

MINNESOTA  ORCHESTRA

Sensory-Friendly Concert

Saturday, November 12, 2022, 11am



PRE-VISIT STORY



PHOTO George Heinrich

I am going to a Sensory-Friendly Concert.

The Sensory-Friendly Concert is at Orchestra Hall in downtown Minneapolis.



There are three entrances to Orchestra Hall. They lead to the main lobby.

If I enter through the skyway, I will walk down the stairs or take the elevator or escalator.

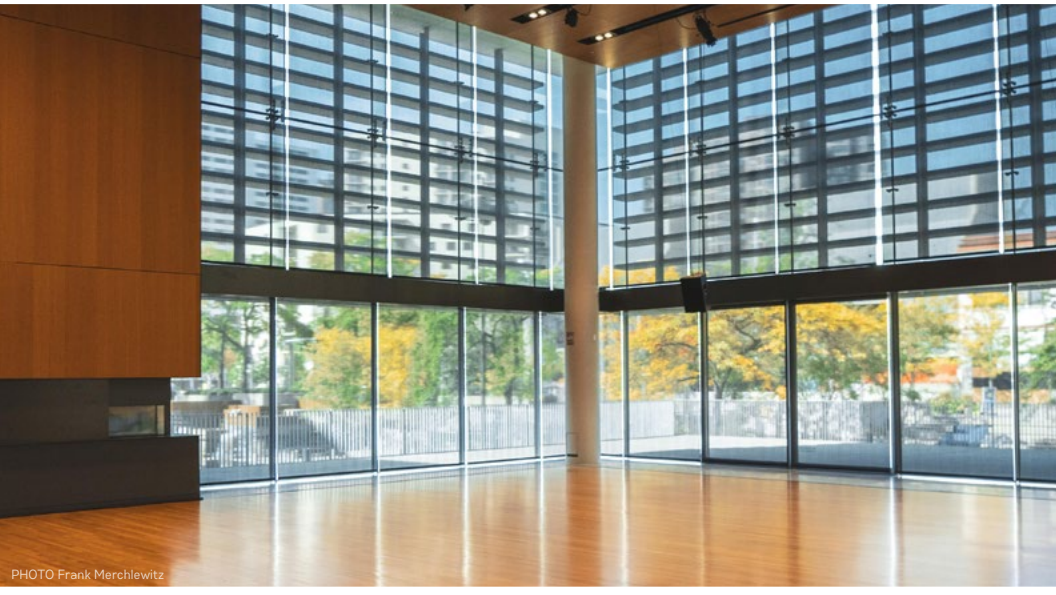


PHOTO Frank Merchlewitz

**The concert is in the Target Atrium.
The Target Atrium is a room on the
main floor of Orchestra Hall. It has
lots of big windows and can be bright.
I can bring sunglasses to wear if the
light is too bright.**



If I need to use the bathroom, there is a bathroom on the lower floor of Orchestra Hall.

I can use the stairs or the elevator to get to the bathroom.

The sound of the toilets flushing or the blow dryers blowing may be loud, but it will only be for a short time.



PHOTO Scott Streble

Masks are not required at Orchestra Hall, but I can wear one if I want to. Other people may wear a mask if they want to.



PHOTO Travis Anderson Photo

**When I enter the Target Atrium,
I will give my ticket to the usher.**

**The usher is a friendly helper who
will use a scanning machine to check
my ticket.**



I can take a program guide for the concert when I enter the Target Atrium.

It will tell me information about the musicians and instruments.



Lyndie Walker will host the concert.

Lyndie is a board-certified music therapist. She will tell us what is going to happen during the concert.



PHOTO Greg Helgeson

During the concert, I will sit in my chair or on a carpet square on the floor. I can get up if my body needs to move.

If I like loud sounds, I can sit in front close to the musician.

If I like quiet sounds, I can sit in the back or listen from a quiet space in the lobby.



PHOTO Melissa Hesse

There will be time to ask the musician questions during the concert. Lyndie can help me ask the musician questions and learn more about his instrument.



**Volunteers are helpers at the concert.
If I need help, I can ask a volunteer for
headphones, fidgets, or a quiet space
for my body.**



If I want to watch the musician somewhere else, I can leave the Target Atrium. I can take a walk, find a quiet space, or visit the listening station in the lobby. I can go back to the Target Atrium when my body feels ready.



PHOTO Melissa Hesse

At the end of the concert, I can make music too. I can choose ways to move my body, or I can sing “The More We Get Together” with the group.

I can stand or sit by my chair during the song. The words are printed in the program.



When I'm done, I will walk back through the lobby and exit the building with a helper to go home.