

MÖDERE™

HEALTH AND WELLNESS

PRODUCT BENEFIT GUIDE



BENEFIT	PRODUCT
Antioxidants	Antioxidant, Antioxidant Sustained Release, Cell Nutrition, CoQ10, EFA Krill, Eye Health, Liver Health
Anti-inflammatory action	Anti-Inflammatory, EFA Krill, Glucosamine
Bones	Calcium Chewable, D3 Plus, Muscle and Bone Nutrition
Heart and cardiovascular system	CoQ10, EFA Krill
Children's health	Antioxidant, Children's Multivitamin, Focus, Immune Health, Respiratory Health, Well-Being
Circulatory	CoQ10, Hair, Skin and Nails
Cold and flu symptoms	Breathe, Immune Health, Respiratory Health
Detox diets	Digestive Enzymes, Fiber, Green Qi, Para Cleanse, Probiotic, Modere Detoxification Food List
Digestion	Digestive Enzymes, Fiber, Mexican Wild Yam, Para Cleanse, Probiotic
Everyday health	Adult Multivitamin, Adult Multivitamin Plus Botanicals, Antioxidant, Antioxidant Sustained Release, Children's Multivitamin, D3 Plus, Digestive Enzymes, EFA Krill, Essentials, Eye Health, Fiber, Green Qi, Mineral Essentials, Muscle and Bone Nutrition, Natural Mineral Drink, Probiotic, Well-Being, Modere Healthy Lifestyle Food List
Eye health	Eye Health
First aid	Anti-Inflammatory, Colostrum, Probiotic, Travel
Immune system	Colostrum, Immune Health, Probiotic, Well-Being
Joints	EFA Krill, Glucosamine, Joint Nutrition, Muscle Rub

BENEFIT	PRODUCT
Liver	Liver Health
Liquid nutrition	Aloe Vera, Energy Shot, Hawaiian Noni, Mineral Essentials, Natural Mineral Drink,
Memory and concentration	Energy Shot, Focus, In Focus
Men's health	Adult Multivitamin, CoQ10, Mexican Wild Yam, Probiotic, Prostate Health
Pain	Anti-Inflammatory, Glucosamine
Protein supplements	Chocolate Shake Pea Protein, Protein Bar Choc Fudge, Vanilla Shake Pea Protein
Stress	De-Stress, Stress Health
Stamina	Colostrum, Endurance
Young adults	Antioxidant, Adult Multivitamin Plus Botanicals, Colostrum, Immune Health, Probiotic, Respiratory Health
Travel	Travel
Weight Management	Adult Multivitamin Plus Botanicals, Carb Blocker, Chocolate Shake Pea Protein, D3 Plus, Fiber, PEP, Protein Bar Choc Fudge, Sugar Balance, Vanilla Shake Pea Protein, Weight Management Program
Wholistic foods	Aloe Vera, Calcium Chewable, Cell Nutrition, Colostrum, Energy Shot, Fiber, Green Qi, Hawaiian Noni, Joint Nutrition, Mineral Essentials, Natural Mineral Drink, Probiotic,
Women's health	Balance, Balancing Cream, Calcium Chewable, D3 Plus, Essentials, Mexican Wild Yam, Natural Mineral Drink, Transitions

Please note: This Product Benefit Guide is a guide to Modere products and their recommended applications only. It should not be used as a diagnostic tool. Always read the label. Use only as directed. If symptoms persist, consult your healthcare professional. Children under 12, pregnant or lactating women, or women considering becoming pregnant should not take supplements without the supervision of their healthcare professional.