

SPRING 2025

Louis's English Course

Writing Booklet



Name:

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Introduction: #OneLastDance

To all my gorgeous DSE fighters,

How've you been? The past few years have been tough for everyone because of the Covid outbreak. But instead of just worrying about Covid and wasting my time, I decided to spend more time on planning and doing past papers, which was something that I wished I had done earlier. In particular, I put into a lot of effort to improve one of my weaknesses: writing.

Perhaps, you will be surprised to find out that Louis is not good at writing. But the truth is that I'm not a good writer when I am under pressure and have to write with pen and paper. In fact, while I was taking the DSE English exam last year, I struggled with the papers that required me to write, namely Paper 2 and Paper 3's Integrated Task. Hopefully, by opening up about my weakness and sharing about what kinds of steps I take to overcome it, I can inspire you to do the same.

This book aims to help you learn about how to structure your writing in the DSE. On top of that, the book can allow you to develop ideas about some of the popular topics which you have to know for the DSE. As I'm reflecting on the process of creating this book now, I think I have done my very best and pushed myself to the limit. Yet, I am not going to take all the credits for the content of this book because a lot of the ideas and points that have been included in this book are the results of the thoughtful and inspiring discussions that I had with you in class. As a result, this book is the fruit of our collective intellectual output, and I hope you will have found this book useful after you take your DSE Writing exam.

Kind regards ,
Louis

Phrase Book

This is a list of phrase and expression that you should know

According to + n. 根據...	According to my students, they feel overwhelmed by the academic pressure.
affect 影響 be + affected by 被影響	The fifth-wave affected all of us. Students are affected by the government policies.
Admittedly, + [N + V] 無可否認; 坦然	Admittedly , most of you have been working very hard.
affluent family 富裕的家庭	Louis didn't grow up in an affluent family .
afford + n. / afford to + v 金錢上承擔得起	She can afford the tuition fee. Louis can afford to take an Uber taxi once a month.
After all, 畢竟; 終究	I do like her. After all , she is my sister. The rain has stopped, so the game will go ahead after all .

be + aligned with + noun 是跟某些事是相符的	Your donation <u>is aligned with</u> your company's mission. 你的捐贈是跟你公司的使命相符的
Although + n + v, albeit + adj / noun 雖然 不會與 but 同時使用	He decided to go, <u>although</u> I begged him not to. <u>Albeit</u> a little quiet, the evening was very pleasant.
assure someone that 對你保證	Louis can <u>assure you that</u> no matter what the future holds, the effort that you put into your studies will never be wasted.
as long as + [N + V] 只要...	<u>As long as</u> you don't give up, I won't give up on you.
At the end of the day 最終;到頭來;不管怎麼說	Of course I'll listen to what she has to say but <u>at the end of the day</u> , it's my decision.
benefit + noun 有助於 be + beneficial to + noun 對某人/某事有益	Regular exercise can <u>benefit</u> the students. Listening to music <u>is beneficial to</u> your mental health.

beloved + noun 深愛的...	To my <u>beloved</u> students, I only want to say that I always believe in you.
Besides (that), 除此之外 / 而且	Louis knows how to play football. <u>Besides</u> , he can play basketball. Do you play any other sports <u>besides</u> basketball?
bid farewell 告別	Louis has to <u>bid farewell</u> to his beloved students in April.
burn the midnight oil 捱夜	My students like to <u>burn the midnight oil</u> while preparing for the exams.
beyond my imagination 超越我的想像 beyond my expectation 超越我的期望 beyond my comprehension 超越我理解能力	Katie's creativity is <u>beyond my imagination</u> . Charlotte's tenacity is <u>beyond my expectation</u> . Grace's resilience and determination are <u>beyond my comprehension</u> .

by design 被安排好 / 按照程序去進行	No one wants to live a life <u>by design</u> . <u>By design</u> , the machine stops once it is blocked by an object.
by default 一般情況下 / 沒有反對的情況下	The program can carry out the task automatically <u>by default</u> . <u>By default</u> , the bill will be passed unanimously.
certainly 無庸置疑地 with / with no certainty 有/沒有充分肯定	<u>Certainly</u> , Cherry can improve her English skills as long as she puts more effort into it. For now, I cannot say <u>with certainty</u> that the DSE English Speaking will be canceled.
come to term with + N 學會按納	Louis has <u>come to terms with</u> the fact that the modern concept of love is nothing more but a fantasy.
be + a concern for + noun 是一個令人擔憂的情況 be + concerned with + noun 對某事感到很擔憂 concerning + noun 考慮到某事	The Omicron is a <u>concern</u> for all of us. Louis's <u>concerned</u> with his students' mental health. I have sent you a letter <u>concerning</u> the matter of the costs.

<p>conducive to / for + noun</p> <p>有利於</p>	<p>Such a noisy environment was not <u>conducive to</u> a good night's sleep.</p> <p>A quiet room is more <u>conducive for studying</u>.</p>
<p>consider + noun + carefully</p> <p>小心考慮</p>	<p>We need to <u>consider the options carefully</u> before making the final decision.</p>
<p>v + considerably</p> <p>considerably + adj</p> <p>顯著地... / 大程度地...</p>	<p>His views <u>differ considerably</u> from those of his parents.</p> <p>This year's inflation rate is <u>considerably higher</u> than last year.</p>
<p>Consequently, + [N + V.]</p> <p>因此</p>	<p>I spent most of my money in the first week. <u>Consequently</u>, I had very little to eat by the end of the holiday.</p>
<p>Contrary to + n.</p> <p>與...相反</p>	<p><u>Contrary to popular belief</u>, a college education does not necessarily lead to a high-paying job.</p>
<p>depend + on + noun</p> <p>取決於</p> <p>depending on + noun, N + V</p> <p>取決於</p>	<p>Charities <u>depend on people</u> supporting their activities.</p> <p><u>Depending on your learning style</u>, I can tailor a personal learning plan for you.</p>

Despite + n 儘管	<p><u>Despite being a failure,</u> Louis still conducts himself graciously and with dignity.</p> <p>I still enjoyed the week <u>despite the weather.</u></p>
v + diligently 勤奮地	Katie <u>worked diligently</u> on her art project.
detrimental + effect / impact 負面影響 detrimental + to 不利於	<p>The chemicals have <u>a detrimental effect / impact</u> on the environment.</p> <p>Their decision could be <u>detrimental to</u> the future of the company.</p>
be + driven by 由...主導	The increase in house price <u>is driven by</u> excessive speculation.
easily + v / v + easily 輕易地	<p>Judy and Lynn can <u>easily focus</u> on their studies for 3 hours or more.</p> <p>If you study hard, you can <u>answer</u> the questions <u>easily</u>.</p>
endeavor / endeavour 嘗試; 努力	<p>I wish you all the best with your future <u>endeavors</u>.</p> <p>In spite of our best <u>endeavours</u>, it has proven impossible to contact her.</p>

Eventually, N + V 最終	<u>Eventually</u> , Stella got a level 3 in her DSE English exam.
exacerbate + noun 使某些情況惡化	The recent school closure will only <u>exacerbate the education loss</u> .
feasible 可行的	With the extra resources, the project now seems <u>feasible</u> .
Fierce competition 激烈的競爭 compete fiercely 激烈地	Graduates now face <u>fierce competition</u> in the job market. Students are <u>competing fiercely</u> for a spot in the local universities.
for the time being 暫時, 暫且	You should stop writing <u>for the time being</u> - we will finish it later.
followed by + noun 跟隨其後的是...	In the United States, potatoes are still the most popular food, <u>followed by</u> white bread.
Frankly, 老實說,	<u>Frankly</u> , I love all my students, and I treat them as a close friend, not just as a student.
Furthermore / Further, 此外, 而且	The house is beautiful. <u>Furthermore / Further</u> , it's in a great location.

Generally speaking, 一般而言	<u>Generally speaking</u> , getting a level 3 in DSE English only requires hard work.
genuinely + v genuinely + adj.	Most politicians <u>genuinely believe</u> they are right. I'm <u>genuinely sorry</u> for what my students have gone through.
go south [情況] 變壞	If things go south, just blame me and don't blame yourself.
Gradually, 逐步地, 逐漸地	<u>Gradually</u> , Coco and Nora regain confidence in their English skills.
be + grateful + that + N + V be + grateful + for + N.	I'm just <u>grateful that</u> I still have a job. Louis is <u>grateful for</u> all you have done.
hamper + noun 阻礙	School closures <u>hamper students' learning</u> .

harness + noun 控制; 利用	There is a great deal of interest in <u>harnessing wind and waves</u> as new sources of power.
Having said that, 儘管如此, 話說回來	He forgets most things, but <u>having said that</u> , he always remembers my birthday.
Honestly, 老實說	<u>Honestly</u> , I care about all of you.
Hence, 因此	He's just got a pay rise. <u>Hence</u> , he bought a new car.
Hypothetically, 假設而言	<u>Hypothetically</u> , the speaking exam can be canceled.
V + hands down 必然的 informal	Louis <u>is hands down</u> the best teacher. You all can pass the DSE English exam <u>hands down</u> .
In conclusion, N + V 總結而言	<u>In conclusion</u> , I think this is a good idea.

<p>In contrast, N + V</p> <p>相反</p>	<p>Louis didn't want to study. <u>In contrast</u>, his students work very hard.</p>
<p>incredibly + adj.</p> <p>難以置信地</p>	<p>The cake is <u>incredibly tasty</u>.</p>
<p>In case</p> <p>萬一</p>	<p><u>In case</u> he asks about where I am, you should tell him that I will be back soon.</p> <p>I don't think I'll need any money but I'll bring some <u>just in case</u>.</p>
<p>incidentally</p> <p>附帶地; 伴隨地</p>	<p><u>Incidentally</u>, I wanted to have a word with you about your business expenses.</p>
<p>inevitable</p> <p>無可避免的</p> <p>inevitably</p> <p>無可避免地</p>	<p>Taking the DSE is <u>inevitable</u> for most of you.</p> <p>Their arguments <u>inevitably end</u> in tears.</p>
<p>impeccable</p> <p>完美的, 無可挑剔的</p>	<p>The reasoning shown in Grace's arguments is <u>impeccable</u>.</p>
<p>Indeed, N + V</p> <p>事實上</p>	<p><u>Indeed</u>, I have been teaching English for about 6 years.</p>

<p>In fact, N + V</p> <p>事實上</p>	<p><u>In fact</u>, I always want to quit my job.</p>
<p>Initially,</p> <p>一開始時</p>	<p><u>Initially</u>, Louis knew very little about how to teach effectively.</p>
<p>In other words,</p> <p>換句話說</p>	<p>Hard work is required for success. <u>In other words</u>, if you don't work hard, it is hard to achieve success.</p>
<p>In spite of + N,</p> <p>儘管</p>	<p><u>In spite of his injury</u>, Ricardo will play in Saturday's match.</p>
<p>insist + on + N.</p> <p>堅持要</p>	<p>She <u>insisted on doing</u> all the work by herself.</p>
<p>In terms of + N ,</p> <p>有關於</p>	<p><u>In terms of the effect brought by school closures</u>, it is very serious.</p>
<p>Instead of + N</p> <p>而不是</p>	<p><u>Instead of watching a movie</u>, I prefer to read a book.</p> <p>After failing the exam, she decided to work even harder <u>instead of giving up</u>.</p>

<p>in tandem</p> <p>同時, 協同地, 聯合地</p>	<p>I want these two groups to work <u>in tandem</u> on this project.</p>
<p>be + inundated + with</p> <p>淹沒 / 使應接不暇</p>	<p>Every day, Louis <u>is inundated with</u> requests for help.</p>
<p>Just so you know,</p> <p>希望你知道</p> <p>[informal]</p>	<p><u>Just so you know</u>, the party will begin at 6 on Saturday.</p> <p>I deactivated my profile on the dating website, <u>just so you know</u>.</p>
<p>kick-off</p> <p>開始 [informal]</p>	<p>The football match will <u>kick off</u> at 2 in the afternoon.</p>
<p>kowtow</p> <p>卑躬屈膝, 唯命是從</p>	<p>Instead of <u>kowtowing</u> to the oppressive regime, people choose to fight.</p> <p>She didn't have to <u>kowtow</u> to her boss.</p>
<p>be + left to sb's own devices</p> <p>放任不管</p>	<p>When students <u>are left to their own devices</u>, they tend to feel less motivated to study.</p> <p>If I quit my job, you will <u>be left to your own devices</u>.</p>

a loaded question 誘導性問題	Your question about whether I have stopped caring about my students is <u>a loaded question</u> .
Maybe 或者	<u>Maybe</u> you were right after all.
Meanwhile, In the meantime, 與此同時	<p>Louis is studying psychology at CUHK. <u>Meanwhile</u>, he is working very hard at his teaching job.</p> <p>Louis is working on the notes for DSE English. <u>In the meantime</u>, you need to start doing past papers.</p>
momentarily 片刻地, 短暫地	She was <u>momentarily</u> confused by the foreign road signs.
Moreover, 除此之外	Louis enjoys teaching English. <u>Moreover</u> , he finds it meaningful to help his students improve their English skills.
mundane matter 瑣碎事	<u>Mundane matters</u> such as paying bills and shopping for food do not interest her.

namely 也就是說 用於舉例	We need to get more teachers into the classrooms where they're most needed, <u>namely</u> in high poverty areas.
Nevertheless, 不過, 仍然	Louis did everything he could. <u>Nevertheless</u> , he still failed.
nonchalantly 漠不關心地; 毫不在乎地	She responded to the issue <u>nonchalantly</u> .
no matter 不論	<u>No matter what</u> you say or do to me, I will always forgive you. <u>No matter where</u> you go, please let me know.
nonetheless 然而, 但是	There are serious problems in our country. <u>Nonetheless</u> , we feel this is a good time to return.
Note that 值得注意的事	<u>Note that</u> we have previously discussed this.
Not to mention 除...之外(還), 更不必說	He's one of the kindest and most intelligent, <u>not to mention handsome</u> , men I know.

obviously 明顯地	<u>Obviously</u> , the school cannot function without teachers.
On a positive / brighter note, 從好的方面來看	The market is going down now. But <u>on a positive note</u> , we have already sold all our stocks. To end <u>on a positive note</u> , you will find your success in the future.
On the contrary, 相反	There was no malice in her. <u>On the contrary</u> , she was very kind.
On the other hand, 另一方面	Most of my students want to do well in the DSE exams. <u>On the other hand</u> , they don't seem motivated enough to put the effort into making it a reality.
On top of that, 除此之外	Anna is very smart. <u>On top of that</u> , she is very kind and humble.
patently 顯然	It's <u>patently</u> obvious that he doesn't care.
potentially 潛在地; 可能地	Cycling is <u>potentially</u> very dangerous in Hong Kong.

Perhaps 或許	Perhaps the most important question has not been asked.
primarily 主要地	We're primarily concerned with keeping expenditure down.
particularly 特別, 尤其	We're particularly interested to hear from people who speak two or more European languages.
pose a challenge / threat / problem + to / for 造成, 引起(尤指問題或困難)	Nuclear weapons pose a threat to everyone. The mountain terrain poses particular problems for civil engineers.
Previously 較早前	Previously , we have discussed the budget for this event.
probably 很可能; 大概	I'll probably be home by midnight.
Regarding + noun 有關於	Regarding the employment policy, we have a few questions that we want to ask. He wrote to me last week regarding a business proposition he thought might interest me.

<p>regardless + of + noun</p> <p>不管怎樣</p>	<p><u>Regardless of</u> what others say or think about you, Louis always believes in you.</p>
<p>seize the opportunity + to</p> <p>把握機會</p>	<p>Louis wants to <u>seize the opportunity</u> to say good-bye to his students.</p>
<p>substantially</p> <p>在很大程度上</p>	<p>The new rules will <u>substantially change</u> how we do things.</p>
<p>subsequently</p> <p>隨後</p> <p>subsequent</p> <p>隨後的</p>	<p><u>Subsequently</u>, we can decide the date of the party.</p> <p>The mistakes were corrected in a <u>subsequent edition</u> of the book.</p>
<p>significantly</p> <p>顯著地; 相當數量地</p>	<p>The number of students taking the DSE exams has dropped <u>significantly</u> in recent years.</p>
<p>supposedly</p> <p>大概; 恐怕</p>	<p><u>Supposedly</u>, she never spoke to him again.</p>

take stock of 仔細考慮; 作出判斷; 評估	After teaching English for four years, Louis decided to <u>take stock of his life</u> .
telling 反映真實情況的 tellingly 反映真實情況地	I really appreciate the <u>telling</u> comments that I received from my students. Louis can always <u>write tellingly</u> .
temporarily 暫時	This office is closed <u>temporarily</u> for redecoration.
Through + n 透過	Louis supports himself <u>through working two jobs</u> . <u>Through exercising every day</u> , he lost 20 kg in a month.
To begin with 首先	<u>To begin with</u> , I want to thank all of you.
To say the least, 至少可以說	<u>To say the least</u> , studying for the DSE is not an easy task.
turn a blind eye to + Noun 視而不見	Management often <u>turns a blind eye to bullying</u> in the workplace.
turn a deaf ear 充耳不聞	In the past they've tended to <u>turn a deaf ear</u> to such requests.

undeniably [+ adj] 無可否認	Her remarks are <u>undeniably true</u> . <u>Undeniably</u> , hard work is essential for your success in the DSE.
unfortunately 不幸地	<u>Unfortunately</u> , the trip was canceled due to the recent outbreak of Covid-19.
unforgettable + [experience] 難忘的	Serving as your tutor in this school year is <u>an unforgettable experience</u> for me.
vividly + [recall / remember] 鮮明地	Even now, I can still <u>vividly remember</u> the day we spent together in Tsim Sha Tsui.
a vicious circle 惡性循環	Many people <u>get caught/trapped in a vicious circle</u> of dieting and weight gain.
With + noun 在...之下 / 由於 / 透過	<u>With the help from Louis</u> , her English skills improved. She bought a new car <u>with the money from her parents</u> .
Without + noun 在沒有 ... 之下	She left <u>without saying anything</u> . <u>Without your help</u> , I don't think we can pull that off.

Without a doubt, 毫無疑問	She is <u>without a doubt</u> the best student I have ever taught. <u>Without a doubt,</u> Louis care about you.
[have] a zero-tolerance policy + on 對某些事零容忍	The school has <u>a zero tolerance policy on bullying.</u>
zoom in on sth 留意到; 特別關注	Henry immediately <u>zoomed in on</u> the weakest part of my argument.

Extra Phrase

Extra Phrase

[illegible]

Common Sentence Pattern By Formats and Functions

Introduction for Letter to the Editor Introduction (2 steps approach)

Step 1: 用問題的字來說明你寫信的目的

- I am writing in response to ____ (a recent / the writer's) _____ article published in _____ (name of the newspaper or magazine) _____ on _____ (date) _____
 - **E.g.**
 - I am writing in response to a recent article published in Young Post on January 22.
 - I am writing in response to Louis Tsang's article published in Young Magazine on January 25.
- The issue of _____ has been in the news recently.
 - **E.g.**
 - The issue of drug abuse has been in the news recently.
 - The issue of internet addiction has been in the news recently.
- It seems that _____ is a _____ trend / concern among _____ (group of people) _____
 - **E.g.**
 - It seems that emigration is a growing trend among Hong Kong people.

Step 2: 引申問題 + 提出立場

- Given the / Based on / Because of + ____ (Noun)_____, I agree ... / could not agree... / question whether / think the journalist has made a mistake... / believe the journalist has overlooked... / wholeheartedly support that

- **E.g.**

- Based on the information provided in last week's article, I think the journalist has made several mistakes when he claimed that our company misled our customers.
- Given the current situation, I wholeheartedly support the class suspension because it can protect the students, contain the spread of Covid-19, and cut off the transmission links.
- Because of the potential risks associated with self-driving car, I question whether it is too early to allow the test-drive of self-driving cars in Hong Kong as it can definitely put people's lives in danger, cause damage to property, and even lower people's confidence in the future of self-driving cars.
- Because of the biased opinion presented in Louis's article, I could not agree with his views, and I would like to point out that our company holds a high standard for our products, take each complaint seriously, and respect all of our customers.

Conclusion for Letter to the Editor Introduction (2 steps approach)

Step 1: 重申立場/回顧重點

- In conclusion, I want to reiterate my position by stating that ...
 - **E.g.**
 - In conclusion, I want to reiterate my position by stating that school closures can have negative impacts on students' learning and development because it hampers their learning progress and prevents them from trying out new things.
- To sum up, I hope I have made it clear that
 - **E.g.**
 - To sum up, I hope I have made it clear that self-driving cars are not safe to be tested on the road until further studies have been carried out.
- To recap, _____
 - **E.g.**
 - To recap, the emigration wave in Hong Kong has not only caused a serious brain drain in Hong Kong's labor market but also resulted in a void in the labor supply in Hong Kong.

Step 2: 展望將來 / 用問題去引導讀者思考

- Moving forward,
 - E.g.
 - Moving forward, I expect to see more research on self-driving cars to be carried out and supported by the government.
- That being said,
 - E.g.
 - That being said, I honestly cannot support the decision to close all the schools in Hong Kong, and I look forward to seeing the school reopened sooner.
- To end on a positive note (之前的內容是負面的)
 - E.g.
 - To end on a positive note, the increasing number of Hong Kong residents leaving Hong Kong can mean that there will be more opportunities for young people and less competition for jobs.
- 提出問題去引導讀者思考
 - E.g.
 - If we have to carry out the test drive of self-driving cars in Hong Kong, we should ask what we can do to ensure the safety of the people.
 - Given the current emigration wave, one obvious yet important question remains: how can we rebuild Hong Kong people's confidence in this city?

Introduction for a reply to an email / letter of complaint or enquiry (3-steps approach)

Step 1: 禮貌回應

- Thank you for your letter / email dated on ____ (date) ____ in which you raised concerns / enquiries about
 - **E.g.**
 - Thank you for your letter dated on January 29 in which you raised concerns about the food quality provided in our hotel.
 - Thank you for your email dated on January 30 in which you raised enquiries about becoming a sponsor for the upcoming film festival.
- We appreciate your taking time to reach out to us and would like to assure you that...
 - **E.g.**
 - We appreciate your taking time to reach out to us and would like to assure you that your complaints will be taken / handled seriously.
 - We appreciate your taking time to reach out to us and would like to assure you that the sponsorship program is still open for application.

Step 2: 表達遺憾（投訴）

- We are deeply sorry that...
 - **E.g.**
 - We are deeply sorry that the customized cup you received were mishandled and that it was shattered when you unboxed it.
- We are disappointed to learn that...
 - **E.g.**
 - We are disappointed to learn that you are not satisfied with the customer services that you receive at our center and that you felt like you were treated unfairly by our staff members.
- We would like to apologize for ...
 - **E.g.**
 - We would like to apologize for causing you a lot of inconveniences and troubles throughout the trip mainly because we made a typo in your booking.

Step 3: 交待行動（投訴）

- To compensate for your _____, I am writing to inform you that
 - **E.g.**
 - To compensate for your loss, I am writing to inform you that we will refund your purchase, offer you a brand new cup for free, and pay for the shipping fee.

Step 3: 交待行動 (投訴)

- In response to your complaints, I am writing to assure you that...
 - **E.g.**
 - In response to your complaints, I am writing to assure you that we have already completed the investigation on the issue, disciplined the staff members who acted impertinently, and taken the necessary steps to prevent similar issues from happening in the future.

Step 2: 表達期待/喜悅 (回應查詢)

- We are glad / delighted to learn that
 - **E.g.**
 - We are glad to learn that you are interested in our student membership program.
 - We are delighted that you are considering sponsoring the film festival this year.
- It is our pleasure to find out that
 - **E.g.**
 - It is our pleasure to find out that you are taking the steps to join our basketball training course that is designed for beginner basketball players.

Step 2: 表達期待/喜悅 (回應查詢)

- It is our honor to learn that
 - **E.g.**
 - It is our honor to learn that you excited about the cycling trip in Cheung Chau next month.

Step 3: 提供更多資訊 / 協助 (回應查詢)

- To give you more information, I am writing to
 - **E.g.**
 - To give you more information, I am writing to share with you the information about the requirements for sponsoring this year's film festivals, the benefits of being a sponsor, and the special arrangements that we have for our sponsors.
- To assist you in your _____, I am writing to
 - **E.g.**
 - To assist you in your registration, I am writing to provide you with the updated information about our program, the fees we charge for our members, as well as the benefit of signing up now.
- To keep you excited about _____, I am writing to ...
 - **E.g.**
 - To keep you excited about the upcoming cycling trip, I am writing to give you a recap about the route, point out some highlights of the tour, and offer you some useful tips.

Conclusion for a reply to an email / letter of complaint or enquiry (2 steps approach)

Step 1: 重申立場/回顧重點

- In conclusion, I want to restate that ...
 - E.g.
 - In conclusion, I want to restate that we are deeply sorry for your loss, and we are doing everything we can to compensate you because we indeed value our customers.
- To sum up, I hope
 - E.g.
 - To sum up, I hope you now have a clearer idea about the entire registration process, the required documents, as well as the benefits for signing up now.
- To recap, _____
 - E.g.
 - To recap, the sponsorship program is still open for application, and all you need to do is to fill in the required forms and pay the application fee.

Step 2: 保持聯絡

- Should you have further concerns / questions,
 - E.g.
 - Should you have further concerns, please don't hesitate to reach out to us again via email.
 - If you have more questions about our program, please feel free to reach out to us again.
- Thank you for _____, and I / we look forward to (回應查詢)
 - E.g.
 - Thank you again for your interest in our program, and we look forward to hearing from you again,
- (What are you waiting for?) We can't wait to (回應查詢)
 - E.g.
 - We can't wait to see you in our fitness courses!
- In the future, we hope
 - E.g.
 - In the future, we hope we can have another chance to provide our services for you, and we promise that we are going to do better next time / improve our business operations by then.
 - In the future, we hope we can have another chance to have you as our customer, and we promise that we will not let you down next time.

Introduction for letter of request (3-step process)

Step 1: 表明身份

- My name is _____, and I am the ____ (position) ____ from ____ (school) _____
 - **E.g.**
 - My name is Chris Wong, and I am the president of the Sports Club from ABC Secondary School.

Step 2: 帶出背景

- Based on _____, I / we noticed that...
 - E.g.
 - Based on your most recent Facebook post, we noticed that your company is developing a new project to help students learn about AI applications.
- Through _____, I learned / found that...
 - E.g.
 - Through the leaflets that your company hands out, I found that your company is looking for a partnership with a local school.
- Recently, I / we learned that ...
 - E.g.
 - Recently, we learned that your fitness center is being renovated and has already ordered new fitness equipment to replace the old one.

Step 3: 交待目的 + 原因

- Because of that, I am writing (on behalf of _____) to ask if you can _____ /
enquire about + noun
 - E.g.
 - Because of that, I am writing to ask if you can donate your old equipment to our school as your donation can help our students and your center in multiple ways.
 - Because of that, I am writing on behalf of our student body to inquire about the possibility of your center donating the old equipment to our school as your donation does not only benefit our students, but also saves your center the trouble of getting rid of the old equipment.
- Given + noun, I am writing to seek + noun / enquire about + noun
 - E.g.
 - Given the timing of your advertisement, I am writing to seek your permission to let our students participate in your program because this is a great opportunity for our students to learn about AI.
 - Given the situation, I am writing to inquire about the potential of your company sponsoring our Sports Day since your sponsorship will not only contribute to the success of our Sports Day, but will also help you promote your brand.

Conclusion for letter of request

Step 1: 回顧重點

- Overall, _____
 - **E.g.**
 - Overall, your donation can create a win-win situation for both our students and your company because it gives a chance to our students to stay healthy, help your center save money, and create a positive image for your fitness center.
- To sum up, _____
 - **E.g.**
 - To sum up, your sponsorship can create a win-win situation for both our students and your company since it can support our Sports Day, help you promote your brand, and let more people in our community know about your company.
- Based on what I have mentioned above, I hope you can see that
 - **E.g.**
 - Based on what I have mentioned above, I hope you can see that your donation can create a win-win situation for both our students and your company as it can give a chance to our students to stay healthy, help your center save money, and create a positive image for your fitness center.

Step 2: 有力的 *ending*

- With all that being said, I hope you can consider our request favorably, and I look forward to hearing your reply.
- After reading all I have said above, please consider our request favorably, and I look forward to hearing from you soon.
- Based on what I have said so far, I hope you can decide in favor of my request, and I look forward to hearing from you soon.

Introduction for letter of job application (2-step process)

Step 1: (禮貌開頭) + 表明身份

- (I hope this email finds you well). My name is _____, and I am a _____ who _____
 - **E.g.**
 - My name is Chris Wong, and I am a Form 6 graduate who has recently finished my DSE exams.

Step 2: 帶出背景 + 指明來信目的

- I would like to submit my application for ____ (job title) ____ that ____ (your company) ____ posted on ____ (newspaper / website) ____ + ____ (date / time) ____
 - **E.g.**
 - I would like to submit my application for research assistant that the Psychology Department posted on JobsDB last week.
- Recently, I learned about the job opening for ____ (job title) ____ from a job advertisement posted by ____ (company name) ____ on ____ (newspaper / website) + ____ (date / time) ____, and I am writing to apply for that position.
 - **E.g.**
 - Recently, I learned about the job opening for reporters from a job advertisement posted by Young Post on the South China Morning Post on January 25, and now I am writing to apply for that position.

Conclusion for job application

Step 1: 交代履歷文件

- **E.g.**
 - Please find my resume, cover letter and portfolio attached for your **perusal**.
 - Kindly find my resume and cover letter attached (in this letter).
 - Attached is my resume, cover letter and portfolio.

Step 2: 聯絡方法

- **E.g.**
 - Should you have any questions or would like to have more information from me, feel free to reach me via email or mobile (1234 5678).
 - If you require more information from me, please don't hesitate to get in touch with me via email or mobile (1234 5678).
 - Please feel free to contact me on email or mobile (1234 5678) if you would need more information from me.

Step 3: 禮貌結尾

- **E.g**
 - Thank you for your time and consideration. I look forward to hearing from you.

Introduction for letter of complaint (2-step process)

Step 1: 按照題目去交代事情 / 背景

- Recently, _____. + But to my disappointment, _____
 - E.g.
 - Recently, I signed up for the gym membership at your fitness center, hoping to improve my fitness with the help of your trainers and equipment. But to my disappointment, I found that the gym is always crowded and the trainers are always unavailable.
- As a long-time / first-time customer of your company, I _____
 - E.g.
 - As a long-time / first-time customer of your company, I was disappointed by the recent order that I made / I am concerned with the quality of the food served in your restaurant.
- When _____
 - **E.g.**
 - When my family and I dined in your restaurant last week, we were dissatisfied and infuriated by the unprofessional service provided by your waiters as well as the horrifying food quality.
 - When I received the latest iPhone ordered from your online store, I was disheartened to find that the screen was broken.

Step 2: 帶出背景 + 指明來信目的

- Given the / Based on + ____ (Noun)____, I am writing to **complain** about ...
 - E.g.
 - Given the unacceptable treatment I received last week, I am writing to complain about the impertinent staff members in your Mong Kok branch.
 - Based on our recent visit to your hotel, I am writing to complain about the poor hygiene quality as well as the dissatisfactory services provided by the staff.
- Because of + ____ (noun)____, I am writing to voice my concern about ...
 - E.g.
 - Because of the horrifying experience my family and I had in your restaurant, I am writing to voice my concern about the latest arrangement of your restaurant as well as the quality of the food/
- In light of + ____ (noun)____, I am writing to express my dissatisfaction about ...
 - E.g.
 - In light of the recent incident in your store, I am writing to express my dissatisfaction about the customer services offered by your store as well as the quality of the products your company provided.

Conclusion for letter of complaint (2-step process)

Step 1: 要求對方作出行動

- In light of my experience, I believe it is incumbent on your company to...
 - E.g.
 - In light of my experience, I believe it is incumbent on your company to issue an apology to me and my family members as well as to discipline your unruly staff members.
- Based on what I have mentioned above, / That being said, I think it is only reasonable for me to request your company...
 - E.g.
 - Based on what I have mentioned above, I think it is only reasonable for me to request a full refund for my purchases as compensation.
 - That being said. I think it is only reasonable for me to request your company to refund my purchase.

Step 2: 強烈指出對方不行動的後果

- Unless you are able to ___(do something)___, I regret that I will be compelled / have no choice but to
 - E.g.
 - Unless you are able to discipline your impertinent staff and improve your customer services, I regret that I will be compelled to cancel my membership.
 - Unless you are able to discipline your impertinent staff and improve your customer services, I regret that I will have no choice but to leave a negative review on your website.
- Should you be unable to _____(do something)_____, I will have no choice but to / be compelled to....
 - E.g.
 - Should you be unable to offer me a refund, I will have no choice but to take the matter to the Consumer Council.
 - Should you be unable to discipline your impertinent staff and pay for the loss we suffered, I will be compelled to take the matter to court.

實用上下款

	Formal	Informal
上款	Dear	Hi, / Hello,
下款	Yours truly [a bit personal] Sincerely (知道對方名字) Faithfully (不知道對方名字) Regards Kind regards Best regards	Best wishes, Best Love With love

Introduction for (Argumentative) Essay / Article (4-step formula)

Step 1: 按照題目去帶出事情 / 背景

- Recently, ____ (事件 / 議題) ____ have / has been trending on the internet / the news.
 - E.g.
 - Recently, space travel has been trending on the news.
 - Recently, Tik-tok challenges have been trending on the internet.
- Lately, ____ (事件 / 議題) ____ have / has become a concern among ____ (people) ____
 - E.g.
 - Lately, the spread of Covid-19 at schools has become a growing concern among parents in Hong Kong.
 - Lately, internet addiction has become a serious concern among teachers and parents.
- These days, ____ (事件 / 議題) ____ have / has sparked a heated debate / a lot of controversy among ____ (people) ____
 - **E.g.**
 - These days, social distancing policies have sparked a heated debate among the people in the Western society.
 - These days, the use of marijuana has sparked a lot of controversy among the people in America and Canada.

Step 2: 切入點

- While some people support ____ (x) ____, others believe that ____ (not x) ____
 - E.g.
 - While some people support the social distancing rules, others believe that the social distancing restrictions are completely unnecessary and ineffectual.
- The supporters of ____ (x) ____ argue that ____ (x is good) ____, but on the other hand, the opponents of ____ (x) ____ believe that ____ (x is not good) ____
 - E.g.
 - The supporters of the use of marijuana argue that using marijuana for recreational purposes is beneficial to people, but on the other hand, the opponents believe that the use of marijuana can be detrimental to people's health.
- Most ____ (people) ____ believe that ____ (x is good) ____ whereas some argue that ____ (x is not good) ____
 - E.g.
 - Most parents believe that restricting children's screen time is necessary, whereas some argue that it is better to teach students how to use their smartphones properly.

Step 3: 提出立場 *

- Although both sides present some convincing arguments to support their position,
I think that / believe that ...
 - E.g.
 - Although both sides present some convincing arguments to support their position, I think that the use of marijuana should be allowed.
- From my perspective, I believe / side with the ____ (people) ____ because...
 - E.g.
 - From my perspective, I side with the parents who are against the class suspension because class suspension is not necessary to curb the spread of Covid-19.
- With regard to this issue, I agree / disagree (with ____ (people) ____) that ...
 - E.g.
 - With regard to this issue, I disagree with the parents who restrict children's screen time because it does not benefit the children in the long run.
- **Special Case: [Discussing pros and cons]**
 - E.g.
 - Because both sides present some convincing arguments to support their position, I believe it is prudent to first discuss the pros and cons regarding space travel, and I am going to offer some potential solutions for this issue

Step 4: Extend thesis **

- In the following paragraphs, I am going to argue that...
 - E.g.
 - In the following paragraphs, I am going to argue that class suspension can affect students' learning progress, increase students' workload indirectly, and deter students from developing their social skills.
- In this essay, I am going to support my position with three reasons: (1)...; (2)... ,;and (3)...
 - E.g.
 - In this essay, I am going to support my position with three reasons: (1) the current social distancing rules are not scientific; (2) the social distancing rules are ineffectual; and (3) the social distancing rules place an unnecessary burden on parents, business owners, and employees.

Conclusion for Essay or Article (2 steps approach)

Step 1: 重申立場/回顧重點

- **In conclusion, I want to reiterate my position by stating that ...**
 - **E.g.**
 - In conclusion, I want to reiterate my position by stating that school closures can have negative impacts on students' learning and development because it hampers their learning progress and prevents them from trying out new things.
- **To sum up, I hope I have made it clear that**
 - **E.g.**
 - To sum up, I hope I have made it clear that restricting children's screen time does not necessarily help students get rid of internet addiction.
- **Based on what I have mentioned above, I hope _____ because ...**
 - **E.g.**
 - Based on what I have mentioned above, I hope we can rethink about whether the social distancing rules are effective and necessary because at the moment those rules, which are not based on science, are not working properly to curb the spread of Covid-19 and placing an extra burden on parents, small business owners, and employees.
- **[Special Case]** Through discussing the pros and cons of legalizing marijuana, I would like to end by proposing a few solutions / suggestions for this issue.

Step 2: 展望將來 / 用問題去引導讀者思考

- **Moving forward, [informal / semi-formal]**

- E.g.

- Moving forward, I expect to see more research on space travel to be carried out and supported by the government.

- **That being said,**

- E.g.

- That being said, I honestly cannot support the decision to close all the schools in Hong Kong, and I look forward to seeing the school reopened sooner.

- **To end on a positive note (之前的內容是負面的)**

- E.g.

- To end on a positive note, the increasing number of Hong Kong residents leaving Hong Kong can mean that there will be more opportunities for young people and less competition for jobs.

- **提出問題去引導讀者思考**

- E.g.

- If we have to allow the use of marijuana, we should ask what we can do to prevent people from becoming addicted to it.
- Given the current situation, one obvious yet important question remains: what can we do to improve the current anti-Covid measures?

Introduction for Speech

Step 1: Greeting

- Good morning / afternoon, principal, teachers, and fellow students,
- **[視乎情況]客氣說話**
 - E.g.
 - Welcome to the annual Christmas Dinner!
 - It's my honor to be standing here in front of you all and share about my experience.

Step 1: 引起觀眾興趣 (自問)

- **Before I begin, I'd like to ask if you have ever**
 - E.g.
 - Before I begin, I'd like to ask if you have ever tried skiing before?
- **Let me start by asking you a question: _____?**
 - E.g.
 - Let me start by asking you a question: how many of you have tried ice-skating before?
- **Today, I'd like to start by sharing an event that happened to me recently.**
- **(Please) Raise your hands if you've ever...**
 - E.g.
 - Please raise your hands if you've ever heard of artificial intelligence.

Step 1.5: 自答

- **Judging by / Based on the response / the show of hands, it seems like most of you...**
 - E.g.
 - Judging by the show of hands, it seems like most of you have not heard of e-sports.
 - Based on your response, it seems like most of you know about AI.

Step 2: 主旨

- **Today, I'd like to share with you...**
 - E.g.
 - Today, I'd like to share with you what I learned from joining the STEM club, the benefit of taking part in STEM activities, as well as why you should consider joining too.
- **In today's speech, I'd like to talk about...**
 - E.g.
 - In today's speech, I'd like to talk about the importance of sleep, how many hours of sleep we need, and why sleeping can help you study more effectively.
- **For today's speech, I'm going to divide it into three parts...**
 - E.g.
 - For today's speech, I'm going to divide it into three parts: why we sleep, why students don't get enough sleep, and what students can do.

Conclusion for Speech

Step 1: 重申立場/回顧重點

- **To sum up, I hope ...**

- **E.g.**

- To sum up, I hope you now have learned something new about AI and its application.

- **To recap, I ...**

- **E.g.**

- To recap, I talked about the importance of sleep, how many hours of sleep we need as well as what you can do to get enough sleep.

- **Based on what I have said so far, I hope _____ because ...**

- **E.g.**

- Based on what I have said, I hope you're now excited to take part in the upcoming Spring Banquet.

- **Just in case you missed some of my points, I**

- **E.g.**

- Just in case you missed some of my points, I want to remind you that the upcoming summer festival will be held on June 26 just after the last day of exam.

Step 2: 引導讀者思考 / 交代活動訊息

- **If you learn nothing from my speech, at least remember that**
 - E.g.
 - If you learn nothing from my speech, at least remember that joining the STEM club can definitely broaden your horizon and help you learn how to think logically.
- **If what I have just said is too difficult for you to understand, don't worry and I want you to take away with this:**
 - E.g.
 - If what I have just said is too difficult for you to understand, don't worry and I want you to take away with this: sleeping is an essential activity that keeps us functioning properly.
- **Let me leave you with this question:**
 - E.g.
 - Let me leave you with this question: do you want to regret not trying your best when you look back in the future?
- **To sign up, please contact ... and I look forward to seeing you _____**
 - E.g.
 - To sign up, please contact Mr. Chan via email and I look forward to seeing you at the summer festival.

Introduction for Proposal

Step 1: 交代背景

- **Nowadays, it is widely acknowledged that _____ has become a threat / problem / growing concern.**
 - E.g.
 - Nowadays, it is widely acknowledged that misinformation has become a growing concern in our society.
- **It will escape no one's attention that _____ has been on the rise in recent years.**
 - E.g.
 - It will escape no one's attention that e-payment has been on the rise in recent years.

Step 2: 提出主旨

- **In this proposal, I call on ____ (機構 / 學校 / 組織) _____ to...**
 - E.g.
 - In this proposal, I call on the ABC school to develop a new program that aims to educate students on how to identify misinformation.
- **Because of that, we propose that**
 - E.g.
 - Because of that, we propose that the government should invest more in promoting the use of e-payment not only in large retail stores but also in small businesses.

Conclusion for Proposal

Step 1: 重申立場/回顧重點

- **In conclusion, I want to reiterate that ... because / as**
 - **E.g.**
 - In conclusion, I want to reiterate that e-payment is essential for transforming Hong Kong into a smart city as it provides a faster and safer transaction and helps protect the environment.
- **To sum up, ...**
 - **E.g.**
 - To sum up, the need to combat the spread of misinformation is real and urgent because misinformation can mislead our students and put them at risk.

Step 2: Call to action

- **As a result, I urge ...**
 - **E.g.**
 - As a result, I urge the school to take actions immediately by adopting the proposed measure mentioned in this proposal.
- **Because of that, I genuinely hope**
 - **E.g.**
 - Because of that, I genuinely hope that the government will consider my proposal favorably and adopt the solutions that are proposed above.

Body Paragraphs Pattern

兩種基礎寫作手法

- 時序描述
- 比較描述
- 推論描述

時序描述

- **About ____ (time) ____ ago,**
 - About 3 years ago, I still had no clues about what I wanted to do.
 - About a decade ago, I started my journey to study abroad.
- **A long time ago,**
 - A long time ago, Hong Kong was a fishing village.
- **As time passes,**
 - As time passed, Hong Kong has evolved into an international finance center.
- **At the same time,**
 - At the same time, Hong Kong people are becoming wealthier.
- **Back then,**
 - Back then, the villagers used to farm for living.
- **Back in the days,**
 - Back in the days, people didn't have electricity.

-
- **Before ____ (time / noun) ,**
 - Before 2017, Louis studied and worked in San Francisco.
 - Before the start of the century, most people still worked in the factory.
 - **By ____ (time / period),**
 - The government aims to transform Hong Kong into a smart city by 2025.
 - By the time I got home, Cherry had already finished the quiz.
 - **Centuries ago,**
 - Centuries ago, a lot of children didn't get to go to school.
 - **Decades ago,**
 - Decades ago, people didn't even have television at home.
 - **During ____ (period)____,**
 - During World War 2, many people lost their homes.
 - Louis fell asleep during the lesson.
 - **Eventually**
 - Eventually, Charlotte got into a famous university in the UK.
 - **Finally**
 - Finally, Louis's students moved on to a new chapter in life with confidence and courage.
 - **frequently**
 - Louis exercises frequently to stay healthy.

- **From time to time,**
 - Louis only watches anime from time to time.
- **Gradually**
 - Gradually, more and more people come and visit the village.
 - He fell in love gradually.
- **Immediately,**
 - My students recognize me immediately when they see me.
 - Immediately, I offered to help her.
- **Instantly,**
 - Stella knew the answers almost instantly.
- **In the meantime,**
 - Lynn's computer won't arrive till Thursday. In the meantime, you can use Judy's.
- **In _____(year / time)____,**
 - In 2017, Louis graduated from college.
- **Meanwhile**
 - Coco's starting college in September. Meanwhile, she's traveling around Europe.
- **momentarily**
 - Louis appeared momentarily.
- **Occasionally,**
 - Louis occasionally received letters from his friends in America.

- **oftentimes**

- Oftentimes, people blame video games for children's aggressive behaviors.

- **On ____ (date) ____**

- On Christmas Day, I went out and had a wonderful time with my best friend.

- **Over the ____ (year / period) ____**

- Over the past few years, Louis has been struggling to figure out his career path.

- **periodically**

- I check my mailbox periodically.

- **rarely**

- These days, I rarely play computer games.

- **sometimes**

- Sometimes, I want to quit.

- **seldom**

- I seldom see her after graduation.

- **Throughout the ____ (period) ____**

- Throughout the past few years, my students have been through a lot.

- **When**

- When Nora finished her DSE exams, she would be very happy.

- **While**

- While Grace is focusing on her studies, she continues to develop a wide range of interests.

- **Within ____ (a period of time) ____**

- Within 5 years, Katie has become a famous artist and received numerous awards for her art work.

Topic Sentence Pattern

Sequential Topic Sentence

- **To start / begin / commence with, ...**

- To begin with, regular exercise is essential for good health as our body needs to remain active in order to function properly.
- To commence with, I do not support the cancellation of Paper 4 because students have put a lot of effort into preparing for it.

- **First of all...**

- First of all, electric cars are more expensive than petrol cars due to the technology and materials required to make an electric car.

- **Firstly...**

- Firstly, the lack of sleep can affect students' performance negatively.

- **On top of that**

- On top of that, students' learning has already been hampered due to the outbreak of Covid-19.

-
- **Besides X,**
 - Besides being costly, owning an electric car is more inconvenient compared to petrol cars because you have to ensure that you can find a charging station in case your electric vehicle runs out of battery.
 - **In addition to X,**
 - In addition to regular exercise, having a balanced diet is equally important because we need proper nutrition to stay healthy.
 - **On the other hand,**
 - On the other hand, students have become jaded as they have to stay home and sit in front of their desk to study every day during the lockdown.
 - **Secondly,**
 - Secondly, sleep deprivation can have a negative impact on students' brains in the long run.
 - **Last but not least [informal / semi-formal]**
 - Last but not least, electric cars can be more dangerous than petrol cars since there have been several incidents regarding the explosion of electric cars' batteries in recent years.
 - **Lastly,**
 - Lastly, students are missing out on the opportunity to cultivate their interests and expand their social circles.

- **Before I end this speech / letter**

- Before I end this speech, I want to remind you that sleep is essential for every one of us.

- **Thirdly,**

- Thirdly, the lack of sleep can lead to mood swings, anxiety, and even depression in the long run.

Objective Topic Sentence [客觀地針對事件]

- **From ___X's___ perspective,**

- From the students' perspective, canceling the Paper 4 can do more harm than good.

- **In terms of ___x___,**

- In terms of electric cars, the owners have to bear the burden of installing a charging station in their parking lot or finding a nearest charging station that can allow him or her to charge the vehicle.

- **In light / view of ___x___,**

- In light of the Covid-19 epidemic, I recommend that we take the necessary precautions to ensure the health and safety of the students.
- In view of the false accusation, I have to point out that what he presented in his article was not based on science.

-
- **Regarding ____x____,**
 - Regarding students' stress, I suggest that we amend the mode of assessment.
 - **With regard to ____x____,**
 - With regard to the establishment of a STEM club, all the students would benefit from this addition to our existing school clubs.

Direct Topic Sentence

- **The advantage / disadvantage of ____x____ would be immeasurable if ...**
 - The advantage of using electric cars would be immeasurable if the government takes more actions to support the electric car owners.
- **It would be to our advantage / disadvantage that**
 - It would be to our disadvantage that we continue to force our students to learn from home as recent research studies have pointed out why online learning may not be effective.
- **Another reason why**
 - Another reason why regular exercise is essential has to do with how our body works.

Contrasting Topic Sentence [反襯的 Topic Sentence]

- **Although ...**

- Although students may need to burn the midnight oil from time to time, chronic sleep deprivation can be detrimental to students' health in the long run.

- **Contrary to**

- Contrary to popular belief, electric cars are not necessarily more environmentally friendly as charging the electric car's battery still emits a significant amount of greenhouse gasses.

- **Despite ...**

- Despite the threat of Covid-19, I do not think that students should stay home all the time.

- **Even though...**

- Even though staying up late to study can be inevitable, I think students should still try to get as much sleep as they can.

- **In contrast with,**

- In contrast with petrol cars, electrical cars cost more to maintain.

- **In spite of ____x____**

- In spite of the threat of Covid-19, I do not think that students should stay home all the time.

- **On the other hand,**

- On the other hand, students who get enough sleep can perform better at school.

- **Rather than**

- Rather than canceling the Paper 4, the Education Bureau should consider changing the mode of assessment for that paper.

Example Sentence Pattern

- **According to ____x____,**

- According to a recent research carried out by the Federation of Youth, 51% of students feel depressed due to the overwhelming stress.

- **Based on ____x____,**

- Based on a 2020 study on student's sleep habits, it has been shown that only 30% of the students got 6 hours or more sleep every night.

- **For example / instance,**

- For example, the lowest price for a brand new Tesla electric car costs about \$310, 000 HKD while a brand new petrol car from Toyota is half of that price.
- For instance, when students do not get enough sleep, they suffer from memory loss.

- **Take __X__ as an example,**

- Take online P.E. Lesson as an example, students who learn from home may not have enough space to do exercise at home, so they cannot benefit from the online P.E. lessons.
- Take my friend as an example, she has to stay up late until 2 a.m. every night to finish her assignments.

- **...like / such as / namely**

- Students are inundated with a wide range of academic tasks, like assignments, quizzes, and exams.
- The move to introduce halal food would promote cultural understanding and prompt businesses such as McDonald's and Mos Burger to follow suit.
- We need to get more teachers into the classrooms where they're most needed, namely in high poverty areas.

- **To illustrate my point,**

- To illustrate my point, I would point out that children are developing rapidly and they need to get enough sleep to help their body grow and recover.

- **To support my position,**

- To support my position, I would ask you to consider the consequences of forcing the students to stay home and just take online lessons for a long period of time.

Analysis Sentence Pattern

- **If...**

- If you compare electrical cars with petrol cars, it is obvious that petrol cars are less expensive and more convenient to maintain.

- **Indeed, ...**

- Indeed, students of our generation are going to fall behind in their development as the social distancing policies and class suspension continue to remain in place.

- **In fact, ...**

- In fact, when I interact with my classmates, the first thing I realize is that they are unenergetic and a bit moody.

- **In other words**

- In other words, the lack of sleep affects students' energy level as well as their emotions, and in the long run, this is going to have serious consequences for our students.

- **To put it another way,**

- To put it another way, owning an electric car means that one has to spend extra money to maintain it while constantly worrying about its battery life.
- To put it another way, online learning is not an effective way for students to learn.

Summary Sentence Pattern

- **As a result**
 - As a result, promoting the use of electric cars in Hong Kong is not a wise decision.
- **Afterall,**
 - Afterall, students' mental and physical health should be our priority.
- **Consequently**
 - Consequently, students need to start developing a healthy sleeping habit, and to do so, they need the support from teachers and parents.
- **Eventually,**
 - Eventually, students will suffer from mental health issues and become overwhelmed by stress.
- **Hence [very formal]**
 - Hence, it is unwise to overwhelm students with a large amount of assignments and quizzes.
- **Thus [very formal]**
 - Thus, allowing the self-driving car to be tested on the road in Hong Kong is unwise.
- **Therefore**
 - Therefore, teachers and parents need to work together to ensure that students do not sacrifice their sleep for completing the assignments and preparing for the tests.

Topics about Education and School

Function of a school

1. The school functions as a miniature of our society, and schooling is a process of preparing students for the real world.
2. Schools are not only for learning skills from books and getting educated, but they are also for learning critical social skills.
3. At school, students can establish students' academic foundation, integral virtues and a sense of righteousness.
4. Creativity cannot be taught in a lesson because it can only be taught through practice.
5. Discipline cannot be understood in a lecture, but it can be understood through repetition and consistency.
6. All round personal development is the foundation of the education system in Hong Kong.
7. Students should be polished based on their particular areas of interest.
8. Learning does not only happen inside the classroom.
9. Personal achievements can go far beyond just an examination.
10. Opportunities for social contact and extracurricular activities should never be sacrificed as students actually benefit more from them.
11. Schools aim to nurture students with wholesome personalities, through the means of moral, intellectual, social as well as physical education.

Attitudes as a student

1. Adolescence is a period when a person's personality is shaped the most, so it is essential that students learn to socialize and assimilate with people, otherwise they will be socially handicapped in the future.
2. Acquiring knowledge is only one of the objectives in education. One should value a balanced development.
3. We should develop in ourselves a set of values and beliefs which composes our own set of values on life and patterns of behaviors.
4. We should stretch out to discover possibilities in life and assess our modes of behavior while being opened to new ideas and ways of thinking.
5. Teenagers shall realize the consequences of the things they do because what goes around comes around.
6. Everyone is born with a wide range of innate strengths and weaknesses in abilities, so it is important to learn how to cater for individual differences and appreciate the varieties in life.

What makes a good student?

1. Being obedient and polite.
2. Having good self-discipline.
3. Knowing how to manage their time well.
4. Having good decision-making skills while maintaining the willingness to cooperate with others.
5. Remain open minded to new things

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6. Can listen to others compassionately during a conversation
 7. Always lend a helping hand to peers.
 8. Obtaining brilliant academica results
 9. Take initiative to start something new

What makes a good teacher?

1. Have superb communication skills.
2. Being able to impart knowledge to their students effectively.
3. Be patient to students who need more assistance and encouragement.
4. Be compassionate and have a good understanding of their students so that they can develop a strong bond with them.
5. Show no sign of favoritism
6. Be knowledgeable about the subjects they teach
7. Be a role model, guide and trusted advisor
8. Help students discover their strengths and weaknesses

Study abroad?

1. Studying abroad is an invaluable opportunity for students to be exposed to a wide range of cultural and educational experiences.
2. Students can immerse into the overseas experiences, and gain greater insights
3. It enables to students to sharpen their language skills and broaden their horizons
4. Students can learn how to appreciate different cultures

Topic about family

Family issues

1. There is a trend that an increasing number of couples are getting divorced.
2. Some young couples may get married due to unplanned pregnancy and they tend not to take their marriage vows seriously.
3. Extramarital affairs can lead to a broken family, in which the children would become the victims.
4. More and more domestic violence cases have been reported during the Covid-19 outbreak.
5. Youngsters are likely to go astray when they are in dearth of love, care and attention from their parents.
6. Some parents vent their anger on their children through physical violence or verbal abuse.
7. Due to their hectic schedule, working parents seldom have time to tell children about their feelings, particularly their sadness and worries.
8. In Hong Kong, conflicts and clashes among family members can easily be intensified because many families share the same living space in a small flat.
9. No matter how many arguments we have or how hopeless we feel, our family is always by our side.

How to deal with family issues?

1. Patience, tolerance and mutual respect are essential to cope with conflicts, quarrels and arguments in a family.
2. Corporal punishment should never be exercised on rebellious and delinquent children.
3. Offering counseling can help rebellious and delinquent get back on the right path.
4. Sufficient communication can help bridge the generation gap between parents and children.
5. Learning to forgive and avoiding confrontation are the keys to maintaining a harmonious family relationship
6. Parents should avoid spoiling their children with excessive material comfort
7. Parents cannot easily give in whenever their children throw a tantrum
8. Parents need to learn how to strike a balance between being too lenient and being too strict.
9. We can treat one another as close friends so that we can share our feelings and talk freely.
10. Through having genuine conversation, parents and children can develop through understanding of one another
11. Material alone can never nourish family spirit.
12. Communication and mutual understanding are the keys for a strong family bond

13. As Confucius, who is the greatest Chinese scholar, regarded family as the basic unit of the whole society and country, harmony within the family and filial piety are highly valued in Chinese community

What makes a good parent?

1. Selflessness and a sense of responsibility are crucial
2. Parents always put the interest of their children before theirs
3. Being able to provide adequate love and care for the children and understand what they are going through on a personal level
4. Patience and tolerance are two important elements for good parenting
5. Being able to impart the right attitude to life in their children is the most important task for parents
6. Besides providing material resources to raise their children, parents should offer emotional support for them as they face challenges and difficult situations.
7. Parents should not neglect the children's need
8. Set a role model for their children to follow
9. Offer appropriate rewards and punishments according to children's behaviors

Topics about Mental health

Coping with Mental Health Issues

1. Professional counseling and even medical advice should be sought when symptoms first appear.
2. Early diagnosis can lead to speedy recovery.
3. People should never regard the issue as a taboo as this will only prevent themselves from seeking help and aggravate the situation.
4. Setting realistic goals is essential to manage your stress.
5. Students should not overexert themselves by setting unrealistic goals.
6. Balancing the daily grind with recreation like sports helps alleviate your stress.
7. Excessive drinking can help you escape your pain temporarily, but in the long run, it will only worsen your mental health problems.
8. Social life is crucial for maintaining good mental health because this allows you to have company when you need support from others.
9. Solitude is the seed for distress and pessimism.
10. Severe levels of stress can take a toll on our mental health and eventually lead to mental illness.
11. Exercising regularly is conducive in reducing stress
12. Meditation enables one to empty their minds of intrusive thoughts.

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13. Listening to upbeat music can lighten your mood.
 14. Chronic stress can lead to burnout and even depression
 15. The most important thing is that we take some action to deal with mental problems while it is still at an early stage.
 16. Patience and understanding are needed if you want to help someone overcome their mental problems.
 17. Seeking professional counseling can help students with mental issues.
 18. Teachers should avoid overwhelming the students with a heavy workload
 19. Parents and teachers need to pay close attention to students feelings and emotions
 20. Parents and teachers should encourage students to share their feelings openly.
 21. Mood swings, chronic fatigue, and the loss of appetite are obvious signs of mental problems
 22. It takes courage for students with mental health issues to seek help
 23. Schools should hold talks and workshops to educate students about how to maintain their mental health.

Topics for work-related issues

Students working part-time jobs

1. While many teachers and parents believe that obtaining outstanding results is the only responsibility for students, some students claim that taking up a part-time job while studying can be beneficial
2. A considerable number of students come from poor families, which find it difficult to afford the school fees and their lunches
3. Students are driven to seek a part-time job because they want to ease the burden of their working parents and even finance their own studies
4. Working part-time can be a great support to the family financially
5. Getting a part-time job can provide students with valuable experience for their future career.
6. Students can acquire practical skills at work, which they cannot learn in the classroom.
7. Besides practical skills, students can also explore their interests and potentials in a particular field
8. Their work experience can be listed on their resume, which will enhance the chance of finding a relevant job after they graduate
9. Working part-time also has a positive impact on students' personal development since they can sharpen their communication skills through dealing with different kinds of customers and co-workers.

10. In order to handle their assigned duties at work, students are trained to manage their time well and be responsible for their work.

11. Working part-time does not necessarily lead to the neglect of studies if students can manage their time well.

Benefits of Working part-time

1. It helps student become financially independent
2. If students only work a few hours per week and have good time management skills, it does not interfere with their studies
3. Students can gain valuable work experience and cultivate a sense of responsibility.
4. Working part-time can foster the development of interpersonal skills and teamwork
5. Having a part-time job does not only provide the working students with extra money, but also teaches them how to manage their money
6. Employees tend to favor employees who have some previous work experience, so working part-time boosts students' chance of getting hired

Cons of working part-time

1. Students are likely to be exhausted after work, and thus they cannot focus on their revision efficiently.
2. Working part-time deprives students of the chances to develop their personal interests or take a real break after school.
3. The work experience they gained from their part-time jobs is unlikely to be related to their future career

Things to consider before getting a part-time job

1. Reasonable salary
2. Working hours
3. Job duties
4. Job satisfaction
5. Opportunity for personal growth
6. Working conditions

How to deal with stress from work?

1. We should learn to recognize the signs of excessive stress at work, which include loss of interest in work, chronic fatigue, trouble concentrating and muscle tension or headaches
2. Doing physical exercise and getting enough sleep can help reduce the stress
3. We should prioritize our tasks by creating a balanced schedule.
4. We should never over-commit ourselves at work
5. It is important for your co-workers to realize the need for teamwork and team spirit, which can actually help relieve stress at work.
6. We should not try to attain perfection on everything
7. We should not overthink every situation and interaction at work
8. It's important to let go and not try to control the uncontrollable

Internship

1. With internships, you can get some hands-on experience in the industry that you are interested in.
2. Internships can boost your confidence in your ability to pick up new skills and adapt to a new environment
3. Internships can sometimes lead to a full-time job offer after students graduate.
4. Today's employers are more concerned with your work experience than your qualifications, and internships are often the best way to showcase gain such experience
5. An internship gives you the opportunity to apply the skills you have acquired in a real-world setting

Working holidays / Working abroad

1. Every year countless students from Hong Kong travel to foreign countries on working travel visas.
2. The idea behind working holidays is to allow young people to live, explore and travel in a foreign country while working part-time.
3. Students on working holiday will be allowed to experience the freedom that comes with independence.
4. In Europe and North America, it is common for students to work full-time for one year before starting university

Places for working holiday

1. Australia is one of the most popular working holiday destinations with good

reason since they have an abundance of jobs available.

2. Although many young people are huge fans of Japanese pop culture, the working culture over there is definitely not for everyone.
3. The Netherlands has a lot to offer too as many people come to work in the tulip bulb factories and can earn some decent money.
4. The UK Working Holiday Visa allows young people to work and live in four different countries: England, Scotland, Northern Ireland or Wales.

Advantages of Working holidays / Working abroad

1. Young people can meet like-minded people on their journeys, so the atmosphere will be fun, lively, and adventurous.
2. Practical work experience gained from working abroad can enhance their competitiveness in the job market.
3. Working holiday can expose students to a different culture and enhance their cultural knowledge.
4. Through working abroad and living on their own, youngsters can understand how difficult working life can be.
5. Having a year of work experience helps students discover their directions and learn about what they are looking for in their future career.
6. After returning, students can opt for their field of study with a rational mind and will not waste 4 years on a subject that they are not interested in.
7. Students can learn something more practical rather than pure academic knowledge which is based on theories.

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8. Students will discover, through the process of working abroad, what qualifications they lack.
 9. Working abroad will be the best way for youngsters to meet new people and develop new skills as they have to step out of their comfort zone during their stay in a different country.
 10. Allowing students to work for a year before entering university will help them become more mature while keeping the chance for further studies.

Disadvantage

1. Some people believe that having a year of work experience before entering university can be a waste of time because the work experience that young people can gain through working holiday is unlikely to be relevant for their future career in Hong Kong.
2. As many parents and teachers agree, it is not easy to catch up with schoolwork after they take a break from their studies to work overseas.
3. Some people are concerned that teenagers who are impressionable are easily tempted to take drugs in a foreign country where using certain kinds of drugs for recreational purposes is allowed because they have no better way to spend the money they earn from their job.
4. Some people are worried that young people may become depressed while working abroad as foreign workers invariably face discrimination abroad due to cultural difference.

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5. Young people may start to believe that it is worthwhile to give up on their studies and focus wholeheartedly on their work as they realize they can earn money, and thus they will not go back to study and give up entering university.

Topics about Sports (Credit to Stella)

Why playing sports is important

1. Through playing sports, people can nurture their mental strength and discipline.
2. Through participating in sports, people can develop resilience and courage to accept losses,
3. Sports are a good way to relieve stress.
4. Sports provide a healthier alternative for relaxation when compared with other options like playing computer games.
5. Doing regular exercise is indispensable for good health.
6. Regular exercise can reduce the likelihood of suffering from chronic diseases such as diabetes and hypertension.
7. It is easy to increase the extent of our physical exercise by a few simple measures which do not interfere too much with our way of life, such as walking short distances instead of taking a bus, and walking upstairs instead of taking a lift.
8. Doing sports is also a good way for use to learn the importance of sportsmanship and perseverance.
9. Students usually feel energized after exercising, which in turn improves their concentration.

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10. The lifestyle choice we make now may have a lasting impact on our life.
 11. Increasing your fitness level can have other positive effects on other aspects of your life.
 12. Exercise will not only increase your all-round health, but it will also help you develop a better body image and a more positive outlook on life.
 13. Exercise can enhance your ability to concentrate and your self-confidence.
 14. Exercising regularly helps us feel fresh and strengthen our immune system.
 15. Life is not all about studying, scoring high marks in exams or making money.
 16. Doing sports will help you learn to strike a balance between work and play.
 17. Sports offer you an exciting, satisfying, and rewarding way to participate in a larger world.
 18. Playing sports can help you relax because it takes your mind off from the things that bother you, and afterwards you can concentrate more on studies or work.
 19. Sports help you value effort and perseverance.
 20. Raw physical talent is not sufficient to win the game, and practice is always the key for improvement.
 21. Sports offer a splendid way to cultivate friendship and develop peer groups.

Team Sports

1. Through taking part in team sports, people can understand the importance of team spirit because they have to work together for the success of the team as a whole rather than having concerns only for their own individual success.
2. When we participate in team sports, we develop important social skills like how to support one another and how to take the lead.
3. In team sports, we share the joy and disappointment of winning or losing.
4. With our teammates, we work together towards a common goal.
5. Team sports offer a platform for the teenagers to improve their social skills that can serve them well throughout their lives.
6. Through the interaction with your teammates, you develop your interpersonal skills and achieve a common goal.
7. When you train and play alongside your teammates, you will have the chance to forge long-standing friendships.
8. The friendships you develop through team sports can be a source of support in your school years or even beyond, and can greatly enrich your life.
9. Team sports provides you with an opportunity to be a team leader or player.
10. Teenagers can learn to get along and cooperate with their teammates who are striving for a common goal.

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11. Young people will gradually learn to appreciate the strengths of their teammates and compensate for their weaknesses.

Injuries and Injury prevention

1. Cramps or bruises might occur if we do not take necessary precautions
2. We should warm up before doing exercise and have a cool down period afterwards.
3. Wearing protective devices or gears is one of the measures to lower the chance of sports injuries.
4. It is essential for us to observe the rules and regulations of the activities and be aware of the surroundings and changes in the environment.
5. We are advised to do extreme sports under the guidance of a trained instructor, lest we should suffer a serious injury.
6. Drinking enough water to stay hydrated is essential when we do sports in the summer.
7. It is important for us to know our limits so that we don't overwork our body.
8. Stretching before and after doing sports is essential for injury prevention.
9. Taking cold showers can help your body recover faster after doing sports.

Sports Technology and Equipment

1. A lot of students would love to use the treadmill at school.
2. The school should purchase dumbbells and barbells for weight training.

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3. Having a well-equipped indoor gym at school can encourage more students to participate in fitness training.
 4. Today's smartwatches can serve as a fitness tracker that monitors your heart rate, blood pressure, and even blood oxygen.
 5. With today's technology, athletes can make use of mobile apps and inexpensive gadgets to track their daily activities like walking, running, sleeping, and more.
 6. Through the help of technology, athletes can precisely measure their performance so that they know what they need to focus on in their training.
 7. Watching online workout videos is a great way for people to stay active during quarantine.
 8. Online workout / yoga videos provide an easier option for students to do exercise at home.
 9. Students can keep track of the calories they burn during exercises by using different fitness apps that are available for free online.

Sports Stars

1. Most people underestimate the sacrifice that star athletes make in order to achieve their level of success.
2. Sports stars have to overcome so many obstacles and challenges on their journey to success.
3. Sports stars can serve as a role model for students.

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4. Fencer Cheung Ka Long made Hong Kong history by winning the Tokyo Olympic fencing championship.
 5. Cheung Ka Long, the Olympic gold medalist, has made fencing a popular sport in Hong Kong.
 6. Fencer Cheung Ka Long is known as Hong Kong's golden boy as he snatched the fencing World Cup gold medal in December 2022 after winning the gold medal in the 2021 Tokyo Olympic.
 7. Students can learn about the importance of perseverance and resilience from star athletes.
 8. Many professional athletes' careers tend to be short-lived.
 9. Staying away from serious injury is essential for professional athletes to prolong their career.
 10. The government should provide more assistance for professional sports players to transition from their professional career into a second career.
 11. Many talented athletes aspire to go pro, but because of the lack of financial support, most of them cannot afford to do so.
 12. In recent years, more and more Hong Kong sports voice their demand for better training facilities and support for them.

Topics about technology

Internet communication

1. Information and communication technologies continue to spread throughout the world. More and more people now have access to the Internet and information available online.
2. With the wide variety of social media available, the way we use the internet is revolutionized, driven by demand for more advanced and real-time interaction with others.
3. With the prevalence of smartphones in the market, mobile communication has become commonplace.
4. Mobile gadgets are much more personal than traditional computers and therefore are going to play a much more critical role in our daily lives.
5. The advance of mobile and internet technology allows us to have all sorts of information at our fingertips.
6. Having information just a few clicks away, however, is not without its disadvantages.
7. Information obtained from the Internet is by no means always accurate as there is still no monitoring of the Internet to check for misinformation.
8. Cold electronic messages can never replace face-to-face communication.
9. Fake news is a growing concern in today's society.

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10. On social networks, fake news and misinformation can spread at such a fast pace that its negative effects are often amplified.
 11. Trusting fake news and misleading information can lead people to make decisions that can harm themselves
 12. Fake news can stir up unnecessary fear among people.
 13. It has been shown that fake news can result in harmful conspiracy theories and hate speech in the society
 14. Fake news invariably leads to distrust in the media and government
 15. The rapid spread of fake news and misinformation online can discredit science and undermine democratic process

Social networks

1. Even elderly are now adapted to the use of social networking sites and applications such as Facebook and Instagram.
2. Social networks allow people to build connections with like-minded people online.
3. More and more entrepreneurs establish their business through social networking applications as those platforms are great for networking, developing their brand and spreading their messages.
4. In recent years, more and more social media platforms help businesses promote their products and services through their advertising service.
5. Although social media platforms allow people to share about their lives, more and more people are now concerned about their online privacy.

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6. These days, more and more social media platforms, such as Facebook and Instagram, serve as an online marketplace for people to buy and sell a wide range of products and services ranging from second-hand goods to house-cleaning services.

Pros of Vlogging or Blog Writing

1. Teenagers share their everyday feelings in blog posts, and this can be a great means for families and friends to catch a glimpse of their mind.
2. Vlogging / Blog writing can provide students with an opportunity to engage in a meaningful conversation with other users online.
3. Creating a vlog can help you document your life online.
4. Making a vlog can allow students to be creative and help them develop their storytelling skills.

Cons of Vlogging or Blog Writing

1. However, more and more teenagers feel uncomfortable sharing their true feelings on social media as doing so invariably attracts unwanted scrutiny and even blame from their parents and friends.
2. The Internet still lacks proper supervision, and such a means of voicing opinions may easily be abused.
3. Teenagers may misuse social media in making irresponsible and regrettable remarks
4. The use of language on the Internet is usually informal and even vulgar.

Pros of using of social apps

1. Social apps help us keep in touch with our friends anywhere, anytime
2. Instant messaging allows us to stay connected to our family and friends
3. We can inform others of some urgent matters or situations with just a few clicks.
4. Social apps allow us to overcome geographical barrier so that we can contact with someone who is in another country

Cons of using social apps

1. Using too much colloquial language and slangs may hamper students' language ability
2. Over reliance on social media might lead to withdrawal of real life interaction.
3. Teenagers are prone to become a victim of online scams / cyber bullying.
4. Our personal information might be stolen by or even sold to third-party users.
5. Students may be bombarded by undesirable or spam messages

AI Technology and Smart City (Inspired by Grace)

1. Artificial intelligence (AI) makes it possible for machines to learn from experience, adjust to new inputs and perform human-like tasks.
2. Machine learning is a method of data analysis that automates analytical model building.

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3. Using AI technologies, computers can be trained to accomplish specific tasks by processing large amounts of data and recognizing patterns in the data.
 4. AI can be used to detect financial fraud in milliseconds
 5. AI and machine learning have made self-driving car a reality
 6. AI can be used for drug discovery because it can make the whole process faster and more cost-effective
 7. Companion robots powered AI technologies can be used for elder care
 8. Smart gadgets and AI applications can provide assistance to blind people
 9. Machine learning and AI can offer students personalized learning experience that caters to their needs
 10. AI-powered chatbots or assistants can provide a better and more personalized shopping experience for consumers

Buzzwords about technology

1. algorithms
2. Augmented reality
3. Cloud technology
4. Cryptocurrency
5. Decentralized finance
6. Metaverse
7. Non Fungible Token (NFT)
8. Virtual reality

Topics about Online Shopping (Credit to Coco~)

Background

1. The online market has grown exponentially in the past few years.
2. With more people making purchases over their computers and smartphones, businesses are finding new ways to reach consumers.
3. Online shopping has made life easier for customers by offering convenience and availability while still allowing them to compare prices
4. Businesses have adapted to this change in consumer behavior by creating both online stores and brick-and-mortar locations that offer an eCommerce option
5. With advances in digital technology, consumers are now able to buy all kinds of goods directly from stores or sellers over the Internet, in real-time, uninterr.
6. Online shopping offers the convenience of being able to shop anywhere in the world without ever having to leave home, and we can't think of anything more feasible than the ability to shop wherever you'd like to, whenever you want.
7. The process is simple and all it takes is a search for a consumer's preferred site, selecting your items, checking out with a debit or credit card, and arranging the delivery.

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8. With a wider range of shipping companies deliveries are now even faster than ever before making the entire experience seamless and enjoyable.
 9. Online shopping has become a delight with shipping services like this, as they have made purchasing a product online as easy as possible, at a much lower cost.
 10. There is no doubt that convenience has become an expectation and retailers have had to adjust to meet this demand.

Issues with online shopping

1. Online shopping has disrupted the face of retail and empowered customers with incredible amounts of information that is available at their fingertips.
2. The products can be misplaced or mishandled during delivery, leaving the customers feel unsatisfied and causing them the inconvenience of shipping the defective products back
3. The products that one sees on an online shop may not look exactly the same as the products they get
4. When buying clothing items, we can hardly make sure the size of the items we get can actually fit us
5. Sometimes it can be inconvenient to request for a refund
6. Shipping may be delayed due to external circumstances

Issues about Online Shopping from the Business Perspective

1. The e-commerce industry is highly competitive as there are now hundreds of stores that are available only online
2. Even without face-to-face interaction, businesses still need to add the personal touch with various marketing strategies and by simply engaging with their audience online.
3. Because of lower pricing and the convenience of still being able to purchase high-quality goods at the click of a button, many consumers are inclined to shop online than at traditional brick-and-mortar stores.
4. Traditional stores have to rethink their strategies in order to stay afloat.
5. Accessibility of online shopping has created exciting opportunities for entrepreneurs and small businesses who are now able to reach a wider target market with minimal effort.
6. Online shop has to maintain its brand image by providing free refund policy
7. Online shop owners have to pay heed to the comments left by the customers; otherwise, they will lose their customers to their competitors.
8. Online show owners have to spend a lot resources on market research and marketing campaigns in order to ensure that their shops remain competitive.

Topics about Social Media Challenge (Credit to Nora)

Background Information

1. Challenges on social media have gained much momentum over the past several years as a means of getting rid of indoor boredom that resulted from the coronavirus pandemic.
2. Social media feeds on platform such as Instagram and TikTok have been flooded with online challenges both hardcore and fun
3. Many of us have found new ways to push our limits, or simply to entertain ourselves, while being socially isolated during the coronavirus pandemic.
4. Humans are social animals with an innate desire for attention. Social media capitalizes on this need, which is why people love joining viral "challenges."
5. With physical and social distancing measures in place, many people sought online methods of connecting with others, and challenging each other on social media became a way to do just that.
6. From creating content that was made to entertain, to uplifting others in times of need, a number of social media feeds were inundated with online challenges that made the global lockdown a little more bearable.
7. Social media challenges have since become a staple marketing method for generating content, engaging users, and growing one's follower count on social media.

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8. Some of these challenges — like the mannequin challenge and the trashtag challenge — are admittedly awesome. Others are just plain silly. Worse, many social media trends have proven to be dangerous and even deadly.

Some dangerous Social Media Challenges

1. The Coronavirus Challenge

- a. Back in March 2020, there were still many people who did not take coronavirus seriously.
- b. As a desperate ploy to get followers, an influencer named Ava Louise filmed herself licking an airplane toilet seat in what she called the "coronavirus challenge."
- c. There is no proof that you'll get COVID-19 by licking a toilet seat, but you definitely don't want the things that are accumulated on an airplane toilet seat in your mouth.
- d. The trend quickly spiraled into people licking other bacteria-ridden surfaces like subway poles.
- e. One participant did test positive for COVID a few days after doing the challenge, though there's no way to prove he got it from the toilet seat.
- f. Thankfully, it seems like only a handful of people were gross enough to try this.

2. Driving while blindfolded

- a. Participants have to cover their eyes with a towel or an eye-mask while driving a car
- b. Participants included controversial YouTuber (and now boxing star) Jake Paul.
- c. Given that cars are small flammable tanks, responsible for the death of 1.35 million people each year, this is irresponsible beyond words.

3. The Milk Crate Challenge

- a. 2021 has brought with it some interesting social media fads, but the one that's injured the most people so far is the milk crate challenge.
- b. For it, people stack a pyramid of milk crates on top of each other and try to walk from one side to the other without falling.
- c. The issue is that the falls can actually cause serious physical injuries
- d. It is serious enough for TikTok to ban the hashtag.

Problems with Social Media Challenges

- 1. Those challenges encourage irresponsible behaviors
- 2. These challenges can cause danger to both the participants and others
- 3. The challenges can spread quickly, attracting a lot of people to participate
- 4. Once the challenge has gone viral, it is hard to stop it
- 5. People may be manipulated by marketing companies who want to make a profit through using social media challenges to promote certain products

Potential Solutions

1. Social media platforms should ban the hashtags and contents about the dangerous social media challenges
2. Social media platforms should closely monitor the trend of social media challenges and warn the users about the potential dangers of the social media challenges
3. People should stop sharing content about dangerous social media challenges
4. People should refrain from participating in those challenges
5. People need to rely on their common senses to make sound judgment about whether or not to participate in the challenges

Topics about Environment

Environmental Problems & Pollutions

1. The poor air quality can be attributed to the factories, incinerators, and exhaust fumes from vehicles.
2. So contaminated by industrial waste, some seas and rivers pose serious threats to marine life.
3. Improper disposal of animal waste and excessive use of chemical fertilizers, such as insecticides and pesticides, can bring about a drastic plunge in the quality of agricultural products.
4. If we continue to pollute our environment, disastrous consequences like acid rain, the aggravation of the greenhouse effect, and global warming may follow.
5. Deforestation inevitably leads to climate change and destruction of the habitats of some species and it is detrimental to the ecosystem.
6. Excessive emission of greenhouse gasses such as carbon dioxide will speed up the depletion of the ozone layer.

What can we do to help save our environment?

1. The government should consider replacing some non-renewable energy sources with solar energy and wind energy to slow down the speed they are running out.

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2. People should refrain from making unnecessary purchases, especially during holiday seasons.
 3. Students can practice the 3Rs — Reduce, Reuse, and Recycle — which is a practical way to ensure a more sustainable environment.
 4. As youngsters, we can reduce our consumption of heavily packaged snacks and fast food.
 5. We can bring our own container when we dine out.
 6. Members from the environmental group can advocate energy conservation by using products made from biodegradable materials instead of disposable products.
 7. Instead of taking public transportation, we can reduce our carbon footprint by walking if the distance we need to travel is short.
 8. The government should play a more active role in raising the awareness of the public so that they recognize that they can play a significant role in environmental protection.
 9. When car owners decide to get a new car, they can opt for hybrid or electric cars which can help cut back the emission of greenhouse gasses.
 10. The government should encourage the use of hybrid or electric cars by providing subsidies or tax reduction to incentivise people to choose hybrid or electric cars instead of the petrol ones.
 11. The government should encourage restaurants to cut down on the use of single-use plastics

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12. The airline can get rid of unsustainable items and switch to bamboo cutlery for fresh packaged meals
 13. Restaurants should completely remove single-use plastic stir sticks and straws
 14. Fast fashion companies should switch to 'eco-conscious materials' by using fabric made from recycled plastic bottles
 15. Electronic companies can also use the recycled metal and electronic parts for their new products

Topics about Race

Racial Discrimination

1. Racial discrimination has been haunting our world over centuries.
2. Many Hong Kong people regard South East Asian immigrants as rubes and social leeches who undermine their culture and threaten their way of life.
3. Some people possess a sense of superiority over certain races, particularly those from developing countries.
4. Prejudice against the minority can be attributed to shallow, judgmental and stereotyped impressions of the minority races as people who lack understanding about other cultures and customs.
5. The current situation in Hong Kong is that some locals still hold an idea that they are superior to people from other cultures.
6. Hong Kong seems so diverse and inclusive that discrimination of any form should be absent, but nothing could be further from the truth.
7. It seems that the locals have deep-rooted but wrong perceptions about the minority groups' inferiority.
8. A lot of Hong Kong people deem the new immigrants to be unskilled, helpless, and not worthy of sharing the prosperity of Hong Kong.
9. The influx of immigrants puts pressure on the established social system and therefore causes complaints from the local people.

10. The locals' resentment toward immigrants can be ascribed to the fact that the new immigrants often compete against the locals for the scarce resources such as jobs and social welfare schemes.

11. Inadequate assistance offered by the government and community groups contributes a significant part to such discrimination.

Ethnic minorities

1. Hong Kong is a multi-cultural city where people from various cultural and language backgrounds reside.
2. Discrimination against ethnic minorities can be found at school or in the workplace.
3. Institutional prejudice against ethnic minorities still exists in Hong Kong
4. Systematic racism against ethnic minorities is rife in Hong Kong
5. Ethnic minorities face many obstacles when they integrate into mainstream society.
6. These days, a lot of locals still harbor superficial and negative associations such as, violence, crime, inferior culture, and poverty toward ethnic minorities in Hong Kong
7. No matter which part of the world we come from, as human beings we have to treat each other with mutual respect.
8. It is high time to rethink our behaviors and create a more inclusive society for ourselves and future generation
9. History is filled with horrifying examples of unnecessary suffering just because some groups of people were viewed as 'different'
10. The law which specifies that domestic helpers cannot become permanent residents in Hong Kong leads the local people to think that they have the right to treat

domestic helpers differently

11. We cannot claim to be a just and democratic society unless everyone has equality before the law regardless of your race.

Suggestions

1. To make a Hong Kong a true multicultural city, the government has to eradicate discrimination against ethnic minorities.
2. Civic education, including cultural sensitivity and racial harmony, is essential for our students.
3. Everyone should take the initiative to explore a culture different from ours and know more about our world.
4. The government has to prioritize enhancing cultural understanding toward different ethnic groups in the community.
5. Aside from periodical campaigns, civic and moral education are needed to eventually construct a more inclusive society.
6. By adapting a more inclusive mode of education, students of different ethnicities can learn, get along, and grow up together.
7. Not having the barrier of racial prejudice, our young generation can respect and value individual differences.
8. TV programs, radio shows, music video clips as well as advertisements are some possible ways to sow the seed of respect to people of different races in our mind.
9. The contact between locals and the minority groups has to be enhanced and encouraged so that the two groups can understand each group better.

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10. The culture of the ethnic minority groups can be introduced in relaxing ways such as variety shows and games.
 11. The government should make a bigger effort to raise public awareness of racism against minority groups.
 12. Anti-discrimination laws should be passed to safeguard the rights of ethnic minority groups.
 13. The Education Bureau should try to hold more talks and exhibitions about different cultures and the right concepts of respect and understanding to other minority groups for various educational institutions and the public by large.
 14. Large-scale public campaigns are very effective in planting the seed of respect in everyone's mind.
 15. Enhancing the competitive edge of the minority groups can increase their status and living standard dramatically.
 16. Vocational training should be provided for the ethnic minority groups.
 17. Through vocational training, the minority groups can become more self-sustaining and productive for Hong Kong's well being.

Topics about aging population

Background information (Credit to Katie, Judy, Lynn, Charlotte & Cherry)

1. The aging trend is becoming a major concern in Hong Kong
2. At present, one out of eight people in Hong Kong ages 65 or above.
3. As people are living longer and getting older, the average life expectancy is 80 and 86 for men and women respectively.
4. In 20 years' time, one in every four Hong Kong residents will be 65 or above.
5. By 2050, Hong Kong is forecasted by the World Health Organization to rank fifth in the world for cities with the largest percentage of older adults, i.e. 40% of the population in Hong Kong will be 65 or above.

Problems associated with aging population

1. It can lead to a constant decline in the labor force in Hong Kong.
2. The rapid aging population will lead to the continuous rise of the old age dependency ratio (i.e. the ratio of the non-working population who are 65 or over being supported by the working population age 15 to 64) from 172/1000 (172 non-working supported by 1000 working population) in 2010 to 227/1000 in 2021.
3. As Hong Kong people are living longer and getting older, the chances of dependency on medical, welfare and other services will be greater.

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4. Compared to younger people, the elderly are more conservative in consumption and investment, and thus an aging population may impact on the growth of the Hong Kong economy
 5. More and more elderly people opt to retire as early as possible and therefore the aging population may impact on the structure of labor force in Hong Kong given the fact the labor force is already shrinking due to emigration and declining birth rate
 6. Today's elderly will have higher expectations and stronger demands for quality of life and services.

Things we can do

1. The aging population offers great business opportunities in an emerging 'silver market' by the development of new products and services in a wide variety of industries such as banking, insurance, health, design, technology, catering to the changing demands of this group of senior customers.
2. Developing an aging-friendly city will definitely encourage our elderly to actively participate in social activities and become a contributing member of society.
3. Importing skilled caretakers from foreign country can help take care of the elderly in Hong Kong

Topics about Declining Birth Rate (Credit to Katie~)

Background information

1. There is a pressing concern for Hong Kong's decline in birth rate as Hong Kong's birth rate is on track to hit a 24-year low
2. The number of children born in the first 11 months of last year was down 12 percent from the same period in 2020

Potential Causes

1. Marriage rates are declining in Hong Kong
2. In 2020, around 27,900 married couples were registered in Hong Kong, a decrease from around 44,200 marriages in the previous year.
3. Due to financial pressure, there is a preponderance of families with one or no children.

Problems with the Declining Birthrate

1. There is concern that the growing population of older persons will have no family members to provide care and financial support.
2. The population grows older and shrinks, which can slow economic growth and strain government budgets.
3. Today's babies are tomorrow's workers and taxpayers: They'll not only staff the hospitals and nursing homes we'll use in old age but also sustain the economy by paying taxes and participating in the labor market

Potential solutions

1. The government should reduce the stress of working parents by subsidizing their expenses on childcare
2. Welfare benefits should be established to pay for children aged three to seven in low-income families
3. Free school meals should be provided for the first four years of school.
4. The government can offer financial incentives to encourage couples to have more children.
5. Families with two or more children can receive monthly benefits and means-tested grants for them to raise their children.
6. The statutory maternity leave for employees has been extended from 10 weeks to 14 weeks with effect from 11 December 2020.

Topics about Land Problem in Hong Kong (Credit to Katie~)

Marco Perspectives

1. Hong Kong suffers from chronic overcrowding and housing shortages – a situation made worse by the 150 residence permits a day that have been issued to mainland Chinese citizens since 1997.
2. Hong Kong has the world's most unaffordable property market
3. Hong Kong's land shortage has fuelled property prices, leaving the city burdened with the world's most unaffordable property market
4. The average household needs to spend 19 years' worth of income to purchase an apartment.
5. Hong Kong has been increasingly plagued by a lack of good-quality land for housing due to the lack of large-scale land development over the two decades
6. The stock from existing new towns has been gradually exhausting.
7. Land for housing is in short supply and the government is running out of options
8. The land supply shortage has long been a major cause of Hong Kong's housing problems.
9. Of particular concern is the low proportion of government land, large sites, and spade-ready sites in the line-up.

Micro Perspectives

1. More than 200,000 people live in subdivided flats in Hong Kong, including 20-sq-foot “coffin homes”.
2. Population density has reached 27,400 persons per square km of developed land, even outranking Mumbai evenfor overcrowding.
3. The average household needs to spend 19 years’ worth of income to purchase an apartment.
4. The average waiting time for public housing has risen to 5.5 years, an 18-year peak.
5. The housing crisis has deepened and the worst is yet to come.
6. Families living in cage homes experience a lot of conflicts and arguments among themselves
7. People who live in a tiny house lack personal privacy
8. Students have to study in a poor condition
9. Students do not have enough space to study at home
10. During lock down, the lack of space at home makes it impossible for students who live in a cage home to focus on their studies at home

Potential Solutions

1. Land reclamation is unavoidable In the long term as many developing cities have to adopt this choice.
2. It is crucial that we look for a new source of land supply by building new towns with newly created lands

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3. Hong Kong is no stranger to reclamation.
 4. Approximately 6% of the city's land is reclaimed and is home to 27% of its population.
 5. Since the 1970s, Hong Kong has built nine towns including Shatin, Tuen Mun and Tseung Kwan O. Most involved substantial reclamation.
 6. Critics claim building artificial islands is "pouring money into the sea" and will wipe out the city's fiscal reserves.
 7. Several major infrastructure projects have suffered delays and budget overruns in recent years, which has diminished public confidence.
 8. There's the environmental damage. The project will cause permanent loss of habitat and change of hydrology, and have a significant negative impact on marine ecology and the livelihoods of Hong Kong fishermen,
 9. The government plans to build one of the world's largest man made islands.
 10. Called Lantau Tomorrow Vision, the project will cost upwards of HK\$624bn (£60bn) and involve reclaiming 1,700 hectares (4,200 acres) of land out at sea to house up to 1.1 million people on artificial islands.

Topics about tourism

Benefits from tourism

1. Tourism creates job opportunities in industries, like catering, hotel, and retail.
2. Tourism can be a way to promote Hong Kong's diverse culture and traditions so that the image of Hong Kong being an international city can be maintained.
3. Tourism can facilitate the development of infrastructures which can bring much convenience to local people
4. Tourism brings economic prosperity to our economy
5. Because of tourism, many heritage sites have been saved from demolition.
6. Ecotourism is becoming increasingly popular in recent years.
7. Ecotourism can allow tourists to appreciate and learn about the natural wonders in Hong Kong
8. Ecotourism can provide a valuable opportunity for people to learn about the wildlife in Hong Kong
9. Ecotourism can educate tourists about the importance of protecting the environment

Places for ecotourism in Hong Kong

1. Mai Po Nature Reserve
2. Hong Kong Wetland Park
3. Hoi Ha Wan Marine Park
4. Kadoorie Farm and Botanic Garden

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5. Hong Kong Global Geopark of China

Hong Kong as an International City

1. For decades, Hong Kong has been a popular destination for tourists from all over the world.
2. Tourism industry is of great / monumental significance to Hong Kong's economy
3. Tourism industry is a pillar of Hong Kong's economy
4. Because of its reliability and convenience, the transportation network in Hong Kong is one of the best in the world
5. The wide variety of entertainments available for both days and nights is highly valued by tourists worldwide
6. Tourists can shop for a wide variety of products, ranging from luxury goods to handmade traditional crafts, because Hong Kong is a shopping paradise.
7. The culture here is diverse and vibrant enough to cater for visitors from all over the world
8. Cuisines from all over the world can be easily found in Hong Kong, so no matter where you are from, you can find something that suits your tastes.

The problem caused by tourism

1. The sheer influx of mainland Chinese visitors has upset the local people in Hong Kong
2. Cheap tour packages are offered to mainland Chinese tourists and in return, they are expected to spend a significant amount of money at designated souvenir shops.

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3. There should be zero tolerance to forced shopping or any unethical and dishonest practice.
 4. The drop in the number of mainland Chinese visitors has reduced store rents in major shopping districts in Hong Kong, affecting the retail industry which has been relying heavily on mainland shoppers.

Reasons for the decline in tourism in Hong Kong

1. The recent Covid-19 pandemic undoubtedly played a major role in contributing to the sharp decline of tourists.
2. Travel restrictions that aim to prevent the spread of Covid-19 discourage both mainland Chinese tourists and foreign visitors from traveling to Hong Kong
3. The deteriorating environment caused by serious pollution has an adverse impact on the tourism industry in Hong Kong
4. In recent years, Victoria Harbor is flooded with floating rubbish, and visitors have to endure the smelly water from the sea while enjoying the fantastic night view of Hong Kong
5. The air quality has worsened to a level that even the local cannot tolerate with ease

Solutions

1. Lifting the travel restrictions should be our top priority if we want to attract international tourists to come and visit Hong Kong again
2. Containing the spread of Covid-19 is necessary for mainland China to reopen its Hong Kong border, which can bring back the tourists from mainland China

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3. The government has to tackle the unbearable pollution problem if we are to revitalize tourism in Hong Kong.
 4. Preservation of our historical sites is of great importance since they represent the uniqueness of Hong Kong, that is, a blend of both Western and Eastern cultures.
 5. The government should educate people to treat visitors with respect, courtesy and hospitality.
 6. Maintaining high quality service is essential for tourism to thrive again
 7. The fruit of quality service manifests itself especially in industries having direct contact with visitors
 8. Upgrading the language level of the staff in both English and Mandarin is of utmost importance.
 9. The government should consider establishing mechanisms to award excellent shops and restaurants while disclosing the names of those with repeated misconduct.
 10. More large-scale events can be organized to arouse tourists' interest in coming back to Hong Kong again.

Some big events in Hong Kong

1. Hong Kong Dragon Boat Carnival
2. International Dragon Boat Races
3. Hong Kong Cyclothon (Cycling event)
4. Hong Kong Sevens (rugby tournament)

5. Ani-Com & Games Hong Kong

6. Hong Kong Boot Fair

7. Hong Kong Food Festival

8. Asia Food Expo

Topics about Animal Welfare

Examples of Animal Abuse

1. There is often news reporting that abandoned dogs or cats suffer from malnutrition, dehydration or starvation.
2. Torturing the stray dogs / cats and making them die in pain
3. Setting poisonous baits to get rid of stray dogs
4. Some wild animals are forced to perform tricks and kept in captivity in zoos, which strangles their freedom and inflicts pain on them.
5. Some animals in pet stores are mistreated by the shop owners.
6. Pets are abandoned by the owners just because they are old and sick.

Things that people can do

1. We should learn about the wild animals in Hong Kong, and we can volunteer to protect them in emergency situations.
2. We can make efforts to conserve the habitats of the wild animals by not leaving rubbish in the countryside or dumping toxic household chemicals into the ocean.
3. People should refrain from buying pets on impulse as keeping a pet is a lifelong commitment
4. Never abandon our pets just because they get older or become sick
5. We can make donations to some charitable animal rights organizations.
6. We should contact the Society for the Prevention of Cruelty to Animals as it

provides shelter and veterinary care for abandoned pets

7. A special unit should be set up by the government to investigate every case involving maltreatment of animals and prosecute offenders
8. The laws that protect animal rights in Hong Kong has to be reformed as those regulations are outdated and ineffective

Topics about Substance Abuse

Causes

1. Some youngsters take drugs, smoke or drink alcohol out of curiosity
2. Peer pressure also contributes to the prevalence of students drug abuse, as students tend to be impressionable and gullible
3. A lack of knowledge of what detrimental effects drugs can bring about is another reason why teenagers abuse drugs
4. Some teenagers imitate what their parents do and thus they are more likely to smoke or take drugs if one or both of their parents do so
5. Some hold a misconception about drug use and wrongly believe that taking drugs can help them escape their personal and emotional problems.

Problems

1. Abusing drugs can lead to lifelong adverse effects on both mental and physical health
2. Drug addicts are usually found to have impaired attention, memory and concentration
3. Loss of appetite, hallucination, depression and insomnia are the potential side-effects of overdose of drugs
4. People who have too much dependence on drugs find it extremely difficult to quit drugs as they cannot withstand the withdrawal symptoms

Potential Solutions

1. Counseling can be offered to encourage drug addicts to persevere in their rehabilitation
2. The government should strictly enforce the law to combat the illegal activities of the drug dealers, traffickers and smugglers
3. Schools can instill the correct concepts about drugs into the students through running education campaigns and talks about drug abuse
4. More cooperations with parents, schools and the police are needed

Intellectual Property

Background

1. Intellectual property refers to the creative work of the mind
2. Intellectual property can be divided into industrial property and copyright
3. Copyright law protects the owner of the intellectual property against those who copy, take and use the creation without the owner's consent

Problems about Intellectual Property

1. Today's technology makes it much easier to obtain and redistribute copyrighted materials illegally
2. Many children are taking advantage of the Internet, downloading and sharing everything from games, movies, songs to applications.
3. Some regard intellectual property infringement as a parasite that deprives a generation of talented young artists of their chance to make a career in music and is holding back investment in the blooming digital entertainment industry.
4. Technology moves much more quickly than countermeasures and regulations, and there is often no effective deterrent against such actions like illegal downloading
5. It has been shown that Internet users who use Internet technology to upload movies and allow other users to download them can be convicted

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6. The rights and wrongs of downloading entertainment from the Internet again become a heated topic in society.
 7. Although most internet users understand that such acts are infringing copyright and illegal, they still choose to download movies and songs on a regular basis
 8. Intellectual property is the recognition and protection of people's painstaking efforts in the process of creation
 9. Illegal downloading is technically an act of thief, which is unethical.

Why people download things illegally

1. The fundamental cause driving people to download movies, songs, and softwares illegally online is that copyrighted copies are far too expensive for people to afford
2. Some internet users claimed that they download music and movies for a trial so that they can decide whether they would buy them or not later.
3. Some people go as far as to say that the quality of music and movies nowadays are so poor that they are not worth buying

Final remarks

1. The most obvious solution is for everyone to hold people who infringe others' copyright accountable
2. The government should consider reforming the current copyright law to make it more rigorous

Topics about Cultural Heritage

Preservation of cultural heritage

1. Whether preservation should give way to urban development has caused controversy
2. The richness of our diverse cultural heritage defines our historic institutions.
3. Not only can the architectural styles of the historic buildings enrich our society, but they can also serve as symbols of the development of our society
4. With thoughtful and extensive urban planning, conservation can be effectively blended into the community, preserving the old while facilitating future developments
5. Urbanization has brought about rapid development in town
6. We cannot afford to lose any culturally significant heritage in the city
7. It is of great significance for us to promote the intangible cultural heritage such as Cantonese opera, Fire Dragon Dance and paper crafting.
8. It is of utmost importance to raise the people's awareness of our own culture and history

Examples of cultural heritage sites

1. The Exterior of Old Supreme Court in Central
2. Former Kowloon-Canton Railway Clock Tower in Tsim Sha Tsui
3. Western Market in Sheung Wan
4. King Yin Lane
5. Tai Kwun, the former Central Police Station, in Central
6. Ho Tung Garden

The Intangible Cultural Heritage of Hong Kong (Credit to Katie~)

1. Cantonese Opera
2. Fire Dragon Dance
3. Tai O Dragon Boat Water Parade
4. Tin Hau Festival
5. Yu Lan Festival
6. Herbal Tea
7. Taiost Paper Art
8. Paper Crafting Technique
9. Bamboo Theater Building Technique
10. Hong Kong Style Milk Tea

Topics about Cosmetic Surgery

Background information

1. These days, people devote a lot of time and money to their appearance
2. Aesthetics determines our first impression to a person
3. Cosmetic surgeries are performed to change or improve one's appearance
4. Some people get a cosmetic surgery to hold back the aging process, while others do so to satisfy their vanity
5. It is a commonplace in Japan and Korea, and there are a considerable number of cosmetic surgeons
6. People's insecurity toward their appearance and body shape fuels the growing beauty industry
7. A lot of teenagers, both boys and girls, suffer from poor self-image
8. More and more men care about their appearance and body shape in recent years

Pros of Cosmetic Surgery

1. It can boost one's confidence
2. It boosts one's self esteem
3. It can benefit one's sociability
4. It can refine congenital defects
5. It can make the person more attractive

Cons of Cosmetic Surgery

1. Cosmetic procedures can go wrong, so it can cause potentially devastating consequences on one's body
2. Some surgeons performing the procedures are not qualified, and you may not be aware of it
3. What is considered attractive and beautiful now might not be in the future as the beauty trend comes and goes.
4. Beauty does not always conform to a single, uniform standard
5. Getting a cosmetic surgery may attract people's criticism as many people think such procedures are contrary to the course of nature

Final remarks about beauty

1. Beauty is more than skin-deep
2. Beauty is in the eye of the beholder

Extra Points or Practice

[illegible]

Extra Points or Practice

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Extra Points or Practice

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