

Essentials Sample Schedules

Using the Sample Schedules

Each *Essentials* lesson takes approximately two hours, depending on the student and the number of optional Extra Practice activities the teacher includes. Lessons are designed to be broken easily into smaller sections so that the pace can be customized to the student and setting.

Sample Schedules are included to provide general ideas as to how lessons might be paced in a variety of settings, suggest effective ways to break up the lessons while providing adequate review, and serve as a starting point for planning your own schedule.

You should pace *Essentials* in whatever way works best for the age, attention span, ability level, learning style, and schedule of your students. The most important factor to keep in mind in planning an effective lesson schedule is the need for frequent practice and review so that students learn the phonograms and spelling rules to the point of mastery.

40 Weeks

20-30 minutes per day
One lesson per week

	Day 1	Day 2	Day 3	Day 4	Day 5
Phonogram Introduction	✓				
Phonogram Game	✓	✓	✓		
Review with Phonogram Cards		✓		✓	
Phonogram Quiz					✓
Exploring Sounds	✓				
Spelling Rule		✓			
Teach Spelling List		5 Words	10 Words		
Spelling or Reading Game			✓		✓
Grammar				✓	
Vocabulary Development					✓
Dictation				4 sentences	2 sentences
Composition					✓

16-Week Intensive

60 minutes per day
 One lesson every two days
 Two to three lessons per week

	Day 1	Day 2
Phonogram Introduction	✓	
Review Phonogram Cards	✓	✓
Phonogram Game	✓	
Phonogram Quiz		✓
Exploring Sounds	✓	
Spelling Rule	✓	
Spelling List	Teach 5 Words	Teach 10 Words
Spelling or Reading Game	✓	✓
Grammar		✓
Vocabulary Development		✓
Dictation		✓
Composition		✓

8-Week Intensive

120 minutes per day
 One lesson per day
 Five lessons per week

	Day 1
Phonogram Introduction	✓
Review Phonogram Cards	✓
Phonogram Game	✓
Phonogram Quiz	✓
Exploring Sounds	✓
Spelling Rule	✓
Spelling List	Teach 15 Words
Grammar	✓
Vocabulary Development	✓
Dictation	✓
Composition	✓