

Lyka's ultimate poo chart



Getting up close and personal with your pup's poo is a big part of being a pupper parent — it can tell you so much about their overall health, diet and digestive function.

Let's hold our breaths and take a peek!

HEALTHY



HEALTHY POOS

Healthy pups produce poos that slide right on out in the shape of logs. They have clear segments and are firm enough to easily pick up, but still pliable enough with a play dough-like consistency.

A GOOD POO IS

- Firm
- Shaped like a sausage
- Easy to pick up
- Light, medium or dark brown in colour

SMELL



SMELLY POO

The less smelly the poo is, the healthier it is.

Stinky poos can suggest poor digestion or absorption of key nutrients.

It can also mean too many carbs.

Same goes for yucky farts!

CONSISTENCY



SLIMY, MUCUS-Y OR JELLY-LIKE

Normal poos contain some mucus, but excessive amounts could mean colitis, an intestinal infection, an adverse food reaction or inflammation.

NEXT STEPS

Keep an eye on it, but if it lasts for more than 1-2 days, check with your vet.



FORMED, BUT SOFT AND SMELLY

May suggest an imbalance in their gut microbiome, which can be caused by a highly processed, high-carb diet, and/or poor-quality ingredients.

NEXT STEPS

Keep an eye on it, but if it lasts for more than 1-2 days, check with your vet.



ROUND, HARD, MARBLE-SHAPED

May indicate dehydration or the consumption of too much or too little fibre.

NEXT STEPS

Keep an eye on it, but if it lasts for more than 1-2 days, check with your vet.



SLOPPY OR "SOFT SERVE"

Could indicate something's not quite right with their digestion and intestinal function.

Often caused by a highly-processed diet.

NEXT STEPS

Check their diet is complete and balanced with high-quality ingredients. Your pup may benefit from a high-quality, human-grade diet. If it persists, check with your vet.



GREASY

May indicate a struggle to absorb their food's nutrients.

May suggest a pancreatic issue.

NEXT STEPS

Keep an eye on it, but if it lasts for more than 1-2 days, check with your vet.



RUNNY OR WATERY

May have eaten something they shouldn't.

May be a GI infection (picked up from the environment or passed on from another pup).

May be worms.

May be caused by a poor-quality or high-fat diet.

NEXT STEPS

If it's a one-off, ask yourself: any changes to diet? could they have eaten something they shouldn't have?

If yes, next steps: Should be okay to monitor at home.

If it persists, ask yourself: Is your pup experiencing anything else that is out of the ordinary? Not eating, lethargy, lameness, vomiting?

If yes, next steps: Check with your vet.

COLOUR



WHITE FLECKS

Can be a symptom of worms that are contagious and require immediate attention.

Can also be undigested food like seeds or coconut which is not serious.

NEXT STEPS

If it looks like worms or you're unsure, check with your vet.



YELLOW OR ORANGE

May indicate a biliary or liver problem.

NEXT STEPS

Keep an eye on it, but if it lasts for more than 1-2 days, check with your vet.



GREY OR LIGHT TAN

May indicate liver or pancreatic problems.

NEXT STEPS

Keep an eye on it, but if it lasts for more than 1-2 days, check with your vet.



WHITE

Chalky poos could mean too much calcium or too many bones (common in raw diets).

NEXT STEPS

Try reducing your pup's bone intake. If white poos persist, check with your vet.



RED OR RED STREAKY

May indicate straining, colitis, gastroenteritis or anal fissure.

NEXT STEPS

If it's only a small amount of blood, keep an eye on it. If it lasts for more than 1-2 days, check with your vet.



FURRY-LOOKING

Licking and swallowing fur could indicate an allergy or skin concern.

Could also be due to eating wild animals (rodents) or fur from eating raw (e.g rabbit hair).

NEXT STEPS

Check with your vet.



GREEN

May indicate your dog's eaten too much grass.

Could also be a gallbladder issue.

NEXT STEPS

Keep an eye on it, but if it lasts for more than 1-2 days, check with your vet.



PINK OR PURPLE

May indicate hemorrhagic gastroenteritis (HGE), a potentially fatal disease

NEXT STEPS

Check with your vet immediately.



BLACK OR TARRY

Can reflect a digestive condition.

Could be bleeding in the stomach or small intestines.

May also indicate cancer, foreign bodies, or viral or bacterial pathogens.

NEXT STEPS

Call your vet immediately.

If their diet is the issue, try Lyka

Lyka's recipes are specially formulated to ensure a healthy gut and microbiome, and contain an impressive selection of highly digestive, nutritional ingredients to benefit your pup from chew to poo.

We recommend discussing any dietary changes with a trusted veterinarian.

SCAN TO BUILD YOUR FIRST BOX TODAY

