



Pre-Initial Visit:

- CellCore Comprehensive Panel by Vibrant America

After Patient Commits to a Program:

- CellCore Total Tox Burden (Myco, HM, Non-Metal Chemicals, Glyphosate) by Vibrant Wellness
- Secondary Considerations:
 - Cyrex Array 12 (Pathogen-Associated Immune Reactivity Screen)
 - Use if you feel there is a lot of infection
 - Organic Acid Test (OAT) by Vibrant Wellness
 - Shows issues, but not the source(s)
 - Candida (typically caused from toxin burden)
 - C-Diff (typically caused from toxin burden)
 - Mitochondrial markers (typically caused from toxin burden)
 - Oxalates (Microbiome metabolism issue typically caused from toxin burden)
 - Use to help determine if patient is living in mold

Optional Tests:

- Typically performed after foundational medicine needs addressed first (Roadmap to Health)
- If these tests are ordered, tend to be later in the patient's program
 - DUTCH Test by Precision Analytical
 - DUTCH = Dried Urine Test for Comprehensive Hormones
 - Blood Hormone Testing
 - Estradiol, FSH, LH, Progesterone, Sex Hormone Binding Globulin (SHBG) and Testosterone
 - Ranges vary from lab; see Testosterone ranges decreasing within the last few years

Follow-up Lab Testing:

- 3-month or 6-month follow up
 - CellCore Comprehensive Panel
 - CellCore Total Tox Burden
 - Rerun labs that were positive
 - Cyrex Array 12
 - Organic Acid Test (OAT)
- Monthly - Complete Blood Count (CBC) in case of acute infections