

MINNESOTA  
ORCHESTRA

# SENSORY-FRIENDLY CONCERT



PHOTO Courtney Perry

PRE-VISIT STORY



PHOTO George Heinrich

**I am going to a Sensory-Friendly Concert.**

**The Sensory-Friendly Concert is at Orchestra Hall in downtown Minneapolis.**

# MINNESOTA ORCHESTRA



TARGET ATRIUM ENTRANCE  
(STREET LEVEL ENTRANCE #1)



MARQUETTE ENTRANCE  
(STREET LEVEL ENTRANCE #2)



SKYWAY ENTRANCE

There are three entrances to Orchestra Hall. They lead to the main lobby.

If I enter through the skyway, I will walk down the stairs or take the elevator or escalator.

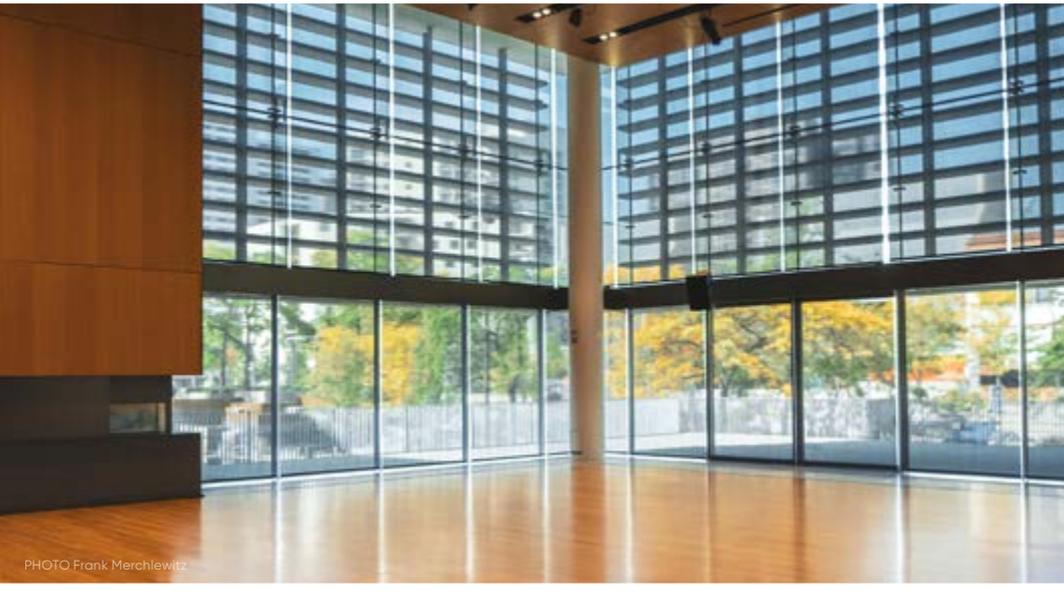


PHOTO Frank Merchlewitz

**The concert is in the Target Atrium.**

**The Target Atrium is a room on the main floor of Orchestra Hall. It has lots of big windows and can be bright. I can bring sunglasses to wear if the light is too bright.**



**If I need to use the bathroom, there is a bathroom on the lower floor of Orchestra Hall.**

**I can use the stairs or the elevator to get to the bathroom.**

**The sound of the toilets flushing or the blow dryers blowing may be loud, but it will only be for a short time.**



PHOTO Scott Streble

**Masks are not required at  
Orchestra Hall, but I can wear  
one if I want to.**

**Other people may wear a mask  
if they want to.**



PHOTO Courtney Perry

**When I enter the Target Atrium,  
I will give my ticket to the usher.  
The usher is a friendly helper  
who will use a scanning machine  
to check my ticket.**



**I can take a program guide for the concert when I enter the Target Atrium.**

**It will tell me information about the musicians and instruments.**



**Lyndie Walker** will host the concert.

Lyndie is a board-certified music therapist. She will tell us what is going to happen during the concert.



PHOTO Greg Helgeson

**During the concert, I will sit in my chair or on a carpet square on the floor. I can get up if my body needs to move.**

**If I like loud sounds, I can sit in front close to the musician.**

**If I like quiet sounds, I can sit in the back.**



PHOTO Melissa Hesse

**There will be time to ask the musicians questions during the concert.**

**Lyndie can help me ask the musicians questions and learn more about their instruments.**



PHOTO Greg Helgeson

**Volunteers are helpers at the concert.**

**If I need help, I can ask a volunteer for headphones, fidgets, or a quiet space for my body.**



PHOTO Courtney Perry

**If I want to take a break, I can leave the Target Atrium. I can take a walk or find a quiet space in the lobby. I can go back to the Target Atrium when my body feels ready.**



PHOTO Melissa Hesse

**At the end of the concert, I can make music too. I can choose ways to move my body, or I can sing “The More We Get Together” with the group.**

**I can stand or sit by my chair during the song. The words are printed in the program.**



PHOTO Greg Helgeson

**When I'm done, I will move back through the lobby and exit the building with a helper to go home.**