

# DAY 1 TO DAY 120 DRAINAGE

PHASE 1 INCLUDES THE FOLLOWING:

# **INTESTINAL MOVER**

Take 1 to 2 capsules twice daily. 6 bottles

#### **KIDNEY & LIVER DETOX**

Take 1 capsule three times daily.

#### LYMPHATIC DETOX

Take 1 capsule twice daily. 4 bottles

# **BIOACTIVE CARBON FOUDATION**

Take 1 to 3 capsules twice daily. 6 bottles

**DAY 30 TO DAY 120** 

# PATHOGENS & PARASITES

PHASE 2 INLCUDES All OF PHASE 1 PLUS:

### **MIMOSA PUDICA**

Take 2 capsules twice daily on an empty stomach. 4 bottles

#### FORMULA 1

Take 2 capsules twice daily. 3 bottles

### **BIOACTIVE CARBON BIOTOX**

Take 1 capsule three times daily. 4 bottles

DAY 60 TO DAY 120

# HEAVY METAL DETOXIFICATION

PHASE 3 INLCUDES All OF PHASE 1 & 2 PLUS:

#### **BIOACTIVE METCHEM**

Take 1 to 3 capsules twice daily. 3 bottles

IF YOU EXPERIENCE ADVERSE REACTIONS TO OUR PRODUCTS, REDUCE THE CURRENT DOSAGE.

DO NOT COMBINE MIMOSA PUDICA AND BINDERS. TAKE THEM AT LEAST AN HOUR APART.

SEPARATE OUR PRODUCT FROM PRESCRIPTION DRUGS BY 2+ HOURS.

IT IS SAFE TO TAKE OTHER SUPPLEMENTS WITH OUR BINDERS, BUT AVOID TAKING THEM WITH MIMOSA PUDICA.

Please consult your healthcare professional before use if you are pregnant, breastfeeding, or considering use for a child. For more information please contact support@microbeformulas.com or visit us at www.microbeformulas.com.

		MORNING	BREAKFAST	LUNCH	DINNER	BEDTIME
Phase 3 Phase 2 Phase 1	Intestinal Mover		1-2		1-2	
9 2	Kidney & Liver Detox		1	1	1	
	Lymphatic Detox		1		1	
	BioActive Carbon Foundation		1-3		1-3	
	Mimosa Pudica	2				2
	Formula 1	2				2
	BioActive Carbon BioTox		1	1	1	
	BioActive Carbon MetChem		1-3		1-3	

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.