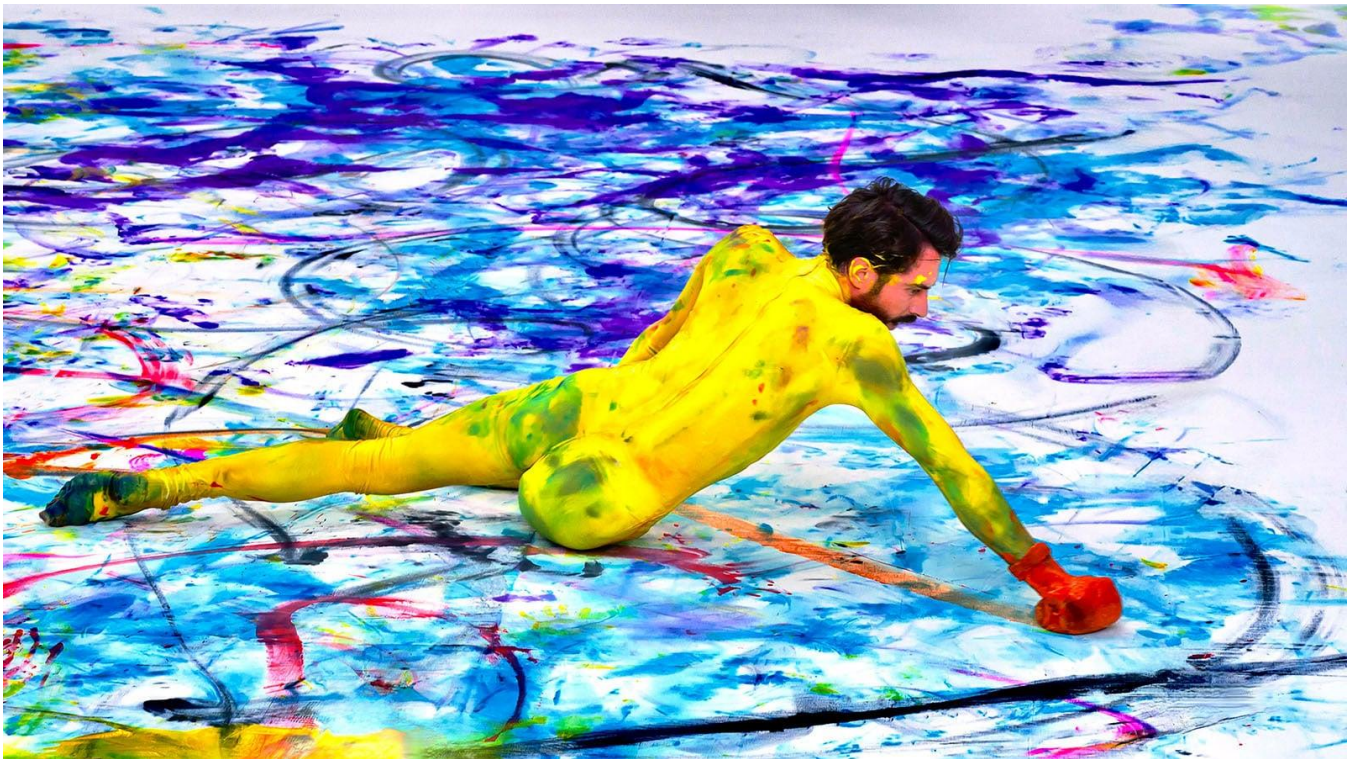


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# Shen Wei Dance Arts | Guangdong Modern Dance Company

at Lincoln Center  
Relaxed Event Sensory Guide



**Event time:**

Wednesday, July 22, 2026 at 6:00 pm

Thursday, July 23, 2026 at 6:00 pm

Friday, July 24, 2026 at 7:00 pm

Saturday, July 25, 2026 at 6:00 pm

**Where:** Hearst Plaza

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**How long:** Approximately 45 minutes

**Recommended age:** All Ages

This sensory guide helps you know what to expect when you come to Shen Wei Dance Arts | Guangdong Modern Dance Company at Lincoln Center.

For directions, restrooms, security, seating, and other venue information, please explore our [Plan Your Visit Page](#).

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## What is this event?

- Shen Wei Dance Arts | Guangdong Modern Dance Company is a dance event.
- Paint is applied to a large floor canvas and the dancers' bodies throughout the performance.
- The performance explores themes of nature, connection, and inner peace through many forms of artistry.
- You may see dancers, paint and other art materials, large abstract paintings, and calligraphy.
- You can choose to watch, listen, and take breaks.

## Basic Sensory Information

Here are some sensory moments you can plan for:

### Sound

- Overall sound: varies. There may be music. Specific loud or surprising moments: none expected.



## Light & Visuals

- Lighting: natural lighting. Visual effects: no intense visual effects.



## Movement

- Performers may stay onstage. Audience members may stay seated or move around the space.



## Audience Participation

- Participation is not expected. You may be invited to applause. It is your choice to participate or to watch.



## Emotional or Content Notes

- The event includes themes of connection, nature, inner peace, reflection, creativity, and the relationship between people and the natural world. Sensitive content to know about: none expected.

## Crowd, Space, and Waiting

- The space may feel crowded. There may be a line or waiting period. If the space is full, staff may ask you to wait or come back later.

## Breaks, Sensory Tools, and Access Services

- You can ask staff where to take a break.

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- Sensory tools such as noise-reducing headphones, earplugs, and fidgets may be available.
  - A Chill Out Space or break area is available at the David Geffen Hall lobby.
  - Access services include: Relaxed Performance.
  - Instant ASL interpretation through Convo Access may be available on Guest Experience Representative lanyards.