

Progressive Tenses Worksheet

Level 1: Foundation (Fill-in-the-Blanks)

Task: Use the correct form of the verb in brackets.

1. Right now, I _____ (watch) a YouTube tutorial.
 2. She _____ (study) for her exam at this time yesterday when you _____ (text) her..
 3. At 8 PM tonight, they _____ (have) dinner.
 4. The dog _____ (bark) loudly when the postman _____ (arrive).
 5. We _____ (not play) basketball now—it's raining!
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Level 2: Application (Error Correction)

Task: Underline and correct **one mistake** in each sentence.

1. He is swim in the pool right now.
2. They was eating dim sum at 10 AM yesterday.
3. By this time tomorrow, I will be flew to Tokyo.
4. While I was reading, my phone is ringing.
5. She will be attend a concert next Friday.

Level 3: Analysis (Sentence Transformation)

Task: Rewrite the sentences using the **given continuous tense**.

1. (Present Continuous) She writes an email. → *She is writing an email.*
 2. (Past Continuous) The kids played when the bell rang.
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3. (Future Continuous) They travel to Japan next month.
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4. (Past Continuous) I cook dinner at 7 PM yesterday.

5. (Present Continuous) Does he drink coffee now?

Level 4: Synthesis (Mixed Tenses + Context)

Task: Complete the paragraph with the correct continuous tense.

"Right now, the students (1) _____ (take) a test. At this time last week, they (2) _____ (review) notes. At 10 am tomorrow,, the teacher (3) _____ (mark) their papers. Yesterday, while they (4) _____ (write) answers earlier, one student (5) _____ (whisper) to his friend!"

Level 5: Critical Thinking (Creative Writing)

Task: Write a **5-sentence story** about a chaotic day. Use:

- 1x Present Continuous
- 2x Past Continuous
- 1x Future Continuous
- 1x Negative Continuous

Example:

"It's raining heavily, and people are running for cover. While I was waiting for the bus, my friend was texting me. At 3 PM tomorrow, I'll still be drying my soaked shoes. Luckily, my cat wasn't sleeping outside!"

