DATA SHEET - RY36

Tour of the island of Elba by mountain bike
The pearl of Tuscany by mountain bike

7 days 6 nights including 6 days of mountain biking

Level: 3.5/5



Situated not far from Pisa, the island of Elba is a Mediterranean land of sun, culture and flavours, a veritable pearl of Tuscany and Italy. It is also a mountainous island, perfect for mountain biking and a true playground for cyclists.
Every day the itinerary will take you between playful single-track trails, the magnificent Tuscan landscapes, views of the neighbouring island: Corsica, natural parks, oak forests and strawberry trees; this is quite simply a magnificent mountain bike trip and one where riders can really express themselves and finish the circuit smiling.
Starting in Portoferraio, where Napoleon landed in 1814, a complete tour of the magnificent and surprising island of Elba awaits you!
The itinerary takes you along beautiful tracks to discover the numerous coves and beaches of this island, passing by the notable Monte Capanne, the highest peak of the island (1019m).

Strengths

- A cocktail of magnificent single tracks
- A mountain bike tour of the island of Elba
- The charm of Italy and Tuscany
- Splendid Mediterranean landscapes

SCHEDULE

Day 1 : Arrival in Piombino :

Arrival in Piombino to take the boat (1 hour crossing). Night in a hotel in Portoferraio on half board.
Hotel

Day 2 : Loop around Portoferraio : 35 km - Elevation: + 1160 m

Set off from Portoferraio along the seafront and, almost immediately, a climb via a small road to easily reach the heights at 328m. Then, it's a trip through a beautiful forest in search of the first pretty single-track.
After a short connection along a road, another beautiful path takes you up to a magnificent viewpoint over the coast. Pass through the small village of Viticcio where you can have a swim. Having visited Monte Enfola which offers you a lovely view of the sea, we are off on a climb towards the Monte to try out the final single track of the day, leading you back to Portoferraio.
Night in the same hotel in Portoferraio, on half board.
Hotel

Day 3 : From Portoferraio to Marciana : 38 km - Elevation: + 1270 m

A gentle warm up takes you to the summit of Monte Barbatoia and San Martino, via a small road and the Villa Napoléon.
Take in a beautiful view over the entire island before enjoying a very pretty descent along a single track. Over plains and mountain passes, you then pass by the foot of Monte Capanne. After a technical descent, you will visit the magnificent villages of Poggio and Marciana.
Night in a hotel or hostel in Marciana (or at Marciana Marina depending on availability) on a half-board basis.
Hotel

Day 4 : Marciana to Porto Azzurro : 45 km - Elevation: + 1160 m

Rejoin the high forests of the island of Elba via a small mountain road and surrounded by sheep. After a pretty mountainside track, you reach a nice bike-park-style single track.
Following a second magnificent track with a view over Corsica and the islands of Monte Cristo, you then alternate between technical and fast, rolling tracks.
Next, you arrive at the beach of the Marina de Campo, with beautiful panoramic views over Monte San Martino.
Once again, you descend along a magnificent single-track to reach the Golfo di Lagona where you can take a dip. And it is not over, as this final single-track of the day leads to Porto Azzurro and the seafront.
Hotel

Day 5 : Loop around Porto Azzurro Via Capoliveri : 47 km - Elevation: + 1200 m

Possibility to shorten the stage.

You set off in the direction of Capoliverie. This is one of the most beautiful stages of your trip, with panoramic landscapes over the sea and neighbouring islands, with a series of magnificent and playful single-track trails.
You will pass close to ancient iron mines which provide an unusual atmosphere.
You have the opportunity to take a swim at the end of the ride before visiting the lovely village of Capoliverie.
Return via small lanes to Porto Azzurro. Night in the same hotel on a half-board basis.
Hotel

Day 6 : From Porto Azzurro to Cavo : 40 km - Elevation: + 1490 m

A solid stage with beautiful single-tracks and some serious climbs, surrounded by red-coloured earth. Depart from the seafront, then climb Monte Arco (276m) in order to benefit from the descent overlooking the sea at Ortano. Pass by the village of Rio Nell Elba before some playtime at the Cima del Monté (502m). Take in the 360° view over Tuscany with a very beautiful, first technical and then playful single-track, before a final descent into Cavo. Night in Cavo on a half-board basis.
Hotel

Day 7 : From Cavo to Portoferraio : 34 km - Elevation: + 830 m

You leave Cavo with a short, physical ride in order to reach the east of the island. Cross through the mining fields, surrounded by remnants of the mining activity. After a descent and wander along a balcony path overlooking the sea, you reach an old quarry, before then arriving in Rio Marina. Next, a little effort is needed to reach a lovely descent which becomes a little technical towards the end. Before reaching the Port of Portoferraio, you have the possibility to take on a final, playful forest track. You are given the option to take the boat back to Piombino or to stay an extra night. Contact us.

TRAVEL CONDITIONS

Luggage :

Travel light – we'll take care of the rest!
Drop off your luggage before setting off in the morning; it will be waiting for you at your next stop. You'll only need to carry what you need for the day and your picnic. Luggage is transported by vehicle. Please allow one bag per person, weighing no more than 15 kg. One important detail: each bag must be labelled.

Options :

Extra night accommodation before or after the stay.
Single room supplement.
Mountain bike rental on site, contact us.

Attendees :

Mountain bike in freedom with carrying luggage by taxi: departure from 2 people.
Mountain bike with certified instructor with luggage carrying taxi: departure from 6 people.

Difficulty level :

It is a very good MTB adapted to average mountain bikers practicing as well as confirmed with fairly short and easily manageable technical passages. The descents are exceptional and very playful overall.
Physical level: 3,5/3
You have a good physical condition and regularly practice mountain biking at least part of the year.
Stages from 35 to 50km per day with maximum positive gradients from 1160m to 1490m per day.

Technical level: 3,5/3
You master well the braking in descent and the trajectory of the bike. You will ride on paths or paths sometimes rolling, sometimes technical, even very technical (steeper, with small and large obstacles).

Accommodation :

Double room formula in half board : you sleep in comfortable rooms for 2 people in hotels, or hostal. Sheets and towels are provided. A bathroom is reserved for you. (Single room option - see rates on our website).

Accompanying :

People who do not practice cycling or little can accompany you during the stay. We can offer them a tailor-made program according to their desires.

Formalities :

- Passport or ID is compulsory
- We recommend getting a European Health Insurance card (check with the NHS)
- Repatriation insurance is compulsory

Food :

No question of dieting during your stay but it is rather an opportunity to taste the local cuisine. We attach great importance to the quality of food: dietary balance, energy intake and specialty of the country are the

ingredients of each meal.
The picnics are not included.

Key information and support :

Choose from 2 formulas:
Mountain bike in freedom with carrying luggage by taxi: From 2 people.
Equipped with the guidance material we give you: maps with highlighted route, GPS tracks and roadmap, you go alone to discover circuits designed by our team. The topo and the GPS fixed on the handlebars, you let yourself be guided by the indications prepared with care, for a maximum precision.

Mountain bike with certified instructor with luggage carrying taxi: From 6 people.
Accompanied by a professional mountain bike certificate, you ride without worrying about the route to follow. Our instructor, specialist of the region, guides you and gives you, if you wish, the right advice to make you outstanding mountain bikers. Thanks to his knowledge of the route, he adapts to your group to manage schedules and effort throughout the day. Freed from group management, your only concern is to please you on your mountain bike.

Departure and meeting point :

Meet on D1 in Portoferraio.
How to get there:
By car: Coming from France, go to Piombino (Tuscany) by the E80. Take the ferry (1 hour crossing).
By train: Piombino Marittima station.
By plane: airport of Pisa then train to Piombino then ferry, or airport of Marina di Campo (on the island) but very few connections.

Luggage :

You only carry the items of the day and the picnic. Luggage is carried by vehicle.
1 piece/person and limited to 15kg/piece.

RATES

Self-guided package - hotel	
Registration for 2 people	1050€
Registration for 3 people	1030€
Registration for 4 people	990€
Registration for 6 people	920€

Formula with qualified instructor - hotel double room	
Registration for 6 people	1490€
Registration for 8 people	1390€

The price includes :

6 nights in half board
The transport of luggage.
The service of the instructor and his accommodation for the accompanied formula.

The price does not include :

Drinks, personal expenses, the round trip ferry ticket between Piompino and Portoferraio (count about 40 to 60€/pers A/R with the bike) the personal bike equipment (helmets, gloves), bicycles, transportation to the meeting point and insurance.

GENERAL INFORMATION

How to subscribe ? :

No, no automatic forms!
At LaRébenne, we prefer to keep in touch with our travelers. We like to talk to you about our travels, and we want to maintain this relationship with you. Exchange, sharing and pleasure remain our ambition for LaRébenne travels.
Don't hesitate to contact us directly to talk about hiking or biking.
contact@larebenne.com
+33 561 652 093
+33 681 537 775

Registration, deposit and validation

Once you've chosen your trip, it's quick and easy to register!
* Either go directly to your tour's page on our website and click on registration.
* Or we can work with you to create a tailor-made tour, and send you a personalized link to your registration form.
The registration is effective when we receive your registration form with your acceptance of the general terms and conditions of sale, accompanied by the deposit of 30% of the tour price. You will then receive an acknowledgement of receipt of your registration.

100% secure payment
You can pay by credit card (faster) or bank transfer.

Payment of balance

The balance must be paid one month before the departure date. You will find your invoice on your My LaRébenne space, as well as a payment link to the balance of your stay.

Invitation to depart

On receipt of payment of the balance, your travel diary will be available in your customer area on My LaRébenne, where you will find all the information you need for your trip, as well as your invoice.

Insurance :

In accordance with regulations, each participant in a LaRébenne trip must hold individual civil liability as well as individual multi-risk cover to protect themselves against incidents or accidents that may occur before or during the tour or bike trip.
Assistance mainly covers search and rescue, repatriation and medical expenses. It comes into play as soon as a medical report makes it possible to decide on repatriation. Repatriation, known as "premature return", can also be arranged for reasons other than the insured's own, such as the death of a family member (see cases in the insurance booklet). Beforehand, in regions far from medical facilities and difficult to access, you must agree to the organization of first aid using local resources (4X4, porters, horses, etc.).
This contract also covers loss, theft or delayed delivery of baggage, as well as interruption of stay.
The insurance protects against the financial risk of cancellation. It is very important to have this type of insurance in case of cancellation due to a health problem or for professional reasons.

We suggest you take out one of the three policies we have selected, bearing in mind that we only act as an intermediary between you and the insurer. Any additional insurance is invoiced per person and must be taken out on the day of booking:

- "Multirisque" contract (4.5%), minimum premium 15 euros:
  Repatriation assistance + tour interruption + luggage + cancellation.

  See the complete contract

- "Cancellation" contract (2.5%), minimum premium 10 euros:
  Cancellation only.

  See the complete contract

- "Repatriation assistance" contract (1.6%), minimum premium of 10 euros:
  Repatriation assistance + tour interruption + luggage.

  See the complete contract

As far as "civil liability abroad" is concerned, only French residents are covered.

Informations :

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