

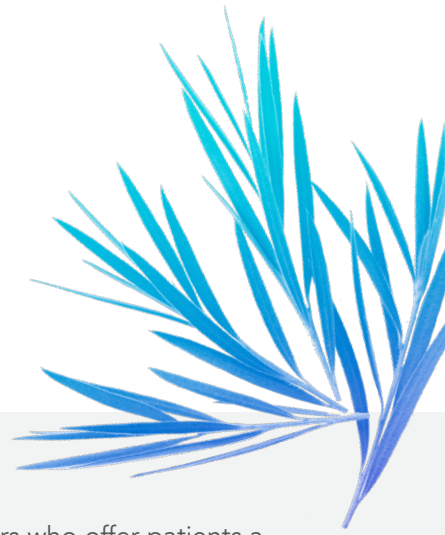


Seasonal Support Information Sheet

Every year, as seasons change and cold weather sets in, patients get sick. Viral agents thrive in cool temps and low humidity and are adept at causing acute, significant illness in patients.

These communicable pathogens can spread rapidly in vulnerable populations, including:

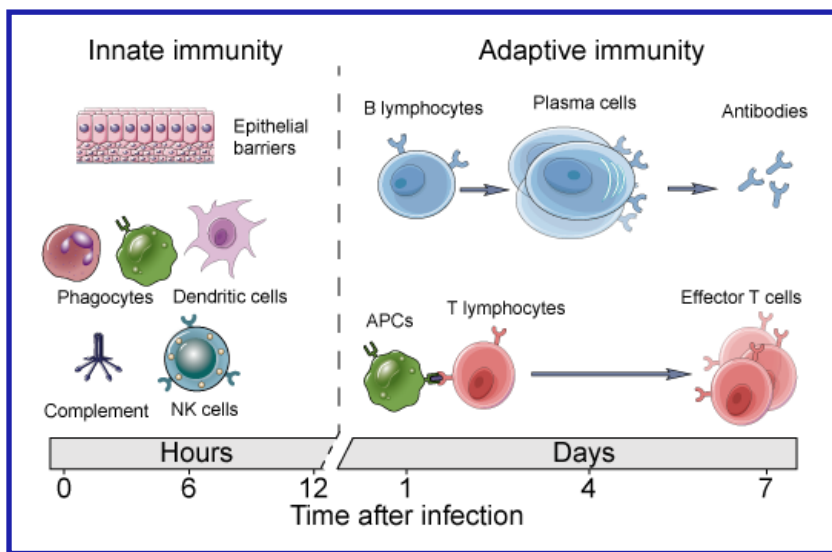
- Children
- The elderly
- The immunocompromised



Practitioners who offer patients a proactive and immediate response to the first signs of an illness can significantly impact its severity and duration. Quick action also helps decrease the risk of transmission.

INNATE AND ADAPTIVE IMMUNITY

- The innate immune system takes the first hit with new exposures. When active and robust, it reduces or mitigates the burden on the adaptive arm of immunity.
- Adaptive immunity initiates and performs its work only as it receives healthy signals from the innate immune system.



Botanicals For Natural Support

RESEARCH HAS SHOWN BOTANICALS AND NUTRIENTS:

- Show immunomodulatory activity
- Offer comprehensive support for both innate and adaptive immunity
- Provide defensive strategies for prophylactic and active viral illness
- Offer additional antiviral, analgesic, anti-inflammatory, and antioxidant support

As your patients follow basic, preventative lifestyle guidelines, along with proactively implementing your recommendations for immune-support nutrients, they will feel confident they are doing all they can to help support a healthy immune response year-round.

Lifestyle Recommendations

ENHANCE SEASONAL WELLNESS WITH SIMPLE LIFESTYLE RECOMMENDATIONS:

- Eliminate smoking
- Minimize alcohol and sugar consumption
- Avoid gluten and dairy, as they are proinflammatory
- Maintain a balanced circadian rhythm and get adequate sleep
- Consume plenty of purified water daily
- Manage stress with deep breathing exercises
- Consider chiropractic care for an immediate impact
- Maintain proper hygiene, washing hands for 20-30 seconds or using hand sanitizer after contact with individuals or public spaces



Therapeutic Plan Suggestions



PRODUCT	PREVENTATIVE	ACTIVE	KEY ACTIVITIES See Product Sheets for ingredient-specific actions
Biocidin®TS	2-3 sprays as needed	2-3 sprays every hour	Increases SIgA 66% (human research, post-exercise), Immunomodulatory, Healthy Inflammatory Response
Olivirex®	2 capsules daily	2 capsules 3x daily	Antioxidant, Virome Balance, Immunomodulatory, Healthy Inflammatory Response, Microbial Balance
Biotonic™	20 drops 2x daily	20 drops 3x daily	Immunomodulatory, Chi support, Adaptogenic, Microbial Balance, Supports Detoxification, Healthy Inflammatory Response
Proflora™4R	1 capsule nightly	1 capsule 2x daily	Antioxidant, Immunomodulatory, Healthy Elimination, Healthy Gastrointestinal Flora, Microbial Balance

Additional Nutrient Support

PRODUCT	PREVENTATIVE	ACTIVE
Vitamin D3	2,000 IU daily	10,000 IU daily
Vitamin C	1,000 mg daily	2,000 mg 4x daily or as tolerated
Quercetin	100 mg daily (contained in Proflora™4R)	250 mg daily
Zinc (elemental)	25 mg daily	50 mg daily
Vitamin A	2,000 mg daily	6,000 mg daily

Bioclear™ Cleansing Program

To support gastrointestinal health and its influence on the immune system.

REMOVE

BIND

RESTORE



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.