

# Practitioner Usage Guide

**Disclaimer:** This information is not intended as a substitute for professional medical advice, diagnosis, or treatment. We make no health claims regarding our product lines. Statements about our products have not been evaluated by the Food and Drug Administration. Our products are not intended to diagnose, treat, cure, or prevent any disease.

## Choose your Biocidin® formulation based on therapeutic target:

- Biocidin® Liquid** – directed at the GI tract, including oral cavity
- Biocidin® Capsules** – directed at the GI tract, bypasses the mouth
- Biocidin® LSF** – liposomal formula for a more systemic approach
- Biocidin® Gummies** – directed at the GI tract, easy maintenance form



## ADULT USAGE

This chart reflects maximum serving size. Remember to have your patients titrate up per the Titration Instructions that follow for Biocidin® Liquid, Biocidin® Capsules, Biocidin® LSF, and Olivirex®.

Product	Upon waking	AM on an empty stomach, prior to meals	PM on an empty stomach, prior to meals	1-2 hrs away from food, medications & supplements	Bedtime
<b>REMOVE</b>					
Biocidin® Liquid		10-15 drops	10-15 drops		
Biocidin® Capsules		2 capsules	2 capsules		
Biocidin® LSF		3 pumps	3 pumps		
Biocidin® Gummies		2-5 gummies	2-5 gummies		
<b>DETOX</b>					
G.I. Detox+®†				2 capsules	
Liver GB+™		1-2 capsules	1-2 capsules		
<b>RESTORE</b>					
Biotonic®		20 drops	20 drops		
G.I. InnerCalm®	1 stick pack mixed in water, 1-2 times daily, taken any time				
Motility Assist™					1 capsule
Proflora® 4R	1 capsule any time				
<b>DEFEND</b>					
Biocidin® TS Throat Spray		3 sprays	3 sprays		
Olivirex®		2 capsules	2 capsules		
<b>SMILE</b>					
Dentalcidin® Toothpaste	pea-sized amount				pea-sized amount
Dentalmin PRO™	small ribbon				small ribbon
Dentalcidin® LS Oral Rinse	2 pumps				2 pumps

†**G.I. Detox+®:** Take at bedtime or on an empty stomach between meals, 1-2 hours away from food, supplements, and medication. Capsules may be emptied into juice or water if needed. When using any Biocidin® product or Olivirex®, remember to include G.I. Detox+® (binder) to assist in die-off symptoms.

‡**Dentalflora®:** For those with periodontal issues, use Dentalflora 2x daily, at morning and at bedtime as an oral care routine

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

# Practitioner Usage Guide

## ADULT TITRATION INSTRUCTIONS

**Biocidin® Liquid:** Begin with 1 drop of Biocidin® twice daily and gradually increase up to 10-15 drops twice a day. Best if taken on an empty stomach (at least 20 minutes before or 2 hours after a meal).

**Biocidin® Capsules:** It is ideal to titrate using Biocidin® Liquid before switching to capsules. However, if starting with capsules, take one capsule daily and gradually increase to 2 capsules twice daily. One capsule = 7.5 drops of Biocidin® Liquid. Best if taken on an empty stomach (at least 20 minutes before or 2 hours after a meal).

**Biocidin® LSF:** Start with 1 pump per day and gradually increase up to 3 pumps twice daily. Hold under tongue for 30 seconds before swallowing. May be added to water. Best if taken on an empty stomach (at least 20 minutes before or 2 hours after a meal). For sensitive patients, mix 1 pump with 4 oz of water. Hold 2 oz in the mouth for 60 seconds and swallow. Cover and refrigerate the remainder of the solution. Consume the remaining 2 oz the following day. Increase as tolerated.

**Biocidin® Gummies:** Begin with 1 gummy once daily and gradually increase to 2 gummies once daily or as directed. Best if taken on an empty stomach (at least 20 minutes before or 2 hours after a meal).

**Olivirex®:** Take 1 capsule daily and gradually increase up to 2 capsules twice daily. Best if taken on an empty stomach (at least 20 minutes before or 2 hours after a meal). Can be taken with Biocidin®. If digestive upset is experienced, take with food.

## ADULT MAINTENANCE

Product	Adult Patients: For long-term daily support after all symptoms have resolved.
<b>REMOVE</b>	
Biocidin® Liquid	5-10 drops daily
Biocidin® Capsules	1 capsule daily
Biocidin® LSF	1 pump daily
Biocidin® Gummies	2 gummies daily
<b>DETOX</b>	
G.I. Detox+®†	1-2 capsules as needed
Liver GB+™	1-2 capsules daily
<b>RESTORE</b>	
Biotonic®	20 drops daily
G.I. InnerCalm®	1 stick pack, mixed in water, as needed
Motility Assist™	1 capsule daily
Proflora® 4R	1 capsule daily
<b>DEFEND</b>	
Biocidin® TS Throat Spray	3 sprays, 1-3x daily
Olivirex®	1 capsule daily
<b>SMILE</b>	
Dentalcidin® Toothpaste	pea-sized amount, 1-2x daily
Dentalmin PRO™	small ribbon, 1-2x daily
Dentalcidin® LS Oral Rinse	2 pumps, 1-2x daily
Dentalflora®	1 tablet daily



†**G.I. Detox+®:** Take at bedtime or on an empty stomach between meals, 1-2 hrs away from food, supplements, and medication.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.