

### As Part of the Protocol

STEP 3
PHASE 3

### **Ingredients**

- Clove
- Black Walnut Hulls
- Holy Basil Tansy
- Sage
- Thyme
- Wormseed (Epazote)
- HydrOxygen

# Para 3

## IMMUNE & DIGESTIVE SUPPORT

Designed to absorb deep into the tissues, Para 3 is a synergistic blend of herbs to provide powerful immune support.

Para 3 consists of seven herbs in a tincture made with certified organic cane alcohol. That extracts beneficial compounds from the herbs, increasing their concentration and potency.

The herbs in Para 3 include sage leaf, tansy, thyme leaf, epazote, black walnut hull, holy basil leaf, and clove bud. Holy basil functions as a driver for the systemic distribution of the herbs in the body.

The liquid format of Para 3 offers dosing flexibility and usage versatility. Due to its potency, cycle Para 3 by taking it for three weeks, then take one week off. Besides taking it orally, use Para 3 in a nasal rinse with distilled water to

#### **Key Benefits**

- Supports immune cell activity, inflammatory balance, and microbiome health
- Offers an optimal blend of herbs in a tincture format to maximize potency
- Provides phytochemicals to support liver and digestive system health