

Sensory-Friendly Concert:
Cello and Bass Trombone

Saturday, February 26, 2022, 11am



PRE-VISIT STORY



PHOTO George Heinrich

I am going to a Sensory-Friendly Concert.

The Sensory-Friendly Concert is at Orchestra Hall in downtown Minneapolis.



I will put on a mask when I arrive at Orchestra Hall and wear the mask the whole time I am there.

I will wear the mask to keep myself and other people safe. If I need a break from my mask, I can tell the person I came with and we can go outside together.



When I arrive, I will see a greeter.

The greeter will ask me to show them my COVID-19 vaccine card or recent COVID-19 test result. We do this to keep everyone at Orchestra Hall safe.

The person that I came with can help me show the greeter that it is safe for me to enter Orchestra Hall.



STREET LEVEL ENTRANCE



SKYWAY ENTRANCE

There are two entrances to Orchestra Hall. They lead to the main lobby.

If I enter through the skyway, I will walk down the stairs or take the elevator or escalator.



The concert is in the Target Atrium.

The Target Atrium is a room on the main floor of Orchestra Hall. It has lots of big windows and can be bright. I can bring sunglasses to wear if the light is too bright.



If I need to use the bathroom, there is a bathroom on the lower floor of Orchestra Hall.

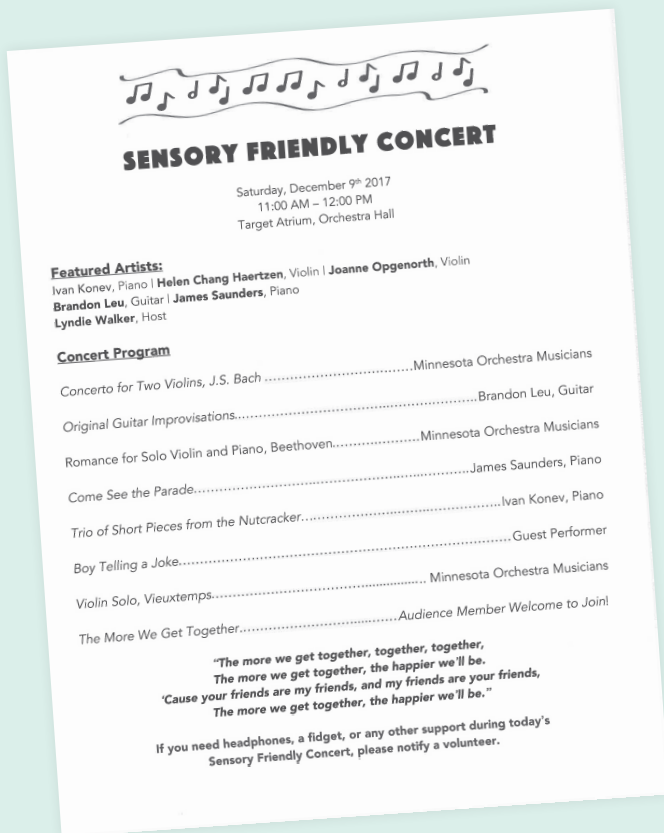
I can use the stairs or the elevator to get to the bathroom.

The sound of the toilets flushing may be loud, but it will only be for a short time.



**When I enter the Target Atrium,
I will give my ticket to the usher.**

**The usher is a friendly helper who
will use a scanning machine to check
my ticket.**



I can take a program guide for the concert when I enter the Target Atrium.

It will tell me information about the musicians and instruments.



Esther Seitz



Lovrick Gary

Cellist **Esther Seitz** and bass trombonist **Lovrick Gary** will perform during the concert.

Esther and Lovrick both started playing with the Minnesota Orchestra in 2021.



Lyndie Walker will host the concert.

Lyndie is a board-certified music therapist. She will tell us what is going to happen during the concert.



During the concert, I will sit in my chair or on a carpet square on the floor. I can get up if my body needs to move.

If I like loud sounds, I can sit in front close to the musicians.

If I like quiet sounds, I can sit in the back or listen from a quiet space in the lobby.



PHOTO Melissa Hesse

There will be time to ask the musicians questions during the concert. Lyndie can help me ask the musicians questions and learn more about their instruments.



**Volunteers are helpers at the concert.
If I need help, I can ask a volunteer for
headphones, fidgets, or a quiet space
for my body.**



When my body feels ready, I will find a place to watch the musicians. If I need a break, I can get up and take a walk, find a quiet space, or visit the listening station in the lobby.



PHOTO Melissa Hesse

At the end of the concert, I can make music too. I can choose ways to move my body, or I can sing “The More We Get Together” with the group.

I can stand or sit by my chair during the song. The words are printed in the program.



PHOTO Melissa H.

When I'm done, I will walk back through the lobby and exit the building with a helper to go home.