

Big Umbrella Festival

Antarctica! Crew Wanted

Rosán Sensory Adventures

at Lincoln Center

Relaxed Performance Visual Guide



Show times:

- Friday, April 17 at 12:30 pm, 3:30 pm & 5:30 pm
- Saturday, April 18 at 12:30 pm, 3:30 pm & 5:30 pm
- Sunday, April 19 at 12:30 pm, 3:30 pm & 5:30 pm
- Friday, April 24 at 12:30 pm, 3:30 pm & 5:30 pm
- Saturday, April 25 at 12:30 pm, 3:30 pm & 5:30 pm
- Sunday, April 26 at 12:30 pm, 3:30 pm & 5:30 pm

Where: Samuels Rehearsal Studio (Rose Building, 7th Floor)

Address: 165 W 65th St, New York, NY 10023

How long: Approximately 1 hour

Recommended age: Ages 6+

This visual guide helps you know what to expect when you come to **Antarctica! Crew Wanted** at Lincoln Center.

What is the Big Umbrella Festival?



Big Umbrella Festival is a multi-week series of performances, workshops, and interactive experiences designed with and for the neurodiverse community.

From **April 10–26 2026**, the festival welcomes audiences of all ages to experience dance, theater, music, comedy, visual art, and outdoor installations in **welcoming and accessible** ways.

For more performances and events, visit

lincolncenter.org/BigUmbrella

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Performance Guide

What is a Relaxed Performance?

At Lincoln Center, we believe the arts are for all.

Relaxed Performances are open to everyone, and especially welcoming to people with autism, sensory or communication disabilities, or learning disabilities.

The performance itself stays the same. We make small changes to the theater's social and sensory environment and expectations, so the space feels more comfortable and flexible.

Relaxed Performances can also be helpful for neurodivergent people, families with young children, and anyone who finds traditional theater rules do not work for their needs.

At this performance:

- You can **enter and leave** the theater during the show, if you need to.
- You can **move, make sound, and respond** to the performance in your own way.
- We ask everyone to help create a **no “shushing” zone**.
- The **house lights are kept on at a low level** so the space is never completely dark.

- If there are **bright lights, loud sounds, or surprising sensory moments**, we describe them in this visual guide. Please keep reading below.
- We share key reminders in the pre-show announcement.
- A **Chill Out Space with sensory support materials** is available if you need a break—you can return when you're ready.
- **Noise-reducing headphones** and **fidgets** will be available to borrow.
- Staff are trained in inclusive and accessible practice.

For more information about relaxed performances, visit lincolncenter.org/relaxed.

About This Performance

What is **Antarctica! Crew Wanted** about?



Antarctica! Crew Wanted is an immersive, sensory theatre adventure based on a true story.

Three performers invite the audience to join a ship's crew heading to Antarctica with Ernest Shackleton (The Boss!).

When the ship gets stuck in the ice and later sinks, the goal becomes bringing every crew member back alive through teamwork and resilience.

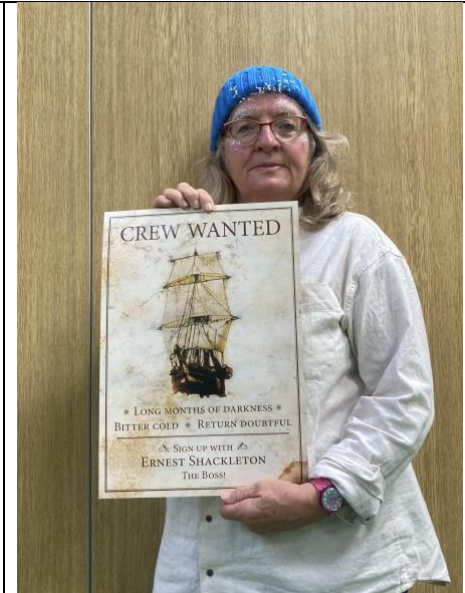
Some moments show physical and emotional hardship on a challenging journey, and there are also fun and gentle moments.

Words to describe the show from the artists: “Immersive. Sensory. Teamwork. Survival.”

Main characters (in this story):

Frank Hurley — crew member and photographer.

He is always with the audience/participants during the show.



Ernest Shackleton — the boss and leader of the adventure.

He likes to be called ‘The Boss’. He will lead the crew and give orders.



Tom Crean — adventurer / musician.

The brave Irish explorer! He likes to be in the centre of the action.



John Vincent adventurer / sailor.

He likes to go on treks and worries a bit.



Sensory Guide

If you need support with sensory moments, you can borrow noise-reducing headphones and fidgets in the lobby or take a break in the Chill Out Space.

Here are some sensory moments you can plan for:



Sound

- The overall volume varies between quiet and loud.
- There are gentle storm and wind sounds.
- There are moments of shouting, cheering, or screaming.
- There is rhythmic percussion (including clapping or tapping on boxes), which may feel loud sometimes.



Light

- The stage is well-lit. The audience's seating area has low light.
- There's a moment that one of the performers carries a torch to create shadows on the set at the top of the show.
- The rest of the lighting is gentle and changes happen slowly.



Movement

- You may be invited to move around the set with the performers from time to time.
- You may be invited to step on and off a low box, or move on the floor with simple actions that can become dance movements.
- Near the end, there is a large ‘waves’ effect using a parachute, and a climb sequence.



Emotional content

- The show includes themes of achievement and teamwork.
- Some moments show physical and emotional hardship on a challenging journey.
- Some moments include themes of death, dying, or grief.
- There are also calm, gentle, and playful moments.
- The expedition is based on a true story.
- The original mission was to cross Antarctica, but the ship becomes stuck in ice and later sinks.
- The new goal is to bring every crew member back alive through teamwork and resilience.



Audience participation

Throughout the show, you may be invited to participate—for example, you might be asked to:

- Enter the space while singing and holding a rope (joining a ship)



- Touch ice (may be cold and wet)



-
- Walk around the set while holding a rope again (a trek)
 - Step on and off a low box
 - Pass, stack, slide, and throw small empty cardboard boxes
 - Sometimes clap hands on boxes to create a rhythm
 - Move on the floor to mimic cleaning actions (which can evolve into dance)
 - Wave goodbye to the performers, and wave again to welcome them back (possibly with cheering)

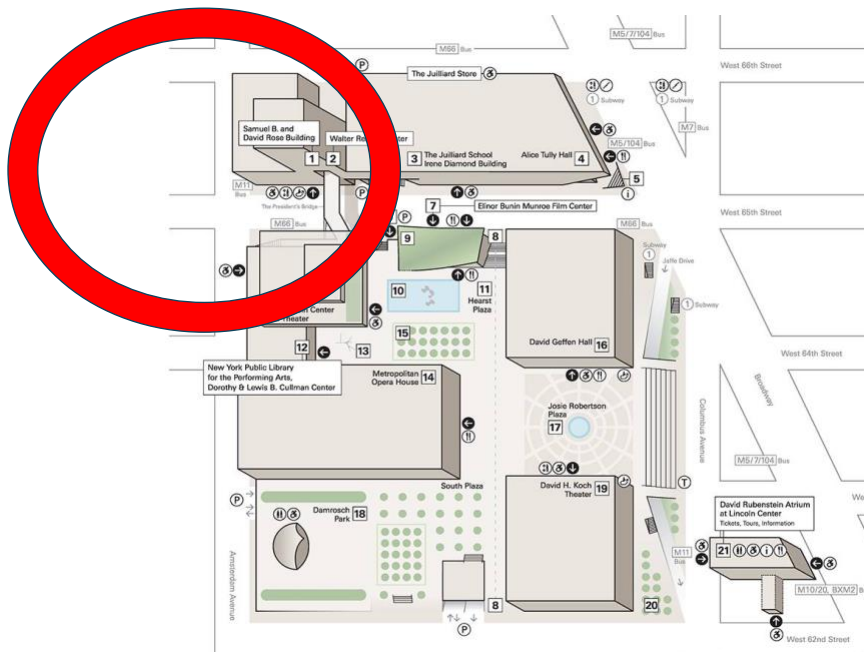
It is your choice to participate or stay seated and watch.

Venue Guide

Getting to Lincoln Center/ Rose Building

Address: Samuels Rehearsal Studio is on the **7th Floor** of the **Samuel B. & David Rose Building, 165 W 65th Street**, New York, NY.

It is next to the Walter Reade Theater and the Irene Diamond Building of The Juilliard School and across the street from Lincoln Center Theater and the Elinor Bunin Monroe Film Center.



By Subway

You can take **1 train** to **66 St–Lincoln Center** (with shorter distance)

You can also take **A / B / C / D / 1 trains** to **59 St–Columbus Circle** (with slightly longer distance)

Both subway stations are accessible via the elevator.



By Bus

You can take: **M5, M7, M10, M11, M20, M66, M104**. (within one block)

Access-A-Ride / drop-off

Access-A-Ride drop-off and pick-up is at: **165 W 65th Street** (north side of the street, near Amsterdam Avenue).

Parking at Lincoln Center

Lincoln Center partners with Metropolis.

If you can, register before you arrive. You can add your payment information and license plate number on your phone (through this [link to the Metropolis website](#) or the Metropolis app.)

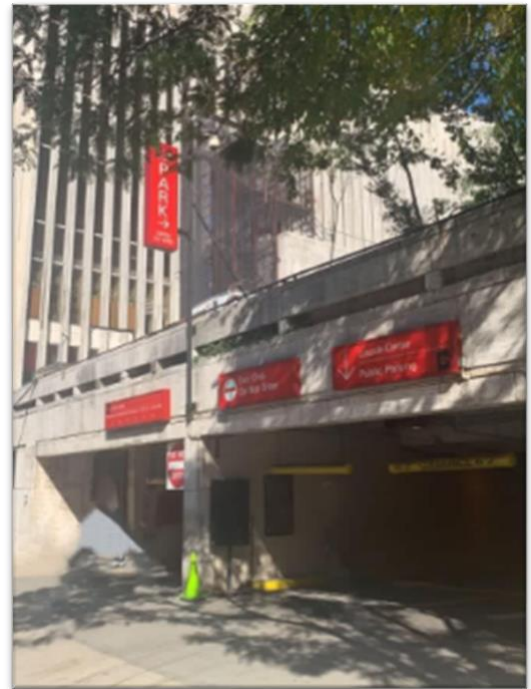
Or, when you arrive, scan a QR code in the garage to sign up.

When you enter, cameras scan your license plate. When you exit, payment is processed automatically.

Daily and monthly reservations are available to book online.

The 62nd Street entrance (between Columbus Ave and Amsterdam Ave) is best for southbound and westbound traffic. The entrance is mid-block on the north side of the street. It is open 24/7.

The Amsterdam Ave entrance (just past 62nd Street, near 63rd St) is best for northbound traffic. The entrance: about 100 feet on the right past 62nd St. It is open 6:00 am–midnight, daily.



Designated accessible spaces are in the Blue Section of the Plaza Garage. The recommended entrance is at 62nd Street for accessible parking.

Entering the building

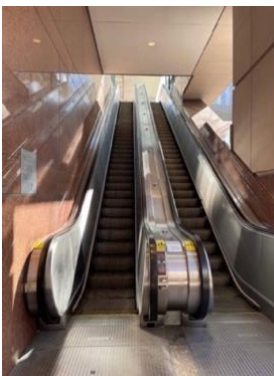
You can reach the entrance of the Rose Building by **elevator, stairs, or escalator.**



The street-level elevator entrance is near the northeast corner of 65th St & Amsterdam Ave.



The stairs say “**Rose**” on the steps. It is in the middle block on West 65th Street, facing towards Columbus Avenue.



The escalators are next to the elevator.

When You Arrive



Once you come up from the street, you will see the **entrance** into the Rose Building.

Security check



When you walk into the Rose Building, you will go through a **security check**.

You may need to wait in a short line.

Box Office

The box office table is just past the Security checkpoint.

If you need to **pick up tickets**, the Box Office staff can help you.

If you have questions, you can always ask the staff.

Go up to the 7th floor (Samuels Rehearsal Studio)

A staff member can help you find the **elevator** to the **7th floor**.

When you arrive on the 7th floor, you can take your time in the lobby.



On the 7th floor

Other events may be happening nearby. When you arrive on the 7th floor, you may see other Big Umbrella Festival activities and audiences in the lobby at the same time.

Big Umbrella Festival Visual Art Stations



Lincoln Center Teaching Artists will host an interactive visual art-making station all day from **April 17-19**.

You can join in, take your time, or simply watch.

The activity is inspired by the 2026 Big Umbrella Festival poster artwork by Rayed Mohamed.

Interactive Feedback Station

If you would like to share how you feel before the show, you can choose any of these options:

- **Cast a vote:** Choose a response and drop a ball into a box.
- **Quick paper survey:** Fill out a very short paper questionnaire.
- **Postcards:** Write a note on a postcard and drop it into the mailbox.

Food & Drink

If you have a snack or beverage with you, you can enjoy it in the lobby.

There is no place to buy food or drink on the 7th Floor of the Rose Building. If you would like to buy coffee or a light snack, you can visit the café area at David Geffen Hall.

David Geffen Hall is on the Lincoln Center campus, near Josie Robertson Plaza (outdoor plaza with fountain). Ask any staff member if you would like help finding the café area.

Restrooms

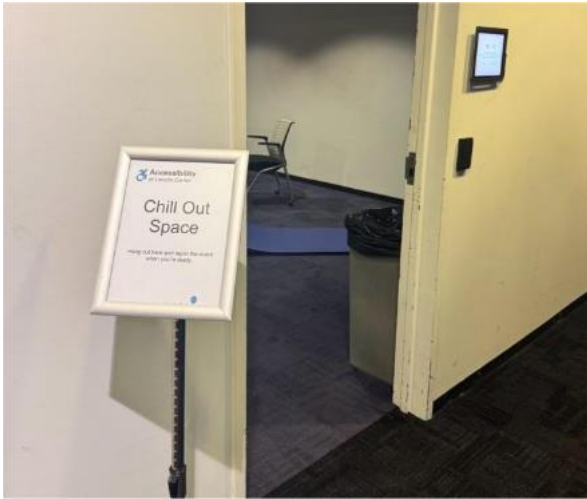
There are gendered **men's and women's restrooms** in the hallway across from the performance space.



Each restroom has an **infant changing table** and **one accessible stall**.

We welcome you to use the restroom that best aligns with your gender identity or expression.

The Chill Out Space



The Chill Out Space is on the 7th Floor, at the end of the hallway near the restrooms.



You can take a break and return when you're ready.

There will be no sound playing in the Chill Out Space.



There are noise-reducing headphones, earplugs, fidgets and more sensory tools to borrow.

You can always ask staff for help at anytime.

When the house opens

The house, or the theater, opens at the beginning of the show, and everyone will enter together.

You will gather in the lobby to hear the introduction and meet the characters of the show. We will then all enter the space together, while singing and holding a rope (joining a ship).

Seating (inside the theater)

The characters will invite you to settle into the audience seating area. Do not step onto the performance area.

The Samuels Rehearsal Studio is a studio space. For this show, you can choose to sit on:

- Benches around the sides of the space.
- Chairs with backs that are set behind the benches.
- You can sit anywhere with an open seat or on the benches.
- Accessible seating is available. If you need an accessible seat, an aisle seat, or help find a seat that works for you, please ask a staff member wearing red shirts to assist.

The Performance Space



The performance takes place in a studio space with set pieces that suggest a ship and icy landscapes.

You may see a rope, small empty cardboard boxes, a low box, and a parachute used to create “waves.”

Please stay in the audience area unless you are invited by the performers.

Who You'll Meet

During your visit, you may see:

Guest Experience staff wearing red shirts and khaki pants, with a black name badge on their chest.

They can help you with:

- Finding the theater, restrooms, or the Chill Out Space
- Finding a seat that works for you (including accessible seating)
- Borrowing sensory tools (headphones, fidgets, etc.)
- Taking a break and returning to your seat

Security staff wearing a dark blue uniform.



Before the Show – What You Can Do

We recommend arriving at the **Samuel Rehearsal Studio** lobby about 30 minutes before the show starts. Everyone will come together to enter the theater at the same time, led by the performers.

If you arrive earlier than 30 minutes before the show, you can explore some public spaces on campus:

Mi Casa, Your Casa 2.0 (free installation on campus)



What is This?

- This is a free interactive public art installation inspired by lively street markets, and built around the feeling of “home sweet home”: welcome, comfort, and community.
- You’ll see a series of three-dimensional red frames shaped like small houses (casas).

- You may notice a white glow: when a casa is empty, it glows to invite you in; when someone is inside, the light becomes brighter gradually.

What Can You Do?

- Look from the outside, or step inside a casa.
- If you want to, you can gently try the swing inside.
- Move at your own pace, and leave at any time.

Where & When:

- Josie Robertson Plaza (outdoor plaza with fountain): April 10–14 and April 23–26
- Hearst Plaza (outdoor plaza with reflecting pool): April 15–22
- Free, no tickets required.

Welcome Center at David Geffen Hall



A place to get information about programs, ask questions, book tickets, or get a coffee or light snack.

Hearst Plaza



An outdoor area with green space and seating where you can sit, relax, or have a quiet moment before the performance.

Staff can help you find these spaces if you are not sure where they are.

Access Services & Accommodations

At Lincoln Center, we offer several access services that may be helpful during your visit:

Accessible Routes and Seating

The venue is on an accessible route, has elevators, and designated wheelchair and companion seating.



Assistive Listening

FM assistive listening devices with headsets and neck loops are available for all performances.

You are also welcome to bring your own standard-jack headphones.



Instant American Sign Language Interpretation

Convo Access, a free instant ASL interpretation service, is available on personal devices by scanning QR codes on Guest Experience Representative lanyards.

Chill Out Space

A chill Out space is available at 7th floor at the end of the hallway, near bathrooms.



Sensory Tools

We offer noise-reducing headphones, earplugs, and small fidgets. You can borrow them from staff.

Access Concierge Service

You can request 1:1 support from our Access Reps. To learn more or schedule this service in advance, contact: **212-875-5456** or questexperience@lincolncenter.org.



You can always ask any staff member if you would like help finding these services.

To request additional accommodations or to share access requests in advance, please contact the Access team at access@lincolncenter.org or 212.875.5375.

Feedback

If you would like to share feedback about your experience, you can:

- Scan the QR code
- Fill out the survey at <https://forms.office.com/r/EESB5719dC>
- Talk with a staff member if you would like help sharing feedback.

Your comments help us improve future Relaxed Performances and visual guides.

Visual Guide Feedback – Relaxed
Performance at Lincoln Center

