

TRAVEL SERVICES SDN

9天7晚 大美宁甘家
大漠牧歌
ODE TO THE DESERT (9D7N)



RM 5588

SEP 14

MU7708 KUL/NKG 0725-1330 转
MU2743 NKG/INC 1550-1830

MU2588 LHW/WUH 1800-2010 转
MU2565 WUH/KUL 2220-0330+1

全程入住携程四钻酒店
一晚特色观星酒店+1晚5钻酒店

品质酒店



九碗十三花+大漠风情宴+藏王宴
草原开锅羊肉汤锅

美食味蕾



全程2+1豪华空调大巴

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Day1 吉隆坡→兰州 (KUL0725-NKG1330转NKG1550- INC 1830)

用餐: 全自理 住宿: 兰州

吉隆坡乘机前往兰州, 抵达后乘车前往兰州酒店入住! 温馨提示: 此日不含用餐。

Day2 兰州→镇北堡影视城→西夏王陵→葡萄酒品鉴→银川

用餐: 早/中/晚 住宿: 银川

早餐后前往游览「**镇北堡影视城**」是宁夏以荒凉古堡为特色的影视基地, 因《红高粱》《大话西游》等经典影片在此取景而闻名。「**西夏王陵**」(含电瓶车)是西夏王朝(历代皇帝的陵墓以及陪葬墓群, 中国现存规模最大、地面遗址最完整的帝王陵园之一, 被誉为“东方金字塔”。「**葡萄酒品鉴**」参观酒文化博物馆、地下大酒窖、灌装生产线、葡萄种植观光园, 品鉴葡萄酒。晚品尝宁夏特色餐「**九碗十三花**」后入住银川酒店

Day3 银川→沙漠越野→乌兰湖→观星酒店

用餐: 早/中/晚 住宿: 中卫

早餐后乘车前往腾格里沙漠, 然后再乘坐越野车是观赏“地球之心”乌兰湖的唯一方式。「**沙漠越野**」充满刺激, 能带你颠簸驰骋中, 欣赏到沙漠深处五彩斑斓的盐湖奇景。「**乌兰湖**」, 乌兰湖湖水因富含矿物质而呈现出一种异常鲜艳的酒红色或胭脂红色。从空中俯瞰, 在周围黄沙和白茫茫盐碱地的环绕下, 它宛若一颗镶嵌在沙漠中的跳动心脏, 号称“地球的心脏”。下午体验「**大漠风情宴**」, 入住中卫依托沙漠独特景致以大漠、星空为核心的特色「**观星酒店**」(没有加床), 在沙漠酒店可以滑沙, 骑骆驼(自费)沙漠冲浪(自费)等娱乐项目, 欣赏沙漠(大漠孤烟直)的日落美景, 晚上沙漠篝火晚会

Day4 中卫→枸杞园→沙坡头→兰州

用餐: 早/中/晚 住宿: 兰州

早餐后前往「**枸杞园**」“中国枸杞之乡”, 这里出产的枸杞是公认的地道药材和滋补佳品。「**沙坡头**」(含电瓶车)雄浑大漠与滔滔黄河在此交织, 集大漠、黄河、绿洲为一体, 也因独特的治沙理念而闻名于世, 被称为中国最美的沙漠景观。晚上入住兰州新区酒店

Day5 兰州→刘家峡→炳灵寺石窟→永靖

用餐: 早/中/晚 住宿: 永靖

早餐后前往黄河上的明珠, 中国首座百万千瓦级水电站「**刘家峡**」, 然后在刘家峡向阳码头坐船前往世界自然遗产, 佛国瑰宝「**炳灵寺石窟**」(含船票+中文讲解), 炳灵寺石窟深藏黄河峡谷。千年佛陀静坐于丹霞赤壁之上, 壁画与雕塑交汇成峰, 在荒凉与不朽间, 低语着信仰的辉煌, 其间体验黄河一半青、一半黄的“泾渭分明”奇特景观, 晚餐后升级入住永靖**五钻黄河明珠国际酒店**

Day6 永靖→八坊十三巷→米拉日巴佛阁→合作

用餐: 早/中/晚 住宿: 合作

早餐后前往「**八坊十三巷**」的建筑融合了回族砖雕、汉族木刻、藏族彩绘等多元文化元素, 堪称西北民族建筑的“大观园”。下午有参观世界文化遗产「**米拉日巴佛阁**」, 九层佛阁耸立, 金顶映天, 藏传佛教各派汇聚一殿。壁画璀璨, 法相庄严, 这里是安多藏人信仰的巍峨圣殿, 米拉日巴修行精神的永恒丰碑。晚上享用特色餐「**藏王宴**」。

Day7 合作→美仁草原→财神殿→正宁路夜市→兰州

用餐: 早/中/- 住宿: 兰州

早餐后前往甘南最美的草原「**美仁草原**」美仁草原像大地律动的音符, 绿丝绒褶皱间洒满光影。轻幅舞动, 牦牛漫步, 羊群悠闲地吃草, 美仁草原以独特的丘陵曲线, 展现着青藏高原边缘的雄奇与柔美。中餐「**开锅羊肉汤锅**」, 「**财神殿**」坐落于甘肃合作市当周草原, 是藏区规模宏大的财神文化中心。其建筑气势恢宏, 巧妙融合了传统藏式风格与现代设计, 是体验宗教文化与建筑艺术的重要场所。「**正宁路夜市**」是兰州最具烟火气的美食地标, 汇聚了地道的西北风味, 是体验西北小吃的绝佳之地, 自由品尝当地美食, 晚餐自理, 入住兰州酒店

Day8 兰州→黄河风情线→送机

用餐: 早/中/- 住宿: -

早餐后游览兰州「**黄河风情线**」, 被誉为“兰州外滩”的黄河风情线是全国最长的城市滨河景观带之一。它以黄河穿城而过的中山铁桥为中轴, 两岸串联起黄河母亲雕像、水车博览园等众多景点, 集城市风光、自然景观与人文历史于一体。中餐后送机。
LHW1800-WUH2010转 WUH2220-KUL0330+1

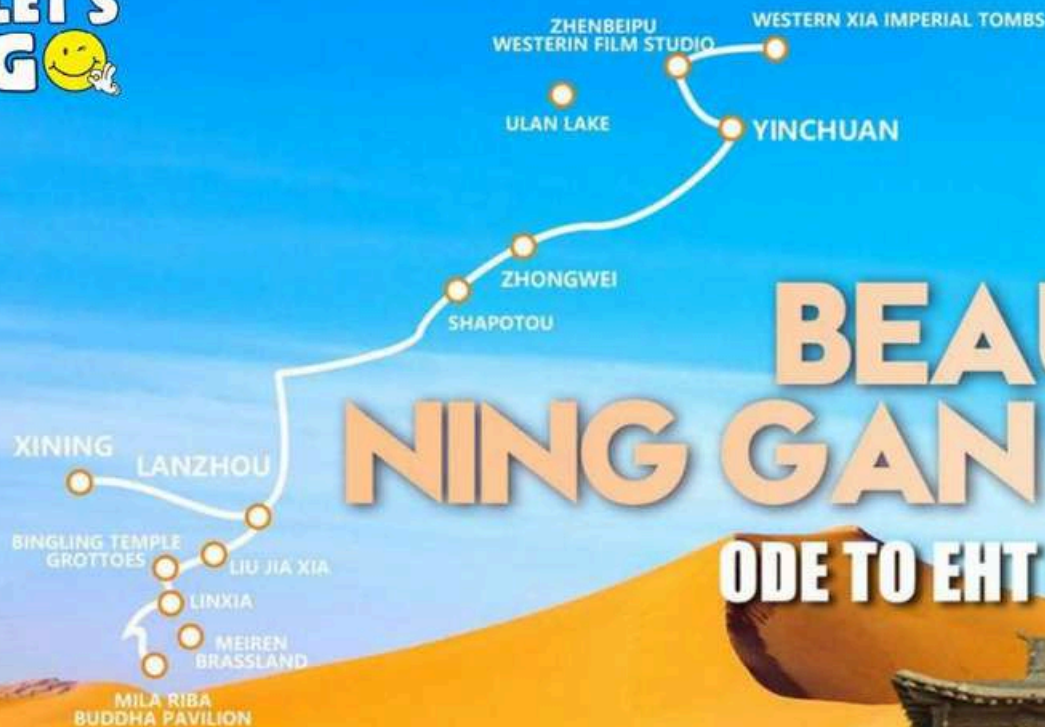
Day9 抵达吉隆坡

用餐: 全自理 住宿: -

回到温馨的家! 具体行程及景点若有变更, 以最后确认的航班及旅行社的安排为准!

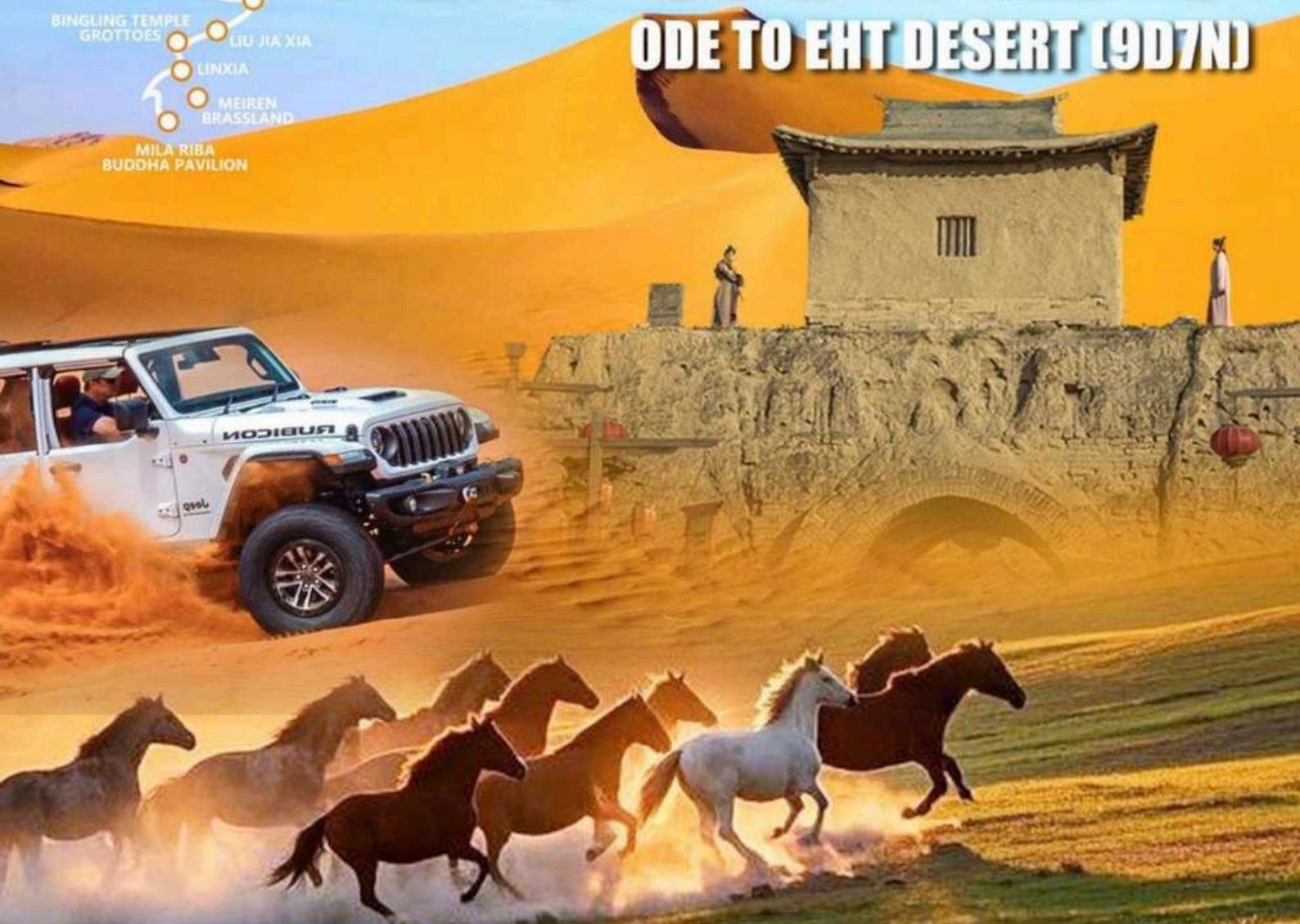


注: 行程中的图片仅供参考



MOST BEAUTIFUL NING GAN MENG

ODE TO THE DESERT (9D7N)



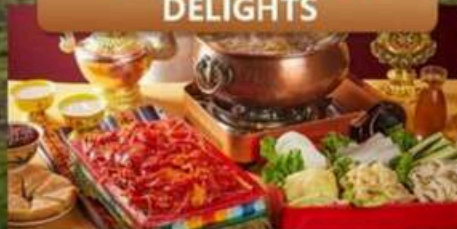
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ONE NIGHT AT A 5-STAR HOTEL

PREMIUM HOTEL



TIBETAN KING BANQUET
NINE BOWLS AND THIRTEEN DISHES
GRAND DESERT BANQUET
GRASSLAND BOILED MUTTON SOUP POT

SAVOR GOURMET DELIGHTS



Premium 2+1 Seated
Luxury Coach with AC for Entire Journey

PRIVILEGED JOURNEY



注：行程中的圖片只供參考

Day1 KUALA LUMPUR→LANZHOU (KUL0725-NKG1330 TRANSFER NKG1550-INC 1830)

SELF CARE HOTEL:LANZHOU

Depart from Kuala Lumpur Airport to Xining. Upon arrival, transfer to your hotel in Xining for check-in.

Day2 LANZHOU→ZHENBEIPU FILM STUDIO→WESTERN XIA IMPERIAL TOMBS→YINCHUAN

BREAKFAST/LUNCH/DINNER HOTEL:YINCHUAN

After breakfast, we will visit the **Zhenbeipu Film Studio**, a renowned film base in Ningxia, known for its desolate ancient castle setting and as the filming location for classics like *Red Sorghum* and *A Chinese Odyssey*. Next, we'll explore the **Western Xia Imperial Tombs** (including shuttle bus), the mausoleum complex of the Western Xia Dynasty. It is one of China's largest and best-preserved imperial tomb sites, often referred to as the "Oriental Pyramid." The day continues with a **wine tasting experience**, where you can visit a wine culture museum, underground cellars, bottling production lines, and vineyard sightseeing, followed by a tasting session. In the evening, enjoy a Ningxia specialty dinner featuring the **"Nine Bowls and Thirteen Dishes"** before checking into your hotel in Yinchuan.

Day3 YINCHUAN → DESERT OFF-ROADING → ULAN LAKE → STARGAZING HOTEL

BREAKFAST/LUNCH/DINNER HOTEL:ZHONGWEI

After breakfast, we'll drive to the Tengger Desert, then take an off-road vehicle—the only way to see **Ulan Lake**, the "Heart of the Earth." The desert off-roading is thrilling, letting you ride through the bumpy terrain to witness the vibrant, colorful salt lakes deep in the desert. Ulan Lake gets its striking wine-red or rouge color from its mineral-rich waters. From above, surrounded by golden sand and white salt flats, it looks like a beating heart in the desert—hence the name "Heart of the Earth." In the afternoon, enjoy a **desert-style feast**, then check into a **stargazing hotel** in Zhongwei, designed around the desert's unique scenery. The hotel offers activities like sand sliding, camel riding (at your own expense), and desert surfing (also at your own expense). You can also admire the sunset over the dunes ("A lone smoke rises straight in the vast desert") and join a **desert bonfire party** in the evening.

Day4 ZHONGWEI → GOJI BERRY FARM → SHAPOTOU → LANZHOU

BREAKFAST/LUNCH/DINNER HOTEL:LANZHOU

After breakfast, head to the **"Goji Berry Farm"** in the "Hometown of Chinese Goji Berries," where the berries are widely recognized as authentic medicinal herbs and nourishing delicacies. Next, visit **Shapotou** (including the shuttle bus), where the vast desert and mighty Yellow River converge. This area integrates desert, river, and oasis landscapes and is renowned for its unique sand control philosophy, earning it the title of China's most beautiful desert scenery. In the evening, check in at a hotel in Lanzhou New Area.

Day5 LANZHOU → LIUJIA XIA → BINGLING TEMPLE GROTTOES → YONGJING

BREAKFAST/LUNCH/DINNER HOTEL:YONGJING

After breakfast, head to **Liujiaxia**, the "Pearl on the Yellow River" and China's first million-kilowatt hydropower station. Then, take a boat from **Liujiaxia Xiangyang Pier** to the **Bingling Temple Grottoes**, a World Heritage Site and Buddhist treasure hidden in the Yellow River Gorge. The grottoes, with their thousand-year-old Buddhas seated on the red sandstone cliffs, blend murals and sculptures into a breathtaking peak. Amidst the desolation and timelessness, they whisper the brilliance of faith. Along the way, witness the unique "clear and turbid" phenomenon of the Yellow River, where the water appears half green and half yellow. In the evening, upgrade your stay to the **Five-Star Huanghe Pearl International Hotel** in Yongjing for a comfortable and luxurious experience.

Day6 YONGJING → BAFANG THIRTEEN ALLEYS → MILAREPA BUDDHA HALL → HEZUO

BREAKFAST/LUNCH/DINNER HOTEL:HEZUO

After breakfast, we'll head to **Bafang Thirteen Alleys**, where the architecture blends Hui brick carvings, Han wood carvings, and Tibetan murals—a true "grand garden" of Northwest China's ethnic architecture. In the afternoon, we'll visit the **Milarepa Buddha Hall**, a UNESCO World Heritage Site. This nine-story golden-roofed temple houses statues and murals from all Tibetan Buddhist sects, standing as a majestic sanctuary for Amdo Tibetans and a timeless monument to Milarepa's spiritual legacy. In the evening, enjoy a **Tibetan King's Banquet**—a feast of local flavors and cultural richness.

Day7 HEZUO → MEIREN GRASSLAND → CAISHEN TEMPLE → LANZHOU

BREAKFAST/LUNCH/- HOTEL:LANZHOU

After breakfast, head to **Meiren Grassland**, the most beautiful grassland in Gannan. Like a melody of the earth, its green velvet folds are dappled with light. Prayer flags flutter, yaks wander, and sheep graze leisurely. With its unique rolling hills, Meiren Grassland showcases the majestic yet gentle beauty at the edge of the Qinghai-Tibet Plateau. Enjoy a hearty lunch of **"Steaming Lamb Hotpot."** The **Caishen Temple**, located in Dangzhou Grassland, Hezuo City, is a grand center of Tibetan wealth culture. Its architecture is magnificent, blending traditional Tibetan style with modern design—a must-visit for religious and architectural experiences. In the evening, explore **Zhenning Road Night Market**, Lanzhou's most vibrant food hub, offering authentic Northwest flavors. It's the perfect spot to indulge in local snacks. Dinner is on your own, followed by check-in at your Lanzhou hotel.

Day8 LANZHOU → YELLOW RIVER SCENIC BELT → AIRPORT TRANSFER

BREAKFAST/LUNCH/- HOTEL:-

Morning After Breakfast: Visit Lanzhou's **"Yellow River Scenic Line"**. After breakfast, we'll visit Lanzhou's Yellow River Scenic Line, known as the "Bund of Lanzhou." Stretching along the Yellow River, it's one of the longest urban riverside landscapes in China. Centered on the **Zhongshan Iron Bridge**, the scenic area connects iconic sites like the Mother Yellow River Statue and the Waterwheel Expo Park, blending city views, natural scenery, and cultural history. We'll head to the airport for your departure. LHW1800- WUH2010 transfer WUH2220-KUL0330+1

Day9 ARRIVE IN KUALA LUMPUR

BREAKFAST/LUNCH/- HOTEL:-

Back to the cozy home! Specific itineraries and attractions are subject to change based on the final confirmed flight and travel agency arrangements.