



As Part of the Protocol

PHASE 1

PHASE 4

STEP 4

Ingredients

- N-Acetylcysteine (NAC)
- Milk Thistle
- Marshmallow Root
- Gynostemma
- Collinsonia Root
- Beetroot
- Parsley

Inflammation Control

DETOX & ANTIOXIDANT SUPPORT

For help maintaining inflammatory balance in response to common challenges like mild stress, free radicals, and pollutants, use Inflammation Control.

This synergistic blend of potent, plant-derived ingredients includes broccoli sprout, artichoke leaf, and blueberry extracts, among others. These are rich in phytochemicals that promote Nrf2 activity.

Nrf2 is a cellular pathway that helps regulate detoxification enzymes, turn on antioxidant protection systems, and promote inflammatory balance.

Inflammation Control also provides plant compounds that may help protect the liver and nurture microbiome health. In addition, the product's plant extracts could support mitochondrial function.

Key Benefits

- Promotes Nrf2 activity, a pathway that aids detox and antioxidant protection systems
- Supports inflammatory balance, such as in response to mild stressors and toxins
- Encourages homeostasis in the body, which is especially helpful for sensitive individuals