10 simple steps to Smashing World Vision 40 Hour Famine!



CHECK THEM OFF AS YOU GO

SIGN UP

Either create your own fundraising profile on **40hour.org.nz** or sign up in person with your school or youth group. Learn more about the cause so you know where your money is going, and set a goal to keep you motivated!

My Goal \$

PICK A CHALLENGE

- 40 hours, 4 foods
- 40 hours, 40km
- 40 hours, furniture-free
- 40 hours, screen-free
- Or create your own!

Check out **40hour.org.nz/resources** or follow us on social for more ideas **@40hourfaminenz**

SHARE ON SOCIAL MEDIA
Share your challenge and goal on social and ask your friends to support you. Check out our social media toolkit at 40hour.org.nz/resources, and tag
@40hourfaminenz. Keep people updated

BE NUMBER ONE

as you go.

Get in first and donate to your own fundraising page. It gets the ball rolling and shows your commitment to the cause.

START AT HOME
Ask your parents or Whānau to sp

Ask your parents or Whānau to sponsor you \$1 an hour. Well done, you're off to a flying start! You've raised \$40!

EMAIL FRIENDS & FAMILY

Email 5 people and let them know why you're doing the World Vision 40 Hour Famine.

Ask them for \$10 each – that's just 25 cents for every hour of your challenge! Make it easy and include the link to your online fundraising page.

Ask 5 people you see regularly to sponsor you \$10 each. That's \$50!

DO THE WORLD VISION 40 HOUR FAMINE!

25-27th June - you've made it to the World Vision 40 Hour Famine weekend! Thanks so much for all your hard work. Now go for it, enjoy the weekend and good luck with your challenge.

COLLECT THE CASH

Every cent counts so don't forget to collect your sponsorship money or remind friends and family to go online and donate. Be sure to return your sponsorship book and any cash to your organiser.

THANK YOU

Let everyone know how much you've raised and what a difference it will make! Thank them for all their help, and be sure to congratulate yourself on a job well done.

People I can ask

ME!
SIBLINGS
PARENTS/CAREGIVERS
GRANDPARENTS
UNCLES & AUNTIES
FAMILY FRIENDS.
LIKE MY PARENTS
FRIENDS & COLLEAGUES

SPORTS TEAMS
(COACHES & MEMBERS)
MUSIC. DANCE OR
DRAMA TEACHERS
MY BOSS AND CO—WORKERS
MY NEIGHBOURS
& LOCAL COMMUNITY

Remember

You're not asking people to spend money on something they don't need – you're inviting them to join you in creating incredible change for children who really need it!

\$60 buys fastgrowing seeds

\$26 gives a family a chicken

\$41

provides life-saving food for a child for one month

trains 15 families to form a savings group

\$250 funds a community garden

provides life-saving food for a family for one year