

MINNESOTA
ORCHESTRA

RELAXED FAMILY CONCERT

Explore Music and Art with Thomas

Sunday, March 2, 2025 2PM



PRE-VISIT STORY



Orchestra Hall

I am going to the *Explore Music and Art with Thomas* concert at Orchestra Hall.

This is where the Minnesota Orchestra performs music.



Explore Music and Art with Thomas

The title of the concert is *Explore Music and Art with Thomas*.

I will explore connections between art and music. Sometimes music is inspired by one piece of artwork, or by a style of art, or by a friendship between an artist and a musician. My guide through this exciting exploration will be Music Director Thomas Søndergård.

The Orchestra will play music while projections of artwork will be featured on a big screen above the stage.

Some of the music is loud, and some is soft. Some of the music is fast, and some is slow.



Art Activities

I can participate in an art activity before or after the concert. I can create my own mini painting with musical art instruments and shapes. I can also decorate a music note that is added with others to sheet music to create a new musical composition.

Teachers from the Walker Art Center can also help me create my very own conductor's baton.



Music Activity

I can see, touch, and hear musical instruments before or after the concert.

I can sing, move, and dance to the music if I want to.

The music activity can be loud when the instruments are played.

If the sounds are too loud, I can cover my ears, wear headphones, or go to a quiet area.



Meeting Musicians

I can meet musicians from the Orchestra and see or listen to their instruments.

I can ask the musicians questions about the instruments or the concert.

Other people will want to ask the musicians questions, too. I can wait my turn to ask my question.



Movement Activity

I can dance and move my body with teachers from the dance group Young Dance. Together we move and create art with our bodies.



Quiet Area

If I need to take a break, I will tell the person I came with.

I can leave the lobby activities or the concert anytime I want to go to a quiet area.

I can relax in the quiet area. I can use the tools in the quiet area to help my body feel calm.



Conductor

The conductor is the person standing in front of the orchestra. The conductor uses a stick called a baton to lead the orchestra.

I will see the conductor move the baton in the air to let the musicians know how fast or slow to play the music.

The concert's conductor is Thomas Søndergård.



Host

The concert has a host. The host tells us what will happen during the concert.

Hanna Landrum is the concert's host.

Hanna is a violin player with the Minnesota Orchestra.



Musicians

An orchestra is a group of musicians playing different instruments.

Sometimes the musicians play together and sometimes they take turns.



Instruments

I can watch [videos of instruments](#) online if I want to hear what they sound like before the concert.

All the instruments sound different. Some of the instruments are louder, and some are softer. Some of the instruments make high sounds, and some make low sounds.



Audience Participation

I can answer questions that the host asks the audience during the concert.

I can dance in my seat, clap, or conduct along with music.

People around me may also be clapping.

I can wear headphones or cover my ears if I like quieter sounds.



Experiencing Music

Everyone attending the concert is here to experience music.

When I experience music, I may feel an emotion. People often express feelings about the music by humming, singing, or waving their arms.

If I am feeling overwhelmed, I can go to a new seat or a quiet area to listen to the music.



Finale

When the concert is over, the conductor and musicians will stand up and bow.

I can clap or say "Bravo" to let the musicians know I liked the concert.

WRITTEN BY

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