



SHAPE

FAQs

MÖDERE
live clean

MÖDERE. SHAPE

WHAT IS THE DIFFERENCE BETWEEN SHAPE & LIQUID BIOCELL® (LBC)?

SHAPE is an ideal addition for those who are already following a low carbohydrate or ketogenic diet and looking for the inclusion of Conjugated Linoleic Acid (CLA) in their wellness regime. LBC is an ideal addition for those looking for joint or skin nutrition. SHAPE and LBC are only available through Modere.

CAN I TAKE BOTH LBC & SHAPE AND AT WHAT DOSE?

Yes, you can take both LBC & SHAPE - it would be recommended to take your SHAPE dose in the morning and your LBC dose in the evening. This way, you will be receiving not only the recommended dose of SHAPE but also reaching your recommended dose of LBC every day!

CAN SHAPE BE USED WITH OTHER DETOX/WEIGHT LOSS PRODUCTS?

Yes, you can use SHAPE with other detox/weight loss products - we would always encourage you to speak to your qualified health professional before the commencement of any weight loss or detox program to ensure that the program is right for you.

IS IT RECOMMENDED THAT I EXERCISE WHILE USING SHAPE?

Yes, moderate exercise is recommended whilst using SHAPE. We would always recommend you speak to your qualified health professional before you start any new fitness regime to work out the right level of exercise for you and as always include a healthy, well balanced diet.

HOW LONG SHOULD I TAKE SHAPE BEFORE EXPECTING TO SEE RESULTS?

While everybody is different, we would expect that if you are taking as directed you should see results within one month.

WHAT DOES SHAPE TASTE LIKE?

SHAPE is available in Coconut Lime flavour. It contains no artificial colours, flavours, dairy, or gluten, and is 99.9% sugar free.

WHAT TEXTURE AND COLOUR IS SHAPE?

SHAPE has a smooth, creamy texture and a neutral colour.

DO YOU USE ANY ARTIFICIAL COLOURS OR FLAVOURS?

No, SHAPE is free from any artificial colours and flavours.

MÖDERE. SHAPE

CAN A VEGETARIAN OR VEGAN USE THIS PRODUCT?

SHAPE is free from dairy and gluten but it is not vegan friendly. Type II Collagen is an animal derived product, it does not exist naturally in plants.

HOW LONG WILL A BOTTLE OF SHAPE LAST?

Once opened, please refrigerate and consume within 30 days.

HOW MUCH CLA IS IN EACH SERVE?

Each serve 15 mL serve contains 3.4 grams of CLA per serve.

IS SHAPE SUITABLE FOR EVERYBODY?

This product is not recommended for use by anyone under 15 years of age, pregnant or lactating women and people with existing medical conditions or taking medications, without first consulting with your qualified health professional.

WHAT DOES SHAPE DO?

SHAPE is an innovative approach to weight management and body transformation systems. The product is a unique combination of CLA from natural safflower and Type II Collagen to support lean body compositions and has a fat to carbohydrate content that makes it highly specific to low carbohydrate and ketogenic diets.

DOES SHAPE CONTAIN GLUTEN?

No, SHAPE does not contain gluten.

DOES SHAPE CONTAIN OTHER ALLERGENS?

To the best of our knowledge, the product does not contain milk, seafood, soy, peanuts or tree nuts. However, we do not test for these components. Please exercise caution. Always check the label before use. If your allergy is severe, speak to your allergen specialist first.

CAN SHAPE BE USED BY TYPE 2 DIABETICS?

SHAPE is 99.9% sugar free. However we would recommend people with Type 2 diabetes speak to their health care professional first.

CAN I USE SHAPE TO REPLACE FOODS IN MY DIET?

No, the product aids good health by supplementing the diet, not replacing it. Vitamin and mineral supplements should not replace a balanced diet.