Essentials Sample Schedules

Using the Sample Schedules

Each *Essentials* lesson takes approximately two hours, depending on the student and the number of optional Extra Practice activities the teacher includes. Lessons are designed to be broken easily into smaller sections so that the pace can be customized to the student and setting.

Sample Schedules are included to provide general ideas as to how lessons might be paced in a variety of settings, suggest effective ways to break up the lessons while providing adequate review, and serve as a starting point for planning your own schedule.

You should pace *Essentials* in whatever way works best for the age, attention span, ability level, learning style, and schedule of your students. The most important factor to keep in mind in planning an effective lesson schedule is the need for frequent practice and review so that students learn the phonograms and spelling rules to the point of mastery.

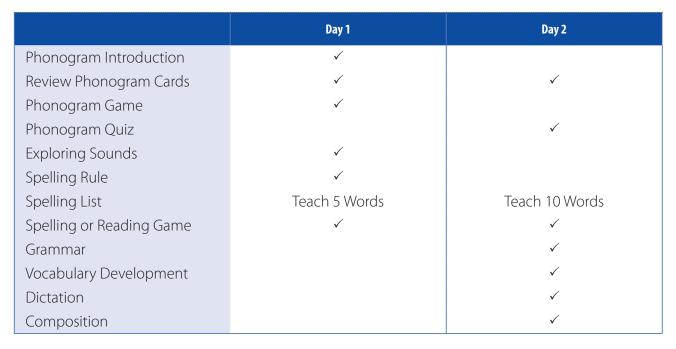
	Day 1	Day 2	Day 3	Day 4	Day 5
Phonogram Introduction	\checkmark				
Phonogram Game	\checkmark	\checkmark	\checkmark		
Review with Phonogram Cards		\checkmark		\checkmark	
Phonogram Quiz					\checkmark
Exploring Sounds	\checkmark				
Spelling Rule		\checkmark			
Teach Spelling List		5 Words	10 Words		
Spelling or Reading Game			\checkmark		\checkmark
Grammar				\checkmark	
Vocabulary Development					\checkmark
Dictation				4 sentences	2 sentences
Composition					\checkmark

20-30 minutes per day One lesson per week

40 Weeks

16-Week Intensive

60 minutes per day One lesson every two days Two to three lessons per week



8-Week Intensive

120 minutes per day One lesson per day Five lessons per week

	Day 1		
Phonogram Introduction	\checkmark		
Review Phonogram Cards	\checkmark		
Phonogram Game	\checkmark		
Phonogram Quiz	\checkmark		
Exploring Sounds	\checkmark		
Spelling Rule	\checkmark		
Spelling List	Teach 15 Words		
Grammar	\checkmark		
Vocabulary Development	\checkmark		
Dictation	\checkmark		
Composition	\checkmark		

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