

How does listening to music make you feel? See if you can find the emotions you feel on the following list, or come up with your own words. And don't forget that when it comes to describing how music makes you feel, there are no wrong answers!



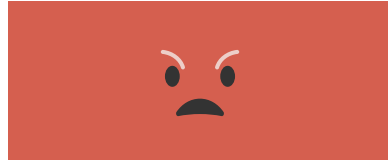
JOY

- Bold
- Bouncy
- Calm
- Cheerful
- Comfortable
- Confident
- Content
- Courageous
- Delighted
- Ecstatic
- Energized
- Excited
- Glad
- Happy
- Hopeful
- Inspired
- Jubilant
- Loving
- Peaceful
- Playful
- Powerful
- Relaxed
- Silly
- Strong
- Triumphant



SADNESS

- Blue
- Burdened
- Crushed
- Defeated
- Depressed
- Devastated
- Disappointed
- Discouraged
- Down
- Empty
- Gloomy
- Grief-stricken
- Heartbroken
- Hopeless
- Hurt
- Lonely
- Longing
- Lost
- Melancholy
- Miserable
- Powerless
- Solemn
- Sorrowful
- Unhappy
- Withdrawn



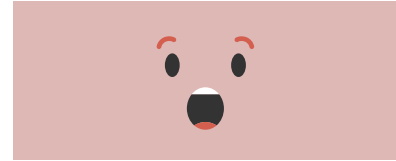
ANGER

- Aggressive
- Annoyed
- Bitter
- Defiant
- Destructive
- Enraged
- Exasperated
- Explosive
- Frustrated
- Fuming
- Furious
- Grumpy
- Hostile
- Impatient
- Indignant
- Irritated
- Mad
- Rebellious
- Smoldering
- Stubborn



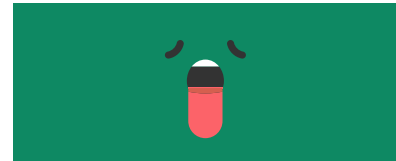
FEAR

- Afraid
- Alarmed
- Anxious
- Dread
- Frightened
- Hesitant
- Horrified
- Jittery
- Nervous
- Panicky
- Petrified
- Scared
- Shaken
- Spooked
- Startled
- Tense
- Terrified
- Threatened
- Unsure
- Worried



SURPRISE

- Amazed
- Astonished
- Awestruck
- Bewildered
- Mystified
- Shocked
- Stunned
- Wonder



DISGUST

- Appalled
- Contempt
- Disapproving
- Hatred
- Loathing
- Nauseated
- Repelled
- Revolted
