire at the river mouth and the village of Bouchemaine. Then, enter the Angevine countryside, following along the river and its many islands. Take a welcome pause amongst beautiful sculptures in the village of Montjean. Then continue along the levee as far as St Florent le Vieil, the birthplace of Julien Gracq. Night in St Florent le Vieil.

Hotel (B&B)

Day 6 : From St Florent le Veil to Nantes : 56 km

With the Loire ever-present, you enter the Loire Atlantique at Ancenis, continuing on to reach the pretty village of Oudon. Riding on along cycle paths, between the hills and the Divatte levee, you quickly arrive in Nantes. As you are welcomed into the City of Dukes, be seduced by its many architectural, cultural and historical relics… Don't miss the opportunity to get lost in its ports, go and say hello to the famous Elephant of the Ile des Machines, take a stroll through the covered passages and the medieval district of Bouffas. The Château of the Dukes of Brittany and the cathedral are also well worth a look… Night in Nantes in a hotel, on a B&B basis.
Hotel (B&B)

Day 7 : From Nantes to St Brévin les Pins : 59 km

And we're off again - hop back on your bike and let the Loire guide you to the Atlantic. Staying on the right bank, ride along the quays, taking in beautiful views of the Ile de Nantes and its harbour on the Loire. In Couëron, you board the Pellerin ferry to cross to the other side and rejoin the Canal de la Martinière. With the St Nazaire bridge in your sights, rejoin the Loire Estuary and head south to reach the shores of the Atlantic Ocean.
Night in a hotel in St Brévin, on a B&B basis.
Hotel (B&B)

Day 8 : St Brévin :

End of trip after breakfast.

TRAVEL CONDITIONS

Formalities :

Identity documents: Bring a valid national identity card or passport, depending on your nationality. A visa may also be required.
Supporting documents: Please bring proof of medical insurance. If you are a citizen of a European country, remember to bring your European Health Insurance Card.
Travel insurance: We recommend taking out travel insurance covering medical expenses, assistance, repatriation and cancellation.

Luggage :

Travel light – we'll take care of the rest!
Drop off your luggage before setting off in the morning; it will be waiting for you at your next stop. You'll only need to carry what you need for the day and your picnic. Luggage is transported by vehicle. Please allow one bag per person, weighing no more than 15 kg. One important detail: each bag must be labelled.

Departure and meeting point :

Free departure for groups of two or more.

Arrival in Tours (37).
How to get there:

- By car: Take the A10 motorway towards Tours.
- By train: Tours-Centre or St Pierre des Corps train stations, then take the shuttle.
- By plane: Tours airport, then a shuttle to the city centre.

Options :

- Bike rental and equipment
- Additional accommodation before or after your stay

Luggage :

Luggage is limited to the day's gear and a picnic. Luggage is transported by vehicle. Please allow 1 piece of luggage per person, maximum 15kg/luggage. Luggage is transported daily between 8am and 6pm, so please have your luggage ready to go by 8am every morning. In order to respect the weight limit and facilitate the stowage of luggage in the vehicles, we inform you that rigid suitcases are no longer accepted. Please bring soft bags.

Accommodation :

We offer nights in double rooms in hotels and/or guest rooms, with breakfast included.
We have selected our accommodation based on the quality of the welcome and the level of comfort provided. You will sleep in comfortable rooms for two to three people in hotels or guest rooms. Sheets and towels are provided.

Difficulty level :

You have a good physical condition and regularly practice cycling over long distances. Stages from 39 to 59 km per day. Very good pavement of bike paths, roads with low traffic. No elevation gain.

Food :

There's no need to diet during your stay! This is the perfect opportunity to sample the local cuisine. During your stay, you will enjoy an overnight stay with breakfast included.

RATES

Premium hotel version	
Registration for 2 people	945€
Registration for 4 people	940€
Registration for 6 people	930€

The price includes :

Accommodation reservation with bed and breakfast
Daily luggage transport: One item of luggage per person with a maximum weight of 15 kg.
Organisational and logistical costs
LaRebenne Hotline

The price does not include :

- Dinners and picnics,
- Beverages,
- Personal expenses,
- Personal bicycle equipment (helmets, gloves),
- Bicycles,
- Transportation to the meeting point,
- The return to Tours from St Brévin les Pins (www.sncf-connect.com),
- Entries into tourist sites,
- Parking,
- Insurance.

GENERAL INFORMATION

How to subscribe ? :

No, no automatic forms!
At LaRébenne, we prefer to keep in touch with our travelers. We like to talk to you about our travels, and we want to maintain this relationship with you. Exchange, sharing and pleasure remain our ambition for LaRébenne travels.
Don't hesitate to contact us directly to talk about hiking or biking.
contact@larebenne.com
+33 561 652 093
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Registration, deposit and validation

Once you've chosen your trip, it's quick and easy to register!
* Either go directly to your tour's page on our website and click on registration.
* Or we can work with you to create a tailor-made tour, and send you a personalized link to your registration form.
The registration is effective when we receive your registration form with your acceptance of the general terms and conditions of sale, accompanied by the deposit of 30% of the tour price. You will then receive an acknowledgement of receipt of your registration.

100% secure payment
You can pay by credit card (faster) or bank transfer.

Payment of balance

The balance must be paid one month before the departure date. You will find your invoice on your My LaRébenne space, as well as a payment link to the balance of your stay.

Invitation to depart

On receipt of payment of the balance, your travel diary will be available in your customer area on My LaRébenne, where you will find all the information you need for your trip, as well as your invoice.

Insurance :

In accordance with regulations, each participant in a LaRébenne trip must hold individual civil liability as well as individual multi-risk cover to protect themselves against incidents or accidents that may occur before or during the tour or bike trip.
Assistance mainly covers search and rescue, repatriation and medical expenses. It comes into play as soon as a medical report makes it possible to decide on repatriation. Repatriation, known as "premature return", can also be arranged for reasons other than the insured's own, such as the death of a family member (see cases in the insurance booklet). Beforehand, in regions far from medical facilities and difficult to access, you must agree to the organization of first aid using local resources (4X4, porters, horses, etc.).
This contract also covers loss, theft or delayed delivery of baggage, as well as interruption of stay.
The insurance protects against the financial risk of cancellation. It is very important to have this type of insurance in case of cancellation due to a health problem or for professional reasons.

We suggest you take out one of the three policies we have selected, bearing in mind that we only act as an intermediary between you and the insurer. Any additional insurance is invoiced per person and must be taken out on the day of booking:

- "Multirisque" contract (4.5%), minimum premium 15 euros:
  Repatriation assistance + tour interruption + luggage + cancellation.

  See the complete contract

- "Cancellation" contract (2.5%), minimum premium 10 euros:
  Cancellation only.

  See the complete contract

- "Repatriation assistance" contract (1.6%), minimum premium of 10 euros:
  Repatriation assistance + tour interruption + luggage.

  See the complete contract

As far as "civil liability abroad" is concerned, only French residents are covered.

Informations :

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