**Preparation**

You have your tickets. Now what?

We offer a variety of materials to help you prepare for your trip to Orchestra Hall, including a pre-visit story and concert playlist. These materials and more will be available on the [Symphonic Chills and Thrills event detail page](#) two weeks prior to the concert.

In the meantime, learn more about our musicians and instruments with our [Guide to the Orchestra](#).

**Concert Health & Safety Protocols**

While COVID-19 vaccinations and boosters are highly recommended for individuals attending performing arts experiences, we will no longer verify vaccination status (nor require a negative COVID-19 test for those unvaccinated) to enter Orchestra Hall.

[Concert health and safety protocols](#).

While we welcome masks at Orchestra Hall, they are currently not required.

At this time, no changes have been made to audience capacity, but you are welcome to request buffer seating while making your ticket purchase.
RELAXED FAMILY CONCERTS

**Symphonic Chills and Thrills**
Sun, Oct 30, 2022 2pm

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**What to Wear**

There is no dress code. Feel free to wear what is most comfortable to you.

Please be considerate of those who may have allergies or chemical sensitivities. It is recommended that you refrain from using strong perfumes and colognes so as not to distract the patrons sitting around you.

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**Parking**

Visit Orchestra Hall: Directions and Parking for driving directions, a map of parking ramps near Orchestra Hall, and information about guaranteed parking. Please note that there is no valet parking available for Relaxed Family Concerts.

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**Arrival and Wayfinding**

When you arrive, maps of the lobby spaces and activities will be available, as well as fidgets. Ushers and volunteers stationed throughout the lobby, along with signage, can help with wayfinding.

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**Hearing Protection**

Earplugs will be available at select usher and volunteer stations. We will also have several pairs of noise reduction headphones available, but we encourage you to bring your own due to limited quantities. Before the concert, headphones will be available for checkout at the Audience Services Desk. If you need headphones during the concert, please ask a volunteer in the auditorium for assistance. Headphones will be sanitized and cleaned between each use.
**Quiet Spaces**
Designated quiet spaces are available throughout the activities and concert. In these spaces, you’ll find items such as noise-cancelling headphones, books and coloring supplies. You are welcome to visit anytime someone in your party is feeling overwhelmed or in need of a break. During the concert, one of the quiet spaces will have a video and audio feed of the performance. Pick up a lobby map or ask one of our ushers or volunteers to learn more.

To minimize the sharing of materials, we encourage you to bring your own weighted lap pads, neck rolls or vests for use in the quiet spaces, lobby or auditorium.

**Pre/Post-Concert Activities**
We recommend arriving at least 20 minutes prior to the concert start time, and we encourage you to come early for activities available from 12:30-1:45 p.m. Activities will also be available after the concert until 3:30 p.m.

Attendance increases as the start time nears, so we recommend arriving early if you would like a quieter, less crowded activity experience. You will then be welcome to find your seats in the auditorium as early as 1:30 p.m.

Activities include opportunities to try instruments, make art, dance, and meet Minnesota Orchestra musicians. (Please note that although most activities are available immediately at 12:30 p.m., the Meet a Minnesota Orchestra Musician activity will not be available until 1:00 p.m.)

**Refreshments**
Refreshments, including gluten-, nut-, and casein-free options, are available for a charge at bars in the Orchestra Hall lobby.
**Relaxed Family Concert**

**TIP SHEET:** RELAXED FAMILY CONCERTS

**Symphonic Chills and Thrills**
Sun, Oct 30, 2022 2pm

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**Restrooms**

Restrooms are located on multiple levels. Accessible restrooms are located on all levels. A changing table is available in the family restroom located on Balcony B. Pick up a lobby map or ask one of our ushers or volunteers to learn more.

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**Concert**

Each concert runs approximately 50 minutes and includes a mix of soft and loud music, visual projections with moving images, opportunities for participation and special guests.

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**Relaxed Environment**

Our Relaxed Family Concert experience takes place in an inclusive environment where audiences of all abilities are welcome to be who they are and move, vocalize, clap, or otherwise respond to the music freely at any time.

The auditorium house lights will remain on at a low level during the performance, and you will have the flexibility to enter, exit or find a new seat as needed throughout the concert. You are also welcome to visit a quiet area or ask a volunteer for noise reduction ear muffs anytime someone in your party is feeling overwhelmed.

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**Electronic Devices**

The use of electronic devices for accessibility purposes is welcome throughout Orchestra Hall. Please do not use flash photography, video or audio recording in the auditorium. (Flash photography is permissible in all other spaces.) Throughout the day, please share your photos on social media. #mnorch 📸📸📸

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**IN THE HEART OF THE BEAST**

PUPPET AND MASK THEATRE

NATHAN ASPINALL

PHOTOS Neda Navaee and Courtney Perry.
Minnesota Orchestra Photography and Videos

During your visit, you may be photographed, filmed or recorded by Minnesota Orchestra-designated photographers or videographers. If you do not wish to be photographed, filmed or recorded, please speak with an usher or volunteer.

Accessibility and Ticketing

The following services are available at all Relaxed Family Concerts:

- Accessible seating
- American Sign Language (ASL) interpretation
- Assistive listening devices
- Braille programs
- Buffer seating (available upon request via phone at no additional cost)
- Flexible refund policy
- Large print programs
- Real-time captioning (CART)
- Service animal accommodations

Visit our [Accessibility page](https://minnesotaorchestra.org/accessibility), or contact Ticket Services at [tickets@mnorch.org](mailto:tickets@mnorch.org) or 612-371-5656 to learn more. If you need assistance while at Orchestra Hall, please visit the Audience Services Station near the Marquette Avenue entrance, or see one of our ushers or volunteers.

Surveys

To help serve you better, please complete a post-concert survey for this event delivered to your email box after the event.