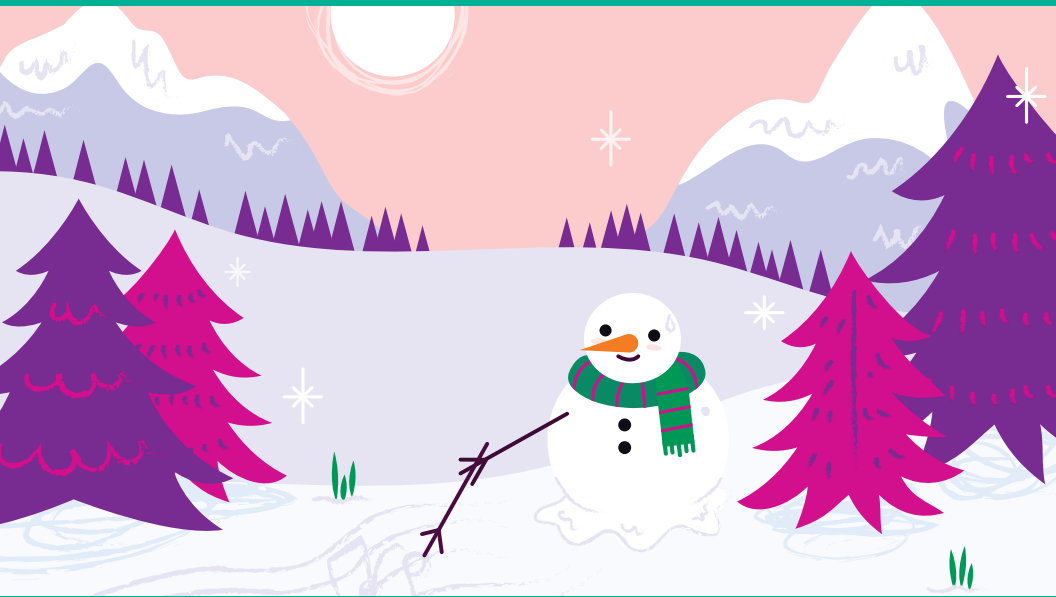


MINNESOTA  ORCHESTRA

*Relaxed Family Concert*  
**Winter Wonderland**



**PRE-VISIT STORY**



# Orchestra Hall

I am going to the *Winter Wonderland* concert at Orchestra Hall.

This is where the Minnesota Orchestra performs music.



# Winter Wonderland

The title of the concert is *Winter Wonderland*.

The concert is about how composers use instruments and the sounds they make to tell stories and set moods.

The music in this concert is about winter traditions around the world, including sleigh rides, warmer days in Argentina during our winter, Arctic nights, winter storms, and dancing. It is a fun way to learn about each other's traditions.

Some of the music is loud, and some is soft. Some of the music is fast, and some of the music is slow.



## **Art activity - Chinese Calligraphy**

**I can participate in an art activity before or after the concert.**

**A volunteer will even write my name in Chinese characters if I want them to.**



# Music activity

**I can see, touch, and hear musical instruments before or after the concert.**

**I can sing, move, and dance to the music if I want to.**

**The music activity can be loud when the instruments are played.**

**If the sounds are too loud, I can cover my ears, wear headphones, or go to a quiet area.**



## Meeting musicians

**I can meet musicians from the Orchestra and see or listen to their instruments.**

**I can ask the musicians questions about the instruments or the concert.**

**Other people will want to ask the musicians questions, too. I can wait my turn to ask my question.**



## **Dance activity**

**I can meet dancers before or after the concert.**

**The dancers will be leading a movement activity.**

**The dancers will help me come up with my own dance moves with ribbons, inspired by Lunar New Year.**





## Quiet areas

**If I need to take a break, I will tell the person I came with.**

**I can leave the lobby activities or the concert anytime I want to go to a quiet area.**

**I can relax in the quiet areas. I can use the tools in the quiet areas to help my body feel calm.**





# Conductor

**The conductor is the person standing in front of the orchestra.**

**The conductor uses a stick called a baton to lead the orchestra.**

**I will see the conductor move the baton in the air to let the musicians know how fast or slow to play the music.**

**The concert's conductor is Thiago Tiberio.**



## Host

**The concert has a host. The host tells us what will happen during the concert.**

**Natalia Romero Arbeláez is the concert's host.**



# Musicians

**An orchestra is a group of musicians playing different instruments.**

**Sometimes the musicians play together and sometimes they take turns.**



# Instruments

I can watch [videos of instruments](#) online if I want to hear what they sound like before the concert.

All the instruments sound different. Some of the instruments are louder, and some are softer. Some of the instruments make high sounds, and some make low sounds.



# Moving Art

**When I am in the concert hall, I will see white cubes on the ceiling and walls.**

**During the concert, I will see animated pictures from Juxtaposition Arts projected on the cubes. Parts of the pictures will move while the Orchestra plays.**

**During one of the pieces, I will see a ballerina performing on stage.**





# Audience participation

**I can answer questions that the host asks the audience during the concert.**

**I can dance, clap, or conduct along with music.**

**People around me may also be clapping.**

**I can wear headphones or cover my ears if I like quieter sounds.**





## Listening to music

**Everyone attending the concert is here to experience music.**

**When I listen to music, I may feel an emotion. People often express feelings about the music by humming, singing, or waving their arms.**

**If I am feeling overwhelmed, I can go to a new seat or a quiet area to listen to the music.**



# Finale

**When the concert is over, the conductor and musicians will stand up and bow.**

**I can clap or say "Bravo" to let the musicians know I liked the concert.**

---

**WRITTEN BY**

Jessica Ryan

Past Director of Education and Community Engagement  
Minnesota Orchestra

Roger Ideishi, JD, OT/L, FAOTA

Director, Occupational Therapy Programs

Professor, Dept. of Health, Human Function & Rehabilitation Sciences  
The George Washington University, Washington, D.C.

Gina Brady, MOT, OTR/L

Occupational Therapist and Sensory Inclusion Lead

*Minnesota Orchestra Relaxed Family Concerts are  
sponsored by PNC Financial Services Group, Inc.*